



***Global Approaches to Integrated Health Care:
Translating Science and Best Practices into Patient-Centered Healthcare Delivery***

There is significant evidence that integrated health care approaches are more cost-effective and enhance the quality of care, and that patient-centered care results both in higher satisfaction and better outcomes. There is a growing need to share science-based innovations and best practices in integrated and patient-centered health care and training across countries.

APA will convene a two-and-a-half day interdisciplinary Summit on ***Global Approaches to Integrated Health Care: Translating Science and Best Practices into Patient-Centered Healthcare Delivery***, to take place **November 2-5, 2015** in the **Capitol View Conference Center at the American Psychological Association in Washington DC**. The overarching goal of the proposed Summit is to improve health through enhanced collaboration as this field advances rapidly.

The specific objectives of the proposed Summit are to:

- Share best practices and innovations across disciplines, health care professions, health care settings and countries
- Through shared understanding of “patient-centered care,” enhance public expectations (and appetite) for integration of health services
- Bring together un-likeminded people, stakeholders across the health care domain in order to move progress
- Galvanize next steps that are more collaborative and more innovative
- Inform funding for needed research
- Produce opportunities for continued learning for healthcare professionals about integrated and patient-centered care.

Project Design and Work Plan

The Summit will convene approximately 100 public and private sector leaders across countries who are empowered to advance systems-level change and build the knowledge base about integrated primary care including integrating behavioral/mental health with primary care. Health care professionals will be invited from diverse health care professions, including primary care and family medicine, nursing, psychology, psychiatry, nutrition, social work, as will scholars from diverse disciplines, including psychology, medicine, economics, demography, health policy, and public health.

The Summit will be a two and one-half day working meeting (with meals and receptions) where participants bring their individual perspectives, mingle over an extended time and build collaborative relationships, borrowing principles from the [Wingspread convening model](#).

The Summit will include keynote speakers, panel discussions, and workgroup sessions. Five keynote speakers will lay the groundwork for subsequent panel presentations and catalyze discussion in workgroups by identifying important themes, posing provocative questions, and presenting challenges. The panel presentations will focus on key themes in health care, with an emphasis on best practices and innovation, followed by a moderated discussion. Specifically, eight panels of experts will focus on: global models of integrated care; models of financing integrated care; models for education/training in integrated care (including interprofessional education); models of dissemination of evidence-based practices; health promotion, prevention and wellbeing; demographics, cultural issues and health disparities; measurement of cost, quality and outcomes; and emerging technologies. Two workgroup sessions will focus on identifying the most significant obstacles to adopting best practices and innovation, key opportunities and strategies for overcoming those obstacles, and recommendations for next steps. Closing panels will provide the perspectives of consumers and special populations (e.g., children, aging populations, women, patients with chronic disease, and patients with serious mental illness) on the summit proceedings.

To maximize the reach of the Summit, the main presentations will be webcast live and recorded for archival viewing. This will enable individuals in remote locations (including internationally) to view the proceedings. In addition, it will be possible for approximately 50 people to participate in the working group discussions through GoToMeeting.

Outcomes and Products

Participants will be encouraged to develop technology-based networks following the Summit to continue collaboration and share strategies for improving the integration of behavioral and mental health care within healthcare systems. A range of products will also be produced and disseminated to maximize the reach of the meeting nationally and internationally, and to ensure ongoing impact beyond the Summit, including educational products geared toward healthcare professionals. These may include the following:

- A Proceedings document that summarizes the Summit presentations and presents the major findings, conclusions, and recommended next steps.
- Web-based continuing education products on integrated and patient-centered health care and other key concepts addressed at the Summit for psychologists and other professionals.
- A dedicated website where Summit participants and the interested public can learn more about the event and access background materials, videos of the meeting, and other resource materials.
- Policy briefings held in coalition with other professional health-related organizations and policy briefs for Congressional, federal, and state policymakers.