

AMERICAN PSYCHOLOGICAL ASSOCIATION, OFFICE ON AIDS, HOPE PROGRAM

# Resources for HOPE Trainers

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## **Respected HIV/AIDS Resources**

**[AIDS Education and Training Centers \(AETCs\) National Resource Center.](#)** The AETCs conduct targeted, multidisciplinary education and training programs for health care providers treating persons living with HIV/AIDS. This website provides a central repository for AETC program and contact information and for training materials developed within the AETC network

**[AIDS Action](#)** National AIDS advocacy and public policy organization. Web site provides comprehensive policy and legislative advocacy resources and information related to AIDS funding appropriations, healthcare/treatment access, housing, prevention, research, and the Ryan White CARE Act. Also features State of AIDS Online Discussion Board.

**[AEGIS: AIDS Education Global Information System](#)** Provides access to the latest news on HIV and AIDS,

**[The Foundation on AIDS Research \(amfAR\)](#)**. Local and Global resources for patients, providers, and researchers.

**[Avert.org](#)** The world's most popular AIDS site. Contains information by region, including the U.S.

### **The Body: Complete HIV/AIDS Resource**

**[CAPS \(Fact Sheets\)](#)** The Center for AIDS Prevention Studies (CAPS) was established to: conduct local, national, and international interdisciplinary research on methods to prevent HIV infection and its consequences; stimulate collaboration among academic researchers, public health professionals, and community-based organizations; train new scientists to conduct AIDS prevention research; disseminate knowledge, skills, and effective research and prevention models; contribute to policy development related to the HIV epidemic at local, state, national, and international levels; analyze and resolve ethical issues related to HIV research, prevention, and care; collaborate with scientists from developing countries to conduct AIDS prevention research.

**[CHIPTS](#)** The Center for HIV Identification, Prevention, and Treatment Services (CHIPTS) collaborative researchers work with the broader Los Angeles community toward a common goal: to enhance our collective understanding of HIV research and to promote early detection, effective prevention, and treatment programs for HIV. Funded by the National Institute of Mental Health, CHIPTS serves as a bridge among researchers, government, service providers, and people with HIV in responding to the changes in the HIV epidemic and in shaping sound public policy.

**[Family Health International](#)**. Includes a variety of downloadable pdf books on AIDS care, AIDS as a chronic condition and testing.

**[Healthology: HIV and AIDS](#)** Healthology provides information and articles targeted to people living with HIV/AIDS. Topics are current, extensive, and focus on health, treatment, and daily

living.

**HIV Glossary** Compilation of definitions for words commonly used to describe HIV, its pathogenesis, associated treatments, and the medical management of related conditions. Updated in March 1997 to include terms related to recent advances in the field of immunology and the use of combination therapy to manage HIV infection.

- Also available in Spanish at: <http://www.aidsinfo.nih.gov/infoSIDA/>

**HIV InSite** Billed as "the most comprehensive, credible and trustworthy source of online information regarding AIDS," this web site features up-to-date information on medical research, prevention and education, social issues, and community resources.

**HIV/AIDS Law and Policy Resource** Designed to provide accurate and authoritative information in regard to HIV law and policy issues. Includes contents of the publication, AIDS and the Law (3rd ed.), authored by David Webber, who created this web site.

**Kaiser Family Foundation** The Henry J. Kaiser Family Foundation is a non-profit, private operating foundation focusing on the major health care issues facing the nation. KFF develops and runs its own research and communications programs, often in partnership with outside organizations.

- [Kaiser Daily HIV/AIDS Report](#) HIV/AIDS report compiled by the Henry J. Kaiser Family Foundation, an independent health care philanthropy. Features current news and reports on policy, statistics, and scientific developments related to HIV/AIDS, both nationally and worldwide.
- [Kaiser Family Foundation: HIV/AIDS Data & Statistics](#) Gateway to HIV/AIDS statistics and key data available from the Kaiser Family Foundation, including links to HIV/AIDS fact sheets and state-by-state AIDS and other health-related data.

**Life Cycle of HIV Infection** Describes step-by-step process of HIV infection, and includes a a Flash animation presentation of the life cycle of HIV. A list of the latest reverse transcriptase inhibitors and protease inhibitors with both generic names and trade names is also posted on this site

**Medscape HIV page.** Offers links to prominent HIV/AIDS journal, commentary, useful information for both researchers and those affected.

**Mental Health AIDS** Mental Health AIDS is a quarterly biopsychosocial research update on HIV and mental health organized by topic area published by Center for Mental Health Services (CMHS) and Substance Abuse and Mental Health Services Administration (SAMHSA).

**The Well Project**

## **HIV/AIDS – Specific Populations**

**[Elizabeth Glaser Pediatric AIDS Foundation.](#)**

**[Global Women’s Network](#)** for gender issues in HIV/AIDS

**[Guttmacher Insitute: HIV/AIDS and STIs](#)**

**[National Minority AIDS Council](#)**

**[Office of Minority Health](#)**

### **For Positives**

- [HIV/AIDS \(hivliving.org\)](#)
- [Healing Well with AIDS](#)
  - Resource guide and information
  - [AIDS related book](#)
- [Health Communities – HIV channel](#)
  - Resources about HIV and AIDS, specific population information, concurrent conditions, ART information, and prevention information.
- [hivnme.com](#)
  - A graphic rendering (OK, OK, it's a comic-strip) guide to living with HIV and AIDS, by Chris Companik

## **HIV/AIDS - Government Sites**

### **[AIDS.gov](#)**

AIDS.gov offers information for HIV/AIDS programs, policies and funding sites.

**[Agency for Healthcare Research Quality](#)**. HIV/AIDS data and surveys. Includes data on insurance, provider knowledge, health care utilization and drug resistance.

### **[CDC HIV/AIDS Homepage](#)**

- **[CDC National Prevention Information Network \(NPIN\)](#)**: The CDC National AIDS Prevention Information Network – HIV, STDs, and TB information and links.
- **[National Center for Health Statistics page on AIDS/HIV](#)**. Includes tables and national data sets.
- Most recent **[HIV Surveillance Data](#)**.
- **[HIV Treatment Guidelines](#)**.

**[HRSA HIV/AIDS Bureau](#)** HRSA is the primary Federal agency for improving access to health care services for people who are uninsured, isolated or medically vulnerable. This bureau focuses on HIV/AIDS issues.

**[National Institute of Allergy and Infectious Disease](#)** site on HIV/AIDS research and HIV-related articles from major wire services and newspapers across the U.S., an extensive online library of HIV/AIDS-related journals, and a database of scientific abstracts and other related documents. Fully indexed and searchable.

### **[NIMH AIDS Research](#)**

Reducing the burden of mental illness and behavioral disorders through research on mind, brain, and behavior.

## **HIV/AIDS Journals**

### **American Journal of Public Health**

AJPH is dedicated to publication of original work in research, research methods, and program evaluation in the field of public health. The Journal also regularly publishes editorials and commentaries and serves as a forum for health policy analysis.

### **AIDS**

Publishing the very latest ground breaking research on HIV and AIDS. Read by all the top clinicians and researchers, AIDS has the highest impact of all AIDS-related journals.

### **AIDS Education and Prevention**

*AIDS Education and Prevention* is an international journal designed to support the efforts of professionals working to prevent HIV and AIDS. Keeping readers up-to-date on the latest information in the field, *AIDS Education and Prevention* publishes scientific articles by leading authorities from many disciplines, such as public health, psychosocial, ethical, and public policy concerns related to HIV and AIDS. In addition to discussing models of AIDS education and prevention, the journal covers research reports on the effectiveness of new strategies and programs, debates about key issues, and reviews of book and video resources.

### **Journal of Acquired Immune Deficiency Syndromes (JAIDS)**

The Journal of Acquired Immune Deficiency Syndromes (JAIDS) is an interdisciplinary journal co-edited by the foremost leaders in clinical virology, molecular biology, and epidemiology. It provides a synthesis of information on HIV and AIDS from all relevant clinical and basic sciences. Under the guidance of an eminent international editorial board, this groundbreaking journal brings together rigorously peer-reviewed original articles, reviews of current research, and results of clinical trials.

### **AIDS & Behavior**

AIDS and Behavior provides an international venue for the scientific exchange of information on the neurobehavioral factors in the initial spread, behavioral consequences, and social impact and response to HIV infection. The journal publishes original peer-reviewed papers that address all areas of AIDS behavioral research including: individual cultural social economic and geographic factors that favor HIV transmission; neuropsychiatric and behavioral consequences of HIV infections, including health-related quality of life, coping, occupational performance, and general social functioning; impact of HIV infection on families children the workplace and ethnic and cultural groups; and theory and practice of AIDS risk prevention, including strategies aimed at individuals and communities as well as social and national groups.

### **Health Psychology**

Publishes empirical studies that promote the understanding of scientific relationships between behavioral principles, and physical health and illness.

## **Research and Academic Institutions**

**[AIDS Education and Training Centers National Resource Center](#)** conduct targeted, multidisciplinary education and training programs for health care providers treating persons living with HIV/AIDS. This website provides a central repository for AETC program and contact information and for training materials developed within the AETC network.

**[Center for Mental Health Research on AIDS](#)** supports domestic and international studies to: develop behavior change and prevention strategies to reduce the transmission of HIV and other sexually transmitted diseases (STDs); develop and test interventions to reduce the neuropsychiatric morbidity associated with HIV infection; clarify the impact of using new biomedical technologies (e.g., rapid testing, vaccines, microbicides) on HIV risk behaviors; clarify the pathophysiology of HIV CNS infection and associated motor/cognitive disturbances; identify the role of couples, families, and communities in preventing and adapting to HIV/STDs; develop therapeutic agents to prevent or reverse the effects of HIV on the CNS; and improve the effectiveness and efficiency of mental health services relevant to HIV infection and people living with HIV and co-occurring mental illness.

**[Center for HIV Law and Policy: The National Legal Resource and Strategy Center for HIV Advocacy](#)** is the first and only of its kind—is a comprehensive database of quality memoranda, research, reports, legal guides, court and agency decisions, pleadings and briefs, policy analyses and recommendations, and other materials on topics of importance to people living with HIV and their advocates. The Resource Bank provides free, unlimited access to these substantive resources to support and increase the advocacy power and expertise of attorneys, community members, and service providers, as well as all people living with HIV.

**[Medical College of Wisconsin’s Center for AIDS Intervention Research \(CAIR\)](#)** is a multidisciplinary HIV prevention research center. CAIR's research focuses on the prevention of adverse health and mental outcomes among persons living with HIV infection and their loved ones.

**[University of California San Diego AIDS Research Center Institute \(ARI\)](#)** serves as the nexus for AIDS researchers to share research and ideas and, together, devise new approaches to prevent, diagnose, and treat HIV/AIDS.

**[HIV Center for Clinical and Behavioral Studies at New York Psychiatric Institute and Columbia University](#)** aims to help HIV-positive individuals cope with HIV infection and to explore issues relating to ethics, policy, and society. Research at the HIV Center comprises approximately 40 individual studies involving more than 100 investigators and staff from disciplines that include psychology, psychiatry, public health, anthropology, sociology, and social work.

**[Johns Hopkins Point of Care Information Technology. HIV Guide](#)** offers a plethora of information for both researchers and those infected.

**University California San Francisco. HIV InSite.** Billed as "the most comprehensive, credible and trustworthy source of online information regarding AIDS," this web site features up-to-date information on medical research, prevention and education, social issues, and community resources.

## APA Books for HOPE Trainers

### HIV General Information

- **A community-based haven for HIV prevention [PDF]** 📄 The principal goal of the organization's HIV prevention program is a long-term reduction in high-risk sexual behavior. The focus is on helping members face the challenge of building their resilience in order to avoid risky behavior and sustain safe sexual practices. *Magazine Article (January 2010)*.
- **Medical Illness and Positive Life Change: Can Crisis Lead to Personal Transformation?** This book focuses on how positive life change might be fostered in the context of medical illness. *Book/Monograph (September 2008)*.
- **The Primary Care Consultant: The Next Frontier for Psychologists in Hospitals and Clinics**  
This book surveys innovative programs that integrate health psychology into primary health care in the Department of Defense, VA hospitals, and selected specialty settings, offering a view of the future for psychologists. *Book/Monograph (January 2005)*
- **Psychological Stress and the Human Immune System: A Meta-Analytic Study of 30 Years of Inquiry [PDF]** The present report meta-analyzes more than 300 empirical articles describing a relationship between psychological stress and parameters of the immune system in human participants. *Journal Article (July 2004)*.
- **The Inside Story on AIDS** Culled from thousands of questions posed to AIDS telephone hotlines and posted in Web forums, this comprehensive guide offers the most current knowledge from medical and behavioral sciences on prevention and treatment. *Book/Monograph (March 2003)*.
- **From Child Sexual Abuse to Adult Sexual Risk: Trauma, Revictimization, and Intervention** This APA book examines the relation between child sexual abuse and adult sexual health outcomes in men and women. *Book/Monograph (October 2003)*.
- **Innovative Approaches to Health Psychology: Prevention and Treatment Lessons from AIDS** This APA book demonstrates how health psychology has risen to the challenge to find new ways to reach and treat at-risk populations. *Book/Monograph (July 2002)*.

### HIV and Mental Health

- **Psychological Stress and the Human Immune System: A Meta-Analytic Study of 30 Years of Inquiry [PDF]** The present report meta-analyzes more than 300 empirical articles describing a relationship between psychological stress and parameters of the immune system in human participants. *Journal Article (July 2004)*

## Ethics

- **Ethical Conflicts in Psychology; Fourth Edition** The 4th Edition of this classic book describes the fundamental ethical dilemmas embedded in the psychologist's array of roles. *Book/Monograph (May 2008)*
- **Ethics in HIV-Related Psychotherapy: Clinical Decision Making in Complex Cases** This book offers an overview and decision making model for handling ethical, legal and moral dilemmas for clinicians serving HIV positive clients and for use in graduate ethics courses. *Book/Monograph (February 2001).*

## Spirituality

- **Spiritually Oriented Interventions for Counseling and Psychotherapy.** Spirituality and religion influence the way many clients interpret their life experiences. Recognizing this reality, this book offers mental health professionals an in-depth look at how to integrate both Western and Eastern spiritually oriented interventions into clinical practice. *Book/Monograph (March 2011).*
- **Spiritual Practices in Psychotherapy: Thirteen Tools for Enhancing Psychological Health.** This book is for mental health practitioners who want to enhance their clients' psychological well-being using therapeutic tools drawn from spiritual and religious thought. *Book/Monograph (February 2009).*

## Grief

- **Short-Term Group Therapies for Complicated Grief: Two Research-Based Models.** This APA book explains how to administer research-based models, including patient assessments, forming groups, preparing group members for treatment, and running and terminating the group. Book is based on meticulous review of literature. *Book/Monograph (August 2010).*
- **Grief in Childhood: Fundamentals of Treatment in Clinical Practice.** This APA publication presents an evidenced-based model for treating bereaved children that draws extensively on cognitive-behavioral, family systems, and narrative approaches to therapy. *Book/Monograph (2010, April).*
- **Handbook of Bereavement Research and Practice: Advances in Theory and Intervention.** This APA book provides a comprehensive and cross-disciplinary overview of how rigorous research on bereavement translates into practice. *Book/Monograph (2008, June).*

## Family

- **Family Therapy**. This APA publication discusses the history, theory, and practice of this systems-oriented therapy. *Book/Monograph (2009, October)*.
- **Intervening in Children's Lives: An Ecological, Family-Centered Approach to Mental Health Care**. This APA book, describes a family-centered approach that engages children, adolescents, and their families, leveraging motivation change. *Book/Monograph (2006, August)*.
- **Casebook for Integrating Family Therapy: An Ecosystemic Approach** APA published book for family therapists focusing on strategies for integrating various modalities and schools of intervention in practice. *Book/Monograph (February 2001)*.
- **The Psychology of Couples and Illness: Theory, Research, and Practice** This APA book, representing the emerging field of the psychology of couples, chronicles the often brave and sometimes painful ways that couples adapt and cope with long-term illness. *Book/Monograph (May 2000)*. Available at [Amazon](#).
- APA published books **for children infected or affected with HIV/AIDS** (and/or death). Multiple titles [available online](#).

## Men who have sex with men

- **HIV+ Sex: The Psychological and Interpersonal Dynamics of HIV-Seropositive Gay and Bisexual Men's Relationships** This book illuminates the struggles faced by HIV-positive gay and bisexual men as sexual beings, but also describes the myriad ways in which many of these men are able to celebrate their sexuality. *Book/Monograph (March 2005)*