

Psychology GIVING

Dr. Golden Continues Her Challenge



BARBARA E. GOLDEN,
PH.D.

APF successfully met Dr. Barbara E. Golden's initial challenge to raise \$40,000 between October and December 2006 in order to receive \$10,000.

APF is now working to meet her second challenge: raise \$30,000 by the end of April 2007, and Dr. Golden will make an additional \$10,000 gift.

Dr. Golden is offering her challenge to motivate donors and to call attention to APF's work in violence prevention. APF makes annual \$20,000 grants for research-based programs in this area, and she hopes this effort will enable more work for a crucial need. APF president,

Dorothy W. Cantor, Psy.D., agrees, "This is a wonderful opportunity for donors to maximize the value of their contributions."

Dr. Golden is a member of APF's advancement committee. Since 2000, she and her husband, Jerry, have contributed more than \$30,000 to APF, and hosted a fundraising event at their home in Palm Beach Gardens, Florida. Dr. Golden also serves on the Board of Directors for the Raymond F. Kravis Center of the Performing Arts, Inc., in West Palm Beach, Florida.

If you would like to make a donation to help APF meet this challenge, please send your gift to APF, 750 First Street, NE, Washington, DC 20002, call (202) 336-5843, or donate online at www.apa.org/apf. For more information, contact Elizabeth Merck, Assistant Director, at (202) 336-5622.

How Effective are Sexual Assault Prevention Training Programs?

APF recently awarded **Paul Schewe, Ph.D.**, of the University of Illinois at Chicago, a \$20,000 violence prevention and intervention grant to test the effectiveness of Web-based versus in-person sexual assault prevention training programs.

"There are hundreds of rape-prevention programs described in the literature, and none of them are being widely used," says Schewe. "And then if you look out in the field at rape crisis centers, the people in the trenches are using programs that aren't being carefully evaluated."

Schewe's research is an extension of work he began in 1999 with the Illinois Coalition Against Sexual Assault (ICASA) to improve statewide sexual assault prevention program-

ming. With ICASA funding, Schewe surveyed 29 agencies to determine their coverage of such content areas as communication skills, gender roles, consent versus coercion, empathy for victims, and how to help an abused friend. He collected information on the number of sessions presented, and the educators' gender, age, race and teaching experience. Schewe also surveyed 3,000 students before and after each program to determine what they had learned.

"In general, we found that all prevention programs had a positive impact on students in terms of their attitudes, beliefs, and behavioral intentions," says Schewe. "But there was also a lot of variability. Some programs had a fairly large effect on their students; others had a small effect."

Schewe found that the most effective programs ran hour-long sessions and used teams of prevention educators that included men and women. Younger, less experienced educators were just as effective as older, more experienced presenters, and the presenter's race didn't have to match that of the audience members for the programming to work.



PAUL SCHEWE, PH.D.

Researchers also found that programs heavy on statistics were relatively ineffective and that younger students changed their attitudes more readily than older students.

Since it is more expensive and time consuming to travel the country meeting with educators, Schewe decided to test the effectiveness of Web-based training with his APF grant. The training will include an interactive training manual, a blog that allows educators to share their experiences, self-assessments, white papers and access to consultants.

Dr. Schewe's project on sexual assault prevention stands apart because he not only provides interventions, but he also seeks to ensure that psychological science can be transferred to community-based prevention programs—a goal shared by the National Institutes of Health (NIH), the Centers for Disease Control (CDC), and other federal, state, and community agencies.

This article was adapted from a March 2007 APA Monitor on Psychology article titled, "20,000 grant awarded to fight sexual violence," authored by Erika Packard, APA Monitor Staff.

IRA Rollover Bill

In 2007, individuals who are age 70 ½ or older may donate distributions of up to \$100,000 from their Traditional or Roth IRAs directly to charity without having to pay taxes on the distributions as income. Mention the IRA Rollover Bill to your attorney or tax advisor to see if you are eligible to take advantage of this opportunity. For more information, contact Lisa Straus at (202) 336-5824 or estraus@apa.org.

President's Message



DOROTHY W. CANTOR, PSY.D.
President

Thanks to our wonderfully generous donors, APF continues to grow. The growth enables us to offer more grants that meet the needs of humanity. We are particularly grateful to two sets of farsighted donors who recognized the need for psychology to play a role subsequent to a disaster.

In 2006, Dr. Steven Ungerleider, Director of Integrated Counseling Services in Eugene, OR, challenged APF to raise \$10,000 from one or two sources to help victims of Hurricane Katrina and/or other national or international disasters. He promised that he

would match the funds with a \$10,000 gift. In an effort to meet the challenge, the APF Trustees recommended that the 2007 Raymond and Rosalee Weiss Innovative Research and Program Grant of \$5,000 be used for disaster relief programs. When informed of Dr. Ungerleider's challenge, the Weisses immediately contributed an additional \$5,000, enabling APF to meet the goal.

In 2007, APF is now able to offer a grant of up to \$20,000 for psychology-based programs that address problems arising in the aftermath of disasters and crises and the sustained rebuilding of communities.

Applicants must be affiliated with educational institutions or nonprofit organizations, but they need not hold Ph.D.s or be psychologists. The RFP is being disseminated now, with a deadline of July 1.

In addition to responding to disasters and crises where psychology must play a role, APF's program priorities are violence prevention and intervention and uncovering the connection between mental and physical health. If you would like to support one of our programs and offer a challenge to match your donation, we welcome you! Just contact me or Lisa Straus, Executive Director, and we will talk with you about setting your ideas in motion.

Dorothy W. Cantor, Psy.D.

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Dr. Oliva Espín Leaves a Legacy

Making a difference matters to **Oliva Espín, Ph.D.**, emerita professor of women's studies at San Diego State University and at the California School of Professional Psychology of Alliant International University. A psychotherapist, teacher, consultant, and researcher, Dr. Espín is considered a pioneer in the practice and theory of feminist therapy with women from different cultural backgrounds, particularly US-born Latinas and immigrant/refugee women.



OLIVA ESPÍN, PH.D.

Dr. Espín recently made a bequest to APF. Below she discusses the importance of giving back to psychology, a discipline that has had a significant impact on her life.

What does psychology mean to you and how has the discipline changed your life?

I decided I wanted to be a psychologist at 15 when I took a high school course. I never changed my mind, despite the fact that it took some persistence, particularly after leaving Cuba and living in other Latin American countries that did not have the option of majoring in psychology at their universities. I see the world "through the eyes of psychology" and have done so for as long as I can remember. I am not sure how it has "changed" my life. I think it would be more accurate to say that it has made my life what it is.

How has your career inspired your interest in APF?

I don't want my contributions to the field to die with me. I want to continue my presence in the development of psychology through the life and work of younger psychologists who will contribute to the discipline in the future. Providing assistance and support to younger generations of psychologists, working on topics that are dear to me, is a way of continuing to live. Giving back to psychology is also a way of saying thank you to a profession that has made me who I am.

What would you like to say to your colleagues about making a gift or leaving a legacy to APF?

There is more to do than what any of us can accomplish in a lifetime. Giving a legacy to APF, no matter how small, is a way of continuing the work of psychology for generations to come.

For more information about making a bequest to APF, contact Elizabeth Merck at (202) 336-5622 or emerck@apa.org.

Braver Seeks to Understand Human Mind

The ability to control our thoughts and behavior is a fundamental human faculty. However, researchers have yet to pinpoint how the soft tissues and electronic currents that make up the brain dictate our thoughts and influence our actions. Indeed, even neuroscientists still resort to metaphysical theories to explain the connection.



TODD BRAVER, PH.D.

"This is a fundamental "holy grail" problem in neuroscience and psychology," says **Todd Braver, Ph.D.**, associate professor and co-director of the cognitive control and psychopathology laboratory at Washington University in St. Louis. "We feel that we are in control of our own behavior, but yet when we try to understand how that control emerges out of the neural components of the brain, the physical tissue, we end up reverting to the idea of a homunculus—that there's this little man in the head who's making the key decisions and doing the most important control operations."

Braver has devoted his career to banishing the notion of a homunculus in psychological and neuroscience theories. He aims to discover the neural mechanisms behind cognitive control—the ability to form, maintain, and realize internal goals. Braver uses a combination of brain imaging, computational modeling and behavioral studies to investigate how people self-regulate their thoughts and behaviors across a range of tasks involving memory, attention, and decision-making.

In recognition of his accumulated research accomplishments, as well as the application of his findings to clinical populations such as aging adults or people with schizophrenia or Alzheimer's disease, APF awarded him the 2006 F. J. McGuigan Young Investigator Prize. APF gives this \$25,000 biennial award to a psychologist less than nine years postdoctorate who conducts psychophysiological research.

This article was adapted from a January 2007 APA Monitor on Psychology article titled, "The brain in control," authored by Erika Packard, APA Monitor Staff.

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Donors become members of APF's Visionary Circle when they make cumulative unrestricted contributions of \$50,000 or more for the trustees to direct toward innovative and emerging issues in psychology. These donors enable the Foundation to make an impact on psychology and society for generations to come.

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**Make a Difference
—Make a Bequest**

Charles Brewer Honors Sharon Brehm

In June 2006, **Charles L. Brewer, Ph.D.**, made a \$10,000 gift to APF in honor of **Dr. Sharon S. Brehm**, professor of psychology at Indiana University Bloomington and current president of the American Psychological Association. Brewer and his wife, Marjorie, have contributed more than \$125,000 to APF since 2000.

Upon hearing of the contribution in her honor, Brehm said, "Charles and Marjorie Suhs Brewer are wonderful people, great supporters of psychology, and generous donors to APF. I am deeply honored by their contribution in my honor, and I will do my very best to live up to the high standards that they have set. My only regret is that I can't possibly even come close to Charles' quick wit, but I'll keep trying to learn from his example."

Brewer is a current member of the Foundation's board of trustees and advancement committee. In 1967, he joined the faculty at Furman University, where he still teaches. He served as psychology department chair from 1972 to 1984 and, in 1998, was named the William R. Kenan Jr. Professor of Psychology. He has served as president of APA Divs. 1 (Society for General Psychology) and 2 (Society for the Teaching of Psychology), and of the Council of Undergraduate Psychology Departments. Brewer consults on psychology education for colleges and universities throughout the country. Mrs. Brewer is a master pianist and teacher.



CHARLES L. BREWER, PH.D.

Thirteen Awarded COGDOP Scholarships

APF is pleased to announce the thirteen recipients of the 2006 APF Council of Graduate Departments of Psychology (COGDOP) Graduate Research Scholarships:

Laura Knouse, of the University of North Carolina at Greensboro, received the \$3,000 *Ruth G. and Joseph D. Matarazzo Scholarship*. Using a metamemory perspective, her research aims to identify effective academic interventions for adult students with ADHD.

Sarah Palyo, of the University at Buffalo—SUNY, received the \$2,000 *Clarence J. Rosecrans Scholarship*. Her research has examined factors that maintain Posttraumatic Stress Disorder (PTSD) and chronic pain in the aftermath of traumatic car accidents.

The following students each received \$1,000 scholarships:

Sarah Frenkiel-Fishman, of Concordia University; **Ilke Öztekin**, of New York University; **Katherine Karlsgodt**, of UCLA; **Jeffrey D. Karpicke**, of Washington University in St. Louis; **Meghan McAuliffe**, of the University of Delaware; **Jenny Su**, of the University of Minnesota; **Lisa Christian**, of The Ohio State University; **Matthew C. Hocking**, of the University of Alabama; **Elizabeth J. Rahn**, of the University of Georgia; **Beth Mechlin**, of the University of North Carolina—Chapel Hill; and **Lisa M. Sontag**, of the University of Florida.



LAURA KNOUSE



SARAH PALYO

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In Honor...

Continues on page 4

APF funds neuropsychology research

APF congratulates **Sarah Banks**, of Northwestern University's Feinberg School of Medicine, and **James Cobb Scott**, of San Diego State University/University of California, San Diego, for winning the 2006 Benton-Meier Neuropsychology Scholarships. Both doctoral candidates received \$2,500.

"This scholarship will aid in my research on awareness of disease in dementia patients with frontotemporal lobar generation," says Banks. Banks received her bachelor's degree in psychology at the University of Edinburgh.

Before conducting graduate studies in the U.S. with her mentor, Sandra Weintraub, Ph.D., she learned about traumatic brain injury, epilepsy, and movement disorders during assistantships at Radcliffe Infirmary in Oxford



SARAH BANKS



JAMES COBB SCOTT

and Astley Ainslie Hospital in Edinburgh.

Scott received his bachelor's degree in psychology from Wesleyan University. He has held research associate positions at the San Francisco VA Medical Center and the University of California, San Diego (UCSD) anesthesia

department. Currently, he is researching the neuropsychological aspects of HIV infection and substance use at UCSD's HIV Neurobehavioral Research Center with his mentor, Thomas Marcotte, Ph.D.

Arthur L. Benton, Ph.D.

On December 27, 2006, APF lost a dear friend, **Arthur L. Benton, Ph.D.** Benton founded the APF Benton-Meier Scholarships, formerly the APF Henry Hécaen and Manfred Meier Scholarships, and he was the 1992 recipient of APF's Gold Medal Award for Life Achievement in the Application of



ARTHUR L. BENTON, Ph.D.

In 1946 he became an associate professor of psychology at the University of Louisville, and in 1948 accepted a position as professor and director of graduate training in clinical psychology at the University of Iowa where he remained until his retirement in 1978.

Dr. Benton was arguably the first modern clinical neuropsychologist. For his pioneering work, he received the Distinguished Professional Contribution Award from APA in 1978. He was also past president of the American Orthopsychiatric Association (1965) and the International Neuropsychological Society (1970).

Dr. Benton's family has requested that contributions be sent to the American Psychological Foundation. If you are interested in making a donation, please send to APF, 750 First Street NE, Washington, DC 20002, call (202) 336-5843, or donate online at www.apa.org/apf.



In Memory...

Psychology. In 1993, APF established the Arthur Benton Lecture Series on Neuropsychology to honor his contributions to the field. The series was held annually at the APA Convention until 2005.

Dr. Benton obtained his Ph.D. in psychology from Columbia University.

(In Honor continued)

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