
BEA Award in Support of Conferences and Workshop 2024

Workshop or Conference name: Asian American Psychological Association Convention

Sponsoring Organization: Asian American Psychological Association

Conference or workshop date: 10/4/2024

Goals and objectives

The clarity and nature of the conference or workshop goals and objectives and how they will enhance the training of faculty and supervisors of graduate students, interns, and/or postdoctoral fellows in psychology.

The Asian American Psychological Association (AAPA) is a national organization representing Asian, Pacific Islander, and Native Hawaiian (APINH) psychologists and other mental health providers, educators, and students. Our annual convention strives to disseminate the latest scholarship, practice, education/training, and advocacy relevant to the community.

GOAL: To provide faculty and supervisors programming that includes the following topic areas: Asian American imposter phenomenon, hyperinvisibility of Asian American women faculty, colorism within the AAPI community, indigenous healing practices, overcoming structural barriers for trainees, navigating intersectional oppression, interracial/interethnic solidarity, and healing intergenerational trauma.

OBJECTIVES:

To conduct a series of interactive panels for faculty, clinical supervisors, and graduate students to identify and understand intersectional barriers that affect marginalized communities.

To provide practical tools for incorporating these practices into mental health support and educational frameworks, encouraging a holistic approach to healing that respects cultural traditions and complements conventional therapeutic methods.

To give attendees the necessary skills and knowledge to develop action plans for promoting both intra- and inter-racial solidarity, with the aim of building a collective front to combat racism and foster inclusive environments within academic institutions and clinical practices.

Leadership

The qualifications of the person(s) identified to plan and lead the conference or workshop, relative to the topic of focus. Included in the qualifications should be evidence of national or regional leadership (e.g., publication of scholarly works related to education and training, participation/leadership in past workshops, etc.)

The planning of the 2024 AAPA Convention is spearheaded by Dr. Daisuke Akiba and Dr. Teresa Hsu, the convention co-chairs, as well as the vice president of AAPA, Dr. Donna Demanarig. Dr. Akiba is a professor at Queens College and the Graduate Center, CUNY, whose scholarship focuses on student learning and academic advisement in higher education, as well as anti-Asian racism and social justice. Dr. Hsu is a staff psychologist at Montefiore Psychiatry Associates and assistant professor in the Albert Einstein College of Medicine whose expertise is in behavioral health. Dr. Demanarig is an assistant teaching professor at the University of Massachusetts-Dartmouth, whose scholarship spans Filipinx mental health and cross-racial/ethnic solidarity in anti-racism.

The leadership team for the 2024 convention brings together experts in research and practice in the areas of anti-Asian racism and higher education, Asian American mental and behavioral health, and cross-racial solidarity, all relevant to AAPA's mission and this year's convention.

Participants

The qualifications of conference or workshop participants relative to the topic of focus, including their potential for implementing outcomes of the conference or workshop toward enhancing graduate education.

This year's conference will be bringing together a diverse group of presenters, including our keynote speaker, Dr. Debra Kawahara, the current APA president. It is also anticipated that the convention will be attended by participants from various ethnic backgrounds with a range of different roles, including graduate students, educators, practitioners, scholars, and community organizers. While the content of the conference is crafted for these groups, community members who may be outside of the professional community are also invited to participate as attendees. Because of the diversity of the participants, the convention has the potential to impact multiple communities and domains. It is anticipated that participants will take the conversations and learning that happen within the convention back to their institutions, organizations, and communities to create ripple effects in impact on scholarship, clinical practice, education/training, and advocacy.

Impact

The estimated or potential impact of the conference or workshop in terms of the diffusion of new ideas resulting from its outcomes in the education community appropriate to the proposal's focus.

This is the first in-person conference since 2019. As such, it has the potential to have greater impact given the multiple traumas experienced by the AAPINH community over the past several years, particularly the rise in anti-Asian hate. Given the Zoom fatigue that many may be feeling, the in-person conference also offers an opportunity for the community of scholars, professionals, advocates, and students to gather and engage in conversations that invite reflection, healing, and action. It is anticipated that the convention will reenergize those in the education community, specifically, to enhance training and catalyze interdisciplinary scholarship and mentorship on AAPINH mental health and social justice. Specifically, it is anticipated that scholars, educators, supervisors, practitioners, and graduate students will learn new ideas on, among other things, addressing intersectionality, countering oppression within and outside the AAPINH communities, applying indigenous healing practices, and building intergenerational resiliency and connection. The dissemination of these ideas will allow the training and education community to attend to the AAPINH community's historical

resilience and resistance while recommitting to, and acquiring concrete skills to, building a path toward healing and liberation of our communities.

Budget

The clarity and completeness of the conference or workshop budget, how realistic it is, how the grant funds are to be used to offset expenses incurred (e.g., travel, registration, speaker fees), as well as provide strong justification for the requested amount and whether the conference or workshop can be offered without BEA funding.

The expense for this year's convention is anticipated to be approximately \$57,000. The projected income for this event is \$52,665. AAPA is requesting \$4,355 to cover the expenses that are projected to exceed the income. \$2500 will be used to cover the costs of the honoraria for keynote speakers and invited panelists. The remaining \$1,835 will be used to cover part of the expenses needed for student travel awards (10 student awards, at \$300 each = Total \$3,000).