

Title and Date(s) of the Conference or Workshop:

Mental Health in the Filipino American Community: Working Together as Educators, Researchers, and Practitioners

2. Name(s) of group organizing the Conference or Workshop:

Division on Filipino Americans, Asian American Psychological Association

3. Name, email, phone number, and organization of a single contact person. This will be the contact for all the correspondence regarding your submission.

- a. **Name:** Krista M. Chronister
- b. **Organization:** University of Oregon, College of Education
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Goals and Objectives

The clarity and nature of the conference or workshop goals and objectives and how they will enhance the training of faculty and supervisors of graduate students, interns and/or postdoctoral fellows in psychology.

The primary goals of this conference are to bring together educators, researchers, and practitioners who are working with Filipino American children, adults, and families across diverse contexts to (a) share evidence-based information about what are the most significant mental health risks facing this community currently, (b) detail promising and evidence-based practices that are being implemented with this community and show promise for the prevention and amelioration of mental health risks, and (c) identify culture-specific resiliencies that educators, researchers, and practitioners are using to maximize the social and economic contributions of Filipino American individuals and their communities. Pursuit of these goals will enhance the training of faculty, supervisors, interns, and postdoctoral fellows because it will expose attendees to evidence-based information that few have been exposed to during their graduate training or post-graduate professional development activities. Moreover, conference presenters will be selected because of their wealth of research and/or applied experience across educational, community, and institutional contexts with Filipino Americans, and in turn, will be able to present advanced, detailed, and applied information and field a variety of conference participants' questions about how to improve the mental health outcomes of a seriously underrepresented community in our scholarly literature, Filipino Americans.

Leadership

The qualifications of the person(s) identified to plan and lead the conference or workshop, relative to the topic of focus. Included in the qualifications should be evidence of national or regional leadership (e.g., publication of scholarly works related to education and training, participation in past workshops, etc.)

Krista Chronister is qualified to lead this conference based on her consistent, long-term leadership in the Division on Filipino Americans and the Asian American Psychological Association; the quality and content of her scholarly work devoted to working collaboratively

with educators and social service providers to serve families affected by partner violence; and the numerous regional and national award recognitions that she has received for mentoring students in her community-based intervention scholarship. Krista continues to demonstrate her leadership skills across numerous settings. She is a founding member of the Division on Filipino Americans (DoFA) and has served as a DoFA executive committee member ever since the Division's inception (i.e., Scholarship Committee, Membership Coordinator, Co-Chair). She also served as the Treasurer for the Asian American Psychological Association (AAPA) and serves currently as the Associate Dean for Academic Affairs and Equity for the College of Education, University of Oregon. She has devoted her scholarly, teaching, and service activities to advancing the well-being and educational access of Asian Americans, Pacific Islanders, and members of other underrepresented communities. She has excelled as a leader in each of these areas and there is no doubt that she will lead DoFA to host yet another noteworthy DoFA conference.

Participants

The qualifications of conference or workshop participants relative to the topic of focus, including their potential for implementing outcomes of the conference or workshop toward enhancing graduate education.

Our confirmed participants include Drs. Kevin Nadal, Alicia del-Prado, Alvin Alvarez and Allyson Tintiangco-Cubales. These are exemplary scholars. We are waiting for confirmation from participants from the private-practice and social service sectors. Dr. Nadal is an internationally-recognized leading scholar in the area of Filipino-American mental health and has received numerous national scholar and activist awards. He has written two books on Filipino-American health (one in press) and served as keynote at scores of national and international conferences. He is also a founding member of DoFA and current AAPA President. Dr. Alvarez is a Dean at San Francisco State University and has written extensively on Asian American racial identity development, experiences of racism, and health. He is an accomplished and respected educator, community activist, and collaborator and incoming President of APA Division 45. Dr. del-Prado is the only scholar studying currently Filipino multiracial identity development. She has served previously as DoFA Co-Chair and founded the AAPA Division on Asian Americans with Multiple Heritages. Dr. Tintiangco-Cubales has written extensively on Asian American identity development and well-being during her early career. Collectively, these scholars provide an impressive foundation of participants who will provide advanced theoretical and empirical training on Filipino Americans mental health.

Impact

The estimated or potential impact of the conference or workshop in terms of the diffusion of new ideas resulting from its outcomes in the education community appropriate to the proposal's focus.

Filipinos now represent the fourth largest immigration group in the US. And yet, Filipino Americans are commonly excluded from the usual black-and-white discussion on race relations and are almost always overlooked in the discussion on immigration despite having an estimated one million undocumented Filipinos in the US. Despite being categorized as being a part of the Asian race, culturally, Filipino Americans have a more similar shared experience with Latinos. And US military presence in the Philippines since 1900 has resulted in a unique colonial

mentality that has permeated Filipino American psychology. Now, more than ever, there is a need for a conference to better understand and serve this growing community and their unique needs. There are many Filipino American educators, researchers, and practitioners that have worked to unpack issues of colonial mentality, microaggressions, and ethnic identity development. Our conference focused on Filipino American mental health aims to bring together these pioneers to engage in conversations and exchange ideas. The impact of this conference has enormous potential for culturally-informed interventions, emerging research findings and theories to be disseminated to a wide range of professionals who share the vision of uplifting the Filipino American community to reach their full potential.

Budget

The clarity and completeness of the conference or workshop budget, how realistic it is, and how the grant funds are to be used to offset expenses incurred (e.g., travel, registration, speaker fees).

The primary DoFA conference expenses are for room fees where we will hold all conference activities; marketing for the conference, and breakfast and snacks that we will provide for conference participants. We are taking several steps to offset these expenses. (1) All of the conference is organized by DoFA leader volunteers. (2) The conference will be held at San Francisco State University where Dr. Alvin Alvarez serves as Dean for the College of Health and Social Sciences. Dr. Alvarez has negotiated a lower room rate for the conference. (3) We are having attendees get lunch on their own instead of providing a catered lunch. (4) We are currently seeking donations from post-secondary institutions and community organizations. We are distributing donor letters starting in September. We have already secured a \$500 donation from the University of Oregon, College of Education. (5) We will sell advertising space in the conference program booklet. (6) We continue to strategize about discrete fundraising opportunities in which DoFA can engage and plan to collaborate with a community agency/vendor to identify a fundraising opportunity that will benefit the agency/vendor and DoFA.

The following are the primary conference expenses for which we seek funds.

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| Room fees @ San Francisco State University (SFSU) | \$1300 |
| Conference Marketing/ Printing | \$250 |
| Breakfast and Snacks by SFSU Catering | \$700 |