

The APA Board of Educational Affairs (BEA)

**Award in Support of Conferences and Workshops  
on Graduate and Postgraduate Education and Training in Psychology  
Application**

**1. Title and Date(s) of the Conference or Workshop:**

Council of Clinical Health Psychology Training Programs (CCHPTP) Annual Mid-Winter Meeting

January 15-16, 2017, San Diego, CA

Conference Title: *Clinical Health Psychology Training in Program Development and Evaluation in Health Care Settings*

**2. Name(s) of group organizing the Conference or Workshop:**

Council of Clinical Health Psychology Training Programs (CCHPTP)

**3. Name, email, and phone number of contact person and organization for proposal and receiving funds if proposal is selected:**

- |                         |  |
|-------------------------|--|
| <b>a. Name:</b>         | Leslie Robinson, Ph.D. (incoming CCHPTP Chair) |
| <b>b. Organization:</b> | University of Memphis                          |
| <b>c. Email:</b>        | lrobinso@memphis.edu                           |
| <b>d. Phone:</b>        | 901-678-1667                                   |

***Proposals will be evaluated using the following criteria (please limit your response to 200 words for each of the following):***

- ***Goals and objectives***

*The clarity and nature of the conference or workshop goals and objectives and how they will enhance the training of faculty and supervisors of graduate students, interns, and/or postdoctoral fellows in psychology.*

This year's CCHPTP Mid-Winter meeting will focus on developing ***program development and evaluation*** competencies expected of health service psychologists (HSPs). This meeting takes a "train the trainers" approach with national experts training doctoral, internship and postdoctoral training program directors, who in turn, convey this information to training faculty and trainees (graduate students, practicum students, interns, and postdoctoral fellows).

The Health Service Psychology Education Collaborative (HSPEC) defined broader roles for HSPs in health care settings. They are not only critical consumers of psychological research but also able to conduct scientific research, especially practice-based outcomes research and program evaluation. Clinical health psychology (CHP) professional competencies for entry-level

practice emphasize research skills. The 2015 APA CoA accreditation standards for psychologists now indicate practice-based research skills as required competencies.

Specific conference objectives include providing conference participants an opportunity to (a) learn from national experts the core areas of competence needed for practice-based research skills to be used in program development and evaluation; and (b) discuss ways that training programs can enhance their curricula to reflect best practices in program evaluation and quality improvement, and (c) use this understanding to impact the training of faculty, interns, and post-doctoral residents at their respective training programs.

- **Leadership**

*The qualifications of the person(s) identified to plan and lead the conference or workshop, relative to the topic of focus. Included in the qualifications should be evidence of national or regional leadership (e.g., publication of scholarly works related to education and training, participation in past workshops, etc.).*

The conference co-chairs are Drs. Justin Nash and Leslie Robinson. The conference program committee includes the CCHPTP Board of Directors. The co-chairs and CCHPTP Board of Directors have all participated in multiple past CCHPTP Mid-Winter conferences, leading to the publication of over 10 peer reviewed articles and one book. These individuals include:

- Justin M. Nash, Ph.D., Brown University
- Sharon Berry, Ph.D., Children's Hospitals and Clinics of Minnesota
- Ann Hryshko-Mullen, Ph.D., Wilford Hall Medical Center
- Leslie A. Robinson, Ph.D., University of Memphis
- Barbara Cubic, Ph.D. Eastern Virginia Medical School
- Richard J. Seime, PhD, ABPP, LP, President, American Board of Clinical Health Psychology
- Donald R. Nicholas, PhD, Ball State University
- Mark Vogel, PhD, ABPP, Genesys Medical Education Department, Michigan State Univ.

The speakers identified to discuss these topics include APA staff and national content experts. The current list of anticipated speakers includes:

- Others to be announced.

- **Participants**

*The qualifications of conference or workshop participants relative to the topic of focus, including their potential for implementing outcomes of the conference or workshop toward enhancing graduate education.*

All training directors of doctoral, internship, and postdoctoral training programs in Clinical Health Psychology will be invited to attend and participate in the Mid-Winter Meeting via email announcements, newsletter advertisements, and posting via the CCHPTP and APA Society for Health Psychology (Division 38) list serves. All participants will be professional educators involved in doctoral, internship, and postdoctoral training. The train-the-trainers approach to this conference anticipates that all attendees will take new knowledge acquired for implementation in their respective training programs. The CCHPTP Mid-Winter meetings are effective forums for experts in clinical health training to disseminate the latest in clinical health training to the directors and faculty who develop and implement curricula at the doctoral,

internship, and postdoctoral levels.

- **Impact**

*The estimated or potential impact of the conference or workshop in terms of the diffusion of new ideas resulting from its outcomes in the education community appropriate to the proposal's focus.*

With its re-emergence, CCHPTP is increasingly serving as a single voice of graduate programs, internships, and post-doctoral fellowships in Clinical Health Psychology, influencing current directions in research, education, and practice. Previous CCHPTP conferences have produced landmark documents identifying and addressing competencies in Clinical Health Psychology (Nash & Larkin, 2012; Larkin, 2012; Nash, Khatri, Cubic, & Baird, 2013; McDaniels et al., 2014; Larkin & Klonoff, 2014).

The 2017 conference will include invited experts on interprofessional and interdisciplinary team-based care and an anticipated 40 training directors and their representatives in Clinical Health Psychology Training. Conference attendees, who are national leaders themselves, are fully informed about the current issues in the training of Clinical Health Psychologists and are capable of speaking directly to issues that will impact integrated healthcare training. The conference will serve as a forum where invited experts and attendees will address issues central to the training of Clinical Health Psychologists in integrated healthcare positions. Conference participants are in the unique position of not only contributing at the conference but also bringing back and disseminating what they learn to the faculty and trainees in their programs.

- **Budget**

*The clarity and completeness of the conference or workshop budget, how realistic it is, and how the grant funds are to be used to offset expenses incurred (e.g., travel, registration, speaker fees).*

The \$2,000 grant request will help in covering program costs. Travel expenses should be minimal since several presenters will already be in San Diego attending the CUDCP meeting.

Estimated expenses include:

Travel and lodging reimbursement for speakers:	\$3000
Travel and lodging for CCHPTP Board Members:	\$2600
Meal and food expenditures for conference participants (n = 40)	
Luncheon, Jan 15 (@ \$30/person)	\$1200
Breakfasts, Jan 15, 25 (@ \$15/person)	\$1200
Breaks, Jan 15, 16 (@ \$8/person)	\$ 640
Audio-visual equipment usage	\$ 450
Conference planning	\$1700
<u>Registration and financial reports</u>	<u>\$ 800</u>
Total Expenses	\$11,590

Covering the entire cost of the conference through registration fees and assuming a total conference attendance of 40 Clinical Health Psychologists results in a \$290 per person registration fee. The Board of Directors of CCHPTP believes this cost is too high for a two day conference and would likely prohibit a number of individuals from attending. Our goal is to set

the registration fee around \$100 and pursue funds from agencies supportive of educational initiatives in Clinical Health Psychology, like BEA, to cover the remaining amount. CCHPTP currently has limited financial resources to support this conference.

### References

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