



AMERICAN
PSYCHOLOGICAL
ASSOCIATION

WORKPLACE
FLEXIBILITY **2010**
GEORGETOWN LAW



NEW AMERICA
FOUNDATION

A Congressional Briefing

***SUPPORTING A HEALTHIER WORKPLACE:
WORKPLACE FLEXIBILITY AND
MENTAL HEALTH AND WELLNESS***

Please Mark Your Calendars!!!

Wednesday, May 20, 2009, 9:00 am – 10:30 am

***Location: Capitol Visitors Center:
Congressional Meeting Room North***
(Refreshments will be provided)

In Conjunction with:

Rep. Grace F. Napolitano (D-CA) Rep. Tim Murphy (R-PA)
Co-Chairs, Congressional Mental Health Caucus

Research demonstrates that employees with workplace flexibility report less stress, better health, and savings for their employers. By showing the benefits of workplace flexibility, we can hasten the change to a new workplace model, one that works for employers, employees and communities. Please join us as we hear from a distinguished panel of experts as they discuss the interaction between work-life conflict and mental health and wellness. The event will explore the impact of work-life balance on the health of workers, their families, employers, and communities. Experts will highlight the role of workplace flexibility in eliminating, limiting, or preventing injury and disease, achieving health equity, and creating social and physical environments that promote good health, healthy development, and healthy behaviors. Speakers will also describe best practices on flexibility that enhance business and foster employee health and well-being.

Welcome:

Gwendolyn Keita, Ph.D., Executive Director, Public Interest Directorate, American Psychological Association

Moderator:

Katie Corrigan, Co-Director, Workplace Flexibility 2010, Adjunct Professor, Georgetown Law

Panelists:

Diane Halpern, Ph.D., Professor of Psychology, Director, Berger Institute for Work, Family, and Children, & Chair, Department of Psychology, Claremont McKenna College

Joeseph Grzywacz, Ph.D., Associate Professor, Department of Family & Community Medicine, Wake Forest University School of Medicine

David Gray, Director, Workforce and Family Program, New America Foundation

Shanny Peer, Ph.D., Senior Associate, Families and Work Institute

Donald W. Kemper, MPH, Founder and CEO, Healthwise

Please RSVP to Tammy Barnes at tbarnes@apa.org or 202.336.6166.