

APA President's Report

February 2012 Council of Representatives

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AMERICAN PSYCHOLOGICAL ASSOCIATION



2012 APA Presidential Initiatives

- ◎ Consistent with APA's Strategic Plan:
 - Maximize organizational effectiveness
 - Expand psychology's role in advancing health
 - Increase recognition of psychology as a science
- ◎ Based on Partnerships
 - Within APA
 - Between APA and other groups
- ◎ Inspire You to Take Action
 - Encourage you to build partnerships of your own



Maximize Organizational Effectiveness

◎ Presidential Initiative: Engaging the Next Generation of Psychologists

- Mean age of APA members in 2010 was 54.3 years
- Mean number of years post-degree was 20.6 years
- Unless we engage the next generation of psychologists, APA will no longer be the influential organization it is today



APA Member Characteristics 2005 — 2010

Year	2005	2006	2007	2008	2009	2010
Mean Age in Years	53.3	53.4	53.7	54.1	54.3	54.3
Mean Number of Years Since Degree	19.7	19.8	20.0	20.4	20.6	20.6
% Female	53.4	53.6	54.3	55.3	56.0	56.6
% White	67.6	70.8	66.3	66.0	65.0	64.9
Degree						
% PhD	74.0	73.2	72.5	72.3	71.8	70.7
% EdD	3.8	3.7	3.7	3.6	3.5	3.3
% PsyD	11.0	11.8	12.5	13.1	13.7	14.2
% Other	11.2	11.3	11.3	11.0	11.0	11.8
% Division Member	45.3	41.0	40.6	41.3	39.9	39.3
% State Association Member	38.8	37.0	35.9	34.9	34.0	32.9

Source: [APA Center for Workforce Studies](#)



New APA Member Characteristics 2005–2010

Year	2005	2006	2007	2008	2009	2010
Number of New Members	1727	2292	2455	2028	2149	2227
Mean Age in Years	45.9	45.5	44.3	44.2	43.4	43.4
Mean Number of Years Since Degree	11.9	11.1	10.3	10.2	9.7	9.4
% Female	59.6	62.5	64.2	66.6	66.1	67.0
% Race/Ethnicity Not Specified	60.6	58.1	67.7	72.8	81.1	95.4
Doctoral Degree						
% PhD	79.8	77.1	74.4	76.0	73.4	70.8
% EdD	4.8	5.9	5.9	4.5	2.9	2.9
% PsyD	15.4	17.0	19.8	19.6	23.6	23.7
% Division Member	11.4	0.6	8.2	10.5	8.6	12.2
% State Psych Assoc Member	13.8	10.6	8.1	8.9	8.6	6.8

APA Member Characteristics by Early Career Psychologist (ECP) Status: 2005/6–2009/10

Year	2005		2006		2009		2010	
ECP?	Yes	No	Yes	No	Yes	No	Yes	No
% of APA membership	21.3	78.7	21.6	78.4	17.4	82.6	18.4	81.6
Mean Age in Years	39.2	57.2	39.1	57.6	38.2	58.1	38.6	58.0
Mean Number of Years Since Degree	4.1	23.7	4.0	24.1	3.5	24.5	4.0	24.5
% Female	69.6	47.2	70.3	47.9	72.9	50.9	73.3	52.8
Doctoral Degree								
% PhD	70.1	83.4	68.4	84.2	64.9	81.9	64.1	81.9
% EdD	1.3	4.9	1.4	4.9	1.1	4.4	1.0	4.3
% PsyD	28.4	7.5	30.2	8.3	33.9	11.1	34.7	10.9
% Division Member	25.5	49.6	20.9	48.6	24.3	53.3	25.0	42.6
% State Association Member	9.1	45.3	8.7	43.8	6.7	40.1	5.9	38.9



Engaging the Next Generation of Psychologists

- ◎ CODAPAR partnered with CECP to make early career psychologists involvement in divisions a focus of the Division Leadership Conference
- ◎ APAGS partnered with APA to propose a new journal, Translational Issues in Psychological Science, to focus on timely themes in translational science and serve as a reviewer/editor/author training mechanism for APAGS
- ◎ P&C has agreed to expand its effort to increase ECPs as reviewers for all APA journals
- ◎ Working with TOPSS, we have developed a registration scholarship program for high school teachers of psychology that will enable each teacher to bring at least 4 students to the convention in Orlando



Expand Psychology's Role in Advancing Health

Increase Recognition of Psychology as a Science

- ◎ Presidential Initiative: Interdisciplinary Science and Practice**
- ◎ Presidential Initiative: Obesity**



Interdisciplinary Science and Practice

- ◎ Science is becoming more and more interdisciplinary; the really hard questions cannot be answered by a single discipline
 - ◎ Psychological science is underrepresented on interdisciplinary research teams
 - ◎ Psychology is training too few scientists to participate effectively in these teams
- ◎ NAS report: Facilitating Interdisciplinary Research
http://www.nap.edu/catalog.php?_record_id=11153



Interdisciplinary Science and Practice

- ⊙ Health care is moving to models of integrated care
- ⊙ Patients are cared for most effectively when needs are addressed through patient-centered care
 - ⊙ Integrated care will require psychologists to practice side by side with other health providers
 - ⊙ Too few psychologists are trained to deliver services as part of integrated care teams





Interdisciplinary Science and Practice

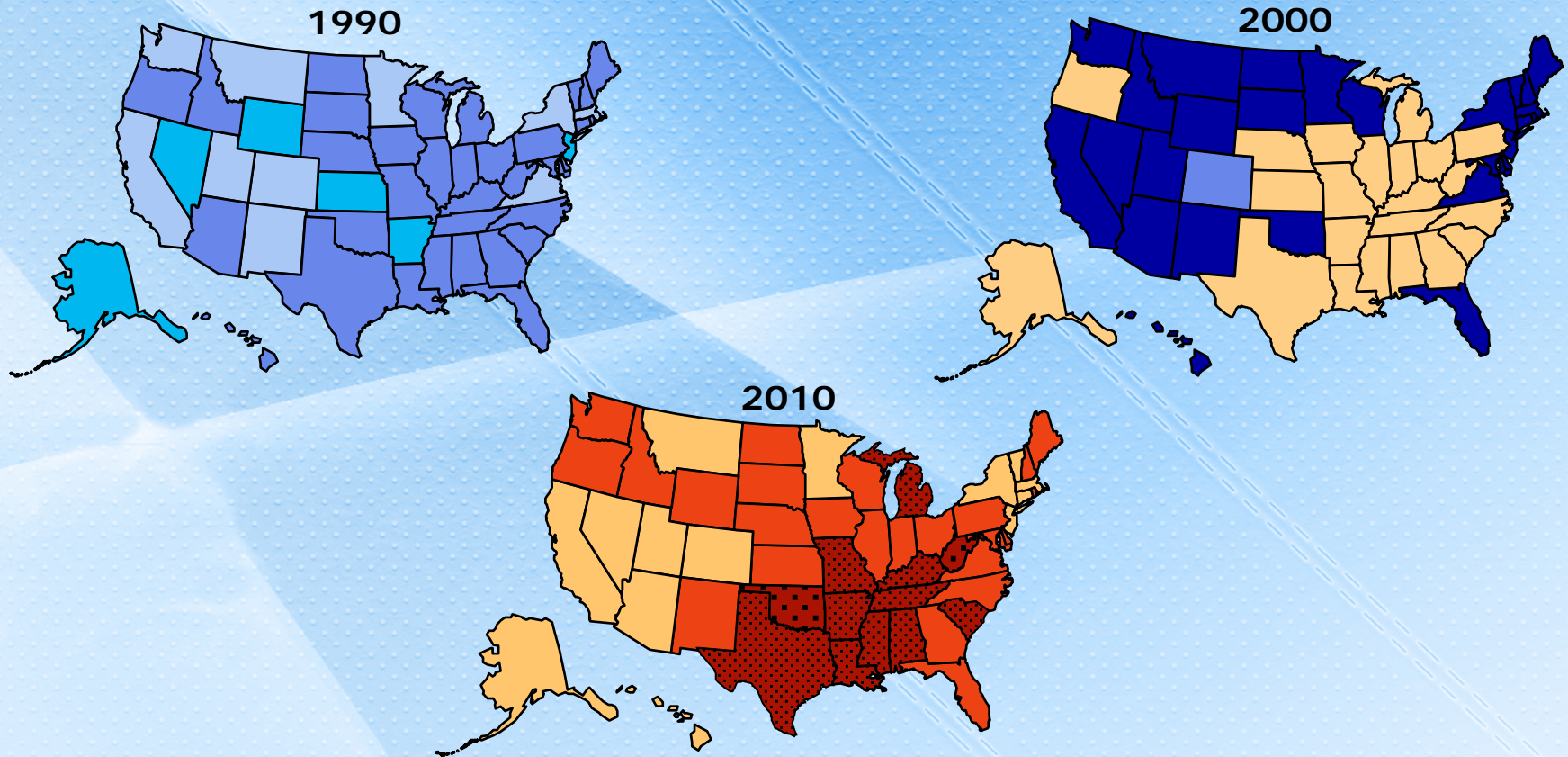
- ◎ Inter-organizational work group to identify competencies for psychologists to practice in primary care :
 - APA Health, Pediatric, Aging Divisions, APAHC, CFHA, CDCHPTP, SBM, STFM, VA Training Council (Chair- Susan McDaniel)
- ◎ USAID – APA partnership for an Evidence Based Summit on behavior change interventions to impact health in the developing world (Lead: Robert Balster)
- ◎ APA Divisions/Boards/Committees partnered to bring 20 hours of convention programming in:
 - Interdisciplinary Science (Leads: Nancy Dess and Lynne Cooper)
 - Interprofessional Practice (Lead: Helen Coons)



Obesity Trends* Among U.S. Adults

BRFSS, 1990, 2000, 2010

(*BMI ≥ 30 , or about 30 lbs. overweight for 5'4" person)



■ No Data ■ <10% ■ 10%–14% ■ 15%–19% ■ 20%–24% ■ 25%–29% ■ $\geq 30\%$

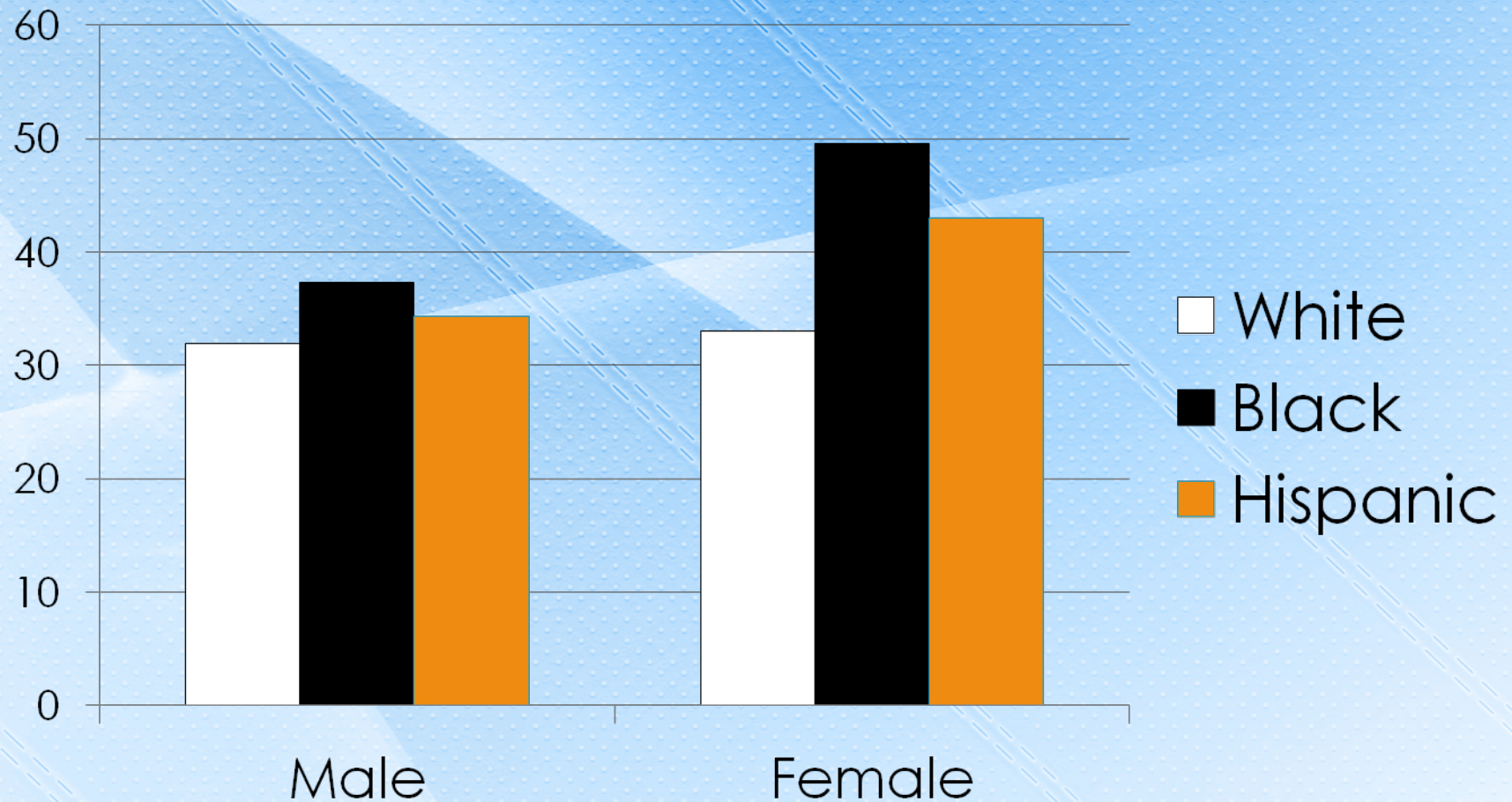
Source: CDC:

<http://www.cdc.gov/obesity/data/trends.html>



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Adult Obesity: Gender and Ethnicity

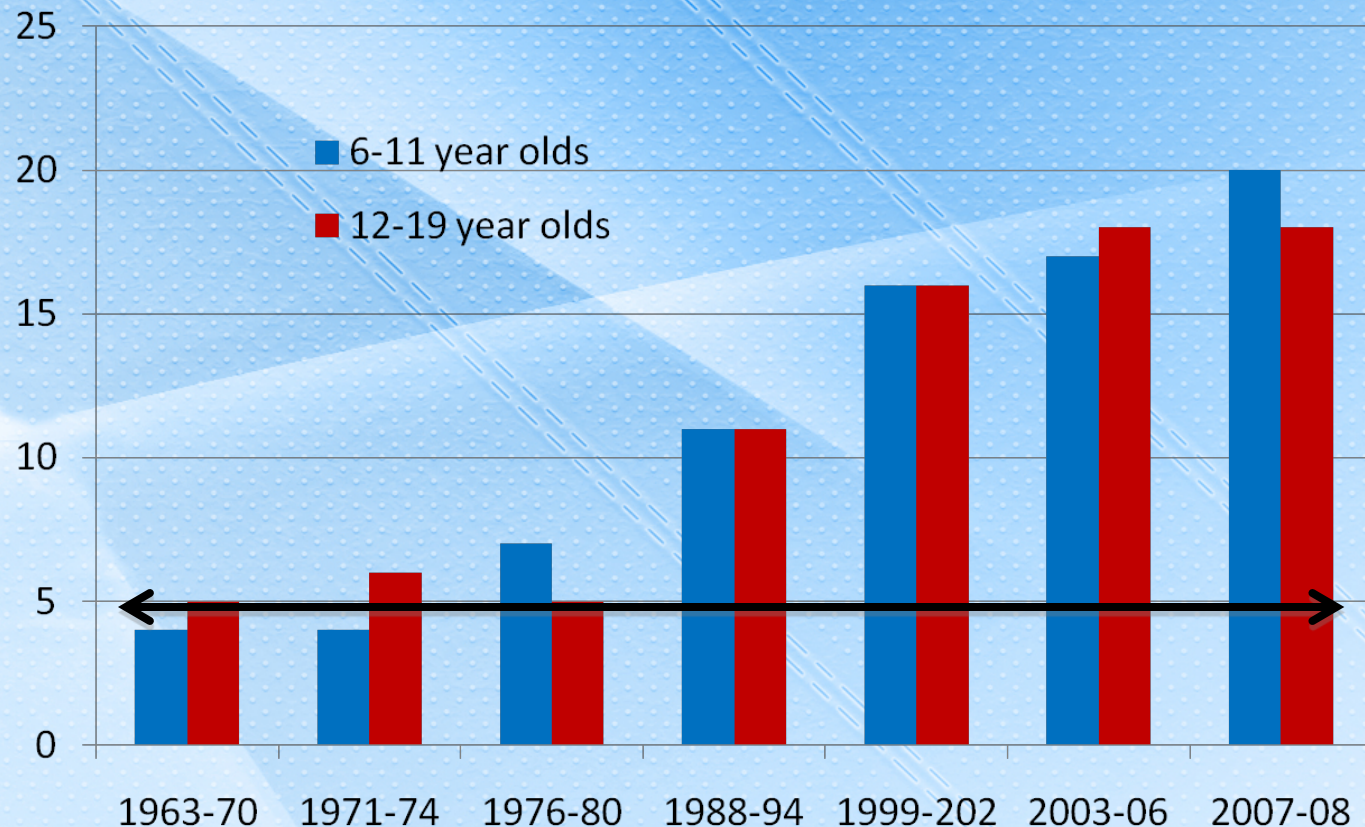


NHANES 2007-2008



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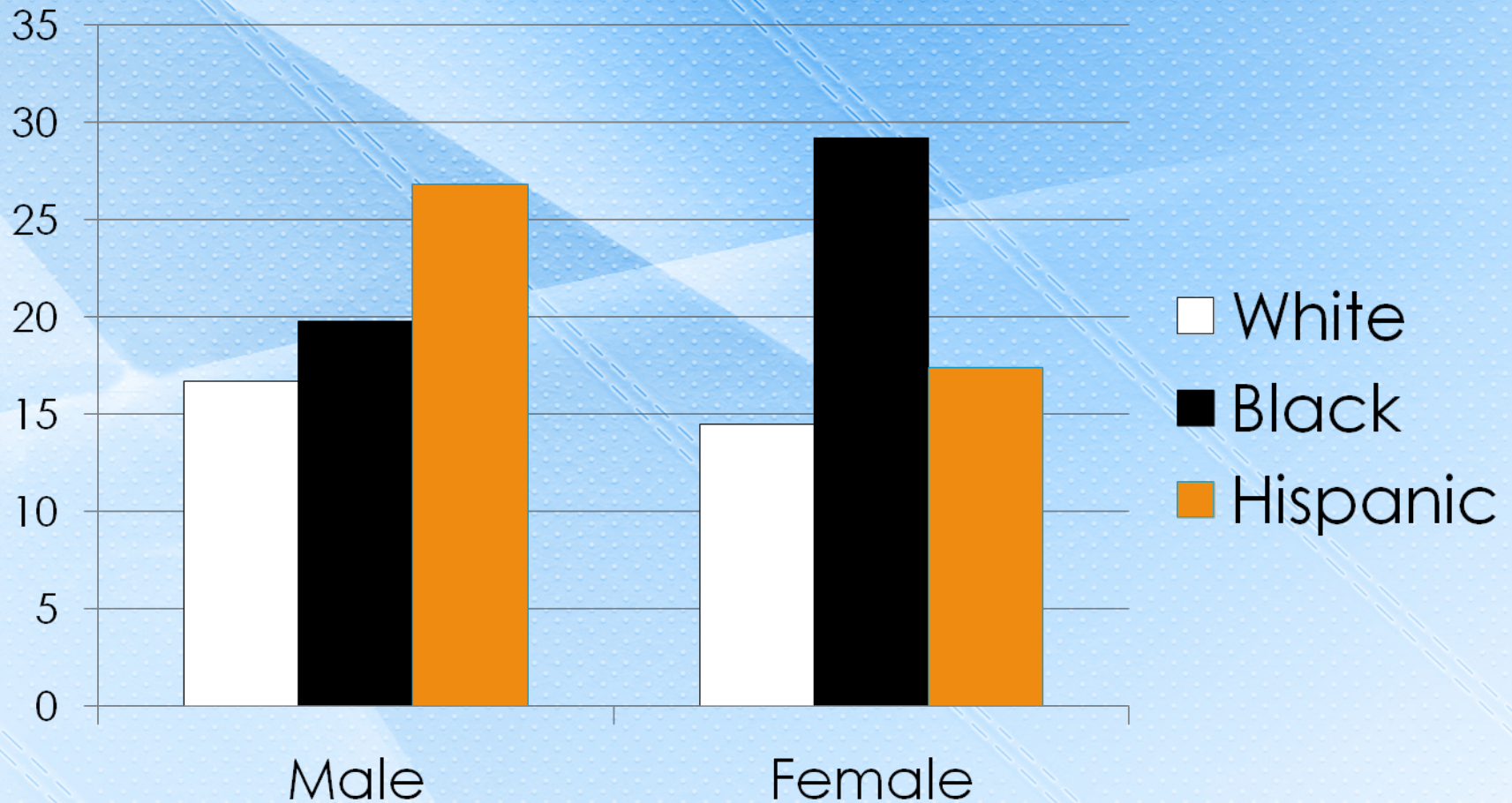
Obesity Trends in U.S. Children



Source: C. Ogden & M. Carroll. (2010). *Prevalence of Obesity Among Children and Adolescents: United States, Trends 1963-1965 Through 2007-2008* [Division of Health and Nutrition Examination Surveys]. CDC:
http://www.cdc.gov/nchs/data/hestat/obesity_child_07_08/obesity_child_07_08.htm



Adolescent Obesity: Gender and Ethnicity



NHANES 2007-2008



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Obesity

- ⊙ Is the second leading cause of death in U.S. and expected to become the leading cause
- ⊙ Will result in decreased U.S. life expectancy for first time in a century
- ⊙ Is causing a diabetes epidemic
 - ⊙ 33% of boys & 39% of girls born in 2000 will develop diabetes in their lifetime
 - ⊙ 50% of African-American girls born in 2000 will develop diabetes in their lifetime
- ⊙ Is expected to bankrupt the health care system
- ⊙ Is a behavioral problem; psychology has much to offer



Obesity

- ◎ APA Divisions/Boards/Committees partnered to bring 20 hours of convention programming on obesity (Lead: Gareth Dutton)
 - ◎ Addressing our own COR food environment
 - Healthier food options at Council
 - Consider giving up soda (pitchers of unsweetened ice tea & water, and coffee available) sodas are \$5.75 each!
- Vartanian et al. [Effects of soft drink consumption on nutrition and health: A systematic review and meta-analysis](#). AJPH. 2007 Apr;97(4):667-75.
- Calculate your own BMI (25-29.9: overweight; ≥ 30 : obese)
http://www.cdc.gov/healthyweight/assessing/bmi/adult_bmi/english_bmi_calculator/bmi_calculator.html
 - Use the fitness center; APA will reimburse you
- ◎ Obesity treatment guidelines are planned after the depression guidelines





Thanks to Many Organizations for Their Assistance with these 2012 Presidential Initiatives

- ⦿ Contributions of 17 divisions and 7 Boards/Committees made 60 hours of track programming at the convention possible
- ⦿ CODAPAR, CECP, APAGS, P&C, TOPSS
- ⦿ APA Health, Pediatric, Aging Divisions, APAHC, CFHA, CDCHPTP, SBM, STFM, VA Training Council
- ⦿ USAID
- ⦿ COR

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