



# **ACT Facilitator Training Program for Professionals**

## **ACT / Raising Safe Kids**

ACT is a parenting program directed by the **American Psychological Association**. Through ACT, parents and primary caregivers of children ages 0-8 years attend groups designed to *prevent child maltreatment, build parents' positive, nonviolent parenting skills, and prevent or reduce children's aggression and related behavior problems*. Research on ACT has indicated that parents who complete the program consider it to be non-judgmental; they enjoy the interactive and participatory classes, and are using more effective, nonviolent methods of parenting. In addition, research demonstrates that program completers use less physically violent discipline, and that their children have fewer behavior problems. This emerging best practice is a perfect fit to address the needs of families in communities throughout the U.S.

**Thursday, April 5<sup>th</sup> & Friday, April 6<sup>th</sup> 2018**  
**Partnership for Violence Free Families**  
**309 W. High St.**  
**Lima, Ohio 45801**

*Presented by Donna Dickman, OCPS*

*\*This training is the first step in official ACT certification. To become a Certified ACT Facilitator, one must conduct one (1) ACT group, complete the program checklist, agree to have session 6 of the program observed or recorded, and approved by Trainer.*

### **What You Will Learn:**

9:00am – 4:00pm each day

Topics, Day 1: Children's Behavior; How Children Learn Violence: Resolving Conflicts in a Positive Way

Topics, Day 2: Positive Discipline; Alternatives to Corporal Punishment; Media Violence and Children; Helping Parents Raise Non-Violent Children

**Prerequisite: Applicants for training must have their resumes reviewed by ACT Coordinator/Master Trainer prior to being accepted for the training.**

**All professional participants must have a college degree and professional experience working with children / families.**

**Who Should Attend:** Professionals and organizations working with caregivers of children ages 0-8 years:

- Counselors
- Marriage & Family Therapists
- Clergy
- Childcare Workers
- Social Workers
- Mental Health Workers
- Mediators
- Law Enforcement Personnel
- Psychologists
- Case Managers
- Educators
- Nurses and medical staff
- and related fields

**To Apply for the Facilitator Training Program:** Email your resume along with your Facilitator Training Application form to: [ddickman@pvff.org](mailto:ddickman@pvff.org). Class sizes are limited to 20 per class.

- You will be notified if you have been accepted into the program via email once your resume has been reviewed.
- You will also be notified via email if you do not meet requirements to apply for the ACT Facilitator Training as well as what other steps you can take to support children and families.

**Cost: \$300**

INCLUDED: lunch each day plus one FREE ACT Facilitator Kit

All ACT materials are available in English or Spanish. Please indicate your choice of language on your application form.

**\*A full ACT kit includes:**

- The Facilitator Manual
- The program materials on CD
- The Parent Handbook
- The full Evaluation Guide (spiral bound edition)
- A Guide to Children's Activities during the ACT 9-Week Program for Parents (spiral bound edition)
- Motivational Interviewing book
- The ACT PSA on DVD
- Teach Carefully booklet
- RETHINK reminder card
- Understanding Child Development as a Violence Prevention Tool booklet

**Resumes and Applications must be received by mail no later than March 23rd.**

Email current resume with educational background and details of what your current employment situation is as well as your completed application to Donna Dickman, OCPS, at: [ddickman@pvff.org](mailto:ddickman@pvff.org)

For more information, contact Donna Dickman at  
[ddickman@pvff.org](mailto:ddickman@pvff.org) or 419-549-8530 or go to [act.pvff.org](http://act.pvff.org)