

Women's Psych-E

E-newsletter of the APA Women's Programs Office: February 2006

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NEWS

February Is American Heart Awareness Month

Heart disease is the #1 killer of women. Heart disease can lead to disability and a significantly decreased quality of life. Although women aged 40-60 are primarily the target age-group, it is important to understand that heart disease develops gradually and can start at a young age. It's never too late to take action to prevent and control the risk factors for heart disease. Major risk factors for heart disease include obesity, physical inactivity, high blood pressure, and diabetes.

E-STATS: Women and Cardiovascular Disease

- 1 in 3 women dies from heart disease.
- In 2002, 356,000 women died from heart disease compared to 100,000 from stroke, 68,000 from lung cancer, 64,000 from chronic obstructive pulmonary disease, and 42,000 from breast cancer.
- Only 20% of women perceive heart disease as a danger.

Source: American Heart Association

For more information, please visit the following:

U.S. Department of Health and Human Services, HeartTruth www.hearttruth.org

American Heart Association www.americanheart.org

National Heart, Lung, and Blood Institute www.nhlbi.nih.gov

BLS to resume Women's Work data collection

After a broad effort by businesswomen's groups, academic economists, researchers, and many women's groups, a bill requiring the Bureau of Labor Statistics (BLS) to reinstate the collection of the Women Workers data series was signed into law. The Women's Work data series allows economists, business owners, labor leaders, women's advocates, and policy makers to study women's employment by industry across the business cycle, including the tracking of women's employment growth, or lack of it. Payroll data on women workers is published each month as part of BLS's national employment report. For more information, please visit the Bureau of Labor statistics at www.bls.gov

AAUW Survey: Sexual Harassment on Campuses

A new report by the American Association of University Women (AAUW) addresses sexual harassment among college students. The report examines "how college students perceive, experience and respond to a wide range of unwanted sexual behaviors," based upon findings from a nationally representative survey of undergraduate college students by the AAUW Educational Foundation and Harris Interactive. For more information, please visit the AAUW website at www.aauw.org

OTHER NEWS

We remember...

Coretta Scott King (1927 - 2006)

It was her marriage to slain civil rights leader Dr. Martin Luther King, Jr. that propelled her into the forefront, but Coretta Scott King was anything but a voice behind the scenes. After the assassination of her husband in 1968, she continued to devote her life to promoting civil rights. Among her many accomplishments, she served as a Women's Strike for Peace delegate to the 17-nation Disarmament Conference held in Geneva in 1962, Switzerland; she was the first woman to speak at St. Paul's Cathedral and Harvard University Class Day activities; and she was involved with the National Organization for Women, the Women's International League for Peace and Freedom, and United Church Women. Mrs. King was a beacon for peace and justice for all.

Betty Friedan (1921-2006)

One can't use the term 'feminist' without recalling Betty Friedan. In 1963, her book, *The Feminine Mystique*, she questioned the idea that women should seek fulfillment only through the achievements of their husbands and children. The book sparked changes that continue to this day. She was a founder of the National Organization for Women, a convener of the National Women's Political Caucus, and a voice for the passage of the Equal Rights Amendment. She was a major catalyst of the feminist movement, and will be remembered as such.

ASSOCIATION NEWS

APA to Convene Sixth Interdisciplinary Conference on Work, Stress and Health

The APA, the National Institute for Occupational Safety and Health (NIOSH), the National Institute of Justice (NIJ), the National Institute on Disability and Rehabilitation Research, and the U.S. Department of Labor, will convene the sixth international conference on occupational stress and health entitled "Work, Stress, and Health 2006: Making a Difference in the Workplace" in Miami, Florida, on March 2-4, 2006, at the Hyatt Regency Miami Hotel, with Continuing Education Workshops on March 1, 2006. Roughly 500 early registrants are expected. The conference series is designed to address the constantly changing nature of work and the implications of these changes for the health, safety, and well-being of workers. Topics of interest include: new employment contracts, workplace restructuring, long hours of work, work and family, workplace violence, workforce diversity, the aging workforce, cardiovascular disease and work, disability management, mass disaster and terrorism, best practices and stress prevention programs. For more information, please visit the conference website at <http://www.apa.org/pi/work/wsh2006>.

OPPORTUNITIES FOR PSYCHOLOGISTS

CEMRRAT Grants 2006

The APA's Public Interest Directorate has been allocated \$100,000 in 2006 to continue implementation of the CEMRRAT Plan as recommended by the APA Commission on Ethnic Minority Recruitment, Retention and Training in Psychology (CEMRRAT). These small-grants "seed funds" energize, empower, and support interested individuals, organizations, and educational institutions committed to enhancing ethnic minority recruitment, retention, and training in psychology. See http://www.apa.org/pi/oema/programs/cemrrat2_grant_fund_announcement.pdf for more information.

The Mary Roth Walsh Teaching the Psychology of Women Award

This award recognizes individuals who have developed a creative approach, exercise, or assignment for increasing diversity in teaching the Psychology of Women or Gender. Nominations or self-nominations are welcomed. Required materials: description of approach, exercise, or assignment in keeping with the purpose of the award; supporting materials; and a vita. Deadline is April 30, 2006. Selection of awardee will be made by a committee of three Division 35 members recruited by the Chair (Dr. Kaschak). Forward materials to Dr. Ellyn Kaschak, Psychology Dept., San Jose State University San Jose, CA 95192 or by email: ekaschak@sbcglobal.net.

Call for Nominations: Samuel M. Turner Clinical Research Award (Deadline March 10)

Division 12 is asking for nominations for the Samuel M. Turner Clinical Research Award. The Samuel M. Turner Award honors a psychologist who has made an outstanding contribution in applied clinical research. Please send a letter of nomination and the person's CV to Lynn Peterson, Administrative Officer, P.O. Box 1082, Niwot, CO 80544-1082. If you have any questions please email (div12apa@comcast.net) or call (303) 652-3126.

National Multicultural Conference and Summit 2007 (Submission Deadline May 31)

The 2007 National Multicultural Conference and Summit (NMCS), Psychology of Multiple Identities: Finding Empowerment in the Face of Oppression, Seattle, Washington, Sheraton Hotel, Seattle, WA will convene on January 24-26, 2007. The deadline for the submission of programs is Wednesday, May 31, 2006. For more information, please visit www.multiculuturalsummit.org.

MARK YOUR CALENDARS

2006 Association for Women in Psychology Conference, Intersecting Identities: Multicultural Perspectives on Women's Lives, Ypsilanti/Ann Arbor, MI, March 30 – April 2, 2006. <http://www.awpsych.org>

The 14th Annual Congress on Women's Health, Hilton Head Island, SC, Hilton Head Marriott Beach & Golf Resort, June 3-6, 2006. <http://www.bioconferences.com/conferences/WomensHealth/index.aspx>

2006 American Psychological Association Annual Convention, New Orleans, LA, August 10 – 13, 2006. <http://www.apa.org/convention06/>

2006 National Rural Women's Health Conference, San Antonio, TX, November 16-18, 2006. <http://www.hmc.psu.edu/ce/rwh2006>

The National Center on Addiction and Substance Abuse at Columbia University CASACONFERENCE, Women Under the Influence: Substance Abuse and the American Woman, New York, NY, March 2, 2006. <http://www.casacolumbia.org>

Women's Mental Health Associates and Pennsylvania Society for Clinical Social Work, Updates on Women's Health and Mental Health: Translating Research to Practice, www.women'smentalhealthassociates.com

Contributions, comments, and subscription requests may be submitted for consideration to Tanya L. Burrwell, Editor, at tburrwell@apa.org. Check the Women's Programs Office website at <http://www.apa.org/pi/wpo>.