

EVIDENCE-BASED PRACTICE: WHERE ARE WE HEADED?

USEFUL RESOURCES

Traditional Publications:

- Antony, M. M., & Barlow, D. H. (2010). *Handbook of assessment and treatment planning for psychological disorders (2nd, Ed)*. New York, NY: Guilford Press.
- APA Task Force on Evidence-Based Practice (2006). Evidence-based practice in psychology. *American Psychologist*, 61, 271-285
- Duncan, B. L., Miller, S. D., Wampold, B. E., & Hubble, M. A. (2010). *The heart and soul of change: Delivering what works in therapy (2nd ed.)*. Washington, DC: American Psychological Association.
- Falzon, L., Davidson, K. W., & Bruns, D. (2010). Evidence searching for evidence-based psychology practice. *Professional Psychology: Research and Practice*, 41(6), 550-557. doi: <http://dx.doi.org/10.1037/a0021352>
- Harmon, S., Lambert, M. J., Smart, D. M., Hawkins, E., Nielsen, S. L., Slade, K., & Lutz, W. (2007). Enhancing outcome for potential treatment failures: Therapist-client feedback and clinical support tools. *Psychotherapy Research*, 17(4), 379-392. doi: <http://dx.doi.org/10.1080/10503300600702331>
- Haynes, R. B., Deveraux, P. J., & Guyatt, G. H. (2002). Clinical expertise in the era of evidence-based medicine and patient choice. *EBM Notebook*, 7, 1-3. www.evidence-basedmedicine.com
- Institute of Medicine (2001). *Crossing the quality chasm: A new health system for the 21st century*. Washington, DC: National Academy Press.
- Institute of Medicine. (2008). *Knowing what works in health care: A roadmap for the nation*. Washington, DC: The National Academies Press.
- Lambert, M. J. (2010). *Prevention of treatment failure: The use of measuring, monitoring, and feedback in clinical practice*. (pp. 109-134). Washington, DC: American Psychological Association. doi: 10.1037/12141-005
- Norcross, J. *EBPP: Implications for practice, training, and policy*. APA Convention symposium, August, 2005.
- Paul, G. (1967). Strategies in outcome research in psychotherapy. *Journal of Consulting Psychology*, 31, 109-118.

Spring, B., & Neville, K. (2011). Evidence-based practice in clinical psychology. In D.H. Barlow (Ed.), *The Oxford handbook of clinical psychology* (pp. 128-149). New York: Oxford University Press.

APA policy statements:

APA Policy Statement on Evidence-Based Practice in Psychology:
<http://www.apapracticecentral.org/ce/courses/ebpstatement.pdf>

APA Criteria for Practice Guideline Development and Evaluation:
<http://www.apa.org/practice/guidelines/criteria.pdf>

APA Criteria for Evaluating Treatment Guidelines:
<http://www.apa.org/practice/guidelines/evaluating.pdf>

Links:

National Guidelines Clearinghouse: www.guidelines.gov

About: The NGC is a public resource for evidence-based clinical practice guidelines. You can browse guideline summaries by topic or organization, or view the complete index of all current guideline summaries. You can also read expert commentaries for editorial insights on current issues in the field of guidelines and compare guidelines.

National Institute for Health and Clinical Excellence Clinical Guidelines page:
www.nice.org.uk/Guidance/CG/

About: NICE is an independent organization responsible for providing national guidance on promoting good health and preventing and treating ill health. This page gives you information about clinical guidelines and the NICE guideline development process, as well as access to published NICE clinical guidelines and information on NICE guidelines currently in development.

Veterans Affairs Clinical Practice Guidelines: <http://www.healthquality.va.gov/>

About: Access to Clinical Practice Guidelines developed by the VA/DoD Evidence-Based Practice Guideline Work Group.

Hawaii State Department of Health online reports (Blue Menu / Biennial Report):
<http://www.hawaii.gov/health/mental-health/camhd/library/webs/ebs/ebs-index.html>

About: Reports on effective psychosocial interventions for youth with behavioral and emotional needs

PracticeWise (Dynamic searchable database): <http://www.practicewise.com/web/>

About: PracticeWise offers innovative tools and services to help clinicians and organizations improve the quality of behavioral health care for children and adolescents. They strive to bring science and evidence seamlessly into the process of clinical care, whether through child-specific dynamic summaries of the best available research studies, clinical dashboards for visualization of clinical progress and history, or clinical protocols and summaries representing the most common components of evidence-based practices.

PubMed: <http://www.pubmed.gov>

About: U.S. National Library of Medicine comprised of over 20 million citations for biomedical literature from MEDLINE, life science journals, and online books. Citations may include links to full-text content from PubMed Central and publisher web sites.

PubMed Central (PMC): <http://www.pubmedcentral.nih.gov>

About: PMC is the U.S. National Institutes of Health (NIH) free digital archive of biomedical and life sciences journal literature.

PsycINFO: <http://www.apa.org/psycinfo>

About: Contains citations and abstracts from a wide range of scholarly literature in the psychological, social, behavioral, and health sciences. This database includes journals, books, reviews, and dissertations.

Learn more:

Evidence-Based Behavioral Practice Website: <http://www.ebbp.org>

About: Creates training resources to help bridge the gap between behavioral health research and practice. Professionals from the major health disciplines collaborate to learn, teach, and implement evidence-based behavioral practice (EBBP).

- EBBP Process Module
- Search for Evidence Module
- Systematic Review Module
- Critical Appraisal Module
- Randomized Controlled Trials Module
- Shared Decision-Making with Individual Clients
- Collaborative Decision-Making with Communities

APA Practice Central (Evidence-based Practice in Psychology online professional development course): <http://www.apapracticecentral.org/ce/courses/1370028.aspx>

About: Helps practitioners understand the Evidence-Based Practice in Psychology (EBPP) conceptual framework. Topics include the foundational elements of EBPP, barriers to using EBPP and reasons to overcome them, ways to find and use EBPP resources, and how EBPP can be applied in different theoretical orientations.