THE ROLE OF FAMILIES IN PREVENTING AND ADAPTING TO HIV/AIDS

COMMUNITY DAY SAN DIEGO 2010

HIV COMMUNITY DAY CONFERENCE PROGRAM BOOK

Sponsored by:
American Psychological Association
National Institute of Mental Health
HIV Neurobehavioral Research Center at UCSD
Jewish Family Service of San Diego
Christie’s Place
County of San Diego Health and Human Services Agency
UCSD Mother, Child & Adolescent HIV Program
THE ROLE OF FAMILIES IN PREVENTING AND ADAPTING TO HIV/AIDS

COMMUNITY DAY SAN DIEGO • AUGUST 11, 2010

Sponsored by:
American Psychological Association (APA)
National Institute of Mental Health (NIMH)
HIV Neurobehavioral Research Center (HNRC) at UCSD
Christie’s Place
Jewish Family Service of San Diego
County of San Diego Health and Human Services Agency (HHSA)
UCSD Mother, Child & Adolescent HIV Program

BACKGROUND

In recent years, researchers and health professionals have increasingly recognized the importance of the family in health promotion and disease prevention. NIMH has adopted the definition of a family as a “network of mutual commitment.”

The family is on the front line in preventing HIV transmission, providing education and reinforcing risk reducing HIV-related behaviors for those living with HIV. The family is also the de facto caretaker for those living with HIV. Effective treatments for HIV and related opportunistic infections have resulted in HIV being viewed more as a chronic illness. Health care and mental health service providers are being challenged by the need for comprehensive family-based programs because multiple family members can be at risk and already infected.

Families experiencing high exposure to HIV come from a broad range of cultural groups and social contexts. Family networks include foster parents, extended family members, and non-blood members who function as relatives. A family can be a single seropositive mother who lives with her children. A family can be a grandparent taking care of grandchildren because their parents have died of AIDS. A family can be a mixed serostatus couple—either two men, two women or a man and a woman—who have close friends who assume multiple familial roles. A family can be a couple who are both seropositive, who are deciding whether to have a child or not. A family can be a close network of individuals in recovery or a stable social network of injection drug users who use drugs together and fulfill both instrumental and social support roles associated with extended family members. These varied familial configurations and contexts require a thoughtful reconsideration of how we organize and deliver HIV/AIDS prevention and care.

COMMUNITY DAY CONFERENCE GOALS:

» To network conference participants on issues of families and HIV/AIDS;
» To establish collaborative partnerships among family-oriented researcher, service providers and members of the community;
» To exchange information about San Diego’s engagement with families and HIV/AIDS;
» To transfer new techniques and/or evidence-based prevention programs for working with families to prevent and adapt to HIV/AIDS; and
» To identify challenges in transferring evidence-based family prevention programs to service providers.
8:00 am Registration and Coffee

All morning sessions will be held in Upper Level Room 1A/1B

8:30 am Welcoming Remarks

- Remarks - Carol D. Goodheart, Ed.D., President, American Psychological Association (APA)
- Introductions - Liz Brosnan, Community Day Planning Committee Chair, Christie’s Place
- Federal Proclamation - Congresswoman Susan Davis, 53rd Congressional District
- Mayoral Proclamation - Todd Gloria, San Diego City Councilman, District 3
- County Proclamation - Terry Cunningham, M.A.O.M., Chief, County of San Diego Health and Human Services, HIV, STD and Hepatitis Branch
- Remarks - Ellen Stover, Ph.D., Director, Division of AIDS Research, National Institute of Mental Health (NIMH), National Institutes of Health (NIH), U.S. Department of Health and Human Services (HHS)

9:00 am Setting the Context: Current HIV/AIDS Prevention and Care Issues in San Diego

Terry Cunningham, M.A.O.M., Chief, County of San Diego Health and Human Services, HIV, STD and Hepatitis Branch

9:20 am Discussion

9:30 am Panel of Speakers Representing HIV Affected Families

Moderator: Willo Pequegnat, Ph.D., NIMH, NIH, HHS

10:00 am Discussion

10:20 am Morning Break

10:45 am Overview of Evidence-Based Interventions for HIV-Affected Families

Mary Jane Rotheram-Borus, Ph.D., University of California, Los Angeles (UCLA)

11:05 am Discussion

11:15 am HIV-Related Neurocognitive Issues and the Role of Families in Care

Igor Grant, M.D., University of California, San Diego (UCSD)
11:35 am  Discussion

11:45 am  

**Community Response to Morning Sessions**

Chairs: Sheri Kirshenbaum, Ph.D., Jewish Family Service  
Delores Jacobs, Ph.D., San Diego LGBT Community Center

12:15 pm  

**Award Presentation**

Awardee: Ron Roberts, San Diego County Supervisor  
Liz Brosnan, Christie’s Place, Community Day Planning Committee Chair  
Terry Cunningham, M.A.O.M., County of San Diego Health and Human Services, HIV, STD and Hepatitis Branch  
Clovis Honoré, San Diego Kemet Coalition, Community Day Planning Committee Co-Chair

12:30 pm  

**Box Lunch**

1:30 pm  

**CONCURRENT WORKSHOPS**

**WORKSHOP I:** Adapting CHAMP to Strengthen Families and Communities  
Location: Upper Level, Room 2  
Stacey Alicea, M.P.H, Mt. Sinai School of Medicine  
Joann Ferrer, M.A., M.F.T., San Diego Community Partner: Christie’s Place

**WORKSHOP II:** Eban Risk Reduction Intervention for African American Serodiscordant Couples  
Location: Upper Level, Room 3  
Gail Wyatt, Ph.D., University of California, Los Angeles (UCLA)  
Clovis Honoré, San Diego Community Partner: San Diego Kemet Coalition

**WORKSHOP III:** Adapting Strategies for HIV Disclosure and Adherence to HAART in Families  
Location: Upper Level, Room 1A/1B  
Jane Simoni, Ph.D., University of Washington  
Leonora Calsada, San Diego Community Partner: UCSD Mother, Child and Adolescent HIV Program  
*Spanish Translation Available for Workshop III*

3:00 pm  

**Afternoon Break**

3:15 pm  

**CONCURRENT WORKSHOPS**

**WORKSHOP IV:** Overcoming Barriers To Getting African-Americans Tested and Linked to Care  
Location: Upper Level, Room 2  
Marguerita Lightfoot, Ph.D., University of California, San Francisco (UCSF)  
Harold Cooks M.A., San Diego Community Partner: Family Health Centers of San Diego - Minority AIDS Initiative Integrated Service Center
WORKSHOP V: Evidence-Based Approaches for Addressing HIV/AIDS Prevention and Care in Border Communities

Location: Upper Level, Room 1A/1B

María Luisa Zúñiga de Nuncio, Ph.D, UCSD
Mariana Cherner, Ph.D., UCSD

San Diego Community Partners:
Rosalinda Cano-Hays, Project Concern International
Rosana Scolari, B.A., San Ysidro Health Center

Conducted in Spanish with English Translation Available

WORKSHOP VI: What Can You Do If “The Girls (or Boys) All Get Prettier at Closing Time?”: Evidence-Based Approaches for Addressing HIV and Alcohol Abuse Problems in Diverse Communities

Location: Upper Level, Room 3

Rick Zimmerman Ph.D., Virginia Commonwealth University School of Medicine
Sheri Kirshenbaum, Ph.D., San Diego Community Partner: Jewish Family Service

4:45 pm

Closing Remarks and Networking

Location: Upper Level, Room 1A/1B

Liz Brosnan, Community Day Planning Chair, Christie’s Place
Clovis Honoré, Community Day Planning Co-Chair, San Diego Kemet Coalition

5:30 pm

Adjournment

San Diego Planning Committee

John Anderson American Psychological Association
Liz Brosnan Christie’s Place
Mary Caffery University of California, San Diego, Mother, Child & Adolescent HIV Program
Rosalinda Cano-Hays Project Concern International
Mariana Cherner HIV Neurobehavioral Research Center at University of California, San Diego
Terry Cunningham County of San Diego Health and Human Services Agency
Terence Hendrix HIV Neurobehavioral Research Center at University of California, San Diego
Clovis Honoré San Diego Kemet Coalition
Sheri Kirshenbaum Jewish Family Service of San Diego
Cinnamen Kubricky HIV Health Services Planning Council
Rayford Kytle National Institute of Mental Health
Mónica León-López San Ysidro Health Center – CASA
Cherie Mitchell American Psychological Association
Alicia Núñez-Liriano North County Health Services
Willo Pequegnat National Institute of Mental Health
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Biographies

**Stacey Alicea, M.P.H.,** is a Senior Clinical Research Coordinator in the Psychiatry Department at Mount Sinai School of Medicine, and also serves as a Project Director/Senior Trainer on the CHAMP+ and CHAMP+SA projects with Dr. Claude Ann Mellins, Principal Investigator, at the HIV Center for Clinical & Behavioral Studies at the New York State Psychiatric Institute at Columbia University. Ms. Alicea is also currently pursuing a doctoral degree in Psychology and Social Intervention at New York University. Ms. Alicea’s work thus far has focused on federally funded applied research projects and foundation funded alternative mental health programs, which combine HIV prevention and treatment, adolescent and family mental health, and long-term economic development across a variety of domestic and international settings.

**John Anderson, Ph.D.,** received his Ph.D. in clinical psychology in 1988 from the University of Kansas. Dr. Anderson is the Senior Director of the American Psychological Association (APA) Office on AIDS. The APA Office on AIDS provides training and technical assistance on a wide range of HIV/AIDS-related topics including mental health services, technology transfer of HIV prevention science, community collaboration, research skills development, public policy, and ethics. Under the direction of Dr. Anderson, the APA Office on AIDS also operates three federally-funded programs—the HIV Office for Psychology Education (HOPE) Program, funded by the Center for Mental Health Services (CMHS) of the Substance Abuse and Mental Health Services Administration (SAMHSA); the Behavioral and Social Science Volunteer (BSSV) Program, funded by the Division of HIV/AIDS at the Centers for Disease Control and Prevention (CDC); and the Cyber Mentor Program, funded by the National Institute of Mental Health (NIMH). Dr. Anderson serves as the APA staff liaison for end-of-life issues and in that capacity he developed a research-based training program entitled, *Internet-based Education on End-of-Life Issues for Mental Health Providers.* Dr. Anderson’s primary area of research and writing has focused on the relationships between hope, coping, adjustment, and health. He has authored numerous articles and training curricula on the mental health and psychosocial aspects of HIV/AIDS. His book, *Ethics in HIV-Related Psychotherapy: Clinical Decision-Making in Complex Cases,* published by APA Books, provides mental health practitioners with a practical guide for dealing with complex moral and legal dilemmas posed by clients living with HIV/AIDS. Since 1986, Dr. Anderson has conducted a private, mental health services practice in Washington, D.C. where he specializes in individual, couple, family, and hypnosis therapies for people living with chronic and terminal illnesses.

**Elizabeth (Liz) Brosnan, B.A.,** is the Executive Director of Christie’s Place, a nationally recognized and leading nonprofit organization that provides education, social services, and advocacy to women, children and families impacted by HIV/AIDS. She has been in this position since 2003. Ms. Brosnan developed this once small grassroots organization into a comprehensive social services agency guided by its mission to empower women and families to take charge of their health and well-being. In recognition of their extraordinary achievements in protecting and promoting public health, Christie’s Place was selected as the organizational recipient of the 2010 Public Health Champion Award by the County of San Diego. Ms. Brosnan serves on the Leadership Team of the National Women and AIDS Collective as well as the San Diego HIV Health Services Planning Council and several of its subcommittees. She has received numerous accolades for her work in the field of HIV over the past twelve years, such as the American Red Cross Professional
Biographies (cont.)

Level Tiffany Award; Friend of the Year 2000; County of San Diego HIV Consumer Council; Excellence in Community Service, County of San Diego Aging & Independence Services; and the County of San Diego 2009 Dr. A. Brad Truax Award for Outstanding Service in HIV Planning, Advocacy and Policy Development. Ms. Brosnan has a B.A. in Political Science, B.A. in Women's Studies and an International Certificate in Women, World Politics and Global Leadership from Rutgers University.

Mary Caffery, RN, MSN coordinates the clinical, research and community education programs for the UCSD Mother, Child & Adolescent HIV Program. She has provided HIV care for women for twenty years and works with the Pacific AIDS Education and Training Center to educate nurses and women's health care providers. As an advocate for women, children, youth and families she actively participates in HIV community planning efforts to develop and provide comprehensive HIV care.

Leonora Calsada, L.C.S.W., M.P.H., is the lead clinical social worker at the UCSD Mother-Child-Adolescent HIV Program. With 26 years experience in women's health services and a deep commitment to serving families, she has provided mental health counseling and case management for HIV positive women and their families for 14 years. Her expertise in maternal–child health, HIV, knowledge of community systems, cultural competence, and advocacy for women and families contributes to improved health outcomes for families in San Diego. Ms. Calsada also provides clinical supervision to staff and precepts social work students from San Diego State University.

Rosalinda Cano-Hays has over 20 years of experience in community health and development on the US/Mexico border. Currently she works for Project Concern International as a consultant. She manages a Capacity Building program in the Baja California-California border region. Mrs. Cano-Hays has worked more than ten years bi-nationally, coordinating and supervising a variety of programs with non-governmental and governmental organizations in the Tijuana-San Diego region that focus on HIV/AIDS, TB, Substance Abuse and Maternal-Child and Reproductive Health. She has extensive experience in facilitating communication to improve coordination and collaboration between partner organizations in California- Baja California. She is especially skilled in the design, implementation and management of multi-year funded projects and in building effective working relationships with organizations, coalitions, networks, project collaborators, funders, and community groups. She has been a key organizer of the San Diego-Tijuana HIV/STI Bi-national Committee World AIDS Day and lead organizer of the HIV/AIDS Conference and bi-national awareness tours for decision- and policy-makers.

Mariana Cherner, Ph.D., is an Associate Professor in the Department of Psychiatry at the University of California San Diego. She is a neuropsychologist and neuroAIDS researcher in the HIV Neurobehavioral Research Programs at UCSD, as well as a faculty member in the SDSU/UCSD Joint Doctoral Program in Clinical Psychology. She is also the Director of the Interdisciplinary Research Fellowship in NeuroAIDS. Dr. Cherner’s work focuses on individual differences in vulnerability to the effects of drugs of abuse and their manifestation in HIV and hepatitis C related brain dysfunction. The other focus of her work is in the area of cultural neuropsychology, with a special interest in culturally competent assessment of cognitive abilities and everyday functioning in Spanish speakers. She also participates in training and mentorship of students and postdoctoral researchers.

Harold Cooks, M.A., is the Program Coordinator for the Minority AIDS Initiative Integrated Service Center with Family Health Centers of San Diego. The Center provides Social support which includes Mental Health Counseling (groups and one on ones), Substance Abuse Counseling, Client Advocacy and Case Management. He is the facilitator of a support group for African-American Gay & Bisexual men. Mr. Cooks has been involved in the HIV field since 2001. His goal is to increase people of color involvement in the health Care system and HIV Testing & Counseling with an emphasis on African-Americans. Mr. Cooks received his masters degree in Marriage, Family & Child Counseling in 1996 at Pacific Christian College in Fullerton, California. Harold volunteered for two years for
the Match-Two (M-2) program. M-2 is a ministry to prisoners who have had little to no visits from family members and are currently on the list for parole. Mr. Cooks was a Security Police Officer in the United States Air Force for 6 years active duty and 2 years in the USAF Reserves. He served in Wyoming, California, Germany and Saudi Arabia. He was Honorably Discharged in 1988. Mr. Cooks is a Native Californian born and raised in San Jose, California and has lived in the San Diego area for the past 20 years. Harold wears many hats, he has his own greeting card business; he's a photographer and artist.

Terry Cunningham, M.A.O.M. has been involved in the AIDS epidemic in San Diego County for twenty eight years. His role has ranged from volunteer on the AIDS Hot line to co-founder of the Ciaccio Memorial Clinic, which remains the largest community provider of HIV services in the county. His current position as Chief of the HIV, STD and Hepatitis Branch of Public Health Services for the County of San Diego has placed him in charge of a staff of 60 individuals with a combined budget of over $12 million in Ryan White CARE Act, CDC, AIDS Drug Assistance Program and State HIV Prevention funds. This branch maintains 65 contracts with 30 community organizations making it one of the largest units in the Department of Public Health. Also, Mr. Cunningham has provided technical assistance regarding HIV and AIDs issues in China, the former Soviet Union, Zambia and Dire Dawa, Ethiopia. In 2009 he was given a Life Time Achievement Award by Townspeople, the Jess Jessop Community Service Award by The Center as well as the Faith Based Working Group’s Humanitarian Award.

Susan Davis, proudly represents California’s 53rd Congressional District in the U.S. House of Representatives. Her interest in public affairs and service grew out of her experiences as a social worker, parent, youth mentor, and military spouse. Through these life experiences, Susan developed an understanding of and deep commitment to improving her community and country. Prior to Congress, Susan served in the California State Assembly (1994-2000). She served three terms and focused on what would become her signature issues – education, health care, and consumer protection. She chaired the Committee on Consumer Protection, Government Efficiency, and Economic Development. In the House, Susan has approached legislating as a bipartisan consensus builder achieving successes in education, military families and veterans support, health care, and election reform. Susan has worked to build on the foundation of her success in giving California women direct access to their OB/GYN and providing patients the option of a second medical opinion. As a former medical social worker, Susan recognizes the need for accessible and affordable quality health care.

Joann Ferrer, M.A., M.F.T., is the Program Manager of Christie’s Place, a leading nonprofit social service organization in San Diego County that provides comprehensive HIV/AIDS education, support, and advocacy to women, children and families. Ms. Ferrer received her license in marriage and family therapy in 1985. She oversees Christie’s Place HIV/AIDS mental health and case management services, peer/family case work, quality management and provides education and counseling services to women, children and families. She is a trained facilitator of the Lotus Project, A National Peer Advocacy Training Program for HIV+ women developed by The Center for Health Training (CHT) and Women Organized to Respond to Life Threatening Disease (WORLD) and is a member of the San Diego HIV/AIDS Health Services Planning Council’s Evaluation Committee. Her experience prior to working with individuals living with HIV/AIDS includes domestic violence, rape and child abuse survivors; chronic mental illness and substance abuse recovery. She is the author of, “Adult Children of Abusive Parents and Other Dysfunctional Families-How to Heal Yourself Now”, (Hickman Press 1992) and is Co-author of the Cajon Valley School District’s “Project Safe” Child Abuse Prevention Curriculum 1986.

Todd Gloria is a San Diego City Councilmember. He was elected to represent District 3 on November 4, 2008. As a third generation resident of District 3, his roots in the community are
deep and his commitment to the community is strong. Todd's lifelong dedication to public service stems from the lesson of his parents that if you care about something, you should leave it better than you found it. Prior to his election, Todd served as District Director to U.S. Congresswoman Susan A. Davis and worked for the County of San Diego's Health and Human Services Agency. Todd's volunteer efforts to improve the community include his work as a San Diego Housing Commissioner from 2005 until his election, and as a member of the Mid-City Prostitution Impact Panel. As a Councilmember, Todd remains committed to community service and regularly volunteers with his staff on neighborhood projects. Todd is the Chair of the Land Use and Housing Committee and a member of the Committee on Public Safety and Neighborhood Services, the Committee on Budget and Finance, and the Committee on Rules, Open Government, and Intergovernmental Relations. He also serves on the board of the Metropolitan Transit System and on numerous SANDAG committees. His work has been recognized by numerous organizations, including the National Conflict Resolution Center (formerly the San Diego Mediation Center), the Greater San Diego Business Association, and the HIV Consumer Council. He was named a 1999 Harry S. Truman Scholar, one of San Diego's "Top 40 Under Forty" by San Diego Metropolitan Magazine in 2005, and one of "50 People to Watch" by San Diego Magazine in 2008. Todd is a graduate of the University of San Diego and an enrolled member of the Tlight-Haida Indian Tribes of Alaska. He is a homeowner in the Cherokee Point neighborhood of City Heights.

Carol Goodheart, Ed.D., is President of the American Psychological Association. She is a scholar-practitioner in independent practice in Princeton, New Jersey. Her career integrates practice, research, and service to psychology. Dr. Goodheart works at the intersection of physical and mental health, practice and science, humanism and scholarship. Before becoming a psychologist, Dr. Goodheart trained as a nurse. She worked in urban emergency medicine and intensive care, as well as rural public health on two Native American reservations. She earned her doctorate in counseling psychology from Rutgers University, and she specializes in the treatment of individuals, couples, and families coping with physical diseases or disabilities. In addition to her practice, she has served at Rutgers University’s Graduate School of Applied and Professional Psychology in a number of roles: clinical supervisor, contributing faculty, and committee on continuing education. She is a founding partner of two organizations: PsychHealth, PA, a multi-specialty mental health practice offering treatment services, program design, and consultation, primarily in health psychology; and W2W, LLC, dedicated to the development and dissemination of materials designed to build strengths, promote health, and enhance quality of life for women. She has been a leader in APA for almost two decades.

Igor Grant, M.D., is Distinguished Professor of Psychiatry and director of HIV Neurobehavioral Research Programs at the University of California San Diego. Dr. Grant is a neuropsychiatrist who graduated from the University of British Columbia School of Medicine, and received specialty training in psychiatry at the University of Pennsylvania, and additional training in neurology at the Institute of Neurology (Queen Square) London, U.K. Dr. Grant’s academic interests focus on the effects of various diseases on brain and behavior, with an emphasis on translational studies in HIV, and drugs of abuse. Dr. Grant has contributed to approximately 500 scholarly publications and is principal investigator of several NIH studies, including a NIDA P50 (Translational Methamphetamine AIDS Research Center - TMARC) and NIMH funded HIV Neurobehavioral Research Center, California NeuroAIDS Tissue Network, and CNS HIV AntiRetroviral Therapy Effects Research - CHARTER.

Terence Hendrix, B.A., is a Clinical Research Study Coordinator at the HIV Neurobehavioral Research Center in the Department of Psychiatry at the University of California, San Diego (UCSD). He currently coordinates a NIDA-funded clinical research study examining the influence of genes on risky decision making among individuals with methamphetamine dependence and/or HIV infection. Terence also provides training and quality assurance for neuropsychological testing for a lifespan analysis study on HIV/AIDS related traumatic brain injury in Latin America. Mr. Hendrix holds
Clovis Honoré, B.A., is the Lead Organizer for Regional Congregations and Neighborhood Organizations (RCNO), and Executive Director, San Diego Area Congregations for Change Project (SACC). RCNO Training Center is focused on building the capacities of African American congregations and community organizations to engage in faith-based community organizing, public policy initiatives and program development. RCNO initiated the San Diego County Public Health Re-entry Task Force to address the severe health care needs of the County of San Diego’s rapidly growing population of formerly incarcerated persons. HIV/AIDS is a critical health issue among this population, particularly in the African American community. To advance this issue, Honoré was asked to join the board of directors of the Kemet Coalition, Inc., where he currently serves as President. Kemet is a non-profit organization composed of HIV service provider organizations and individuals committed to addressing the disproportionate prevalence of HIV/AIDS among African Americans in San Diego County. As a regional member of the California African American HIV/AIDS Coalition, local efforts contribute to addressing the HIV/AIDS issue statewide. Honoré received a degree in Political Science and African American Studies from San Diego State University. He is a loving husband, father of five and grandfather of one.

Delores Jacobs, Ph.D., is the Chief Executive Officer of The San Diego Lesbian, Gay, Bisexual and Transgender (LGBT) Community Center. Jacobs is nationally recognized as a skilled leader, responsible for managing one of the largest and most dynamic LGBT community centers in the country. Since she took the executive position with The Center in 2001, the organization has grown into a vibrant $3.8 million dollar community-based, non-profit agency with more than 40 staff and 300 volunteers. The Center serves more than 2,000 people every week and is the primary gathering place for more than 100 community groups. Over the past four years, Dr. Jacobs has overseen a $1.2 million facility renovation; created targeted programs for some of the most vulnerable and underserved people in San Diego; expanded The Center’s Public Policy Department; increased the overall visibility and community recognition of The Center; enhanced The Center’s Youth Services; and launched a cutting-edge supportive housing project for LGBT and HIV-positive youth, which opened in 2006. Jacobs is a trained clinical psychologist and served as the Center’s Director of Behavioral Health Services from 1998 until being selected as the organization’s CEO. She has a strong commitment to coalition-based work, at every level of the LGBT and broader San Diego community. Her community involvement includes participation in the San Diego LGBT Leadership Council, the Advisory Board for the University of San Diego’s Non-Profit Leadership and Management Program, and the County of San Diego’s HIV Planning Council. She has devoted considerable time and talent to training and education efforts in the public health and non-profit sectors’ and has designed and evaluated programs in academic settings, corporate training arenas, small grassroots, government and private organizations. Prior to joining The Center, Jacobs was a graduate school professor, specializing in public health issues.

Sheri Kirshenbaum, Ph.D., is the Clinical Director of HIV Services at Jewish Family Service of San Diego. She develops, implements, and supervises behavioral intervention programs for those living with or at high risk of contracting HIV who struggle with co-occurring conditions (substance abuse and mental illness). She has been particularly active in efforts to address methamphetamine use among gay and bisexual men in San Diego; developing harm reduction groups for active users; implementing evidence-based interventions for men interested in stopping their use; and training providers to increase their skills with this population. Prior to
coming to San Diego, Dr. Kirshenbaum worked as a Research Scientist and Assistant Clinical Professor of Medical Psychology at the HIV Center for Clinical and Behavioral Studies at Columbia University/ NY State Psychiatric Institute. She served as the Project Director of the NIMH Healthy Living Project, a four-city study of prevention efforts with HIV+ men and women. She also maintained a clinical practice with focus on adults and couples.

Cinnamen Kubricky is an accomplished mother and long term advocate for people living with HIV/AIDS. She is credited with the distinction of being the founding member of the Positive Women’s Network in San Diego, California. Ms. Kubricky is a graduate of HIV University and The Lotus Project which is a national peer training and capacity building program targeting women living with HIV. She currently is serving her third consecutive term as the Vice Chair of the San Diego HIV Planning Council. She was recently selected to be a health and welfare advocate for the County of San Diego’s Health and Human Services Welfare Board. She also serves as a non paid lobbyist and an HIV research participant.

Rayford Kytle, M.A., is a writer in the Division of AIDS Research (DAR) at the National Institute of Mental Health (NIMH). Prior to joining DAR in 2005, he worked in the communications offices of NIMH from 1996 – 2005 and the HHS Assistant Secretary for Health, where he served as Deputy News Director from 1990 - 1996. His work within HHS has focused on HIV/AIDS since 1986, when, from 1986 to 1988, he was in charge of all HIV/AIDS Social Security Disability applications for the Metropolitan DC area. He received a B.A. in English from Davidson College in 1968 and an M.A. in Sociology from The College of William and Mary in Virginia in 1975. He has been HIV+ since 1979.

Mónica León-López, B.S., is the HIV Services Manager at San Ysidro Health Center-CASA South Bay, an agency that provides social services to people living with HIV/AIDS. She has worked in this agency for over 8 years, and she is responsible for assisting people living with HIV/AIDS and their affected family members, access a continuum of medical, social, mental health and supportive services essential to the maintenance and preservation of individual health and quality of life. She is responsible for the delivery of high HIV quality medical and social services to clients. She has collaborated in important projects including SPNS (Special Projects of National Significance), Coordination of Binational Conference on HIV/AIDS and STI’s including: “Mujer: La Otra Cara del VIH”, World AIDS Day Campaigns in the US-Mexican Border region. At this time she also oversees the Prevention with Positives Program Women’s group: Positiva, Activa, y Viva and Women’s Club (Club de Mujeres). Ms. Lopez holds a B.S. in Health Education with emphasis in Community Health Education, CHES certified.

Marguerita Lightfoot, Ph.D., is Associate Professor, and Co-Director of the Center for AIDS Prevention Studies (CAPS) and Director of the Technology and Information Exchange (TIE) Core, at the University of California, San Francisco. Dr. Lightfoot is a counseling psychologist whose research has included HIV prevention work in the juvenile justice system and with runaway and homeless youths in Los Angeles. One particular focus of her research with adolescents has been to adapt and utilize interactive and engaging delivery of HIV preventive activities on computers. In addition, she has worked as a Mental Health Clinician at a mental health clinic that served primarily low-income people of color. She’s conducted psychotherapy with predominately African American and Latino adults, couples, and families infected and/or affected by HIV. She is particularly interested in developing cost-effective interventions that are easily translatable with utility in community settings and utilizes new technologies to engage disenfranchised individuals in health promotion activities. She has a unique ability to determine the programmatic needs of the most vulnerable populations and develop programs that are cutting-edge and likely to successfully engage these populations to increase mental health functioning and well-being. A notable, ongoing research project has been adapting interventions to reduce HIV.

Cherie Mitchell, M.H.S., is Manager of the American Psychological Association (APA) Office on AIDS.
She provides managerial and administrative oversight to the Office of AIDS, which provides training and technical assistance on a range of HIV/AIDS-related topics including mental health services, technology transfer of HIV prevention science, community collaboration, research skills development, public policy, and ethics. Ms. Mitchell also provides support to the Ad Hoc Committee on Psychology and AIDS, implementing committee-initiated projects and decisions. Furthermore, she supports HIV/AIDS policy and advocacy activities and other initiatives. Ms. Mitchell received her Master of Health Science in health policy from The Johns Hopkins School of Public Health and her Bachelor of Arts from Yale.

Alicia Núñez-Liriano, M.P.H., is the HIV Programs Director for North County Health Services, Inc., a Federally Qualified Community and Migrant Health Center with 11 clinical sites in north San Diego County. At NCHS, she is responsible for HIV program development, implementation and evaluation. She oversees one of the largest home-based community case management programs that serve clients through the full continuum of HIV disease progression. Targeted outreach and case-finding services are also provided to migrant agricultural workers by offering on-site clinical care and HIV outreach, education, Testing & Counseling services at agricultural businesses located in semi-rural and rural north San Diego County. Ms. Núñez-Liriano has been working in field of HIV for over 13 years and has been the Director of HIV services for the last 8 years; prior to working at NCHS, she was a Program Officer at Alliance Healthcare Foundation where she managed the San Diego HIV Funding Collaborative as well as a Board Trustee for The National AIDS Fund.

Willo Pequegnat, Ph.D., is Associate Director, International HIV/STD Prevention Research, Center for Mental Health Research on AIDS at the National Institutes of Health (NIH). As the Senior Prevention Scientist, Dr. Pequegnat has a range of experience with both national and international HIV/STD prevention research and has expertise in primary and secondary behavioral preventive interventions, stress and coping, psychological, neuropsychological, and physical functioning, and quality of life. Her research involves multilevel social organization and complex relationships: couples, families, communities, societal (media, policy), technological (internet, web, etc.) in national and international settings. She took the initiative to develop a research program on the role of families in preventing and adapting to HIV/AIDS and chairs the only annual international research conference on families and HIV/AIDS. She co-edited the book on this program of research entitled, Working with Families in the Era of AIDS. Dr. Pequegnat initiated and is co-editor of How to Write a Successful Research Grant Application: A Guide for Social and Behavioral Scientists; Community Interventions and AIDS; and From Childhood Sexual Abuse to Adult Sexual Risk: Trauma, Revictimization, and Intervention. She has developed three special issues of AIDS and one of JAIDS. She plans and implements national and international workshops, conferences, and symposia on HIV/STDs, and represents NIMH on science policy-making committees and workgroups in the Public Health Service on a broad range of HIV/STD issues.

Ron Roberts is San Diego County Supervisor representing San Diego County’s diverse 4th District, which includes 620,000 people and stretches across nearly 100 square miles. Ron has been active in HIV/AIDS issues since the beginning of the epidemic. In the late 1980s City Councilman Roberts was reaching out to experts to gather facts to counter the fear and fiction inside and outside of city government about this deadly disease. One of the city’s first HIV/AIDS treatment centers is still located in his district. At the county, Supervisor Roberts has been an avid supporter and delivered both the one millionth and the two millionth meal served by Mama’s Kitchen, a group that feeds those sickest with HIV/AIDS. He has championed keeping the authority for the distribution of Ryan White funds in the hands of the community and free from interference by elected officials. He has helped fund housing for homeless HIV individuals and in general supported, and more importantly, helped direct dollars to diverse
organizations serving the HIV/AIDS community. Most recently Ron secured funding for a social marketing campaign for the treatment of methamphetamine addiction, a known contributor to the spread of HIV. Public health concerns run deep in his family. Supervisor Roberts’ wife worked in the medical field and one daughter is now a child life specialist and the other an emergency room doctor. Ron Roberts is all about health care for everyone, and has always been at the forefront of supporting assistance to individuals and families coping with HIV/AIDS.

Mary Jane Rotheram-Borus, Ph.D., is the Bat-Yaacov Professor in Child Psychiatry and Biobehavioral Sciences, Department of Psychiatry, Semel Institute for Neuroscience and Human Behavior, University of California at Los Angeles (UCLA). She directs the UCLA Global Center for Children and Families. Dr. Rotheram-Borus has spent the past 30 years developing, evaluating, and disseminating evidence-based interventions for children and families. She has designed more than 15 evidence-based intervention programs for at-risk children and families in the US and internationally. Several of these programs have received national and international recognition, including designation as model programs by the Centers for Disease Control and Prevention, the American Psychological Association, and the American Medical Association. Dr. Rotheram Borus has authored or co-authored more than 200 journal articles and received more than 50 foundation and NIH grants to design prevention programs.

Rosana Scolari, is Director of Operations, San Ysidro Health Center (SYHC). She is responsible for the oversight of SYHC’s main clinic and Maternal and Child Health Center as well as managing projects across SYHC clinic network including HIV, WIC and others. Ms. Scolari was Director of HIV Services for SYHC for over 10 years (1998-2008). In that capacity, Ms. Scolari was responsible for the development and implementation of the only HIV/AIDS primary care and social service programs specifically designed to meet the unique needs of transborder monolingual Latinos/as residing in the Border Region of San Diego County. Ms. Scolari grew up in the community of San Ysidro, California, less than three blocks from SYHC and less than one mile from US-Mexico border - the San Ysidro Border Station, which is considered the busiest border crossing in the world. As a child and teenager, crossing the border for Ms. Scolari was a daily experience; she lived in San Ysidro but attended school in Tijuana, Mexico. In 1996 she graduated from UC Berkeley with a degree in Sociology. Her binational, bicultural and bilingual upbringing has provided her with the knowledge, experience and insight necessary to create culturally and linguistically appropriate programs which effectively serve SYHC’s predominantly Latino patient population. Ms. Scolari has been a member of the San Diego County HIV Planning Council for over nine years. She was co-founder of the local Coalition of Latino AIDS Service Providers (CLASP) and volunteers her time as a board member of AFABI (Agencia Familiar Binacional, A.C.), a non-profit HIV service organization in Tijuana.

Jane M. Simoni, Ph.D., is a clinical health psychologist who received her Ph.D. from the University of California, Los Angeles. Currently, Dr. Simoni is a professor in the Department of Psychology and an Adjunct Professor in both the Departments of Women’s Studies and Global Health at the University of Washington. Within the Department of Psychology, she heads the adult clinical psychology area and the practicum program and teaches a course on minority mental health. Additionally, she runs an active program of research involving colleagues at the junior faculty, post-doctoral, graduate, and undergraduate levels. She is involved in governance at the American Psychological Association, where she is on the Committee of Women in Psychology and is the president of Division 35’s Section 4: Lesbian and Bisexual Women’s Issues. Over the past two decades, she has published extensively and presented nationally and internationally on her research, which focuses on identifying how cultural strengths and social support bolster psychological well-being and resilience among stigmatized groups such as sexual and racial/ethnic minorities and persons living with HIV/AIDS. She has been successfully in securing several NIH research grants for her research, including recent projects on HIV medication adherence in New York City, Seattle, Beijing, and, most recently, on the US-Mexico border.
Biographies (cont.)

Ellen Stover, Ph.D., is Director, Division of AIDS Research, at the National Institute of Mental Health. Her division supports a broad research portfolio focused on domestic and international HIV prevention along with the pathogenesis and treatment of neuropsychiatric consequences of HIV/AIDS. Its annual budget is approximately $180 million. Dr. Stover received her Ph.D. in psychology from Catholic University, Washington, DC in 1978 and has held progressively responsible positions at NIMH over the last 36 years. She has been responsible for developing and overseeing all NIMH AIDS research programs since their inception in 1983. Her accomplishments include the convening of the NIH Consensus Development Conference that produced science-based national recommendations for preventive interventions targeting HIV risk behaviors in 1997. Among her numerous awards, in 2001 Dr. Stover received the Senior Executive Service Presidential Meritorious Award for her creation of international HIV/AIDS prevention collaborations in India. Dr. Stover is on the Editorial Board of AIDS and Behavior and Neuropsychopharmacology and other key journals.

Gail Wyatt, Ph.D., is Associate Director, UCLA AIDS Institute and Professor, Department of Psychiatry and Biobehavioral Sciences. Dr. Wyatt is also a clinical psychologist and a sex therapist. She was an NIMH Research Scientist Career Development Awardee for 17 years. Her research examines the consensual and abusive sexual relationships of women and men, the effects of these experiences on their psychological well-being, and the cultural context of risks for sexually-transmitted diseases and HIV. She has conducted national and international research since 1980, funded by the National Institutes of Mental Health, the National Institute of Drug Abuse, state and private foundations. The recipient of numerous awards, Dr. Wyatt has to her credit more than 110 journal articles and book chapters, and has co-edited or written five books, including Stolen Women: Reclaiming our Sexuality, Taking Back Our Lives and No More Clueless Sex: 10 Secrets to a Sex Life That Works for Both of You. Dr. Wyatt is an Associate Director of the UCLA AIDS Institute and coordinates a core of behavioral scientists who consult with other researchers to recruit underserved populations and conduct research that effectively incorporates socio-cultural factors into HIV/AIDS research. Dr. Wyatt has received numerous awards and honors for her scientific accomplishments, mentoring, and teaching. She has also testified before the United States Congress eight times on issues related to health policy. She was the first African-American woman to be licensed as a psychologist in the state of California.

Rick Zimmerman, Ph.D., is Professor of social and behavioral health in Virginia Commonwealth University’s School of Medicine. He has always been interested in those factors that lead people to healthy or not-so-healthy behaviors. He has been funded continuously by NIH over the past 16 years in the areas of HIV, other STI and pregnancy prevention, as well as in drug and alcohol prevention, with adolescents and young adults. He and his team have worked to adapt HIV and alcohol-related interventions in South Africa and Thailand; to adapt a dating prevention program in South Africa; and to adapt HIV prevention programs in the US for high sensation seekers and impulsive decision makers, and for African American female adolescents in inner city housing developments, for young MSM in gay youth groups, and for male adolescents in detention facilities. Dr. Zimmerman and his colleagues have also developed, implemented, and evaluated theory-based mass media campaigns to increase condom use and to delay sexual activity. He and his colleagues are currently working on new proposals to assess the impact of reducing college alcohol abuse on reductions in partner violence; on the impact of increasing school engagement of African-American middle school students on violence, substance abuse, and sexual risk-taking; on the influence of news media reporting on advances in HIV treatment on risky behaviors; on how rural teen pregnancy prevention coalitions can be more effective; and on ways to combine mass media and new media to most effectively reduce sexual risk-taking among African-American young adults.
María Luisa Zúñiga, Ph.D. is an Associate Professor and Behavioral Epidemiologist in the Division of Global Public Health, University of California, San Diego (UCSD) School of Medicine. She holds a secondary appointment in the UCSD Division of Child Development and Community Health and serves as Core Faculty for the UCSD/SDSU Joint Doctoral Programs in Global Health and Health Behavior. She earned her master’s degree in International Relations and Pacific Studies at UCSD in 1992 and completed her doctoral degree in Epidemiology in the UCSD-SDSU Joint Doctoral Program in Public Health in 1999. Dr. Zúñiga is PI and Co-Director of the Hispanic Serving Health Professions scholar training program at UCSD. Dr. Zúñiga’s research focus is on improving the health of Latino populations in the US-Mexico border region. Specific areas of health research include: Complementary and Alternative Medicine use among HIV-Positive individuals living in the US-Mexico border region, HIV and related co-morbidities, HIV-related stigma and HIV-transmitting risk behaviors, including HIV prevention in high-risk youth; access to health care for persons who migrate between Latin America and the U.S.; and health care delivery systems in the US and Mexico and binational health care access and utilization. Dr. Zúñiga specializes in Community-Based Participatory Research (CBPR) through long-term partnerships with community-based, state and federal agencies in California and Mexico to conduct research that is relevant and responsive to community health concerns.
Oral Presentation Abstracts
Abstracts of Oral Presentations

TERRY CUNNINGHAM, COUNTY OF SAN DIEGO HEALTH AND HUMAN SERVICES AGENCY HIV, STD AND HEPATITIS BRANCH

Current HIV/AIDS Prevention and Care Issues in San Diego

This talk will provide the context for Community Day in San Diego by providing local statistics and describing how services, funding and prevention efforts have changed in San Diego over the course of the epidemic.

There have been 17,894 cases of AIDS and HIV disease reported in the County of San Diego since the beginning of the epidemic. Eight percent (1,471) are women of child bearing age and 100 are children. Each individual in these numbers represents at least one family unit that has been affected by this disease.
CNS complications are well recognized in HIV infection, with neurocognitive impairment (NCI) reported in 30-50% of cases. Progress of HIV disease is accompanied by progressive reduction in volumes in gray and white matter of the brain and increased abnormal white matter signal, as well as evidence of neuronal injury on MR spectroscopy studies. Degree of NCI before death correlates with amount of synaptic and dendritic injury at autopsy, and this may be one of the substrates of NCI. Despite life prolonging antiretroviral therapy (ART), which in many cases yields undetectable plasma HIV, NCI remains prevalent, e.g., 40-50% of 1555 CHARTER participants were impaired. Presence of low levels of HIV RNA in CSF in those with undetectable plasma virus is associated with NCI, suggesting that persistence or low level CNS viral replication may in part explain HIV-associated neurocognitive disorders (HAND) persistence. Other factors may include neuro-damaging events in early HIV infection, and effects of cofactors such as coinfection with HCV or other pathogens and drug abuse. Some evidence indicates use of better CNS penetrating antiretroviral (ARV) improves NCI, and there may be protective effects from adjunctive therapies such as SSRIs and statins.
MARY JANE ROTHERAM-BORUS, PH.D., UNIVERSITY OF CALIFORNIA, LOS ANGELES

Interventions for Families Living with HIV

Initiated in the early 1990's, family approaches have addressed both primary and secondary approaches to HIV prevention. Primary prevention approaches have been initiated at home, in institutional settings such as social welfare settings, schools, and community-based (e.g., in rural villages in Africa). There have been interventions for parents and children (Father-son, mother-son, mother-daughter), family-based, and mounted in the context of community mobilization. Programs have impacted knowledge, attitudes, and behaviors. Many programs have been mounted prior to the age of sexual debut and long-term follow-up has been necessary to demonstrate results.

For families affected by HIV, secondary prevention has aimed to enhance coping, support, destigmatization, health and mental health of families living with HIV (FLH) have been demonstrated to have long-term benefits in the United States. Family approaches are needed and increasingly utilized in the developing world across continents (Asia, Africa, South America, and Europe). Surprisingly, the challenges experienced by each FLH are similar globally. All FLH must: 1) shift their health behaviors, particularly adherence to medical regimens and medications; 2) maintain social support and strong relationships, despite issues around disclosure, stigma, parenting and working while ill, planning for childcare; 3) maintaining positive mental health; and 4) stopping transmission acts with sexual and drug use partners, as well as babies and children.

Across both primary and secondary interventions, evidence-based interventions share a common set of principles, elements, and processes. All evidence-based programs for FLH: a) frame the issues (e.g., as living, not dying with HIV); b) information applied to one's life; c) builds social skills; d) musters social support; and e) addresses environmental barriers to achieving their goals. All evidence-based programs are active, supportive, share similar theoretical underpinnings, and employ the principles of successive approximation to achieve their goals. Each is based on the belief that: people change slowly over time in relationships with opportunities and practice.

Our most recent data suggests that families in the US who are FLH are better adjusted than neighborhood peers, given that HIV prevalence and incidence are higher in low income, ethnic minority families, who have a history of recent immigration, drug use, or bisexual partners. These families may have less need for an intervention than a decade ago. HIV continues to evolve and our interventions must evolve in parallel. Especially in the developing world, we need to embrace new technologies and paraprofessional, non-medical intervention strategies. The capacity of the health care system to serve the HIV-related needs is at least 40 years in the future. Therefore, we are employing mobile phones; paraprofessional, neighborhood Mentor Mothers; peer buddies; and integrating HIV into Family Wellness Centers, rather than serving the prevention needs in age and gender segregated health clinics. The models to scale interventions for HIV prevention require disruptive innovations to achieve their goal.
The role of families in preventing and adapting to HIV/AIDS

Abstracts for Workshops

WORKSHOP I: ADAPTING CHAMP TO STRENGTHEN FAMILIES AND COMMUNITIES

Facilitators: Stacey Alicea, M.P.H, Mt. Sinai School of Medicine
Joann Ferrer, M.A., M.F.T., San Diego Community Partner: Christie’s Place

Purpose and Significance
This workshop will explore challenges and potential solutions related to engaging, and partnering with, service providers, researchers and community members to create and deliver innovative intervention models that can aid in addressing community-specific HIV prevention and care needs and challenges. This workshop highlights two models of consumer-based HIV prevention and mental health promotion interventions specifically designed to engage and meet the specific needs of women and children affected by HIV in the context of their communities. CHAMP is a community collaborative, developmentally timed intervention targeting families with pre-adolescents that attempts to bolster key family and youth processes related to youth risk taking behaviors by (1) Providing opportunities for youth and their parents to strengthen communication and family decision-making skills; (2) Helping parents take leadership in aspects of family life that offer youth protection; (3) Increasing youths’ social problem-solving and peer-negotiation skills; and (4) Promoting communication and support both within and between families. CHAMP began in Chicago and has been replicated in New York, Trinidad, South Africa and Argentina. Christie’s Place, a leading nonprofit social service organization in San Diego County that provides comprehensive HIV/AIDS education, support, and advocacy to women, children and families impacted by HIV/AIDS, is currently a replication site for the Lotus Project. The Lotus Project works with HIV+ women and provides women-centered approaches to address the disproportionate impact of HIV among women in the US by (1) Providing peer advocate training to HIV+ women who can provide emotional and practical support to other HIV+ women; (2) Building partnerships with women centered organizations providing support and advocacy to HIV+ women; and (3) Increasing the capacity of providers to utilize peer educators in multidisciplinary care teams.

New Knowledge and Skills
The workshop will focus specifically on the skills needed to: (1) effectively engage and retain women and families that have traditionally been difficult to engage in clinic-based services, and (2) utilize an intensive reflective process to develop, refine or revise intervention content to better fit the needs of the target population and service provides or researchers, while adhering to overall service and intervention delivery goals.

Techniques Used
The format of the workshop will be interactive and require group participation. More specifically, the group will be given a brief introduction to the workshop goals, fill out an exploratory survey, and then break into groups in order to participate in mock sessions and role plays of the CHAMP program and the Lotus Project. During the mock session opportunities will be built in to address effective engagement in community and clinical settings, and explore reflective process techniques and their impact on program content or delivery. In addition, collective
Abstracts for Workshops (cont.)

brainstorming around how to apply these skills to current interventions and programming in a variety of participant relevant settings will be addressed at the closing of the workshop.

Handouts
All handouts will incorporate effective engagement and the reflection process as it pertains to quality improvement intervention designs, which allow for continuous revision and tailoring of intervention content in order to incorporate lessons learned as the intervention progresses. The first handout will ask participants a series of questions around barriers and facilitators to effective engagement within their field of interest. The second handout will focus on key engagement strategies successfully utilized in the CHAMP model. The third handout will provide key recommendations and guidelines on the reflective process and active intervention processes.

Use of Time
Presentation and icebreaker – 20 minutes, Mock Session/Role Plays and Brainstorming – 45 minutes; Discussion – 25 minutes

Acknowledgements
CHAMP is supported by the National Institute of Mental Health Research on AIDS (R01 MH63622; PI: McKay). Christie’s Place is funded in part by the Health Resources & Services Administration (HRSA) through the County of San Diego, Health & Human Services Agency and through the UCSD Mother Child & Adolescent HIV Program; by Kaiser Permanente; by The San Diego County Employees Charitable Organization (CECO); by Broadway Cares/Equity Fights AIDS; by The San Diego Human Dignity Foundation and the San Diego HIV Funding Collaborative and its funding partners; by Macy’s Passport Fund and the Federated Foundation; by Qualcomm; by Wells Fargo Foundation; by The California Wellness Foundation; and by the Ms. Foundation – Women & AIDS Fund.
Abstracts for Workshops (cont.)

WORKSHOP II:  ADAPTING HIV/STD INTERVENTIONS TO WORK WITH SERODISCORDANT AFRICAN AMERICAN COUPLES
Facilitators:  Gail Wyatt, Ph.D., UCLA
             Clovis Honore, San Diego Community
             Partner: San Diego Kemet Coalition

Purpose and Significance
The workshop presenters will discuss several approaches to working with couples and families to reduce HIV/STD related risk behaviors. Dr. Wyatt will describe components of the structure and content of the Eban Intervention.

New Knowledge and Skills
The Eban Project is a socio-culturally appropriate HIV/STD prevention program designed to enhance communication and prevent HIV/STD transmission in African American couples in the U.S. Two strategies that helped to successfully teach communication skills and problem solving to couples, “Talk and Listen” and “F.E.N.C.E.” in the Eban Project will be practiced by the audience to demonstrate how to incorporate these techniques into interventions. We will describe the steps followed in a program for HIV serodiscordant couples who want to have children and the process used to minimize HIV/STD transmission risks and increase the chances of healthy childbirth. We will discuss the rationale for and incorporation of cultural values and beliefs.

Techniques Used
The workshop will be instructive, interactive and will include role playing and a discussion of new techniques that can be implemented in disseminating the Eban or other interventions.

Handouts
Information about how to implement The Talk and Listen and F.E.N.C.E techniques from the Eban Project will be available to each workshop attendee.

Use of Time
TBD
Abstracts for Workshops (cont.)

WORKSHOP III: ADAPTING STRATEGIES FOR HIV DISCLOSURE AND ADHERENCE TO HAART IN FAMILIES

Facilitators: Jane Simoni, Ph.D., University of Washington
Leonora Calsada, San Diego Community Partner: UCSD Mother, Child & Adolescent HIV Program

Purpose and Significance
Antiretroviral therapy (ART) has transformed HIV into a manageable chronic illness. However, optimizing adherence to ART remains a major challenge to realizing its benefits. Maintaining adherence among young children and adolescents is particularly difficult, often taxing the resources of the entire family. Many strategies to promote adherence have been proposed and even formally evaluated, yet ways to adapt and implement them in diverse settings within the context of the family are still evolving. When and how to disclose a parent’s or a child’s HIV-positive status is another challenge that is often integral to maintaining adherence. In this workshop, presenters will overview pertinent research on adherence and disclosure and then facilitate a related discussion of factors key to maintaining well-being in families affected by HIV. Topics for discussion will include barriers to adherence and disclosure, the process of familial disclosure and problems to anticipate, as well as strategies, solutions, and resources.

New Knowledge and Skills
Participants will gain knowledge regarding specific strategies to promote adherence and facilitate disclosure in a family context, which will facilitate their clinical skills in this area.

Techniques Used
A formal but interactive presentation, question-and-answer time, and facilitated discussions.

Handouts
Handouts will include reprints of literature reviews.

Use of Time
- Introductory Presentation: Review of the Literature - 20 minutes
- Question & Answer Time - 5 minutes
- Facilitated Discussions - 55 minutes
- Closing and Evaluations - 10 minutes
WORKSHOP IV: HIV TESTING AS A PREVENTION STRATEGY IN THE AFRICAN AMERICAN COMMUNITY

Facilitators: Marguerita Lightfoot, Ph.D., UCSF
Harold Cooks, San Diego Community Partner: Family Health Centers
Minority AIDS Initiative

Purpose and Significance
The HIV/AIDS epidemic is among the most urgent public health issues in the African American community. While comprising just 13% of the total national population, African Americans account for 51% of all new HIV/AIDS diagnoses. HIV/AIDS disproportionately impacts African Americans in all known risk groups: 66% of heterosexual women living with HIV are African American, 69% of HIV-positive teens are African American, 65% of HIV-positive infants are African American, and 41% of HIV-positive men are African American. These disparities exist even though multiple studies indicate African Americans exhibit comparable or lower rates of individual-level HIV risk behaviors (e.g., similar levels of condom use) when compared to other ethnic/racial groups. In order to address the HIV/AIDS epidemic in the African American community, HIV testing has been proposed as a preventive strategy that provides the opportunity for treatment and reduced sexual behaviors, whereby reducing transmission risk. This workshop will provide participants the opportunity to improve skills, strategies, and methods relevant to focusing on families in preventing and adapting to HIV/AIDS through HIV testing.

New Skills and Understanding
Workshop participants will discuss barriers to HIV testing among African Americans, including HIV stigma within the African American community. Participants will engage in a critical analysis of the strategies, both nationally and locally, that have been employed to increase HIV testing among African Americans. In addition, the participants will consider the mental health and substance use issues that reduce HIV testing in the African American community, as well as broader issues that keep African Americans out of the health care system.

Techniques employed
Discussion, brainstorming and interactive exercises.

Handouts
TBD

Use of Time
TBD
Purpose and Significance
California ranks among the top five states with highest numbers of Latino AIDS cases and Latinos comprise 66% of reported HIV cases in San Diego County’s southern region. Latinos face substantial barriers to HIV care and enter care at advanced stages of HIV disease, but reasons for this are poorly understood, and could involve issues related to cultural and linguistic differences that may arise during clinical and social services visits, challenges with access and/or adherence to medications and clinical trials, HIV-related stigma, as well as provider and environmental-level barriers. We will discuss barriers and facilitators to HIV care and care practices among Latino communities living in the U.S.-Mexico border region. A community-based participatory research approach will serve to engage Latino members of the community in session dialogue with the panel and other participants. This workshop will provide participants with an opportunity to discuss recent research findings on patient HIV care practices and perceptions of care access and service delivery among Latinos living with HIV/AIDS in the US-Mexico border region. The session will strive to foster meaningful dialogue between participants on strategies to improve participation in care, medication adherence, and foster improved patient-provider communication.

New Skills and Understanding
Workshop participants will discuss barriers and facilitators to HIV care in a US-Mexico border context. What is it about providing services in a US-Mexico border context that requires unique considerations in order to improve service delivery to and health of border-dwelling residents? We will encourage session participants to identify specific steps to improve delivery of culturally-effective care and engagement of Latinos as partners in their health.

Techniques Employed
Critical reflection on recent research findings and round-table discussion to generate specific recommendations to improve health of Latinos living with HIV in the US-Mexico border region

Handouts
TBD

Use of Time
TBD
WORKSHOP VI:  WHAT CAN YOU DO IF “THE GIRLS (OR BOYS) ALL GET PRETTIER AT CLOSING TIME?”: EVIDENCE-BASED APPROACHES FOR ADDRESSING LINKS BETWEEN ALCOHOL ABUSE AND HIV IN DIVERSE COMMUNITIES

Facilitators:  Rick S. Zimmerman, Ph.D., Virginia Commonwealth University  
Sheri Kirshenbaum, Ph.D., San Diego Community Partner: Jewish Family Service of San Diego

Purpose and Significance
Alcohol abuse is a serious and significant issue that is related to HIV prevention and to both the transmission of and progression of HIV for those living with HIV. Individuals who have either alcohol abuse or dependence as consistent issues or even those who get drunk or binge drink from time to time have their decision-making seriously impaired by their alcohol use. As a result of this ongoing or temporary cognitive impairment, individuals are more likely to engage in a variety of risk behaviors, including having sex when they might not typically do so, casual sex with potentially high risk strangers, and unprotected sex with potentially high-risk partners including those they already know. Interventions to teach at-risk individuals about separating alcohol from sexual situations, reducing frequently of being drunk or binge drinking, and/or getting into treatment for alcohol abuse/dependence can thus reduce the likelihood of contracting HIV. Similarly, individuals living with HIV can benefit from these interventions both by reducing the likelihood of their transmitting HIV to others and by keeping them healthier and potentially slowing the progression of their disease.

New skill and Understanding
Awareness of evidence-based, alcohol-related interventions for individuals at risk of contracting HIV and for those living with HIV and a preliminary understanding of how those interventions are implemented.

Techniques Used
Role-plays implementing interventions with alcohol users.

Handouts
Descriptions of evidence-based alcohol interventions and key skills.

Use of time
TBD