

The APA Board of Educational Affairs (BEA)

**Award in Support of Conferences and Workshops
on Graduate and Postgraduate Education and Training in Psychology
Application**

BEA will award a total of \$10,000 per year in conference grants to multiple awardees; typical grant funding is \$2000 per conference/workshop. Awards must support organizations or groups of psychologists planning conferences and workshops intended to enhance the quality of education for faculty and/or supervisors who then will use the knowledge to train students, interns, and/or postdoctoral fellows. Preference will be given to groups or organizations that have not been awarded a Graduate and Postgraduate Education & Training grant in the past two years.

How to Apply:

Complete the information below, and address the criteria found on the next page. Send proposals [electronically](#) and postmarked by September 1st, 2014 to:

*Jan-Sheri Morris
Office of Graduate and Postdoctoral Education
Education Directorate
American Psychological Association*

Please complete the following information, and address the criteria listed on the following page:

1. Title and Date(s) of the Conference or Workshop:

*Telepsychology: Use of Technology in Supervision and Service Delivery
September 25, 2015.*

2. Name(s) of group organizing the Conference or Workshop:

Utah Psychological Association (UPA)

3. Name, email and phone number of contact person for proposal:

a. Name:	<i>Jamie Brass, PsyD</i>	<i>Nanci C. Klein, PhD</i>
b. Email:	jamiebrasspsyd@gmail.com	
c. Phone:	<i>307.371.3677</i>	<i>801.913.4233</i>

Proposals will be evaluated using the following criteria (please limit your response to 200 words for each of the following):

- ***Goals and objectives:***

The 2012 Utah Legislature amended the Psychologist Licensing Act to regulate telepsychology, recognizing the state's largely rural land profile which limits access to mental health care. In 2014 the Utah Division of Occupational and Professional Licensing (DOPL) commissioned the Utah Telehealth Study to help inform public policymaking relative to the public safety, healthcare enhancement and economic implications of telehealth, including telepsychology. Administration and implementation of telepsychology services requires acquisition of knowledge, skills, and competencies to appropriately deliver and evaluate services. Training of Utah training directors and professional psychologists (established and early career) is paramount in developing a knowledge base to prepare current and future psychologists to provide these types services.

Objectives:

- o Identify ethical framework, guidelines for telepsychology technology use
- o Identify parameters, requirements for using technology in clinical training/supervision
- o Identify parameters and requirements for using technology in clinical practice
- o Review Utah Telehealth Study; identify future policy directions
- o Identify Utah requirements and regulations for telepsychology practice/supervision
- o Demonstrate understanding of how to integrate/disseminate workshop information to psychology trainees
- o Demonstrate understanding of ways for training directors and psychologists providing supervision to maintain current knowledge of policy, regulatory changes, and growth in telepsychology to ensure ongoing ethical and legal practice

- ***Leadership:***

Workshop presenters will include representatives of APAPO Legal & Regulatory Affairs, ASPPB, Utah Telehealth Network, and the Utah Division of Occupational & Professional Licensing. UPA is currently researching national academic leaders in telepsychology to invite to present.

- ***Participants***

UPA, as a small SPTA with 300 members, is striving to forge closer relationships with the 9 psychology doctoral programs in the state, and to become a useful conduit for information regarding policy and regulatory changes affecting psychology. The Dept of Occupational & Professional Licensing has advised UPA that it perceives UPA to be the appropriate disseminator of information about professional psychology to all psychology training programs and licensed psychologists in the state. DOPL has advised that it will not take a proactive role to disseminate any new legal or regulatory changes affecting psychology. Thus, UPA's workshop is designed to provide essential, important information regarding telepsychology practice/supervision. The workshop is aimed at training directors of Utah's psychology doctoral programs, doctoral internships, postdoctoral programs, and experienced and early career psychologists. Attendees will be trained in understanding the skills and competencies necessary to ethically and legally engage in telepsychology practice/supervision. No forum has yet occurred in the state reviewing/disseminating regulations on telepsychology. This workshop will be the first. It will focus on practical, legal, and ethical aspects of implementing telepsychology services in Utah's rural communities.

- **Impact**

Utah hosts nine doctoral programs in psychology at three different universities, 12 APPIC internship programs anticipated to train 43 interns per year, and three APPIC postdoctoral sites anticipated to train eight people per year. Utah is also a largely rural state, with much of the training concentrated in a few population centers. Many rural areas of Utah have limited access to mental health services. Training the current cohorts of psychology students and postdocs will give them the option to provide services remotely, and training the training directors at these 23 training sites will allow them to provide appropriate direction to future cohorts on how to ethically, legally, and practically offer these services. It is anticipated that trainers who attend this workshop will develop knowledge on how to implement telepsychology programs, how to ensure that they remain current on emerging laws and guidance related to telepsychology programs, and how to provide similar information to future trainees.

- **Budget**

Speaker Honoraria	\$5000
Travel & Lodging	\$3000
Venue	\$ 500
Refreshments	\$ 450
Handouts	\$ 400
Marketing/Invitations	<u>\$ 850</u>
	\$10200