Discrimination, Stress and Poor Health Go Hand in Hand
According to the American Psychological Association’s “Stress in America: The Impact of Discrimination” survey, nearly 7 in 10 adults in the U.S. have experienced some type of discrimination at some point in their lives, 61 percent face it on a regular ...
***APA Executive Director for Education Jaime Diaz-Granados, PhD, quoted
***APA Assistant Executive Director for Professional Practice Lynn Bufka, PhD, quoted
***On March 10, APA released and promoted the results of its Stress in America: The Impact of Discrimination survey
***This is one of at least 100 articles that have appeared in the media on this report so far

Why Socializing Is So Important for the Elderly -- Science of Us
New York Magazine – March 8, 2016
That's one of the goals of a new paper in Psychology and Aging (PDF) published by a team led by Denis Gerstorf of Humboldt University in Berlin. "Although ...
***APA issued a March 8 news release on this study published in the Psychology and Aging
***This is one of at least 20 articles that have appeared in the media on this release so far

You want me to welcome summer? It's not even spring yet!
The Boston Globe – March 11, 2016
... our online lives are so rich and exciting all the time," says consumer psychologist Kit Yarrow, professor emerita of Golden Gate University in San Francisco.
***APA member Kit Yarrow, PhD, quoted

Is Your Kid Entitled?
If you're worried your kids are too entitled, keep an eye on whether they believe they have a right to things – as opposed to working hard to earn them, says Edward Christophersen, a child psychologist at Children's Mercy Hospital–Kansas City.
**APA member Edward Christophersen, PhD, quoted**

**Chocolate makes you smarter, study suggests**

Telegraph.co.uk – March 8, 2016

"It's significant – it touches a number of cognitive domains," psychologist Merrill Elias, one of the leaders of the study, told the Washington Post. Mr Elias began studying the cognitive abilities of more than 1,000 people in the state of New York in ...

**APA fellow Merill Elias, PhD, quoted**

**What employers can learn from the NFL draft**

The Seattle Times – March 9, 2016

In a new study published online by the Journal of Applied Psychology, business researchers examined what factors coaches and managers took into account ...

**Journal of Applied Psychology cited**

**Body Worries**

Men's Fitness – March 8, 2016

... aren't the only ones who struggle with body image issues, according to research published in February in the journal Psychology of Men and Masculinity.

**Psychology of Men and Masculinity cited**

**Want to appear intelligent? Get more sleep!**

Business Standard – March 8, 2016

... and getting more sleep may help you look more intelligent," Talamas added. The findings were published in the Journal of Experimental Psychology: General.

**Journal of Experimental Psychology: General cited**

**Candidates with more 'mature' faces may get older people's votes**

UPI.com – March 6, 2016

The American Psychological Association provides more information on the psychology of voting.

**How Kim Kardashian Killed the Term "Empowerment"**

Cosmopolitan.com – March 10, 2016

A few years back, the American Psychological Association (APA) convened a task force to assess the wealth of research on sexualization of women in media ...

**APA Task Force Report on Sexualization of Girls referenced**
Should Therapists Analyze Presidential Candidates?

NOT long ago, a journalist asked me what I thought, as a psychiatrist, of Donald J. Trump.

Doctors should screen for poverty during child-wellness visits, American Academy of Pediatrics recommends
The Washington Post – March 9, 2016

The recommendations are the result of a years-long effort on the part of the AAP’s Poverty and Child Health Leadership Workgroup, which...

Beyond Mom: Postpartum depression can impact a partner’s well-being too
The Washington Post - March 9, 2016

After giving birth to their daughter in 2014, Laura found herself “wanting ... As many as 1 in 6 women suffer from postpartum depression and/or anxiety. ... and who is the co-director of Integrative Therapy of Greater Washington, ...

Short men, overweight women get a raw deal in life in jobs and income — Study
The Washington Post – March 9, 2016

History tells us of countless short men who have achieved greatness. Napoleon.

Are mass shootings contagious? Some scientists who study how viruses spread say yes.

The chance of a mass shooting spikes during the 13-day period after a rampage, a study found.

Study: ‘Bromances’ may help buffer males against stress

Kirby explained in an interview that this is akin to male friendships or bromances in the first ...

Maryland’s severely mentally ill need treatment before the worst happens

Assisted outpatient treatment programs can keep people out of prison.

Asian-American Teens Say They Lie To Doctors About Sex
NPR – March 9, 2016

Doctors presume that Asian-American teens aren't having sex, and teenagers presume that doctors will tell their parents if they ask about ...
For depression, primary care doctors could be a barrier to treatment
PBS NewsHour – March 7, 2016
More than half are with primary care physicians. A new study suggests those doctors may ...

Study: Doctors Don't Take Mental Health As Seriously As Physical Health
Huffington Post – March 10, 2016
Negative stereotypes deeply affect those with mental health conditions and may even discourage them from getting proper medical treatment. And now research ...

Why Silence Is So Good For Your Brain
Huffington Post - March 5, 2016
An unpublished 2004 paper by environmental psychologist Dr. Craig Zimring suggests that higher noise levels in neonatal intensive care units led to elevated ...

Experts Say There's a Herpes-Alzheimer's Link
TIME – March 10, 2016
"We are saying there is incontrovertible evidence that Alzheimer's Disease has a dormant microbial component. We can't keep ignoring all of the evidence," said Douglas Kell, a professor at the University of Manchester's School of Chemistry and one of ...

Retracing Our Steps
The Atlantic – March 10, 2016
According to John Mace, a cognitive psychologist at Eastern Illinois University, involuntary memories like this "tend to come to mind when the mind is wandering, ...

Amid 'Crisis,' Senate Bill Seeks Boost Access to Mental Health Care
Roll Call – March 9, 2016
The Mental Health Reform Act would seek to bolster coordination between agencies that address mental health, update state funding, improve mental health ...

Our brains are hardwired to be hooked on Facebook claims an expert
The Daily Mail – March 7, 2016
We are addicted to Facebook because our brains have evolved over thousands of years to make us that way, according to a leading psychologist. Since the beginning of the human race, for millions of years and over countless generations, our brains were ...
Oops! No ‘Replicability Crisis’ in Psychological Science After All

PsychCentral.com - March 5, 2016

Four researchers from Harvard University and the University of Virginia (Gilbert et al., 2016) published their findings in Science (their psychology replications ...