

The APA Board of Educational Affairs (BEA)

**Award in Support of Conferences and Workshops
on Graduate and Postgraduate Education and Training in Psychology
Application**

BEA will award a total of \$10,000 per year in conference grants to multiple awardees; typical grant funding is \$2000 per conference/workshop. Awards must support organizations or groups of psychologists planning conferences and workshops intended to enhance the quality of education for faculty and/or supervisors who then will use the knowledge to train students, interns, and/or postdoctoral fellows. Preference will be given to groups or organizations that have not been awarded a Graduate and Postgraduate Education & Training grant in the past two years.

How to Apply:

Complete the information below, and address the criteria found on the next page. Send proposals [electronically](#) and postmarked by September 1st, 2014 to:

*Jan-Sheri Morris
Office of Graduate and Postdoctoral Education
Education Directorate
American Psychological Association*

Please complete the following information, and address the criteria listed on the following page:

1. Title and Date(s) of the Conference or Workshop:

Critical Issues in Training & Supervision (Parts I and II) – anticipated dates December 2014 and April 2015. We are not able to establish specific dates/reserve space until we know whether the workshops will be funded.

2. Name(s) of group organizing the Conference or Workshop:

Department of Psychiatry and Behavioral Health, The Ohio State University Wexner Medical Center

3. Name, email and phone number of contact person for proposal:

a. Name: Cheryl Carmin, Ph.D.

b. Email: Cheryl.Carmin@osumc.edu

c. Phone: 614-293-0697

Proposals will be evaluated using the following criteria (please limit your response to 200 words for each of the following):

- **Goals and objectives**

The clarity and nature of the conference or workshop goals and objectives and how they will enhance the training of faculty and supervisors of graduate students, interns, and/or postdoctoral fellows in psychology.

The Department of Psychiatry and Behavioral Health is initiating a clinical health psychology internship program starting July 2015. While faculty members have supervised psychology and psychiatry trainees, the internship is the first educational opportunity for advanced psychology graduate students. In an effort to provide the highest quality experience possible, faculty members have expressed interest in receiving supervision training. Additionally, we aim to provide training consistent with the recent Council of Representatives Guidelines for Clinical Supervision.

Surprisingly, opportunities for training in supervision are limited. When available, it is often within the context of graduate departments rather than for practicing psychologists. Further, when supervision workshops are presented, they often do not address the specific needs of psychologists in healthcare settings or at various experience levels.

The **goal** is to present a series of two workshops, fundamentals and advanced topics, which will enhance faculty skills in supervision. The **objectives** include:

- Familiarity with different models of supervision and relevant research
- Becoming knowledgeable about ethical issues in supervision
- Demonstrating an understanding regarding the influence of diversity in the supervisory relationship
- Implementing a model of supervision based on trainees' needs
- Assessing trainee needs and addressing skill deficits
- Identifying and dealing with obstacles to effective supervision
- Adapting supervision to healthcare settings

- **Leadership**

The qualifications of the person(s) identified to plan and lead the conference or workshop, relative to the topic of focus. Included in the qualifications should be evidence of national or regional leadership (e.g., publication of scholarly works related to education and training, participation in past workshops, etc...)

Cheryl Carmin, Ph.D. will coordinate the two workshops. Dr. Carmin has coordinated Convention & Education Issues for ABCT, overseeing their national conference and continuing education activities. Additionally, she received a curriculum development award from NIMH for a Program of Excellence in Scientifically Validated Behavioral Treatments.

Louise Douce, Ph.D. will lead the fundamentals workshop. Dr. Douce is the former director of the Ohio State University (OSU) Counseling Center. Her areas of expertise include supervision and diversity training. Dr. Douce was the OSU Assistant Vice President of Student Life, where she supervised units dedicated to enhancing success of, and removing barriers to student success, including health, mental health, career and student wellness services. She currently serves on the APA Board of Directors.

Leslie Sokol, Ph.D. will lead the advanced topics workshop. Dr. Sokol was the Beck Institute Director of Education. She provides training in cognitive behavior therapy internationally. She initiated a supervision component to Beck Institute training and developed a supervisor training program. She currently chairs Behavioral Science in the Family Practice Department at Mercy

Suburban Hospital, where she serves as staff psychologist in their cardiac and physical rehabilitation departments. Dr. Sokol is eminently qualified to address supervision issues in healthcare settings.

- **Participants**

The qualifications of conference or workshop participants relative to the topic of focus, including their potential for implementing outcomes of the conference or workshop toward enhancing graduate education.

There are 20 licensed faculty psychologists in the Department of Psychiatry and Behavioral Health at OSUWMC. All of these faculty members are involved in some capacity with the internship program. A number of the faculty members are currently supervising practicum students and/or post-doctoral fellows as well as psychiatry residents. Additionally, some of our faculty members supervise graduate research associates. Thus, there is a high probability that the workshop will enhance the skills of attendees and will have an impact on the training we provide.

In addition to the department faculty psychologists, we plan to invite psychologists in the Department of Family Medicine, Department of Physical Medicine & Rehabilitation, Institute of Behavioral Medicine Research, Psychology Department, Nationwide Children's Hospital, and the OSU student counseling center (Younkin Success Center). The workshops would reach approximately 100 psychologists, all of whom are involved in supervising graduate students, interns and/or residents.

- **Impact**

The estimated or potential impact of the conference or workshop in terms of the diffusion of new ideas resulting from its outcomes in the education community appropriate to the proposal's focus.

This program's impact is potentially great. Our faculty has expressed both a need and interest in supervision training. The Ohio State Board of Psychology has recently declared it can require supervision training for psychologists providing clinical supervision. APA Council has similarly recognized the need for supervision training. Our faculty takes the department's training mission quite seriously. They view development of an internship program, in addition to supervision of externs, post-doctoral fellows, and residents, as making a significant contribution to developing the next generations of mental health professionals.

Outcomes: Attendees will

- have a common baseline for providing supervision and an appreciation of the evidence base for supervision models;
- be able to tailor supervision models to meet trainees' developmental needs;
- be cognizant of the influence of diversity in the supervision process;
- improve their skills in providing supervision in the context of the current healthcare environment;
- model and discuss components of effective supervision with interns, who may be providing umbrella supervision during internship or may supervise others in their future employment.

In addition to completing a post-workshop program evaluation, participants will be contacted 6 months after each workshop to follow-up on its ongoing impact and effectiveness.

- **Budget**

The clarity and completeness of the conference or workshop budget, how realistic it is, and how the grant funds are to be used to offset expenses incurred (e.g., travel, registration, speaker fees).

Travel – airfare & 1 night hotel (Dr. Sokol; Dr. Douce is local)	\$1000
Speaker Honorarium (2 speakers)	\$2000
Breakfast or lunch/refreshments for 100	\$1000
Indirect costs (10%)	<u>\$ 400</u>
TOTAL	\$4400

Dr. Carmin's time and administrative support staff time would be donated by the Department of Psychiatry and Behavioral Health