

# APA Aging Issues Newsletter

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PSYCHOLOGICAL  
ASSOCIATION



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## CONA Welcomes New Members

The APA Committee on Aging (CONA) welcomes its two newest members, Kelly O'Shea Carney, PhD, and Manfred Diehl, PhD, who began three-year terms in January.

Dr. Carney is Director of Eldercare Services, Community Services Group and Owner, Eldercare Assessment and Resources in Bethlehem, PA.

Dr. Diehl is Professor of Human Development and Family Studies in the Department of Human Development and Family Studies at Colorado State University. They join Sara Honn Qualls, PhD (Chair), Patricia A. Areán, PhD, Adam Brickman, PhD, and Neil Charness, PhD (Chair-elect) as 2011 CONA. Thanks to Chandra Mehrotra, PhD and Dolores Gallagher Thompson, PhD, ABPP who completed their terms on CONA in 2010!



2011 CONA - from left: Adam Brickman, PhD, Deborah DiGilio, MPH (staff liaison), Neil Charness, PhD, Sara Qualls, PhD (Chair), Manfred Diehl, PhD, Kelly O'Shea Carney, PhD, and Patricia Areán, PhD

## CONA Spring 2011 Meeting

CONA held its first meeting of the year on March 25<sup>th</sup>- 27<sup>th</sup>. At the meeting, CONA met with a number of guests to advocate for the incorporation of aging issues onto their agendas including: APA President Melba Vasquez, PhD, APA President-Elect Suzanne Bennett Johnson, PhD; APA Past President Carol Goodheart, EdD; Katherine Nordal, PhD, Executive Director,

Professional Practice; Gary VandenBos, PhD, Executive Director, Publications and Communications/Publisher; Nina Levitt, EdD, Associate Executive Director, Education Government Relations Office; Diane Elmore, PhD, MPH, Associate Executive Director, Public Interest Government Relations Office; and Patricia Kobor MS, Senior Science Policy Analyst, Science Government Relations Office. CONA also welcomed its Division 40 liaison, Angela Jefferson, PhD, who attended most of CONA's meeting.

During its meetings, CONA is very committed to providing input on APA Cross-Cutting Agenda items that are working their way through the governance structure to become APA policy. This ensures consideration of aging issues in all relevant APA policy. In its comments on the Petition for Recognition of Group Psychology as a proficiency, CONA requested specific mention of older adults and the benefits this population can derive from group interventions, and that age be included within the section on diversity training for group work. For the Petition for Renewal of Recognition for Clinical Health Psychology as a Specialty, CONA applauded the recognition of the public need for research and interventions related to an aging population, requested reference to Professional Geropsychology as an overlapping specialty, and inclusion of references to show that lifespan development and aging are foundational to the specialty. For the Standards for Educational and Psychological Testing, CONA requested consideration of guardianship as one of the legal issues to be addressed in the section on Testing for Judicial and Government Decisions, that *Assessment of older adults with diminished capacity: A handbook for psychologists* be listed as a resource, and some discussion of the increase in the development, dissemination, and sale of computerized neuropsychological batteries for the diagnosis and characterization of several neurologically-based syndromes, particularly those that affect older adults. For the item on Interdisciplinary Teams for Persons with Acquired Brain Injury, CONA asked for acknowledgment of the critical role that geropsychologists may play in interdisciplinary teams. For the Report of the Convention Task Force, CONA concurred that convention should have as its main purpose to feature psychology as a science including basic as well as applied and translational science. CONA also recommended adoption of the Resolution on Advocacy for Psychology as a STEM Discipline, the APA Guidelines for Ethical Conduct in the Care and Use of Nonhuman Animals in Research, and the Resolution on Advocacy for Psychology as a STEM Discipline.

CONA also continued work on its priorities for 2011. To highlight one of its efforts, the **Priming the Geropsychology Pipeline Project**, CONA is collaborating with the Committee on Early Career Psychologists and Division 40 on a 2-hour mentorship session at Convention (see pg. 5) and with APAGS on a newsletter article on Careers in Aging. At its March meeting, CONA met with an APAGS member regarding collaborative efforts including formalizing the liaison relationship between the committees, something that we have been trying to accomplish. They are very supportive of this and also noted that aging is a critical component of diversity! Related to its **Integrated Health Care Project**, in addition to convention programming, papers related to assuring that psychology is represented in this model of care that is increasingly being discussed in relation to health reform, and on interdisciplinary training program development are being planned. CONA's other two other strategic initiatives are **Multicultural Competence in Geropsychology** and **Assuring External Visibility for Psychology**. CONA is working with its Division partners to address these issues.

## Family Caregiver Initiatives

The 2010 APA Presidential Task Force on Caregivers completed its year with the launching of the web-based *Family Caregiver Briefcase for Psychologists*, which went live in January and the receipt of its report by the Council of Representatives in February. In addition, at the 2011 Convention, Task Force members will present a half-day CE workshop, **Practice Opportunities for Working With Family Caregivers**, on Sunday, August 7<sup>th</sup> from 8:00 am – 11:30 am. This workshop will provide an overview of the scope of caregiving, review evidence-based approaches to assessment and intervention, discuss pragmatic aspects of intervening with caregivers, and recommended considerations for practice with specific populations utilizing the *Briefcase* to augment the workshop presentations.

Due to the time constraints of a one-year Presidential Task Force, a plan to develop an APA Resolution on Family Caregivers was not realized. However, CONA volunteered to develop such a resolution and shepherd it through the APA Governance process. The resolution addressing caregiving issues across the lifespan and among diverse populations is now moving through this process. If all goes as planned, the Council of Representatives will adopt the resolution as APA policy at its August meeting. Given the proclamation of 2011 as the *Year of the Family Caregiver* by the Administration on Aging, it is an opportune time to highlight Psychology's contributions in the family caregiving arena.

## Partnership for Health in Aging Position Statement on Interdisciplinary Team Training in Geriatrics

This month, APA endorsed The Partnership for Health in Aging (PHA) Position Statement on **Interdisciplinary Team Training in Geriatrics: An Essential Component of Quality Healthcare for Older Adults**. APA is a member of PHA, a Coalition of 35 organizations, convened by the American Geriatrics Society, representing healthcare professions caring for older adults. Its mission is to prepare America's formal and informal caregiving workforce to provide quality care for America's aging population, and to ensure the financial feasibility of providing that care. Catherine Grus, PhD, Deputy Executive Director of the Education Directorate is the APA representative to PHA.

This position statement is addressed to those groups that can influence the development and expansion of academic and continuing education programs in interdisciplinary training, including professional associations, credentialing and licensing bodies, accreditation organizations, and university administrators. The statement includes recognition that: interdisciplinary team training is already integrated into many professional training programs including psychology; cognitive and psychological problems of older adults are important components of team care; and, APA is among the organizations that endorse training and experience working in interdisciplinary teams. Antonette Zeiss, PhD, was a member of the Workgroup that developed the Statement.

As noted in the materials to secure APA endorsement that were prepared by the Office on Aging, we have seen from our collaboration with the Eldercare Workforce Alliance that a multiple organization/discipline approach is very effective in promoting the place of psychology in geriatric health care efforts. Endorsement of the Statement also nicely dovetails with the APA Strategic plan initiative, "Forge strategic alliances with health care organizations to include psychologists in integrated health care services."

<http://www.apa.org/pi/about/publications/caregivers/index.aspx>

**Family Caregivers Briefcase**

<http://www.apa.org/convention/ce-workshops/154.aspx>

**CE Family Caregiver Workforce**

[http://www.americangeriatrics.org/pha/history\\_and\\_background/current\\_coalition\\_members/](http://www.americangeriatrics.org/pha/history_and_background/current_coalition_members/)

**Position Statement on Interdisciplinary Team Training**

## Institute of Medicine (IOM) Study: The Mental Health Workforce for Geriatric Populations

Following over a year of advocacy, APA's Public Interest Government Relations Office (in conjunction with the American Association for Geriatric Psychiatry, National Association of Social Workers and the American Psychiatric Association) was able to secure the designation of \$900,000 in the report language that accompanied the Fiscal Year 2010 Labor, Health and Human Services, and Education, and Related Agencies Appropriations Act to fund an IOM study, **The Mental Health Workforce for Geriatric Populations**. To our dismay, in a previous IOM report, *Retooling for an Aging America: Building the Health Care Workforce* (2008), psychologists were not included among the broad list of geriatric health care providers (See APA CEO Norman Anderson's *Monitor on Psychology* article on this topic).

Given the omission of psychologists and the cursory attention to mental health issues in the 2008 report, we are currently working to assure that psychologists are included as a core component of the geriatric mental health workforce in this new report. APA had nominated psychologists to serve on the IOM committee. Although none of our nominees were selected, we are pleased that three APA members were seated on the committee: Margarita Alegria, PhD (Cambridge Health Alliance, Center for Multicultural Mental Health), Frederick Blow, PhD (Department of Veterans Affairs, Ann Arbor and the University of Michigan), and Michael Hoge, PhD (Yale University).

We have reached out to congratulate these three IOM members and to describe: the significant efforts Psychology has exerted to lay the foundation to build a workforce competent in caring for older adults; the unique contributions that psychologists make to the health and well-being of older adults; the empirical evidence for psychological interventions with older adults including interventions with culturally diverse groups of older adults; information on APA entities, resources, and legislative initiatives of relevance to the work of the IOM Committee; and recommendations to build and support the geriatric mental health workforce.

APA will send formal comments to the IOM prior to its second meeting at the beginning of June.

## The Guidelines for the Evaluation of Dementia and Age-related Cognitive Change

At their February 2011 meeting, the Council of Representatives adopted the Guidelines as APA policy. They are an update of *The Guidelines for the Evaluation of Dementia and Age-Related Cognitive Decline* (1998) developed by Dr. Norman Abeles' Presidential Task Force on the Assessment of Age Consistent Memory Decline and Dementia.

Task Force members were: Glenn Smith, PhD (Chair), Cameron Camp, PhD, Susan Cooley, PhD, Hector Gonzalez, PhD, Paula Hartman-Stein, PhD, Asenath LaRue, PhD, Nancy Pachana, PhD, and Antonette Zeiss, PhD. Look for the Guidelines in the *American Psychologist* later this year.

<http://www.apa.org/monitor/2009/01/ceo.aspx>

Dr. Norman Anderson  
January 2009 article on 2008  
IOM Report in *the Monitor on  
Psychology*

<http://www.iom.edu/Activities/MentalHealth/GeriatricMentalHealth>

IOM Study webpage

<http://www.apa.org/pi/aging/resources/dementia-guidelines.pdf>

*Dementia Evaluation  
Guidelines*

## APA 2011 Convention

The 10th annual CONA Conversation Hour will be held on Saturday, August 6<sup>th</sup> from 5:00-6:30pm (location TBD). This year's topic is: **Psychology & Aging: Priming the Pipeline...** As the baby boom cohort of psychologists age out of the work force, who will replace them? What programs are required to develop future generations of researchers and practitioners to serve a burgeoning diverse aging population? Please join us to provide input on this critical issue. The **CONA Award for the Advancement of Psychology and Aging** will also be presented during the Conversation Hour. Refreshments will be served. See the Call for Nominations for the CONA Award at the end of this newsletter and think about nominating a colleague!

CONA will once again this year offer its all day preconvention CE workshop, **What Psychologists Should Know About Working with Older Adults**, on Wednesday, August 3<sup>rd</sup> from 8:00 am - 3:50 pm. This workshop will increase the competencies of psychologists interested in working with older adults, their families, and their caregivers by drawing upon the burgeoning psychological literature on the accurate psychological assessment and effective treatment of older adults. Presenters for the workshop are: Merla Arnold, RN, PhD, Leon Hyer, PhD, ABPP, Peter Lichtenberg, PhD, ABPP, and Margaret Norris, PhD.

CONA, the Division 40 Scientific Advisory Committee, Division 20 and the Committee on Early Career Psychologists will sponsor a symposium, **Building a Research Career in Neuropsychology and Geropsychology--Practical Advice From Those Who Have Been There** on Saturday August 6<sup>th</sup> from 11:00am to 12:50pm. It will be a mentorship session that will focus on aging-related research paths for early career psychologists. The session will include brief presentations by psychologists at different stages of research careers in geropsychology and neuropsychology followed by break-out sessions in which mentors are available for informal discussions with participants. Food will be served. Please share this information with your early career colleagues!

CONA has organized and is cosponsoring a symposium, **Successful Models of Integrated Care---Psychological Programs That Address Health Care Disparities** along with the Board for the Advancement of Psychology in the Public Interest (BAPPI) and the APA Committees on Socio-economic Status, Ethnic Minority Affairs, Lesbian, Gay, Bisexual and Transgender Concerns, and Rural Health. It will be held on Saturday, August 6<sup>th</sup> from 3:00 pm – 4:50 p.m.

CONA, the Committee on Socioeconomic Status and BAPPI will also cosponsor, **The New American Portrait** on Friday, August 5<sup>th</sup>, from 3:00 p.m. – 3:50 p.m.

This year, two APA Plenary Programs will focus on aging. Margaret Gatz, PhD will present **Reducing the Risk of Alzheimer's Disease: Knowns and Unknown** on Friday, August 5<sup>th</sup> from 12:00 p.m. – 12:50 p.m. Followed by Sara Honn Qualls presenting **What Gets Aging Families in trouble: Structures and Processes** from 1:00 p.m. – 1:50 p.m. Busy day!!

Our annual booklet, **Convention Sessions on Aging Issues**, will be distributed to newsletter subscribers prior to Convention.

<http://www.apa.org/convention/ce-workshops/008.aspx>  
**CE Geropsychology  
Workshop**

## Awards to CONA Members Past & Present

Florence Denmark, PhD, former APA President, CONA member (2005-2007), and the Robert S. Pace Distinguished Research Professor at Pace University, is the recipient of the 2011 APA Award for Outstanding Lifetime Contributions to Psychology. The award will be presented at the Opening Session on Thursday, August 4<sup>th</sup> from 5:00-6:30.

Adam Brickman, PhD, current CONA member and Assistant Professor of Neuropsychology Taub Institute for Research on Alzheimer's Disease & the Aging Brain, is one of two recipients of the 2011 Division 40 Early Career Award. The award honors an APA member psychologist not more than ten years post doctoral degree who has made a distinguished contribution to neuropsychology in research, scholarship, and/or clinical work. He will present **Using neuroimaging in the community to discover pathways to cognitive aging** on Friday, August 4<sup>th</sup> from 8:00am-8:50am.

## Aging Leadership Team

Initiated in 2003, the purpose of this group is to: increase ongoing communication between CONA, Divisions 20 (Adult Development and Aging) and 12-II (Society for Clinical Geropsychology), and the Office on Aging; present a united front in advocating for issues related to psychology and aging; and reach out to and collaboratively work with other divisions and groups that have strong ties to geropsychology.

After a bit of a hiatus, the group had a conference call in March to discuss the current initiatives of each group and APA convention plans. It was decided to meet via conference call on a quarterly basis as it is valuable to keep apprised of each others' plans and APA efforts in order to proactively and cooperatively advocate for aging and avoid duplicative efforts.

## Eldercare Workforce Alliance

CONA members, Dr. Patricia Areán and Dr. Sara Qualls are two of the health care professionals that are featured on the Eldercare Workforce Alliance's new **Voices of Team Care** video. The video highlights the importance of integrated care teams for older adults and the shortage of trained professionals addressing the health needs of older adults.

EWA plans to make the video available on its website and share it with members of Congress and the media.

## Aging Policy Update

**Diane L. Elmore, PhD, MPH, Associate Executive Director for the Public Interest Government Relations Office**

I would like to introduce Dr. Kerry Bolger as our new Senior Legislative and Federal Affairs Officer. She will be responsible for policy issues related to aging and children, youth, and families. Kerry comes to APA from the American Educational Research Association (AERA), where she was Associate Director of Government Relations. Prior to her tenure at AERA, she served as an APA/AAAS Congressional Fellow in the office of U.S. Representative Diana DeGette (D-CO) and then as a legislative assistant to Representative DeGette's office. Before coming to Washington, Kerry was an assistant professor in the Department of Human Development and Family Studies at the University of Wisconsin-Madison. She received her PhD in developmental psychology from the University of Virginia and her A.B. in behavioral sciences from the University of Chicago.

On May 24, APA will co-host a congressional briefing with the National Gay and Lesbian Taskforce in honor of Older Americans' Mental Health Week. The briefing, entitled "*Addressing Health Disparities Among Diverse Older Americans*" will be held in the United States Senate and feature presentations by APA members Patricia Areán, PhD, University of California, San Francisco and James Jackson, PhD, University of Michigan. Dr. Areán will speak about integrating mental health in primary care to reduce health disparities and Dr. Jackson will discuss aging, the life-course, and health disparities. In addition, Laurie Young, PhD, of the National Gay and Lesbian Task Force will provide an overview of health disparities among LGBT elders.

## In the News

### The mind at midlife

Longstanding beliefs say the adult brain is best in its youth, but research now suggests otherwise. The middle-aged mind preserves many of its youthful skills and even develops some new strengths. *Monitor on Psychology, Volume 42, No. 4, April 2011*

**Physical exercise could help improve memory in seniors.** After one year older adults who participated in aerobic exercise performed better on spatial memory tests after exercising. *Monitor on Psychology, Volume 42, No. 4, April 2011*

### Psychology job forecast: Partly sunny

In the coming decade, psychologists will face stiff competition from master's degree counselors in the direct-service delivery fields, but opportunities abound elsewhere — especially in geropsychology, neuropsychology and I/O psychology. *gradPSYCH, Volume 9, No.2, March 2011*

**Older adults who survive a bout with sepsis are at a higher risk of developing cognitive deficits** than those who are hospitalized for other illnesses. *Monitor on Psychology, Volume 42, No. 1, January 2011*

### Volunteering can help older adults with functional physical disabilities to live longer

People with physical disabilities who regularly volunteered outlived their non-volunteering peers and lived just as long as people without physical disabilities. *Monitor on Psychology, Volume 42, No. 1, January 2011*

<http://www.apa.org/monitor/2011/04/mind-midlife.aspx>

<http://www.apa.org/monitor/2011/04/inbrief.aspx>

<http://www.apa.org/gradpsych/2011/03/cover-sunny.aspx>

<http://www.apa.org/monitor/2011/01/inbrief.aspx>

<http://www.apa.org/monitor/2011/01/inbrief.aspx>

## Resources

### **JUST UPDATED! Geropsychology: It's Your Future: Discover the answers...Be a part of the solution**

This web-based fact sheet discusses career opportunities for students interested in psychology and aging. Education and training opportunities, research opportunities, practice opportunities and other information relevant for students are provided.

### **Assessment of Older Adults with Diminished Capacity: A Handbook for Psychologists**

The handbook discusses the evaluation of the civil capacities of older adults. Six civil capacities of particular importance to older adults are discussed – medical consent capacity, sexual consent capacity, financial capacity, testamentary capacity, capacity to drive, and capacity to live independently.

### **Consumer Factsheets on Memory and Aging and Coping with Stress and Anxiety**

The first offers information on memory changes accompanying age, tips for maintaining and improving memory, and when to seek professional help. The second provides information on stressors of aging, coping with stress, and ways psychologists can help. Templates to make copies for community use will be available soon.

### **The Council of Professional Geropsychology Training Programs (CoPGTP)**

CoPGTP promotes education and training in geropsychology and supports activities that prepare psychologists for competent and ethical geropsychology practice.

### **Enhancing Use of Clinical Preventive Services Among Older Adults: Closing the Gap**

A new report from CDC highlights the need to promote preventive services for adults age 65 and older, especially among minorities

**SAMHSA New Training DVD: Leaving the Door Open: Alternatives to seclusion and restraint** trains mental health services direct care staff, administrators, and consumers on alternative approaches to seclusion and restraint in the treatment of people with serious mental illness

### **Older Americans Month Materials**

In both English and Spanish, available from the Administration on Aging related to this year's theme "Older Americans: Connecting the Community".

<http://www.apa.org/pi/aging/geropsychology.pdf>  
**Student Fact Sheet**

<http://www.apa.org/pi/aging/programs/assessment/capacity-psychologist-handbook.pdf>

**Psychologist Handbook**

<http://www.apa.org/pi/aging/memory-and-aging.pdf>

<http://www.apa.org/pi/aging/09-33-coping-with-stress-fin.pdf>

**Consumer Factsheets**

<http://www.uccs.edu/~cpgrp/>

**The Council of Professional Geropsychology Training Programs**

[http://www.cdc.gov/media/releases/2011/p0314\\_preventiveservices.html?source=govdelivery](http://www.cdc.gov/media/releases/2011/p0314_preventiveservices.html?source=govdelivery)

**Clinical Preventive Services among Older Adults**

<http://store.samhsa.gov/product/SMA10-4508>

**SAMHSA Training Video**

[http://www.aoa.gov/AoARoot/Press\\_Room/Observances/2011/Older\\_Americans.aspx](http://www.aoa.gov/AoARoot/Press_Room/Observances/2011/Older_Americans.aspx)

**Older Americans Month Materials**

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<http://apadiv20.php.ufl.edu/>  
**APA Division 20**

<http://www.geropsych.org/>  
**APA Division 12-II**

To subscribe to this  
thrice-yearly, electronic  
newsletter, please send  
an email to Martha  
Randolph:  
[mrandolph@apa.org](mailto:mrandolph@apa.org)

## Aging at APA

**The Office on Aging** works to promote aging issues within APA, among its members, other professionals, policy makers and the public. The Office strives to bring psychological knowledge to bear on issues that affect the health and well-being of older adults and their families. Deborah DiGilio is its Director; Martha Randolph is the Administrative Coordinator.

**The Committee on Aging (CONA)** is a six-member committee of psychologists with substantive professional expertise in geropsychology who are selected to serve three-year terms. CONA works toward the optimal development of older adults, expanded scientific understanding of adult development and aging, and the delivery of appropriate psychological services to older persons. Current members are: Sara Honn Qualls (Chair), Neil Charness, PhD (Chair-Elect), Patricia Areán, PhD, Adam Brickman, PhD, Kelly O'Shea Carney, PhD, CMC, and Manfred Diehl, PhD.

**Public Interest Government Relations Office** works on aging policy issues at the federal level. Diane Elmore, PhD, MPH is the Associate Executive Director for the Public Interest Government Relations Office and Director, APA Congressional Fellowship Program. Kerry Bolger, PhD is the Senior Legislative and Federal Affairs Officer responsible for policy issues related to aging and children, youth, and families.

**APA Division 20 (Adult Development & Aging)** is concerned with the study of psychological development and change throughout the adult years. Their website includes resources for educators and students, information about graduate programs for students interested in pursuing this field, publications, conference information, and links to other sites.

**APA Division 12-Section II (Society of Clinical Geropsychology)** is devoted to research, training, and the provision of psychological services for older adults. Their website includes information on training opportunities for students and professionals including clinical psychology internships, postdoctoral fellowship opportunities, and continuing education offerings, and research funding and job information.



## CALL FOR NOMINATIONS: CONA Award for the Advancement of Psychology and Aging

CONA invites nominations, including self-nominations, for its award for the Advancement of Psychology and Aging. This award for outstanding achievement is presented annually to recognize psychologists and friends of psychology who have made significant contributions to the mission of CONA. The mission of CONA is to pursue the following goals:

**Science:** Provide strong and visible advocacy for a scientific agenda on aging to policymakers and private and public funding agencies.

**Practice:** Promote the practice of psychology by advocating policies that enhance the availability and reimbursement of health and mental health services to older adults and their families.

**Public Interest:** Promote the application of psychological knowledge to the well-being of older people, with special attention to the influences of gender, ethnicity, culture, sexual orientation, and family in science, practice, and policy relating to older adults.

**Policy:** Contribute to the formulation and support of public policies and associated regulations that promote optimal development of older adults, facilitate psychological practice with older persons, and expand scientific understanding of adult development and aging.

**Education:** Promote inclusion of knowledge about adult development and aging in all levels of education, including continuing education, training programs, and professional development of psychologists.

**Public Affairs:** Develop and disseminate information concerning the scientific findings and practice issues about older adults to psychologists, other professionals, policymakers, and the public.

**APA:** Serve as a visible focus for the coordination of information among groups within APA that address aging issues and offer consultation to relevant APA boards, committees, divisions, state associations, and directorates; also ensure that older members of APA receive the appropriate attention of the association.

Successful candidates will have made significant contributions in one or more of the areas of the CONA Mission stated above. All nominations must include current curriculum vitae of the candidate and three letters of reference. Reference letters should indicate the categories in which the candidate has made contributions related to aging (Science, Practice, Policy, Education, Public Interest, Public Affairs, and APA). Additionally, letters should address the nominee's leadership activities, contributions, and scope of influence that advance knowledge for and about older adults and aging issues, foster understanding of older adult's lives, and improve the status of older adults.

Nominations are solicited by CONA on a yearly basis with a **June 30<sup>th</sup> deadline for receipt of nominations**. The award is presented at the APA Convention. Prior recipients of the CONA Award for Psychology and Aging were the following:

- 2003 Norman Abeles, PhD
- 2004 George Niederehe, PhD
- 2005 Margaret Gatz, PhD
- 2006 Antonette Zeiss, PhD
- 2007 Martha Storandt, PhD
- 2008 Gregory Hinrichsen, PhD
- 2009 Bob Knight, PhD
- 2010 Jennifer Moye, PhD

<http://www.apa.org/about/awards/pubint-aging.aspx>

Send nominations and supporting materials to Martha Randolph: [mrandolph@apa.org](mailto:mrandolph@apa.org)

## Call for Nominations: APA Committee on Aging

<http://www.apa.org/pi/aging/cona/nominations.aspx>

CONA is accepting nominations, including self-nominations, for two new members. CONA is the chief committee within the APA governance structure charged with addressing aging concerns. In its 11<sup>th</sup> year of existence, CONA seeks full members of APA with specialization in aging issues to serve a three-year term beginning January 2012 and ending December 2014.

CONA, a six-member Committee, places priority on maintaining representation within the Committee's membership that reflects the diversity of psychology and society, including (a) individuals with experience in research, clinical training and practice, policy and advocacy, and education; (b) early- and mid-career psychologists and those who are retired or employed less than full time; and (c) diversity with respect to ethnicity, culture, age, gender, ability, sexual orientation, and geographic location.

Send nominations and supporting materials to Martha Randolph:  
[mrandolph@apa.org](mailto:mrandolph@apa.org)

CONA's mission is to advance psychology as a science and profession and as a means of promoting health and human welfare by ensuring that older adults, especially the growing numbers of older women and members of minority groups, receive the attention of the Association. For an overview of CONA's activities and members since its inception, visit: <http://www.apa.org/pi/aging/cona/index.aspx>

Selected candidates **are required** to attend two committee meetings each year in Washington, DC, with expenses reimbursed by the APA. The Committee will meet on March 30-April 1 and October 5-7, 2012; March 15-17 and September 20-22, 2013. Members are encouraged to attend a CONA meeting held during the APA Convention at their own expense. CONA is a working committee with ongoing time sensitive and consuming projects that require members' attention.

Members are expected to participate in frequent email discussions and bi-monthly conference calls, work on Committee priorities between meetings, provide consultation to the Director of the APA Office on Aging, and participate in policy advocacy activities.

Nomination materials should include a current curriculum vitae and a letter from the nominee indicating their commitment to serve on CONA and highlighting specific competencies, interests, and potential contributions to the work of CONA. Letters of support from other APA governance groups and divisions, state psychological associations, or other organizations are desirable but not required. Prior applicants are encouraged to reapply.

**Deadline for nominations and supporting materials is August 26, 2011.**

