
BEA Award in Support of Conferences and Workshop

2018

Grant ID: 71825

Workshop or Conference name: Enhancing the Evidence Base for Clinical Training: A Research Workshop for Program DCTs

Sponsoring Organization: Council of University Directors of Clinical Psychology (CUDCP), Training and Education in Professional Psychology (Journal),

Contact Name: Jennifer Callahan, PhD

Goals and objectives

The clarity and nature of the conference or workshop goals and objectives and how they will enhance the training of faculty and supervisors of graduate students, interns, and/or postdoctoral fellows in psychology.

The Council of University Directors of Clinical Psychology (“CUDCP”) is comprised of the 170+ scientist-practitioner and clinical science doctoral programs in clinical psychology. The purpose of CUDCP is to promote the advancement of the highest standards of graduate education within the field of clinical psychology. CUDCP member programs routinely engage in extensive tracking of proximal and distal outcomes among their doctoral trainees, as well as major milestones and outcomes associated with faculty and program goals. Those program evaluation efforts are, to a large extent, documented during annual reports online to the accrediting body or within self-studies submitted at the time accreditation/accreditation renewal. Yet, it is our observation that contributions to the science of training stemming from program self-studies are exceedingly rare. We therefore propose a Research Workshop to be held in conjunction with the next CUDCP Midwinter Meeting. The workshop would aim to (1) provide workshop participants with the requisite knowledge and resources to secure IRB approval for research use of their annual report and self-study data, (2) develop research questions that could be addressed from existing program self-study data, and (3) identify features that improve fit and competitiveness for publication in a peer-reviewed journal.

Leadership

The qualifications of the person(s) identified to plan and lead the conference or workshop, relative to the topic of focus. Included in the qualifications should be evidence of national or regional leadership (e.g., publication of scholarly works related to education and training, participation in past workshops, etc.).

The workshop will be led by Jennifer Callahan, a current member of the CUDCP Board and Chair of the Committee on the Science of Training. Dr. Callahan is Professor of Psychology and Director of Clinical Training at the University of North Texas, where she directs the Evidence-based Training and Competencies Research Lab. She has been awarded grants from the American Psychological Foundation (Division 17; Counseling Psychology) as well as the Association of Psychology Postdoctoral and Internship Centers (APPIC) to facilitate her work on assessment of clinician competencies. Dr. Callahan was also co-PI on a Norine Johnson Psychotherapy Research Grant (Division 29; Society for the Advancement of Psychotherapy) for work on improving psychotherapist effectiveness. Dr. Callahan has authored more than 100 publications and her work has been recognized with the Distinguished Publication of Psychotherapy Research (2012) and Outstanding Publication in Training and Education in Professional Psychology (2014; 2018). She is the current Editor-in-

Chief for the Journal of Psychotherapy Integration. She is also an Associate Editor for the journal Training and Education in Professional Psychology and a Consulting Editor for the journals Psychotherapy and Practice Innovations. She is board certified in Clinical Psychology, a Fellow of the American Psychological Association (APA Division 29; Society for the Advancement of Psychotherapy), and President-elect of APA Division 29.

Participants

The qualifications of conference or workshop participants relative to the topic of focus, including their potential for implementing outcomes of the conference or workshop toward enhancing graduate education.

Participation in the CUDCP Research Workshop will be restricted to Member Representatives of CUDCP member programs to ensure that all participants are adequately qualified to implement the intended outcomes of the Research Workshop. Only clinical psychology programs at regionally accredited, comprehensive universities in the United States and Canada that offer graduate training programs compatible with a scientist-practitioner model (or related models such as the “clinical scientist” model) at the doctoral level are eligible for membership in CUDCP. To be admitted as a member, a clinical program must have a history of producing clinical psychology PhD (or equivalent) students using the scientist-practitioner or clinical scientist training model. The Director of Clinical Training (“DCT”) (or the faculty member with an equivalent position and title) from a member program serves as the member’s representative (each a “Member Representative”) in any meeting or other business of CUDCP. The Member Representative typically carries primary responsibility for the program’s annual reporting and self-study duties associated with attaining or maintaining accreditation. Taken together, designation as a Member Representative to CUDCP provides assurance of sufficient qualification for the success in the Research Workshop.

Impact

The estimated or potential impact of the conference or workshop in terms of the diffusion of new ideas resulting from its outcomes in the education community appropriate to the proposal’s focus.

The primary goal of the CUDCP Research Workshop is to increase the conduct and dissemination of empirical research concerning the science of training in health services psychology. To gauge impact, we will stay in touch with Research Workshop participants and keep a tally of how many participants go on to publish work resulting, directly or indirectly, from their participation in the CUDCP Research Workshop. Research stemming from these self-studies could create additional opportunities for collaborative future endeavors among participants and create opportunities to build upon the work of others moving forward (LaBoskey, 2006). As noted in the broader educational literature by Zeicher (2007), building an empirical literature such as this could infuse important insights into the knowledge-base of our field and then shape decisions concerning the training of health services psychologists in the future.

Budget

The clarity and completeness of the conference or workshop budget, how realistic it is, and how the grant funds are to be used to offset expenses incurred (e.g., travel, registration, speaker fees).

We request \$1800 for participant research expenses (\$200 per participant) as well as \$200 for refreshments to support the Research Workshop. The expectation of the Research Workshop is that participants will transform their self-study data into submission ready manuscripts for consideration of publication in a peer-reviewed journal. Completion of that goal will require sustained time and resources (e.g., assistance with data entry) in the weeks following completion of the Research Workshop. To contain costs, we propose that the Research Workshop be held in conjunction with the annual CUDCP Midwinter Meeting (MWM). The Research Workshop would be scheduled at a time that does not compete with MWM programming but draws upon space already secured by CUDCP for the MWM. The leadership of the Research Workshop will be in attendance for the MWM already and, therefore, require no financial support. Leadership is further committed to providing on-going pro bono assistance to participants for a period of 1-year following their participation in the Research Workshop. As part of the membership agreement, CUDCP member programs have secured assurance from their local administrators that they will pay costs associated with having their Director of Clinical Training (DCT) attend the annual CUDCP MWM (i.e., airfare, hotel expenses, registration fees). No additional registration fee will be required for the Research Workshop.