
**BEA Award in Support of Conferences and Workshop
2019**

Grant ID: 84065

Workshop or Conference name: The Hidden Addiction: Treatment Approaches for Gambling Disorder

Sponsoring Organization: University of Nevada, Las Vegas, Partnership for Research, Assessment, Counseling, Therapy & Innovative Clinical Education (aka The PRACTICE: A UNLV Community Mental Health Clinic),

Contact Name: Michelle Paul, PhD

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Goals and objectives

The clarity and nature of the conference or workshop goals and objectives and how they will enhance the training of faculty and supervisors of graduate students, interns, and/or postdoctoral fellows in psychology.

Nevada is in a mental health crisis. According to Mental Health America's 2019 report, Nevada ranks 51st among the states and DC in overall access to care despite a high prevalence of mental disorders. Indeed, large gaps exist with respect to effectively treating complex mental health issues, particularly in regards to gambling or other addictive behaviors, which have hit Nevada especially hard. The need to support mental and behavioral health access and work force development has never been greater in Nevada. The PRACTICE, a university-based interdisciplinary mental health training clinic, serves our community. We aim to be a center of excellence disseminating best practices through our network of alumni, training partners, including 20+ psychology practicum sites, three newly APA accredited internships, and an increasing number of postdoctoral programs including one at the PRACTICE. In this context, this conference aims to take advantage of our network to train psychologists and other mental health clinicians in the Las Vegas catchment area. Specifically, the goals of the proposed conference include: (a) understand diagnostic criteria for gambling disorder and different clinical presentations in diverse clientele, (b) develop understanding of relevant assessment and treatment approaches for gambling disorder, and (c) provide guidelines for providing multicultural treatments for gambling disorder when working with diverse populations living in the Las Vegas community.

Leadership

The qualifications of the person(s) identified to plan and lead the conference or workshop, relative to the topic of focus. Included in the qualifications should be evidence of national or regional leadership (e.g., publication of scholarly works related to education and training, participation in past workshops, etc.).

Dr. Michelle Paul: Expertise in work-force development for conference planning. Professor In Residence, UNLV; Associate DCT, UNLV accredited ClinPsych Ph.D. program; and Director of the PRACTICE, winner of APTC's 2019 Innovative Clinic Award for its next-generation training model. She is a liaison to the professional psychologist community; and has engaged in professional service (Nevada Psych. Assoc. President and Legislative Committee Chair). Her advocacy was instrumental in securing Medicaid reimbursement for services provided by supervised doctoral practicum trainees. She served the state licensing board (2011- 2019, Pres. for 3) and sits on the ASPPB Licensure Mobility Committee. Dr. Shane W Kraus provides content expertise. He is an Assistant Prof. of Psychology at UNLV. He studies sexual trauma, substance use disorders, gambling disorder, and compulsive sexual behavior disorder. He has published over 70 scholarly publications on the topics of gambling, sexual behavior, and trauma. In 2016, he founded the Behavioral Addictions Clinic, Edith Nourse Rogers Memorial Veterans Hospital which currently specializes in treating US military veterans for problem gambling and other behavioral addictions. As a clinical psychologist, he has given over 20 clinical

trainings/workshops in the US and Europe specific to behavioral addictions and given over 80 academic presentations. He is a Consultant and Research Collaborator with the VISN 1 New England MIRECC at the VA.

Participants

The qualifications of conference or workshop participants relative to the topic of focus, including their potential for implementing outcomes of the conference or workshop toward enhancing graduate education.

This conference will be offered to psychology faculty, practicum site supervisors, internship/postdoctoral training coordinators, researchers, community psychologists social workers, mental health counselors, marriage and family therapists, certified problem gambling counselors and other interested health professionals. Registration will be limited to 100 participants to allow for greater opportunities for communication, collaboration, and small group interaction. The workshop will focus on fostering clinical skills (assessment, psychotherapy) for the treatment of gambling disorder. It is our intention to reserve 50 registration slots for university training faculty, adjunct practicum clinical supervisors and internship/postdoctoral training coordinators. The PRACTICE serves as the primary training hub for Las Vegas. The target audience will be chosen for their commitment to and involvement in training current and future trainees, interns, and postdocs.

Impact

The estimated or potential impact of the conference or workshop in terms of the diffusion of new ideas resulting from its outcomes in the education community appropriate to the proposal's focus.

The proposed workshop will have a significant impact on raising awareness of gambling disorder among mental health clinicians working in Nevada. Sadly, many mental health clinicians are inadequately trained in addiction, and current gaps in mental health training are significant barriers for care for problem gamblers. Our proposed workshop will foster evidence-based approaches (cognitive-behavioral therapy, mindfulness-based approaches) designed to treat clients with gambling disorder and other co-occurring problems (e.g., depression, alcohol use, trauma-related disorders). Protocols and screening approaches have been tested by Dr. Kraus with support of the Behavioral Addictions Clinic. Attendees will leave the workshop with the skills and tools needed for treating diverse clients with gambling disorder. All attendees will also have access to ongoing support and consultant through the PRACTICE.

Budget

The clarity and completeness of the conference or workshop budget, how realistic it is, and how the grant funds are to be used to offset expenses incurred (e.g., travel, registration, speaker fees).

The PRACTICE has financial reserves and has secured in-kind donations from UNLV. These will cover most training expenses. However, food costs are an obstacle. We are requesting \$2,500 to cover food costs. This support will offset the costs of free registrations for our target audience, allow the program to attract the most attendees, and keep attendees on site to maximize productivity and engagement. We will also be able to lower the cost of registration for others to suggested donations which will go to keep the training clinic's doors open through summer months when students do not typically have funding (e.g. support summer training scholarships). Covered by The PRACTICE or University of Nevada, Las Vegas: Invited Speakers In kind Administrative support In kind Advertising In kind Printing (handouts) In kind Meeting Room (120 capacity) \$250 Audio Visual/with technician \$240 Projection Screen \$50 Furniture and Meeting Supplies/Lectern \$50 Requested from BEA: Food (simple continental breakfast, box lunch, afternoon snack) 24.89/person \$2,489.00