

Treating Nicotine and Tobacco Dependence: The Science of Quitting

A Congressional Briefing Sponsored by
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*In conjunction with
The Addiction, Treatment and Recovery Caucus*

**Thursday, November 8, 2007
Noon - 2:00 pm
(box lunches will be available)
Rayburn House Office Building, Room 2168**

While tobacco use is still an enormous threat, the story of tobacco control efforts over the last half century is one of remarkable progress and promise. In 1965, current smokers outnumbered former smokers three to one. Over the past 40 years, the rate of quitting has so outstripped the rate of initiation that today there are more former smokers than current smokers. Moreover, 40 years ago smoking was viewed as a habit rather than a chronic disease. There were no scientifically validated treatments for it, and the treatment of tobacco dependence had little place in health care delivery. Today, numerous effective treatments exist, and tobacco use assessment and intervention are considered to be requisite duties of clinicians and health care delivery entities.

Speakers

Nora D. Volkow, MD, Director of the National Institute on Drug Abuse, will provide an overview of the Institute's tobacco research portfolio.

Timothy Baker, PhD, Professor of Medicine at the University of Wisconsin School of Medicine and Public Health and Director of Research at the University of Wisconsin Center for Tobacco Research and Intervention, will discuss current findings on the treatment of tobacco use that will serve as the basis of the 2008 PHS Clinical Practice Guidelines on the Treatment of Tobacco Use and Dependence.

Michael Fiore, MD, MPH, Professor of Medicine at the University of Wisconsin School of Medicine and Public Health and Director of the University of Wisconsin Center for Tobacco Research and Intervention, will provide his perspective as both a physician treating smokers for the last 20 years and Chair of the panel revising the PHS tobacco treatment guidelines.

Shirley Reimer, a patient who quit smoking through the National Quitline, will share the story of her success.

Preston Young, a patient who quit smoking during a translational clinical research study funded by NIDA, will talk about his personal experience with nicotine addiction.

Sponsoring Organizations

American Academy of Addiction Psychiatry - American College of Neuropsychopharmacology - American Psychiatric Association - American Psychological Association - American Society for Pharmacology and Experimental Therapeutics - American Society of Addiction Medicine - American Sociological Association - Association for Psychological Science - College on Problems of Drug Dependence - Community Anti-Drug Coalitions of America - Entertainment Industries Council, Inc. - The Federation of Behavioral, Psychological and Cognitive Sciences - Institute for the Advancement of Social Work Research - Join Together - Legal Action Center - NAADAC, The Association for Addiction Professionals - National Association of Addiction Treatment Providers - National Association of Drug Court Professionals - National Association of Social Workers - National Association of State Alcohol and Drug Abuse Directors - The National Center on Addiction and Substance Abuse at Columbia University - Partnership for a Drug Free America - Society for Prevention Research - Society for Research on Nicotine and Tobacco - State Associations of Addiction Services - Campaign for Tobacco Free Kids

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