



**AMERICAN
PSYCHOLOGICAL
ASSOCIATION**

***Meeting of the Advisory Steering Committee (ASC)
for Development of Clinical Practice Guidelines***

**APA Headquarters, Jack McKay Boardroom (6th Floor)
750 First Street NE, Washington, DC**

September 19 – 20, 2019

*APA staff and members participate from APA Headquarters (Washington, DC).
Meeting also conducted electronically via Zoom and Skype for members who cannot attend in person.*

Agenda

Thursday, September 19, 2019

8:00 am Breakfast available

8:30 am Welcome and introduction to meeting

- Dr. Claire Collie, Advisory Steering Committee Chair
- Brief introductions by all committee members (2 min. each)
- Introduction of APA liaisons (Board of Professional Affairs, Board of Scientific Affairs, Board of Directors, Council Leadership Team)
- Goals and history of APA clinical practice guideline initiative (Dr. Collie and Dr. Lynn Bufka, APA Practice Directorate)
- Role of Advisory Steering Committee (Dr. Howard Kurtzman, APA Science Directorate)

9:00 am Review/update of conflicts of interest (each person reports)

9:15 am Liaisons' perspectives on clinical practice guidelines (CPGs)

9:35 am Where do CPGs fit within APA policy/guidance efforts and other organizations' efforts?

- Value of CPGs to APA and in broader health care environment
- CPGs' alignment with APA's (2006) *Policy Statement on Evidence-Based Practice in Psychology*
- Review APA's (2002) *Criteria for Evaluating Treatment Guidelines*
 - Is an update of this document warranted?
 - Does the current CPG development process reflect these criteria as well as the identified best practices from Institute of Medicine, Guidelines International Network and others?
- Compare processes from other guideline development organizations (American Psychiatric Assn., VA/DoD, NICE-UK)
- Considerations related to diversity and multicultural factors.

11:00 am Break

- 11:15 am Brief update on current status of each CPG**
- PTSD (including five-year update)
 - Obesity
 - Depression
 - Transdiagnostic work group
 - Chronic pain
- 11:45 am Template for CPG documents**
- Review current draft and discuss revisions
 - Review across 3 guidelines
 - Compare to other organizations' CPGs (e.g., use of decision trees)
 - Does this format meet end users' needs?
- 12:30 pm Lunch**
- 1:15 pm Input on CPGs**
- Dr. John Norcross 1:15 – 1:45 pm (*via Skype*)
 - Discussion 1:45 - 2:00 pm
 - Dr. Stephen Soldz and Dr. Bryant Welch 2:00 – 2:45 pm (*via Skype*)
 - Discussion 2:45 - 3:00 pm
- 3:00 pm Break**
- 3:15 pm Consider revisions to each stage of guideline development process (to be continued on Day 2)**
- Goals: improve speed and cost-effectiveness of development; enhance communication among ASC, guideline development panels, and broader community; strengthen utility of CPGs for practitioners; facilitate consideration by governance of CPGs as APA policy; and enable partnerships with other organizations – all while ensuring scientific integrity.

For each of the following points, consider what is working well and what needs revision (~10-15 minutes each):

- ASC nomination process
- Selection of topics for future guidelines
- Establishing partnerships with other organizations
- Forming guideline development panels
- Scoping process
- Use of guideline template
- Grid for evidence used by panels
- Engagement with research, practice, and patient/consumer communities
- Attention to diversity and multicultural factors
- Public comment and review process
- Editing process
- Engagement with Council of Representatives
- Updating process (use plans for PTSD guideline as example)

- 4:00 pm Solicit feedback from liaisons**
- 4:30 pm Summary** (and determine whether adjustments to agenda for next day are needed based on decisions made)
- 5:00 pm Adjourn**
- 6:00 – *Dinner at: Central Michel Richard***
8:00 pm 1001 Pennsylvania Ave NW
 Washington, DC 20004
 (202) 626-0015 | <http://www.centalmichelrichard.com/>
Reservation: Jacob Marzalik

Friday, September 20, 2019

- 8:00 am Breakfast available**
- 8:30 am Review agenda and see if any updates are needed**
- 8:40 am Consider revisions to each stage of guideline development process (cont.)**
- Goals: improve speed and cost-effectiveness of development; enhance communication among ASC, guideline development panels, and broader community; strengthen utility of CPGs for practitioners; facilitate consideration by governance of CPGs as APA policy; and enable partnerships with other organizations – all while ensuring scientific integrity.
- For each of the following points, consider what is working well and what needs revision (~10-15 minutes each):*
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 - Public comment and review process
 - Editing process
 - Engagement with Council of Representatives
 - Updating process (use plans for PTSD guideline as example)
- 10:00 am Conversation with colleagues at American Psychiatric Association and American Academy of Child and Adolescent Psychiatry** (Jennifer Medicus, MBA and Ron Szabat, JD)
- 10:45 am Break**
- 11:00 am Follow up to conversation with other CPG developers**

- 11:15 am Future guideline topics**
- Soliciting topic proposals
 - Review existing topic proposals
 - Timeline for proposing systematic reviews to AHRQ
- 12:15 pm Lunch**
- 1:15 pm Dissemination and implementation**
- Dissemination study conducted with Dr. Jonathan Purtle (Drexel Univ.) (1:30 pm time certain)
 - Study of website usage (Alexandra Werntz Czywczynski, MA – 1:45 pm)
 - Summaries and resources for clinicians and for patients/consumers
 - Supporting resources to complement guidelines
 - Individualizing Treatment
 - Integrating CPGs with APA’s professional practice guidelines
 - Convention proposals
- 2:15 pm Strengthening links between CPG recommendations and outcome monitoring/evidence-based assessment** (Dr. Bruce Bobbitt, MBHR and Dr. Vaile Wright, APA Staff)
- 3:00 pm Break**
- 3:15 pm Feedback from liaisons**
- 3:45 pm Wrap-up/Next steps**
- 4:00 pm Adjourn**