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**BEA Award in Support of Conferences and Workshop  
2021**

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**Workshop or Conference name:** Cultural considerations for the trauma recovery of racially & ethnically marginalized college & international student survivors: Implications for training & applied practice

**Sponsoring Organization:** California State University, Fullerton - Counseling and Psychological Services (CAPS)

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***Please provide responses to the prompts below (limit of 1500 characters for each).***

***Goals and objectives***

*The clarity and nature of the conference or workshop goals and objectives and how they will enhance the training of faculty and supervisors of graduate students, interns, and/or postdoctoral fellows in psychology.*

This workshop is designed to help mental health supervisors, faculty, & practitioners improve understanding & the serving of communities who live with the psychological effects of trauma, with special emphasis on racially marginalized college & international students. The topics covered are timely in light of current nationwide events highlighting the deleterious effects of violence, assault, & death experiences impacting diverse communities & students of Color. With COVID-19 continuing to be an international public health emergency, specific groups like international students can also be vulnerable to acute &/or complex trauma experiences manifested as feelings of isolation, perceived negative treatment as foreigners, & anti-foreigner violence. Recent CDC data suggests that communities of Color, including American Indian, Black, & Latinx populations, are disproportionately impacted by COVID-19 while having lower access to mental health treatment. Insights from liberation psychology, de-colonial psychology, Black psychology, & womanist psychology will be presented. Training will include both theory & the practical application of anti-oppression therapy & programming. After receiving this training, attendants should be able to 1) describe important approaches to providing culturally-sensitive assessment & mental health service provision for racially & ethnically marginalized students, as well as 2) describe how trauma may uniquely affect international student populations.

***Leadership***

*The qualifications of the person(s) identified to plan and lead the conference or workshop, relative to the topic of focus. Included in the qualifications should be evidence of national or regional leadership (e.g., publication of scholarly works related to education and training, participation/leadership in past workshops, etc.)*

Dr. Thema Bryant-Davis holds a doctorate in Clinical Psychology from Duke University & received post-doctoral training at Harvard Medical Center's Victims of Violence Program. Upon graduation, she became Coordinator of Princeton University's SHARE Program, which provides intervention & prevention programming to combat sexual assault & harassment. She is a tenured psychology professor at Pepperdine University's Graduate School of Education & Psychology, where she directs the Culture &

Trauma Research Laboratory. Her clinical & research interests center on interpersonal trauma & the societal trauma of oppression. She is a past American Psychological Association (APA) representative to the United Nations, & served on the APA Committee on International Relations in Psychology. The Institute of Violence, Abuse & Trauma honored her for the film, Psychology of Human Trafficking (2016), & in 2018 was honored with the Donald Fridley Memorial Award for excellence in mentoring in the field of trauma. Dr. Thema is one of the foundational scholars on the topic of the trauma of racism &, in 2020, gave an invited keynote address on the topic at APA. In 2020, the APA International Division honored her for her International Contributions to the Study of Gender & Women for her work in Africa. Dr. Thema raises public awareness on mental health beyond academics & private practice through community programming & engagement, including Headline News, National Public Radio, & CNN.

### **Participants**

*The qualifications of conference or workshop participants relative to the topic of focus, including their potential for implementing outcomes of the conference or workshop toward enhancing graduate education.*

This 2-hour workshop will be intended primarily for clinical supervisors, instructional faculty, & practicing mental health professionals (e.g., psychologists, marriage/family therapists, social workers). However, attendance by other groups like graduate psychology students will be highly encouraged as well. In light of ongoing health concerns due to the pandemic & as a way to help reduce barriers to participant access, this workshop will be held virtually via Zoom. There will be no charge for attendance as well. Should this proposal be awarded, writer will attempt to have this workshop reviewed as a Continuing Education (CE) training to enhance attendance by licensed supervisors & practitioners who, in turn, will impart knowledge gained onto their graduate students/interns/fellows.

Writer is also in the process of exploring collaboration opportunities with another university to determine if additional funding can be secured to lengthen this workshop beyond the proposed 2 hours to further enhance depth and breadth of material to be covered (e.g., 4 hour training).

### **Impact**

*The estimated or potential impact of the conference or workshop in terms of the diffusion of new ideas resulting from its outcomes in the education community appropriate to the proposal's focus.*

Participants are anticipated to represent several service sectors (e.g., university, community counseling center, private practice, domestic violence shelters) on local, state, and national levels. It is expected that the supervisors, faculty, and practitioners attending this workshop will enhance their ability to provide culturally informed training, education, & mental health service provision on the topic of trauma to be passed on to their students/interns/fellows. The workshop will be recorded dependent on approval by the trainer, which could then be made available to a wider audience. The trainer will also be asked to share their presentation materials & any related references with all participants. This workshop can serve as an impetus for future training opportunities that would allow for continued education on the topic of trauma as it may relate to other populations, settings, and/or communities.

### **Budget**

*The clarity and completeness of the conference or workshop budget, how realistic it is, how the grant funds are to be used to offset expenses incurred (e.g., travel, registration, speaker fees), as well as provide strong justification for the requested amount and whether the conference or workshop can be offered without BEA funding.*

\$2,000	Speaker fee (2 hours at \$1,000 per hour) â€‘ To be covered by APA BEA funding
\$2,000	Speaker fee (2 hours at \$1,000 per hour) â€‘ Potential additional funding from external source

N/A                      Registration

N/A                      Travel

The full grant award would go toward fulfilling the above quoted speaker fee. Other workshop costs (e.g., registration, travel) have been eliminated by having event be held via Zoom. No other funding resources secured for this proposed workshop at this time.