



AMERICAN PSYCHOLOGICAL FOUNDATION

PSYCHOLOGY PHILANTHROPY

Psychology GIVING

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APF SENDS HIGH SCHOOL STUDENTS TO YALE

How would it feel to go to Yale University to study psychology when you are in high school—the first in your family to attend college at all?

Kristina Olson, PhD, and Joanna Price, PhD, of Yale University are providing this opportunity to New Haven, Connecticut high school students. Drs. Olson and Price received the 2009 **Pre-College Psychology Grant** for their work with the Yale Science Collaborative for Hands-On Learning and Research (SCHOLAR) program, which provides talented high school students the opportunity to jump head-first into the world of psychological research. Historically, one-third to one-half of the SCHOLAR students are the first in their families to go to college.



The twenty high school sophomores will attend a college-level psychology course, and six high school juniors and seniors will serve as interns in the Social Cognitive Development Lab at Yale University as part of this residential summer science program. The SCHOLAR program is tapping into a new generation of talent for psychology training.

The grant epitomizes the goal of APF's **Pre-College Psychology Grant Program**, which aims to reinforce the discipline of psychology as a science in secondary school curricula, expand the profile of psychology as a science, attract talented high school students to pursue the discipline, convey to high school students that psychological science is a tool to improve society, and teach students about career options that apply psychology outside of an academic setting. ■

Students Win Awards to Study HIV and Alzheimer's Disease

Erin Morgan, a graduate student at San Diego State University, is studying the neuropsychological aspects of HIV infection, including examining genetic risk factors for HIV-associated impairment.



ERIN MORGAN

Katie Bangen, also a graduate student at San Diego State University, is using neuropsychological and neuroimaging techniques to investigate structural and functional brain changes in normal aging and in individuals at risk for Alzheimer's disease.



KATIE BANGEN

Both students received APF's **Benton-Meier Neuropsychology Scholarships** which will encourage their important research.

Morgan received her bachelor's degree in psychology from Drew University. After working for three years as a research assistant at Boston Medical Center, she entered the San Diego State University/University of California, San Diego Joint Doctoral Program in Clinical Psychology.

Bangen received her bachelor's degree in psychology from Boston University. She worked for two years as a research assistant at Rush University Medical Center before entering the San Diego State University/University of California San Diego Joint Doctoral Program in Clinical Psychology. ■

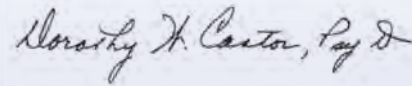
THANK YOU *from the* PRESIDENT

Reading these pages makes me proud of all you are doing to support your Foundation. You are helping those who need assistance to recover from disaster, those who suffer from mental illness, and those who endure bias and discrimination. You are seeding the future of psychology with scholarships to advance the best and brightest and with grants to give opportunities to high school students that they might never have otherwise. We are so grateful to you that you support psychology and all it can do.

I have always been proud to be a psychologist, but never more than when I see

what is possible through charitable support to APF. When the earthquake struck Haiti, I knew that psychologists would come to the forefront. But I also knew that APF would be able to help with the long-term recovery, and that is what all of you make possible.

Thank you for your support and please continue to help APF as we respond to emerging issues with cutting-edge research and programs that do so much to help worldwide.



DOROTHY W. CANTOR, PSYD
APF PRESIDENT



Reducing the Stigma of Depression

Recovering from mental illness is a struggle, and battling the stigma against mental illness can make that struggle all the more daunting.

Stigma against mental health disorders can cripple those who need to recover. Lindsey Monteith, a clinical psychology graduate student at the University of Houston, is using her APF **Violet and Cyril Franks Scholarship** to fund her dissertation research to examine people's explicit and implicit views towards depression so that she can understand the stigma against depression and investigate effective strategies for addressing it.



LINDSEY MONTEITH

Her work has the potential to educate those who suffer from depression and those who are biased against them.

The annual **Violet and Cyril Franks Scholarship** supports graduate-level scholarly projects that use a psychological perspective to help understand and reduce stigma associated with mental illness. ■

Psychological Support For Adult Offenders



The majority of adult offenders need family members for assistance when transitioning back to society; however, often the family does not know how to help.

Corinne Datchi-Phillips, PhD, of Indiana University – Bloomington's Center for Adolescent and Family Studies, in partnership with the Monroe Circuit Court Probation Department, is addressing this issue. Dr. Datchi-Phillips will adapt Functional Family Therapy (FTT), a successful program for juvenile offenders, to use with adult offenders transitioning back into society.

FTT identifies risk factors within the family and works to improve familial relationships so that the families understand how to help their loved ones who are imprisoned. This grant will enable Dr. Datchi-Phillips to help adults who need their families to acclimate themselves to society.

APF's annual \$20,000 **Violence Prevention and Intervention Grant** supports innovative programs in violence prevention and encourages generation and application of psychological knowledge to problems associated with violence in society.

Dr. Datchi-Phillips will help those in her Center, but her scientific findings will be replicable to other locations, a unique feature of the APF grant. ■

HONORING THROUGH DONATIONS

"When a colleague receives an award, experiences a loss, or does something for me that I find especially wonderful, I now tend to make a donation to APF in honor of that person. **In the past, I might have sent flowers or chocolate but those don't have the long-term impact of an APF donation.** My two major areas of giving are to organizations caring for neglected/abused cats and dogs and to APF in support of my profession. In a tight economy, we all have



limitations on our giving but I hope others will think about honoring their peers through APF."

JANET R. MATTHEWS, PHD, ABPP
PROFESSOR, LOYOLA UNIVERSITY
NEW ORLEANS

HONOR · THANK · REMEMBER

SEPTEMBER 1, 2009 – FEBRUARY 1, 2010

Pay tribute to colleagues, mentors, and loved ones by making a gift to APF. Your generosity ensures the future of psychology and honors the people who have helped make a difference in your life.

IN HONOR

- Patricia A. Bresky, PhD** • In honor of my supervisors: Anna Ornstein, MD, Ava Bry Benman, and Ellen Blumenthal, MD.
- Charles L. Brewer, PhD** • In honor of Diane Halpern and Barry Anton.
- Dorothy W. Cantor, PsyD** • In honor of Melanie Healey's fabulous promotion; In honor of the marriage of Drs. Lenore Walker and David Shapiro; In honor of Mason Sommers for a full recovery.
- Dr. Irene M. Deitch** • In honor of Dr. Ruth Ochrach on the occasion of her 90th birthday... the heart, mind and soul of the New York State Psychological Association.
- Patrick H. DeLeon, PhD** • In honor of Mary Beth Kenkel; In honor of Elyn Saks.
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- Dr. Carole A. Rayburn** • To Cyril and Violet Franks in the celebration of their July Birthdays
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- Dr. Karen Wyche** • In honor of Sue Rosenberg Zalk, PhD, Pamela Trotman Reid, PhD, and Barbara Claster, PhD.

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- Dr. Stuart and Mrs. Wilma Antman** • In memory of our friend Henry David.
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- In memory of Henry David; In memory of Helen Strauss, PhD; In memory of John Nelson, the beloved brother of Jana Martin; In memory of Rafi and Fred, Dr. Morris Goodman's brothers.
- Jean A. Carter, PhD** • In memory of Betty Phelps.
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- Mrs. Norma Sue Madden** • In memory of Henry P. David.
- Drs. Ruth G. and Joseph D. Matarazzo** • In memory of Frank B. Strange, PhD, and Valerie Denmark; In memory of Henry David. Henry David was an extraordinary psychologist, a pioneer reproductive psychologist who impacted policy makers and individuals in countries throughout the world.

Continued on Page 4

IN MEMORY, CONTINUED

Dr. Robert McGrath • In memory of Dr. Eduardo Caraveo

Dr. James M. McMahon • In memory of Maurice Finnell.

Dr. Kathleen M. McNamara • In memory of Betty Phelps.

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Dr. Katherine C. Nordal • In memory of Betty Phelps; In memory of Major E. Caraveo.

Dr. Mary Ellen Olbrisch • In memory of Dr. Robert Barrell; In memory of Dr. Marc A. Zackheim.

Dr. J. Bruce Overmier • In memory of Mark Rosenzweig; In memory of Henry David.

Dr. Randy E. Phelps • In memory of Betty Phelps' 62nd birthday.

Ms. Idalia Ramos and Mr. Steven D. Hurlburt • In memory of Henry David.

Dr. Carole A Rayburn • To Florence Denmark and Bob Wesner in sympathy for the loss of their daughter, Valerie.

Robert J. Resnick, PhD • In memory of Valerie Denmark.

Dr. John D. Robinson • In memory of Dr. Ronald Rozensky's father.

Mrs. Edythe Rosenthal • In memory of my beloved son, Dr. Mitchell Rosenthal.

Dr. Daniel L. Rothstein and Mrs. Grace Rothstein • In memory of Michael Paul Rothstein, PhD.

Donald K. Routh, PhD • In memory of Sidney W. Bijou; In memory of Mark R. Rosenzweig; In memory of Lester Luborsky; In memory of Lawrence M. Stolurow.

Drs. Neal and Nancy Rubin • In honor of the passing of Ms. Valerie Denmark, daughter of Florence Denmark and Robert Wesner.

Dr. Kurt Salzinger • In memory of B. F. Skinner.

Dr. Ellen D. Schaefer • In memory of Henry David.

Dr. William J. Schanberger • In memory of Henry P. David.

Dr. Carole D. Schechner • In memory of Henry P. David.

Nancy Schlossberg • In memory of Dr. Henry P. David.

Loren Shapiro, PhD • In memory of Major Caraveo.

Mr. Paul M. and Mrs. Deane L. Shatz • In memory Henry David.

Dr. Milton F. and Mrs. Mindel Shore • In memory of Henry P. David, PhD, ABPP.

Thelma F. Shtasel, PhD • In memory of Dr. Philip Shtasel.

Dr. Janet Ann Sigal • In memory of Valerie Denmark, the daughter of Dr. Florence Denmark.

Dr. Norma P. Simon • In memory of Valerie Denmark, daughter of Florence Denmark.

Dr. Henry and Dr. Linda Solomon • In memory of Valerie Denmark.

Dr. K. Mark Sossin • In memory of Valerie Denmark.

Ms. Elisabeth R. Straus • In memory of Valerie Denmark; In memory of Major Caraveo; In memory of Henry David.

Dr. Harold Takooshian • In memory of Dr. Victor D. Sanua.

Dr. Steven R. Tulkin and Dr. Sydney M. Kapchan • In memory of Dr. Eduardo Caraveo.

Mr. Archie L. Turner • In memory of Major Eduardo Caraveo.

Dr. Frank Valentino • In memory of Elinor Reppucci.

Dr. Jean van der Tak • In memory of Dr. Henry David.

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Dr. Charles L. Walter • In memory of Valerie Denmark, the daughter of Dr. Florence Denmark.

Dr. Bayla F. White • In memory of Henry David.

Dr. Lawrence S. Wrightsman, Jr. • In memory of Jack W. Brehm.

New York State Psychological Association • On behalf of the Division of Women's Issues, in memory of Valerie Denmark.

Women's Caucus • In memory of Joveda Bray.

Southwestern Institute for the Advancement of Psychotherapy • In memory of Major Eduardo Caraveo.

National Register of Health Care Providers in Psychology • In memory of Eduardo Caraveo.

Goldbaum & Rosenberg Dentistry • "With our deepest sympathy on your loss, Drs. Ronald Rosenberg, Larry Goldbaum and staff." In memory of Henry David.

RECENT GRANTS

Stopping the Cycle of Violence

When children witness violence at home the effects can last for a lifetime.

Kathryn Howell, a doctoral student at the University of Michigan, Ann Arbor, received APF's 2010 **Annette Urso Rickel Dissertation Award** to examine resilience and coping mechanisms in preschool age children exposed to intimate partner violence (IPV). She hopes that her research can produce findings to enhance community services for these young at-risk children and that her work will help eradicate some of the negative outcomes associated with their exposure to violence.

The **Annette Urso Rickel Dissertation Award** supports dissertation research on public policy that has the potential to improve services for children and families facing psychosocial issues. The Award will help further the work of talented graduate students like Kathryn Howell who are dedicated to improving lives through psychology.

Avoiding Child Injuries at Home

Unintentional injury is the leading cause of death and disability of children. To help examine the risk factors that occur when younger children are being cared for by their older siblings, APF awarded Keri Brown Kirschman, PhD, an assistant professor at the University of Dayton, the 2009 **Lizette Peterson Homer Injury Prevention Grant**.

Working with graduate student Cassandra Dodds, Brown Kirschman will observe sibling characteristics, such as age and gender, that relate to vigilant supervision of younger children. The team will examine correlations between the supervisory behavior of the older sibling and the younger child's injury risk behaviors. The researchers hope to gain a better understanding of the factors that play a role in unsafe sibling supervision that may lead to home injury among young children.

Recognizing Top Graduate Students

APF and the Council of Graduate Departments of Psychology (COGDOP) are pleased to announce the 2009–2010 **APF/COGDOP Scholarship** recipients.

Peggy M. Zoccola received the first annual \$5,000 **Harry and Miriam Levinson Scholarship** for her proposal, "Prolonging the physiological stress response: The role of rumination and recall." A sixth year doctoral student in health psychology at the University of California, her research investigates how mentally replaying an experience influences health. She will measure physiological stress

levels during recall of a stressor; her research is highly relevant to chronic stress and long-term health, an increasingly important concern.

Joshua M. Carp received the \$3,000 **Ruth G. and Joseph D. Matarazzo Scholarship** for his proposal, "Visual declines across the lifespan: Representational and computational mechanisms." Carp is a third year pre-masters degree doctoral student studying the cognitive neuroscience of aging at the University of Michigan, Ann Arbor. His research investigates whether basic visual features of objects, such as their edge, are processed differently than more fine-grained features as people age. This work has the potential to change the way in which certain age-related deficits are interpreted.

Saul L. Miller received the \$2,000 **Clarence J. Rosecrans Scholarship** for his proposal, "Affiliative responses across the menstrual cycle." Miller is in his fourth year of doctoral study in social and evolutionary psychology at Florida State University. His research investigates how women's need for friendship and social support may shift across the menstrual cycle, and combines social-cognitive theories with research in behavioral neuroendocrinology.

Ten additional students received \$1,000 **APF/COGDOP Graduate Research Scholarships in Psychology**:

Meghan W. Cody, University of Virginia
Christine A. Conelea, University of Wisconsin, Milwaukee
Katie M. Edwards, Ohio University
Karim Kassam, Harvard University
Jennifer C. G. Larson, University of Utah
Meghan R. Miller, University of California, Berkeley
John J. Panos, Western Michigan University
Edward A. Selby, Florida State University
Michael T. Treadway, Vanderbilt University
Xiaomeng Xu, Stony Brook University

APF Support Leads to Research Publication

Charles Strohm, APF's 2006 recipient of the **Roy Scrivner Research Grant**, was recently published in *Demographic Research* (Vol. 21). Strohm examined "living apart together" relationships: intimate relationships between unmarried partners who live in separate households but identify themselves as part of a couple, as compared to marriages and cohabitating unions for heterosexuals, lesbians, and gay men. ■

THE AFTERMATH OF DISASTER

SUPPORTING SURVIVORS THROUGH PSYCHOLOGY

Food, water, shelter, medical attention—these are the most critical needs after a disaster strikes. But what about the psychological and emotional needs of the survivors? Psychological support in the weeks, months, and years that follow is vital. Your support through APF addresses the survivors' long-term needs.

When you support the APF **Visionary Funds**, you are healing the often invisible scars wrought by disaster that psychology alone can address. You have supported:

The 9/11 Mothers and Children Project at the New York State Psychiatric Institute is offering the only clinical intervention program to treat the maternal needs of women who were pregnant when they lost their spouses on 9/11;

The University of Nebraska is determining whether postponing debriefings after a disaster is more

effective in reducing mental health problems, such as depression, anxiety, and posttraumatic stress disorder, in first responders;

The Research Program on Children and Global Adversity at the Francois-Xavier Bagnoud Center for Health and Human Rights/Harvard School of Public Health is launching a pilot project to improve functioning and reduce levels of mental health problems among the former child soldiers in Sierra Leone.

Psychologists understand the importance of sustained support and interventions. As people return and communities rebuild, you can help ensure the emotional and mental health needs of survivors are not forgotten.

To contribute to APF's **Visionary Funds**, donate at www.apa.org/apf or contact Idalia Ramos, Assistant Director, at 202.336.5814, or iramos@apa.org. ■



How to Cope with Discrimination



Approximately 80 percent of members of ethnic minority populations have experienced racial discrimination at some point in their lives.

The discrimination can also lead to depression. Meifen Wei, PhD, an Associate Professor of Counseling Psychology at Iowa State University, is researching strategies to help Asian-Americans cope with discrimination and to learn the relationship between discrimination and mental health outcomes.

Dr. Wei was awarded APF's 2009 **Division 17 Counseling Psychology Grant** to examine the moderation and mediation roles of strategies for coping with discrimination and the association between perceived discrimination and mental health outcomes among Asian-American adults.

The **Division 17 Counseling Psychology Grant** supports activities for the advancement of counseling psychology. The program was established in 1998 by the Society for Counseling Psychology (APA Division 17) to sponsor a wide range of activities aimed at enhancing the science and practice of counseling psychology. ■

APF LEGACY CLUB

Members of the APFs Legacy Club have generously remembered APF in their estate plans. Their foresight ensures that psychology will continue to work for humanity for generations to come.

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