

Conference or workshop summary

Conference or workshop name:

How to Effectively Engage in Integrated Care Within Rural Populations

Conference or workshop date:

04/23/2023

Please list all sponsoring organizations (if applicable) for this conference or workshop. Click on "add another response" to add multiple sponsoring organizations.

Sponsoring organization:

Compass Health Network, Missouri Psychological Association

Conference or workshop details

Goals and objective: The clarity and nature of the conference or workshop goals and objectives and how they will enhance the training of faculty and supervisors of graduate students, interns, and/or postdoctoral fellows in psychology:

According to the CDC, rural Americans are more likely to die from heart disease, cancer, unintentional injury, chronic lower respiratory disease, stroke, and suicide than their urban counterparts. Unintentional injury deaths are approximately 50 percent higher in rural areas than in urban areas, partly due to greater risk of death from motor vehicle crashes and opioid overdoses. Culturally informed integrated physical and behavioral health care has been found to play a critical role in addressing this crisis. Excellence in delivering these services can be hard given the limited resources and many obstacles faced by rural healthcare compared to their urban counterparts. The goal of the workshop is to provide supervisors and trainees a comprehensive understanding of the role behavioral health providers have in delivering integrated care services. The training will discuss, in an interactive format, how to assess and problem-solve the clinical,

communication, and systems issues most often faced in a rural setting. At its conclusion, the workshop should provide a deeper understanding of the essential components of effective culturally sensitive integrated care. The emphasis of the workshop is on the practical (i.e., how-to). The workshop will be held virtually, with the possibility of an in-person component. This decision will be decided based on supervisor and trainee desires and the state's current issues with the pandemic.

Leadership: The qualifications of the person(s) identified to plan and lead the event, relative to the topic of focus. Included in the qualifications should be evidence of national or regional leadership (e.g., publication of relevant scholarly works, participation in past workshops, etc.):

Chuck Hollister, PhD, CEO, Missouri Psychological Association (MOPA), long-term integrated care champion, presented multiple times at APA, has presented with Dr. Arthur Evans and with Advocacy Chief Katherine McGuire, appointed to two State of Missouri task forces on re-designing Medicaid, championed passage of the Health and Behavior Codes and reimbursement of interns under Medicaid. Michaela Muehlbach, PsyD, Deputy Chief Clinical Officer of Outpatient and Psychological Services at Compass Health Network, Missouri's largest primary care provider of rural behavioral healthcare services, President-Elect for MOPA, serves on integration committees at both MOPA and Compass Health Network, has a monthly online discussion group on integrated care. Paul Korte, PhD, President-elect for APA's Division 31. An integrated care specialist in a large primary care setting for over ten years, he led Division 31's Integrated Care Task Force and assisted APA's Advocacy Office with promoting legislation with Congress that protects the role of behavioral health providers in primary care. Rural healthcare advocate. Amy Beck, PhD, clinical professor in a large hospital integrated care setting providing pediatric obesity services. First Black woman to be named full professor at her institution in over 100 years. She is MOPA's Diversity Officer. MOPA's upcoming legislative chair --- first woman and first person of color to be named to this position. Additional speakers are likely to be invited.

Participants: The qualifications of conference or workshop participants relative to the topic of focus, including their potential for implementing outcomes of the conference or workshop toward enhancing graduate education):

The conference will be offered to supervisors and trainees who are currently working in (or likely to work in) integrated care settings. The purpose of this conference is to improve attendee's understanding of the importance of integration, Equity/Diversity/Inclusion (EDI) correlates, and to teach and encourage practical, concrete ways to guarantee implementation of this knowledge. The event will be presented virtually, with the possible option for in-person attendance. The expected audience is approximately thirty to fifty, which will allow for increased communication, collaboration, and small group interaction. Recruitment of participants is made easier by the involvement of Compass and MOPA as sponsoring organizations. Compass Health is the largest community behavioral health system in Missouri, the state's largest primary provider of rural behavioral healthcare services, and host of the state's largest psychology internship program, most of whom are placed in rural settings. The Missouri Psychological Association, winner of Division 31's outstanding psychological association for 2019 and a champion for integrated care, is very active in the intern community. Both groups plan to do follow-up work to help solidify gains made by workshop participation.

Impact: The estimated or potential impact of the conference or workshop in terms of the diffusion of new ideas resulting from its outcomes in the education community appropriate to the proposal's focus:

It is expected that both supervisors and trainees will improve their understanding of what patient-focused, culturally sensitive integrated care requires from providers and healthcare systems in a manner that is practical and appropriate for rural healthcare settings. In simple terms, we expect this training to lead to better patient services and outcomes by those involved in the training, and to have a cascading effect on those in the attendees' provider communities. Compass and MOPA are well positioned to help reinforce what attendees have gained from attending the workshop.

Budget: The clarity and completeness of the conference or workshop budget, how realistic it is, how the grant funds are to be used to offset expenses incurred (e.g., travel, registration, speaker fees), as well as provide strong justification for the requested amount and whether the conference or workshop can be offered without BEA funding:

We are requesting \$2,000. All funds will be used for speaker fees. Compass will provide any needed space and will host the virtual event. Budgets are extremely tight for both Compass and MOPA, but they will raise the funds for any needed food or refreshments.