

What is the ICD and Why Should Psychologists Care?

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AMERICAN PSYCHOLOGICAL ASSOCIATION

Presentation Overview

- What is the International Classification of Diseases (ICD)?
- Who developed the ICD?
- Who uses the ICD?
- Do we use the ICD in the United States?
- Why is the ICD relevant to practicing psychologists?
- Where can psychologists get more information?
- What is APA's involvement in the current revision of the Mental and Behavioral Disorders Chapter of the ICD-10?



World Health Organization



- Specialized agency of UN established in 1948
- Mission of WHO is the attainment by all peoples of the highest possible level of health
- From WHO's inception, health has explicitly included mental health
- **Health classifications are core constitutional responsibility of WHO, ratified by treaty with 193 member countries**

Purposes of the International Classification of Diseases (ICD)

By international treaty, 194 WHO Member States agree to use ICD as standard for collection and reporting of health information

Why?

- ⊙ To monitor epidemics/threats to public health/disease burden
- ⊙ To identify vulnerable/at risk populations
- ⊙ To define obligations of WHO Member States to provide free or subsidized health care to their populations
- ⊙ To facilitate access to appropriate health care services
- ⊙ As a basis for guidelines for care and standards of practice
- ⊙ To facilitate research into more effective treatments

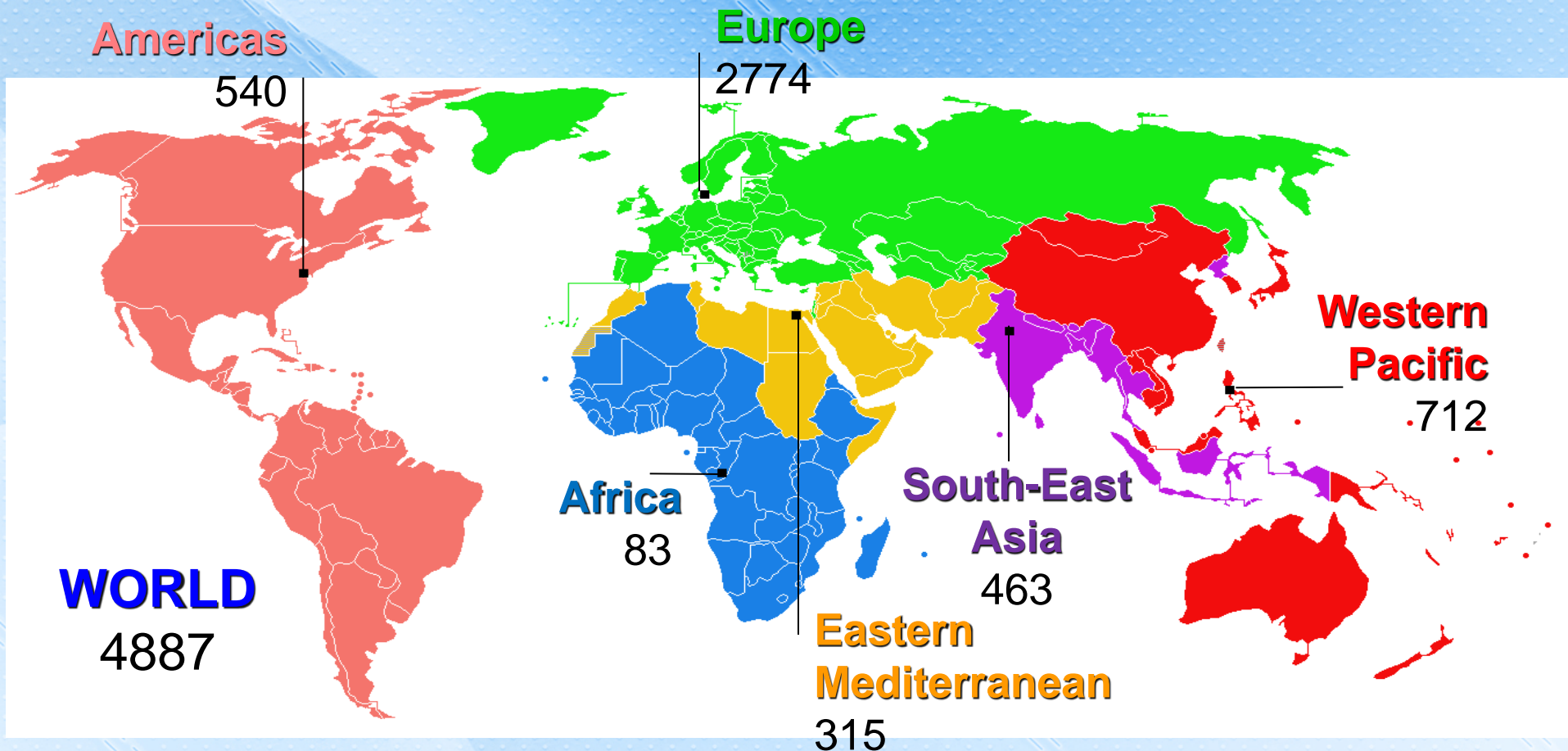
ICD-10 is the Current Version

- ⊙ ICD-10 completed in 1990
- ⊙ Free with open public access:
<http://www.who.int/classifications/icd/icdonlineversions/en/>
- ⊙ Addresses all diseases:
 - Infectious Diseases
 - Neoplasms
 - Blood and immune disorders
 - Endocrine disorders
 - **Mental and Behavioral Disorders**
 - Nervous System Disorders
 - Eye Diseases
 - Ear Diseases
 - Circulatory System Disorders
 - Respiratory Diseases
 - Digestive System Disorders
 - Skin Diseases
 - Musculoskeletal Disorders





Who Uses the ICD: Study of 4887 Participating Psychiatrists



Reed et al, World Psychiatry 2011



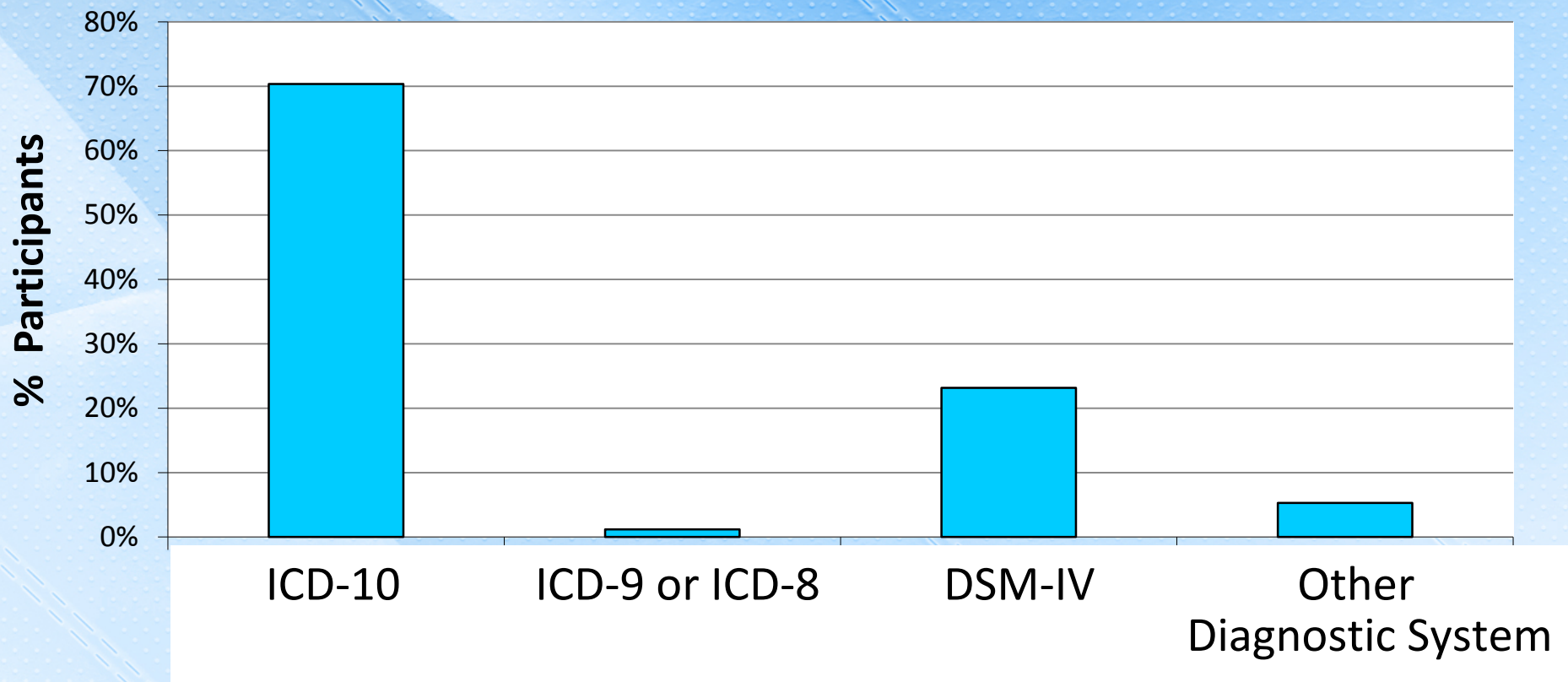
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Classification System Most Used

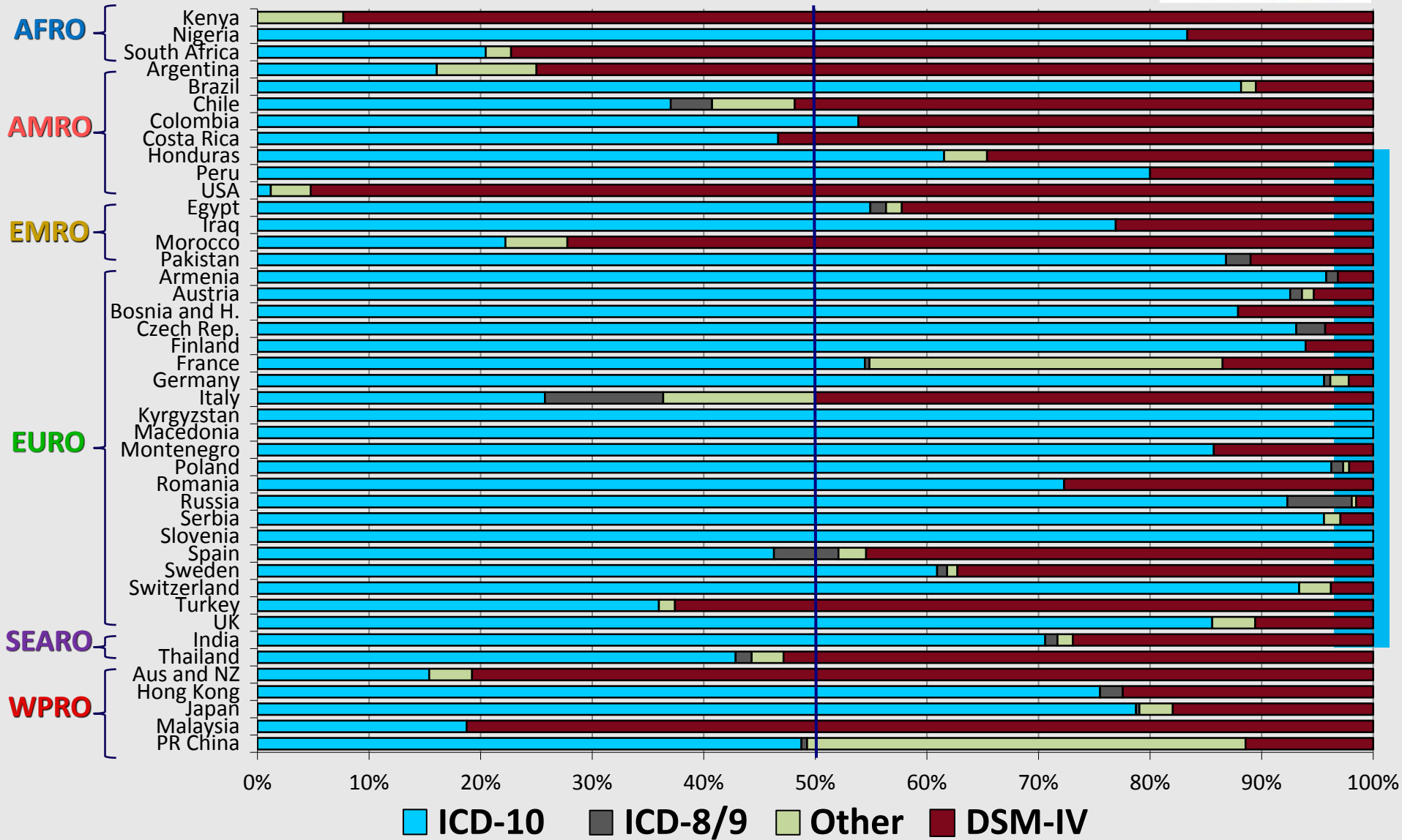


Q8 - 'In your day-to-day clinical work, which classification system for mental disorders do you use most?'





Classification Most Used by Country



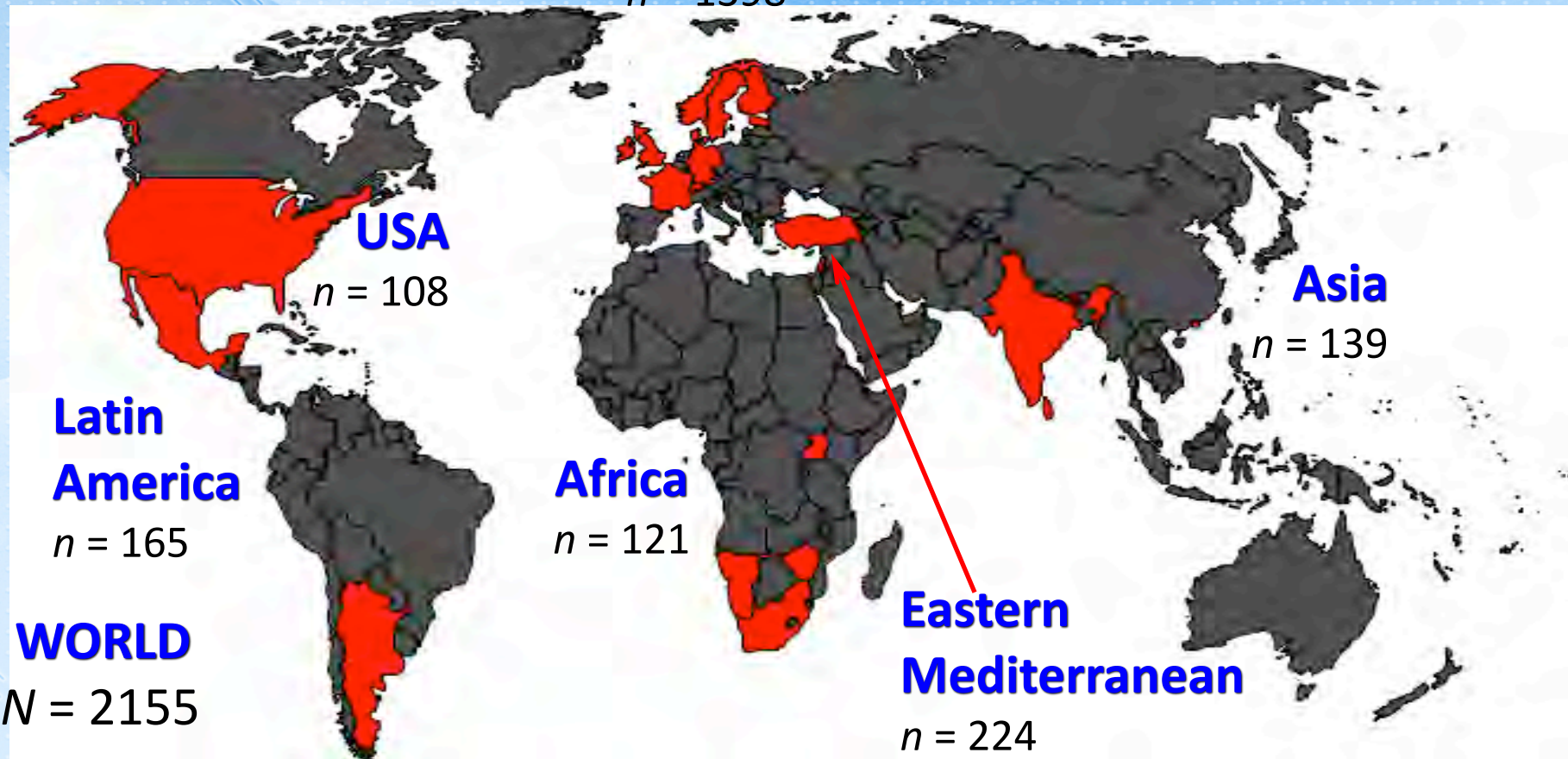


Who Uses the ICD: 2155 Participating Psychologists



Europe

$n = 1398$

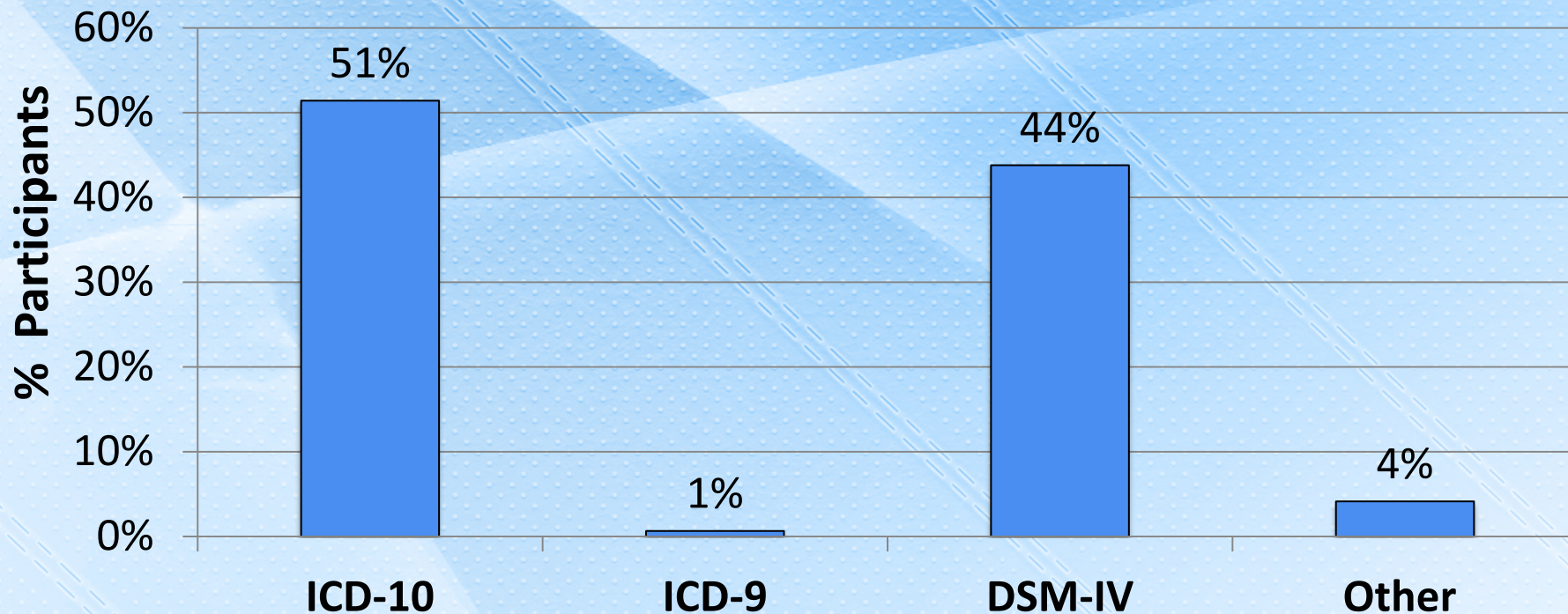




Classification System Most Used

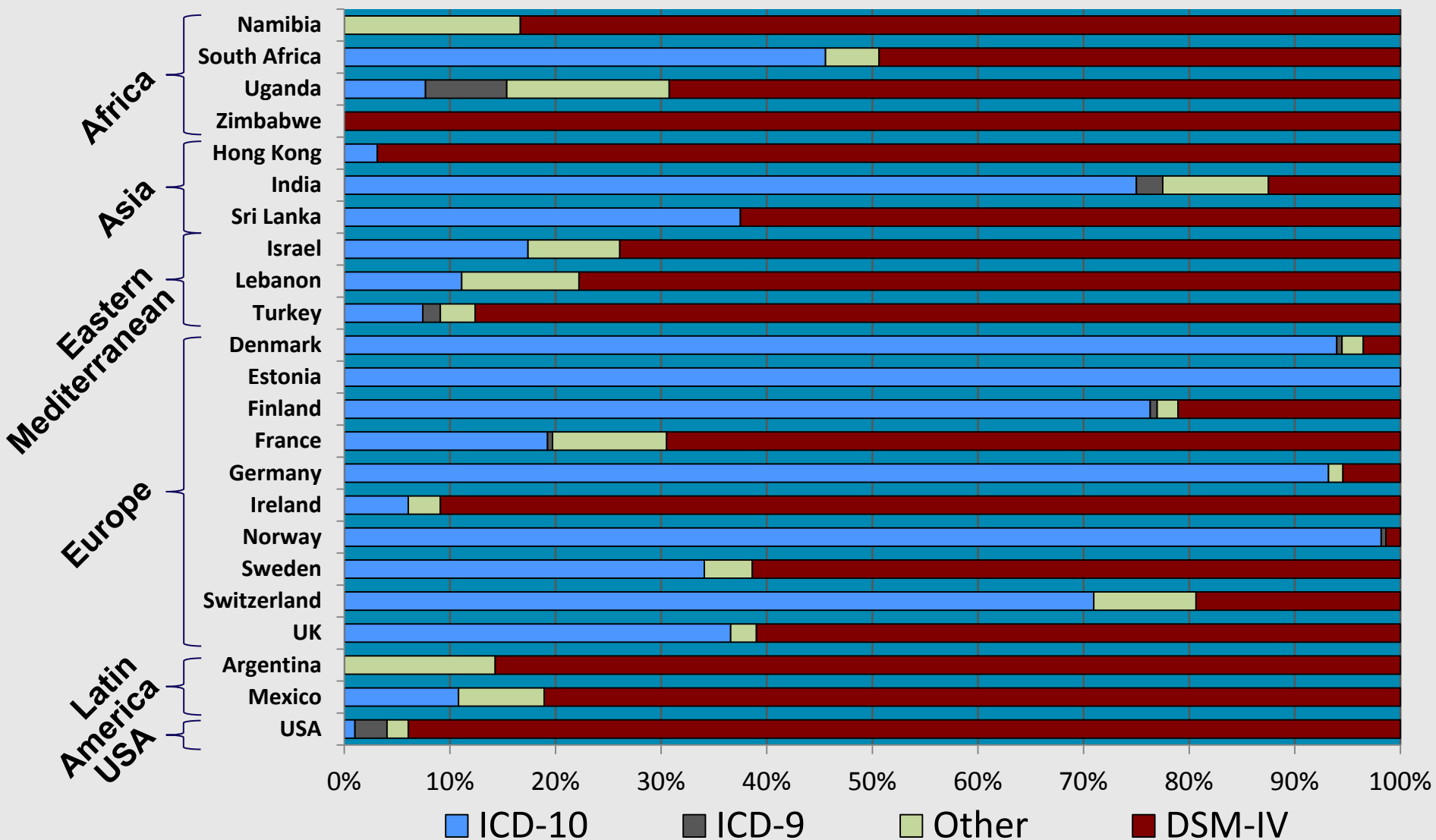


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classification system for mental disorders do you
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Classification System Most Used by Country



US Currently Uses the ICD-9 CM but is Switching to the ICD-10 CM on Oct 1 2014

- ◎ ICD is currently the required diagnostic system used by HIPAA and the US federal government
- ◎ The DSM is not required
- ◎ In fact, DSM diagnoses are cross-walked to the ICD
<http://www.apapracticecentral.org/reimbursement/billing/icd-9-cm.aspx>
- ◎ You don't have to use the DSM now or in the future



Time for Change?

- ◎ US Move to the ICD-10 highlights the Fact that ICD – NOT DSM – is required
- ◎ Publication of the DSM V and move to the ICD-10 highlights the need to move to a new diagnostic system
- ◎ Concerns raised about the DSM V highlight the ICD-10 as a viable alternative



Other Reasons to Change to the ICD

ICD

DSM

Produced by global health agency of United Nations	Produced by single national professional association
Free and open resource to advance public good	Provides large proportion of ApA revenue
For: 1) countries; and 2) front-line service providers	For psychiatrists
Global, multidisciplinary, multilingual development	Dominated by US, Anglophone perspective
Approved by World Health Assembly	Approved by ApA Board of Trustees
Covers all health conditions	Covers only mental disorders



Resources on the ICD-10 and ICD-10CM

- ◎ **CDC:** ftp://ftp.cdc.gov/pub/Health_Statistics/NCHS/Publications/ICD10CM/2014/ICD10CM_FY2014_Full_PDF.zip
- ◎ **CMS:** <https://www.cms.gov/Medicare/Coding/ICD10/index.html>
- ◎ **WHO:** <http://apps.who.int/classifications/icd10/browse/2010/en#/F30-F39>
 - **ICD-10 Classification of Mental and Behavioral Disorders: Clinical Descriptions and Diagnostic Guidelines**
<http://www.who.int/classifications/icd/en/bluebook.pdf>
- ◎ **APA Books:** Carol Goodheart's *A Primer For ICD-10-CM Users Psychological and Behavioral Conditions*
- ◎ **APA CE Office:** <http://apa.bizvision.com/category/clinician-corner-workshop>
or contact gneimeyer@apa.org
- ◎ **APAPO:** <http://www.apapracticecentral.org/update/2012/02-09/transition.aspx>;
<http://www.apapracticecentral.org/good-practice/secure/diagnostic-classification-systems.pdf>



ICD-10 is Now Under Revision

- ⊙ Mandated by World Health Assembly
- ⊙ ICD-10 completed in 1990; longest time without revision in history of ICD
- ⊙ Technical work on the ICD-11 to be completed 2014
- ⊙ World Health Assembly approval of ICD-11 expected in 2015
- ⊙ ICD-11 adoption by member countries soon thereafter
- ⊙ US adoption unclear at this time



APA's Role in the ICD-11

- ◎ For the first time, a psychologist – Geoffrey Reed- has lead the revision of the Mental and Behavioral Disorders of the ICD
- ◎ This work has been funded by APA through a grant to the International Union of Psychological Science which in turn, provides the funds to WHO
- ◎ Unique opportunity to get psychology's voice at the table on the world stage
- ◎ For more info: <http://www.apa.org/international/outreach/who-icd-revision.aspx>



**This presentation is available at
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