

### Conference or workshop summary

Conference or workshop name:

Conference or workshop date:

**Training Psychologists in Developing Competency in Provision of Supervision in Cognitive Behavioral Therapy**

**03/15/2024**

Please list all sponsoring organizations (if applicable) for this conference or workshop. Click on "add another response" to add multiple sponsoring organizations.

Sponsoring organization:

**St. John's University**

### Conference or workshop details

Goals and objectiveThe clarity and nature of the conference or workshop goals and objectives and how they will enhance the training of faculty and supervisors of graduate students, interns, and/or postdoctoral fellows in psychology:

**Clinical supervision has long been considered to be an essential component to the professional development of mental health providers. Competence in clinical supervision of psychotherapy is recognized as a distinct professional skill that requires specific education and training (Falender, 2018). Relative to training in other areas of psychotherapy (i.e., diagnostic assessment, clinical interventions) clinical supervision is not consistently addressed in the research or the training curricula (Falender, 2018). The APA (APA, 2019) and the ASPPB have provided guidelines for supervision competencies within health service psychology and offered a model for both education and training on competency-based supervision (APA, 2015). The aim of this conference is to train graduate students, interns, and psychologists who either receive or provide supervision or plan to do so to**  
**implement an evidence-based assessment and intervention practice for developing competency in CBT supervision. This conference will utilize technology and provide resources for continuing education/feedback after the conference conclusion for one year. The didactic, Multimedia, and hands-on Modeling of supervisory competencies and training will inform the science and clinical practice on competency in CBT supervision. The potential benefits of a continued, distance learning training program for supervisors to receive consultation and improve knowledge and supervisory efficacy will be the first of its kind.**

Leadership- The qualifications of the person(s) identified to plan and lead the event, relative to the topic of focus. Included in the qualifications should be evidence of national or regional leadership (e.g., publication of relevant scholarly works, participation in past workshops, etc.):

**Dr. Mark Terjesen is a professor in the department of psychology at St. John's University (STJ). Dr. Terjesen has trained and supervised doctoral students and has recently published an edited book on supervision: Handbook of Training and Supervision in Cognitive Behavioral Therapy. He has studied, published, and presented at numerous national and international conferences on topics related to training and clinical work with children, adolescents, and families. He has trained many professionals internationally in the use of Rational Emotive Behavior Therapy (REBT) and cognitive-behavioral practices with children and families. He has overseen the departments colloquia series of invited speakers and has organized two professional development conferences a year since 2004 with attendance of approximately 125 participants at each conference. Dr. Terjesen received a BEA grant in 2017 for Training Psychologists in Behavioral Sleep Interventions for Youth. As to his administrative/ leadership history, he has served as the President of the Trainers of School Psychologists (2009-2010), has twice been the School Division President of the New York State Psychological Association (NYSPA), has served as the convention chairperson for Division 1 (General Psychology) of APA and has served as co-chair and chair for the Division 52 (International) conference planning. Within the APA, he was President for Division 52 and the Treasurer for Division 16. He is presently a Fellow of the APA.**

Participants- The qualifications of conference or workshop participants relative to the topic of focus, including their potential for implementing outcomes of the conference or workshop toward enhancing graduate education):

**This conference will be offered to Directors of Doctoral Programs in Applied Psychology, Internship/Post-Doctoral training coordinators, Psychologists, Educators, Researchers, School Psychologists, Social Workers, Mental Health Counselors, School Administrators, and other health professionals interested in these topics. Registration will be limited to 150 participants to allow for greater opportunities for communication, collaboration, and small group interaction. As part of the registration process, participants will be asked to indicate how they expect to implement aspects of the conference in their teaching, research, and clinical practice. It is our expectation that 50 registration slots will be reserved for university training faculty and internship/post-doctoral training coordinators. We also aim to reserve 25 slots for international participants who can attend the conference virtually.**

Impact- The estimated or potential impact of the conference or workshop in terms of the diffusion of new ideas resulting from its outcomes in the education community appropriate

to the proposal's focus:

**The projected impact on the diffusion of new ideas and approaches from this conference will be quite significant both in terms of increasing knowledge of attendees but also benefitting the students/supervisees with whom they work. The conference will allow for considerable hands-on approaches and provision of materials to guide instructional practice for University and internship supervisors, development of collaborative scientific research approaches, and an enhanced approach to guide clinical supervisory practice and measure the effectiveness of supervision. A portion of the revenue generated from the conference will be used to provide grant support to research projects or community interventions to further influence the educational and professional community. Further, the development of a web-based community to allow for sharing of information and provision of additional educational, clinical, and research based webinars will be supported to further enhance the dissemination of the work of the conference.**

Budget- The clarity and completeness of the conference or workshop budget, how realistic it is, how the grant funds are to be used to offset expenses incurred (e.g., travel, registration, speaker fees), as well as provide strong justification for the requested amount and whether the conference or workshop can be offered without BEA funding:

**Support from the BEA is requested to allow for inviting qualified and influential speakers which will enhance the stated outcomes of the conference. The primary funds from the BEA grant would be used to offset costs for the speakers and their travel (\$3750), the conference companion documents (\$250), the CE sponsorship fee (\$525), the ZOOM account for the conference (\$125) and hosting of the continuing education interactive conference content (videos, shared documents to develop a community of collaboration) page (\$500) for one year as well as a stipend for a graduate student to assist (\$750). These total costs (\$5900) will be shared with the University covering \$3000. The amount asked from BEA is \$2900. STJ will be contributing many resources (space, technology) in-kind. Although the conference can be offered without BEA funding, BEA support will enable us to expand the size of the training and allow us to increase equity and inclusion of participants. We would like to provide reduced conference registration costs for for some attendees who will require additional support (e.g., graduate students; psychologists/supervisors from typically underrepresented areas). The global pandemic reduced institutional support for conference travel/attendance and our current level of funding limits how many participants can send a representative due to the lack of financial means to do so. BEA funding would allow for reduced costs for these programs.**