



The HIV Office for Psychology Education (HOPE) Program endeavors to enhance psychologists' ability to competently and compassionately respond to people infected and affected by HIV.

The HOPE Program is a national mental health training initiative administered by the American Psychological Association (APA) Office on AIDS and funded by the Center for Mental Health Services (CMHS) of the Substance Abuse and Mental Health Services Administration (SAMHSA) through contract number 280-09-0290.

Using a train-the-trainer model, the HOPE Program has trained and certified more than 450 HOPE Program volunteer trainers to deliver interactive workshops for mental health providers. These trainers have in turn provided HOPE curriculum training in their communities to more than 29,000 mental health professionals since 1991.

HOPE Training Workshops

The HOPE Program offers a selection of 9 topic-specified modules designed to further develop practice skills and knowledge for mental health practitioners serving the needs of persons with HIV disease and those affected by HIV/AIDS. Separate curricula addresses ethics in conjunction with HIV-related mental health services and teaches a model for making ethical decisions.

The 9 stand-alone topic areas are listed below. Each module is flexible so that it can be adapted for delivery in half-day workshops or shorter overviews. In addition, all topics can be blended to address your attendee and staff training needs.

- HIV Virology, Epidemiology, Clinical Course, Testing and Counseling, and Medical Treatment
- Integrating Primary and Mental Health into HIV/AIDS Care
- Assessment Strategies for the HIV/AIDS Infected Population
- Intervention Strategies for the HIV/AIDS Infected Population
- HIV/AIDS Prevention Strategies for Mental Health Providers
- HIV/AIDS and Families
- Work in the Lives of HIV-infected Individuals: Roles for Psychologists
- Drug Use, Abuse, and HIV/AIDS
- HIV/AIDS and the Transgender Population

Programs may be delivered independently or as a series, according to the skills and needs of the participants. The format of the workshops offers a creative combination of didactic and experiential learning opportunities. Standard workshops are designed to build clinical skills as well as to develop participants' insight into the psychological and counseling challenges they and their clients face.

Workshops in Ethical Issues & HIV/AIDS

A curriculum entitled the *Multi-Disciplinary Mental Health Services Curricula on Ethical Issues & HIV/AIDS*, addresses ethical considerations of HIV-related health services and teaches a model for ethical decision making. The systematic decision-making process on which the curricula are based offers several advantages over less structured methods of analysis.

There are three versions of the Ethical Issues Curricula: Half-Day; Two-Hour; and 60-90 Minute. Overall objectives for the curricula include:

- Learn a model for ethical decision-making
- Learn how to analyze complex HIV cases in terms of five foundational ethical principles in conjunction with professional ethics codes
- See how the ethical decision making model applies to a case study (60-90 Minute and Two-Hour versions)
- Apply the ethical decision making model to an HIV mental health case study (Half-Day version)

The Ethical Issues & HIV/AIDS Curricula can only be trained by a certified HOPE Program trainer and is not available online. For more information regarding the curricula and to locate a trainer, please contact HOPE staff.

Online Professional Continuing Education

Drug Use and HIV Disease

In this course participants will: learn why and how mental health and substance abuse problems place people at greater risk for HIV infection; understand how the combined burdens of substance abuse, mental health, and HIV affect the lives of HIV-positive individuals; discover how a theory of syndemics informs practice for delivering holistic care to drug-using HIV-positive individual; and identify effective interventions for addressing the interplay of substance abuse, mental health burden, and sexual risk taking in both HIV+ and HIV- populations. Participants receive 2.5 APA CEs upon successful completion of this course.

Traumatic Stress Among Individuals Living with HIV/AIDS

In this course participants will: learn why and how trauma experiences, particularly those in childhood, place people at greater risk for HIV infection; understand how the combined burden of trauma-related symptoms and HIV affect the lives of HIV-positive individuals; and identify effective intervention strategies for addressing the co-occurrence of trauma-related symptoms, HIV disease management, and sexual risk taking among HIV-positive populations. Participants will receive 2.5 APA CEs upon successful completion of this course.

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