

APA COMMITTEE ON EARLY CAREER PSYCHOLOGISTS (CECP)

LAUNCHING YOUR CAREER ON SOLID FOOTING: *HOW TO LEAD AND SUCCEED*

EXERCISE

The purpose of this exercise is to help you create your own “Personalized Strategic Plan” to begin developing your own path to leadership in whatever area that may be. We encourage you to look at this plan again after convention, to perform this exercise with other goals you identify and to apply the ideas and strategies you learned in this workshop.

1. What would I like to accomplish in the next 3 - 5 years?

2. What are three (3) steps I would need to take to make this happen?

- 1) _____
- 2) _____
- 3) _____

3. What resources do I need to get there?

- a) Technical knowledge : _____
- b) Leadership skills: _____
- c) Support from others: _____
- d) Other: _____

NOTES: