

BE A PART OF THE SOLUTION

— PART OF THE CHANGE!

2023 APA PRESIDENT

Dr. Thema Bryant



APRIL 2023

FROM YOUR PRESIDENT'S DESK,

Thank you for your continued support and engagement. I'm honored to serve as president of our growing association. This month with the support of our insightful members, incredible staff, and outstanding Board of Directors and Council of Representatives, I have been able to advance the work of APA's strategic plan by completing the following:

- Invited to the White House to provide overview of maternal mental health
- Served as an invited presenter for the U.S. Department of Health and Human Services on maternal mental health
- Planned and facilitated Spring Retreat for the Board of Directors which covered the following topics: advocacy issues on trauma and violence; indigenizing and rehumanizing psychology; strategic thinking and decision making; race-conscious admissions; quarterly review of the Association's progress
- Facilitated Board discussions on alignment issues, education issues, EPPP2, future convention locations, and strategic thinking on Global Psychology
- Met virtually with the President of the Nigerian Psychological Association
- Attended the Global Psychology Alliance meeting
- Met with my newly assigned mentee who is a member of the Haitian Psychological Association regarding her research project on youth who have parents with mental illness
- Represented APA on a number of media outlets including [CNBC Make It](#) (on healthy friendships), [Today.com](#) (on the significance of our recognition of Arab American Heritage Month), and the [Daily Mail](#) (on social support)
- Met weekly with the CEO, chair of the Council Leadership Team, and members of the Executive Leadership Team to coordinate efforts in alignment with APA's strategic plan
- Chaired monthly meeting with members who are serving in my Advisory Cabinet
- Released APA's first webinar [in celebration of Arab American Heritage Month](#)
- Planned for APA Convention including opening plenary and presidential programming

- Worked with the phenomenal chairs and members of my six presidential initiatives: representation matters documentary, decolonizing and liberation psychology dissemination, multicultural trauma recovery summit, multicultural trauma and grief recovery kits, enhancing APA membership's belonging and engagement, and the influence of social media on children and youth
- Attended monthly meeting for Global Psychology Mentors
- Consulted with the Equity, Diversity, and Inclusion Advisory Board
- Selected speakers for the Council Town Halls on Solidarity Across Identities
- Met with Board members individually about their liaison roles to various APA boards and committees
- Presented at Morehouse College on trauma recovery from a faith-based, culturally-informed perspective
- Presented at Howard University on the intersections of mental health, mindfulness, faith, and culture
- Participated in APA's second annual social media engagement for Psychology Week. APA posts from this successful campaign garnered more than 1.2 million impressions

Thank you for your support and efforts in service of society and the field of psychology. To reach me, please feel free to email me at tbryant@apaboard.org. To be more engaged, check out my monthly calls to action including the call to engage with our advocacy initiatives.