

Women's Psych-E

E-newsletter of the APA Women's Programs Office: March 2006

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NEWS

March Is Women's History Month

Spotlight: Committee on Women in Psychology (CWP)

In 1969, during the height of activism, members of the Association for Women Psychologists (AWP), frustrated over the sexism and lack of sensitivity and representation within the association, stormed a Town Hall meeting during the APA annual convention in Florida and issued a *historic list of 52 resolutions*. In October 1970, the Task Force on the Status of Women was established, followed by the Committee on Women in Psychology in 1973, to further the major purpose of APA - - to advance psychology as a science, a profession and as a means of promoting human welfare - - ensuring that women are accepted as fully enfranchised members of the field. Three decades later, the CWP is still at the forefront on a number of issues affecting women and psychology.

For more information on the Committee on Women in Psychology please visit

<http://www.apa.org/pi/wpo/cwphome.html>.

To learn more about the 52 Resolutions and Motions and the actions of the APA Council of

Representatives to the issues raised, please visit http://www.apa.org/pi/wpo/52resolutions_motions.pdf.

See also:

Division 35 Society for the Psychology of Women, linked from <http://www.apa.org/divisions/div35/>
Association for Women in Psychology, <http://www.awpsych.org/>

E-STATS: Women in the American Psychological Association

- Women represented 53% of APA membership in 2005 compared to 44.9% in 1995.
- Women represented 47% Board and Committee members in 2005
- In 2002, women earned 66.7% of doctorates in psychology
- In 2007, Sharon S. Brehm, PhD will be the 11th women to serve as APA President

Source: Making APA Work For You, 2005, APA Raw Membership Data, 2005, Summary Report Doctorate Recipients from United States Universities (Selected years). National Research Council, National Opinion Research Center. Table compiled by Research Office, APA, 2005

An Examination of Feminist Psychology

Over the past 35 years, psychology has become more inclusive of women; however, women still fall short among the higher levels and in leadership positions. Division 35 past-President Nancy L. Baker examines the concept of “feminist psychology’s engagement with the discipline and its ability to critique and alter the discipline and the world.” The article, published in the March *Psychology of Women Quarterly*, presents a definition of feminism, pays homage to its roots and discusses current challenges and the outlook for the future.

Baker, N.L. (2006). Feminist psychology in the service of women: Staying engaged without getting married. *Psychology of Women Quarterly*, 30, 1-14. <http://www.blackwell-synergy.com>.

More on Women’s History Month:

The National Women’s History Project, www.nwhp.org

The History Channel, <http://www.historychannel.com/exhibits/womenhist/>

U.S. Department of Defense, <http://www.defenselink.mil/specials/womenshistory/>

OTHER NEWS

Treating Mother’s Depression Beneficial to Child

Parental depression remains a consistent risk factor for childhood anxiety, depression, and disruptive disorders. However, according to a new study, published in the March *Journal of the American Medical Association* (JAMA), vigorous treatment of a mother’s depression can reduce symptoms of anxiety and depression in her child. Researchers, using a sample of 151 mother-child pairs, with children ranging from 7 to 17 years old, found that remission of maternal depression was significantly associated with a reduction in children’s diagnosis and symptoms. Among children with a baseline diagnosis for depression, remission was reported in 33% of those whose mother’s depression was also remitted, compared to 12% remission among children whose mother’s depression did not remit.

Weissman, M.S., Pilowsky, D.J, Wickramaratne, P.J., Talati, A., Wisniewski, S.R., Fava, M., Hughes, C.W., Garber, J., Malloy, E., King, C.A., Cerda, G., Sood, A.B., Alpert, J.E., Trivedi, M.H., & Rush, A.J. (2006). Remissions in maternal depression and child psychopathology: A Star*D-Child Report. *Journal of the American Medical Association*, 295 (12), 1389-1398.

OPPORTUNITIES FOR PSYCHOLOGISTS

CEMRRAT Grants 2006

The APA's Public Interest Directorate has been allocated \$100,000 in 2006 to continue implementation of the CEMRRAT Plan as recommended by the APA Commission on Ethnic Minority Recruitment, Retention and Training in Psychology (CEMRRAT). These small-grants "seed funds" energize, empower, and support interested individuals, organizations, and educational institutions committed to enhancing ethnic minority recruitment, retention, and training in psychology. See http://www.apa.org/pi/oema/programs/cemratt2_grant_fund_announcement.pdf for more information.

The Mary Roth Walsh Teaching the Psychology of Women Award

This award recognizes individuals who have developed a creative approach, exercise, or assignment for increasing diversity in teaching the Psychology of Women or Gender. Nominations or self-nominations are welcomed. Required materials: description of approach, exercise, or assignment in keeping with the purpose of the award; supporting materials; and a vita. Deadline is April 30, 2006. Selection of awardee will be made by a committee of three Division 35 members recruited by the Chair (Dr. Kaschak). Forward materials to Dr. Ellyn Kaschak, Psychology Dept., San Jose State University San Jose, CA 95192 or by email: ekaschak@sbcglobal.net.

National Multicultural Conference and Summit 2007 (Submission Deadline May 31)

The 2007 National Multicultural Conference and Summit (NMCS), Psychology of Multiple Identities: Finding Empowerment in the Face of Oppression, Seattle, Washington, Sheraton Hotel, Seattle, WA will convene on January 24-26, 2007. The deadline for the submission of programs is Wednesday, May 31, 2006. For more information, please visit www.multiculuturalsummit.org.

MARK YOUR CALENDARS

Work and Families: Changing Realities, Claremont McKenna College, Claremont, CA, March 25, 2006.
<http://www.cgu.edu/print/1004.asp>

2006 Association for Women in Psychology Conference, Intersecting Identities: Multicultural Perspectives on Women's Lives, Ypsilanti/Ann Arbor, MI, March 30 – April 2, 2006. <http://www.awpsych.org>

The 14th Annual Congress on Women's Health, Hilton Head Island , SC, Hilton Head Marriott Beach & Golf Resort, June 3-6, 2006. <http://www.bioconferences.com/conferences/WomensHealth/index.aspx>

2006 American Psychological Association Annual Convention, New Orleans, LA, August 10 – 13, 2006.
<http://www.apa.org/convention06/>

2006 National Rural Women's Health Conference, San Antonio, TX, November 16-18, 2006.
<http://www.hmc.psu.edu/ce/rwh2006>

Women's Mental Health Associates and Pennsylvania Society for Clinical Social Work, Updates on Women's Health and Mental Health: Translating Research to Practice, www.women'smentalhealthassociates.com

Contributions, comments, and subscription requests may be submitted for consideration to Tanya L. Burrwell, Editor, at tburrwell@apa.org. Check the Women's Programs Office website at <http://www.apa.org/pi/wpo>.