For children with mental illness, stigma is yet another painful source of suffering. Hannah Weisman, the recipient of APF’s 2012 Violet and Cyril Franks Scholarship, wants to prevent this stigma by introducing mental health awareness in a school-based intervention program, Mental Health Matters. Her hope is that the curriculum will help foster a more knowledgeable and tolerant generation of teens and adults. The program is designed to improve sixth-graders’ knowledge of mental illness so that they will be less likely to stigmatize those who suffer from it.

Negative attitudes toward individuals with mental illness are developed as early as kindergarten and often persist into adolescence. According to Weisman, younger children often confuse mental illness with physical illness and mental retardation. By 5th grade, students are able to conceptualize mental illness in a more sophisticated manner, suggesting that middle school is a developmentally opportune time to provide education about psychological disorders and to decrease stigma.

Weisman hopes that the success of Mental Health Matters will encourage more kindness and less social exclusion of children and adolescents with mental illness and that similar prevention programs will be implemented in secondary schools everywhere. The $5,000 scholarship will make this important step in the future of mental health awareness and education possible.

The Violet and Cyril Franks Scholarship is made possible by a generous donation from Drs. Violet and Cyril Franks and promotes the application of psychology toward the mitigation of the stigma of mental illness through support of promising graduate students, like Ms. Weisman.
Seeding
Innovation

Helping Children through Psychology

As the popular saying goes, “Children are our future.” Elizabeth Munsterberg Koppitz knew this. She devoted her life’s work to understanding children. Her husband perpetuated that work through scholarships in her name. This year APF gave $180,000 to students pursuing innovative work in child psychology:

Six graduate students each received $25,000 Elizabeth Munsterberg Koppitz Fellowships:

Kelly Lynn Mulvey, of the University of Maryland, will study how children respond to members of their gender group displaying relational or physical aggression.

Nadia Samad, of the State University of New York at Stony Brook, is studying the influence of interparental conflict and parenting on children’s social skills.

Ha Yeon Kim, of New York University, is writing her dissertation on immigrant children’s academic engagement in classrooms and identifies supportive classroom contexts for their positive development.

Matt Johnson, of Princeton University, is conducting groundbreaking research on the ability of autistic children to generalize using language in order to learn novel phrases.

Natalie Brito, of Georgetown University, will study the differences in cognitive performance between bilingual and monolingual infants.

Taryn Allen, of Duke University, is developing a computerized cognitive training program for children with sickle cell disease.

Six additional graduate students received $5,000 scholarships:

Kate Ryan Kuhlman, of the University of Michigan, is interested in the impact of childhood trauma on developmental processes throughout the lifespan.

Julia Hayden, of the Harvard Graduate School of Education, studies the development of children’s autobiographical memory and narrative skills, with an emphasis on how these skills are fostered during everyday conversations.

Aparajita Kuriyan, of Florida International University, is working on longitudinal outcomes of ADHD and the dissemination and sustainability of treatments in community settings.

Alexander Lupis, of Long Island University—Brooklyn, will travel to Croatia to research children of war veterans.

Jacquelyn Raftery, of Clark University, is interested in how social contexts (e.g., homes, schools) facilitate or undermine students’ coping with academic obstacles and setbacks.

Catherine Tao, University of California, Los Angeles, is interested in the quality of infant and toddler care and differences in caregiver characteristics.

“Do You Love Me?” Graduate Student Hopes to Improve Relationship Communication Skills

When one or both partners feel insecure in a romantic relationship, the relationship is likely to suffer, confirming the anxious partner’s worries and perpetuating a cycle of negative communication. Christine Paprocki, a graduate student in the clinical psychology doctoral program at the University of North Carolina, received this year’s APF Randy Gerson Memorial Grant, which is awarded for student projects in family and/or couple dynamics, and/or multi-generational processes. Ms. Paprocki will use her $6,000 Gerson grant to fund dissertation research that will focus on excessive relationship-based reassurance-seeking (e.g., repeatedly asking a partner for affirmations of positive regard in order to reduce anxiety), and developing a brief intervention to address this maladaptive communication pattern in couples. Ms. Paprocki’s innovative research will contribute to the growing knowledge base and help generate effective couples therapy practices.
HONOR • THANK • REMEMBER
MARCH 1, 2012 TO SEPTEMBER 1, 2012
Pay tribute to colleagues, mentors, and loved ones by making a gift to APA. Your generosity ensures the future of psychology and honors the people who have helped make a difference in your life.

IN HONOR OF
Dr. Ellen K. Baker - In honor and in memory of Dr. Robert and Mrs. Mary Baker
Dr. David H. and Mrs. Beverly Barlow - In honor of William C. Howell
Dr. Deborah Boch-Evans - In honor of William C. Howell
Dr. Merry Bullock - In honor of William C. Howell
Ms. Barbara Calkins, MA, MSW - In honor of William C. Howell
Dr. Wayne J. Camara - In honor of William C. Howell
Dorothy K. Cantor, PhD - In honor of William C. Howell
Dr. Kenneth Golden - In honor of Dr. Barbara Golden
Dr. Dennis A. Gorman - In honor of Dr. Marjorie Gorman
Stanley R. Graham, PhD - In honor of Dr. Morgan Sammons, Dean of the California School of Professional Psychology
Mrs. Susan B. Graven - In honor of William C. Howell
Lisa Grossman, JD, PhD - In honor of Division I's dedication and commitment to all psychologists in independent practice - In honor of Dr. Harry Anton on his 60th birthday - In memory of Dr. Michael Schwartz's beloved nanny, Ms. Elaine Sherman - In honor of Dr. Beth Rom-Ryner
Ms. Virginia Holt - In honor of William C. Howell
Steve, Joanne, PhD - In honor of William C. Howell
Mrs. Patricia and Mr. Emory Kohor - In honor of William C. Howell
Dr. Gerald F. and Mrs. Robin C. Koочек - In honor of Dr. Charles Brewer - In honor of Karachi Page, PhD
Howard S. Kurtzman, PhD - In honor of William C. Howell
Dr. Luciano L'Abate - In honor of Drs. Robert and June Woody
Ms. Sara Martin - In honor of William C. Howell
Mrs. Ruth G. and Joseph D. Matarazzo - In honor of William C. Howell
Dr. Richard McCarty - In honor of William C. Howell
Mr. Charles L. and Mrs. Roberta McKay - In honor of William C. Howell
Dr. Paul D. Nelson - In honor of Dr. Cynthia Baum
Russell S. Newman, JD, PhD - In honor of William C. Howell
Dr. Asher R. Pacht - In honor of Dr. Joey Pacht
Ms. Sangeeta Panicker - In honor of William C. Howell
Ms. Editha Ramon and Mr. Steven D. Hurlbut - In honor of William C. Howell
Dr. Jeffrey Ring - In honor of Dr. Jean Lau Chiu's extraordinary Division 45 leadership
Ms. Kimberly Palmer Rowsome - In honor of William C. Howell
Ms. Elisabeth R. Strauss - In honor of William C. Howell
Dr. Kristi Sands Van Sickie - In honor of her dear friend and mentor, Dr. Lisa Grossman

IN MEMORY OF
Mr. Wayne Ackerman - In memory of William C. Howell
American Psychological Association (APA) - In memory of William C. Howell
Dr. Norman and Mrs. Elizabeth Anderson - In memory of William C. Howell
Dr. Dee H. Andrews - In memory of William C. Howell
Dr. Barry S. Anton - In memory of Dorothy Rom - In memory of Clarence Goldner
Mr. Dennis and Mrs. Donna Arnold - In memory of Dr. Harry Levinson
Ms. Ruth Bachrach - In memory of Dr. Harry Levinson
Laura H. Barbanel, PhD - In memory of Dr. Nina Lieberman
Mr. Leonard and Mrs. Phyllis Bell - In memory of Dr. Harry Levinson
Dr. Camilla Benbow and David Lubinski - In memory of William C. Howell
Ms. Toby-Ann Bier - In memory of Dr. Harry Levinson
Charles L. Brewer, PhD - In memory of William C. Howell
Dr. Lawrence O. Brown - In memory of John E. Exner, Jr.
Dr. Joanne E. and Mr. James R. Callan - In memory of William C. Howell
Dr. Mathilda B. Cantor - In memory of Dr. Aaron H. Cantor
Dorothy W. Cantor, PsyD - In memory of Beth Rom-Ryner's mother, Dorothy Rom - In memory of Joan Glass Morgan's beloved father, Samuel Glass - In memory of Fern Weinberg's dear mother, Ellen Paris
Mrs. Carolyn Charnoff - In memory of Dr. Harry Levinson
Ms. Alice Cohan - In memory of Dr. Harry Levinson
Mr. Robert and Mrs. Serena Cummings - In memory of Dr. Harry Levinson
And Mrs. Leonard Eastman - In memory of Dr. Harry Levinson
Dr. Ronald E. Fox and Mrs. Judith A. Fox - In honor of William C. Howell
Dr. Ellen G. Garrison - In honor of William C. Howell
Dr. and Mrs. Harrison Gough - In memory of Kenneth H. Craik
Drs. Ann Grayson and Jo Ann Grayson - In memory of Dr. Harry Levinson
Dr. Douglas Griffith - In memory of William C. Howell
Ms. Huckabee Harwood - In memory of Dr. Harry Levinson
Dr. Marvin Hersko - In memory of Barbara Ann Hersko
Dr. Joyce Hogan - In memory of William C. Howell
Dr. and Mrs. George Hollenberg - In memory of Dr. Harry Levinson
Dr. Michael Honaker - In memory of William C. Howell
Ms. Barbara Jacob - In memory of Dr. Harry Levinson
Debra Kaiser - In memory of Dr. Harry Levinson
Mr. Marvin and Mrs. Susan Katz - In memory of Dr. Harry Levinson
Mr. Gerald Kaye - In memory of Dr. Harry Levinson
Dr. Jennifer Kelly - In memory of Dr. Karen Wych's son
Mr. Gilbert and Mrs. Betty Koenig - In memory of Dr. Harry Levinson
Dr. Gerald P. and Mrs. Robin C. Koocher - In memory of Dr. Harriet Berman
Mrs. and Mrs. Seymour Lang - In memory of Dr. Harry Levinson
Atlee and Lee Levy - In memory of Dr. Harry Levinson
Robert L. Mapou, PhD - In memory of my father, Albert Mapou, a long time APA member and a contributor to APP
Dr. Robert R. Martin - In memory of William C. Howell
Mrs. Theresa Meenan - In memory of Dr. Harry Moutoussis
Bernard F. Nateison, PsyD - In memory of Helen Nateison
Dr. Paul D. Nelson - In memory of William C. Howell - In honor of Dr. Sharon Berry
Ms. Lakshmi Ramani - In memory of William, C. Howell
Mr. Edward and Mrs. Carol Raspler - In memory of Dr. Harry Levinson
Mr. Albert Rodstein - In memory of Dr. Harry Levinson
Ms. Susan Sarli - In memory of Dr. Harry Levinson
Mr. Derrick and Mrs. Jennifer Shirley - In memory of William C. Howell
Ms. Eleanor Silverstein - In memory of Dr. Harry Levinson
Dr. Paula Skedsvold - In memory of William C. Howell
Marilyn and Ned Sonbaum - In memory of Dr. Harry Levinson
Ms. Maria Spear and Mr. Howard Miller - In memory of Dr. Harry Levinson
Ms. Elisabeth R. Strauss - In memory of Beth Rom-Ryner's mother, Dorothy Rom
Ms. Lynn Strother - In memory of William C. Howell
Dr. Michael H. Strub - In memory of William C. Howell
The Technology and Telepsychology Steering Committee - In memory of Mrs. Bess Lukas L'Abate
Mr. Philip and Mrs. Jeanne Valentin - In memory of Harry Levinson. He was well loved by all who knew him.
Dr. Susan B. Van Hemel - In memory of William C. Howell
Gary R. VandenBos, PhD - In memory of William C. Howell
Ms. Diane Vellandurau - In memory of William C. Howell
Dr. Lenore Walker and Dr. David Shapiro - In memory of Normine Johnson
Mr. Robert and Mrs. Freda Wallstein - In memory of Dr. Harry Levinson
Dr. Suzanne Wandersman - In memory of William C. Howell
Dr. and Mrs. Robert C. Williges - In memory of William C. Howell

PSYCHOLOGY GIVING FALL 2012 3
2012 Alexander Gralnick Investigator Prize Winner: James M. Gold, PhD

“...the puzzles of severe mental illness are unlikely to be answered by my generation of researchers and I hope that my most important contribution to the field is to the development of future researchers who will carry on this work until it is done” says James M. Gold, PhD, a professor at the University of Maryland, Maryland Psychiatric Research Center, and the recipient of the 2012 Alexander Gralnick Investigator Prize. The $20,000 Gralnick Prize recognizes exceptional research and mentoring accomplishments in the area of serious mental illness. Dr. Gold has spent his career studying schizophrenia, an illness that remains both disabling and largely mysterious. With the support from the APF, Gold will continue to carry on basic and applied research relevant to the understanding, measurement, and treatment of cognitive and affective dysfunction in schizophrenia and to invest in the next generation of researchers on this important topic.

APF Pearson Grantee Seeks to Improve Mental Health Services for Underserved Youth

Many of us remember visiting the school nurse when we felt ill. However, where can a child turn to if he or she is suffering from depression or anxiety? Many schools in underserved areas do not offer mental health services for students. Aaron R. Lyon, PhD, a senior fellow at the University of Washington School of Medicine, is hoping to change that. Dr. Lyon is the recipient of the 2012 Pearson Early Career Grant, which encourages early career clinicians to work in an area of critical societal need. Dr. Lyon is working on a program designed to improve school-based mental health services for traditionally underserved youth. The $12,000 grant, made possible by a generous donation from Pearson, will allow Dr. Lyon to significantly improve the accessibility and quality of services delivered to children and adolescents in schools in the hopes of reducing the barriers to learning posed by emotional and behavioral problems.

Esther Katz Rosen Fund: Ensuring the Future of Gifted Children

The future of our society depends on our most gifted students. How can we encourage these students to use their full potential? Dr. Esther Katz Rosen, a psychologist and gifted child herself, made a bequest to APF in 1974 to address this issue. Because of her vision and generosity, the Foundation is able to support investigators who work on understanding and fostering giftedness to this day.

In 2012, APF gave a $25,000 Esther Katz Rosen Graduate Student Fellowship and a new $50,000 Esther Katz Rosen Early Career Grant.

Why do some gifted children underachieve? Carlton Fong, a doctoral candidate in educational psychology at the University of Texas at Austin, is trying to improve achievement and resilience in adolescents in order to help underachieving gifted and talented youth perform to the best of their ability. With his Rosen Fellowship support, Fong will combine the existing literature on the effectiveness of motivation and self-regulation interventions to reverse underachievement in gifted students. Fong is hoping to find ways to help these students succeed and realize their full potential.

Aha! Insight is an important part of the problem solving process, and gifted children seem to experience insight, or “aha moments,” more often than non-gifted children. Matthew McBee, PhD, an Assistant Professor in the Department of Psychology at East Tennessee State University, is trying to figure out why. Armed with the new $30,000 Rosen Early Career Grant, he is working on understanding whether the adoption of attentional and emotional strategies during problem solving increases the likelihood of “aha moments,” or insight. Dr. McBee hopes to explore whether gifted students adopt these strategies more frequently than others, and if this helps explain the relationship between insight and the ability to solve problems logically in novel situations.

2012 Joseph Gittler Award: Barbara Held, PhD

Barbara S. Held, PhD, is the Barry N. Wish Professor of Psychology and Social Studies at Bowdoin College, and is the recipient of the 2012 $10,000 Joseph Gittler Award. Her work critiques theories and philosophies in psychology and advances a realist perspective of human mental states. In her book Stop Smiling, Start Kvetching (2001) and other publications, including her co-edited book Humanity's Dark Side: Evil, Destructive Experience, and Psychotherapy (2012), she challenges many tenets of the positive psychology movement.
**PSYCHOLOGISTS SEEK SOLUTIONS WITH $80,000 IN VISIONARY GRANTS**

One bully on the playground can perpetrate harm that can haunt the victims well into adulthood. E. Scott Geller, PhD, of Virginia Tech University, will use his $19,800 Visionary Grant to implement the *Actively Caring for People* anti-bullying program in three middle schools in Montgomery County, VA. He will also teach evidence-based principles to 30 undergraduate psychology students at Virginia Tech, so that they may continue the anti-bullying program and reach out to more children in additional school districts.

How do people who perpetrate mass violence justify their actions or even deny them? Rezarta Bilali, PhD, of the University of Massachusetts—Boston, seeks to understand this phenomenon with her $5,000 Drs. Rosalie G. and Raymond A. Weiss Research and Program Innovation Grant and her $19,000 Visionary Grant. She plans to develop and test strategies to understand the underpinnings of mass violence and to foster conditions that lead to people acknowledging the harm they inflict and the need to offer restitution.

Some victims of traumatic events suffer physical and emotional consequences long after the trauma occurs. Others are less vulnerable. Some are resilient. Tamara L. Newton, PhD, an Associate Professor of Psychology at the University of Louisville, received $19,550 to develop a new approach to understanding the different reactions to traumatic stress in order to help with recovery.

The United States Military is flooded with personnel who suffer from depression, post-traumatic stress disorder (PTSD), or other forms of mental illness. Many service members either commit suicide or attempt it. Yet few of those who suffer seek help because of the real or perceived stigma in obtaining mental health services. David Vogel, PhD, of Iowa State University, wants to help solve this problem with his $19,000 Visionary Grant to develop Internet-based interventions to increase the likelihood that those who suffer from mental health issues will seek help and have an opportunity to decrease their pain.

APP’s 2012 Visionary Grants are made possible through donations from those who are committed to supporting innovative research and programs that address societal problems. Drs. Raymond A. and Rosalie G. Weiss likewise established their Research and Program Innovation Fund to address urgent societal concerns such as:

- Understanding and fostering the connection between behavior and health.
- Reducing stigma and prejudice.
- Understanding and preventing violence.
- Addressing the long-term psychological needs in the aftermath of disaster.

The Foundation is indebted to all the donors who have committed their visionary gifts to making a difference in the world through psychology.

**Paving the Way for Psychology’s Future**

Two APA Divisions will give their early career members a boost in the years ahead.

**DIVISION 42—Next Generation Fund**

Members of APA Division 42 (Psychologists in Independent Practice) have established *The Next Generation Fund* to provide:

- Student Travel Awards;
- Early Career Psychologists Travel Awards;
- Financial support for other applied research projects that will benefit new psychologists;
- Financial support for projects that encourage leadership of Early Career Psychologists.

Three psychologists have already made major gifts to the Fund: Barry Anton | Stanley Graham | Gerry Koocher

“APF provides a critical vehicle for helping the next generation of psychologists succeed in their careers,” notes Gerald P. Koocher, APA past president and APF trustee.

**DIVISION 13—(Society of Consulting Psychology) established the Society for Consulting Psychology Fund**

Few graduate programs currently exist to help students prepare for a career in consulting psychology. To help fill this gap, APA Division 13 made a $20,000 gift to start the fund, which will help support the training of psychologists in this field, as well as those psychologists transitioning to the field from other areas of psychology.

Rodney Lowman, PhD, a member of the Division 13 Board of Directors, explained, “the mission of the Society of Consulting Psychology will be well served by this new fundraising effort.... The new fund will focus on supporting consulting psychology education and research missions.”

**Launching Careers**
2012 APF TRUSTEES AND STAFF

BOARD OF TRUSTEES
Dorothy W. Cantor, PsyD, President
Charles L. Brewer, PhD, Secretary/Vice President
Gerald E. Koocher, PhD, Treasurer
Elisabeth R. Straus, Executive Vice President/Executive Director
Norman B. Anderson, PhD
David H. Barlow, PhD
Camilla P. Benbow, EdD
Sharon G. Buehman, PhD
Connie Chan, PhD
William C. Howell, PhD
Anthony Jackson, PhD
Ronald F. Levant, EdD
Aurello Pflito, PhD
Sandra L. Shihman, PhD
Andrée L. Turner
Kurt Geisinger, PhD, APA Board of Directors Liaison

HONORARY TRUSTEES
Richard C. Atkinson, PhD
Mathilda Cantor, PhD
Florence Denmark, PhD
Raymond D. Fowler, PhD
Carol Goodheart, PhD
Joseph Matarazzo, PhD
David Myers, PhD
Claude Steele, PhD
Ted Stickland, PhD
W. Bruce Walsh, PhD
Phillip G. Zimbardo, PhD

STAFF
Elisabeth R. Straus, Executive Vice President/Executive Director
Idalia Ramos, Deputy Director
Kim Palmer Rowsome, Senior Development Officer
Pam S. Kudla, Program Officer
Claire Menney, Senior Development Coordinator
Samantha Edington, Program Coordinator

APF VISIONARY CIRCLE

VISIONARY LEADERS
The Estate of Charlotte Altman, PhD
American Psychological Association (APA)
Dr. Charles L. and Mrs. Marjorie Suh's Brewer
CBI Richard Ellis, Inc.
The Estate of Dr. Noble H. Kelley
Dr. Harry and Mrs. Miriam Levinson
Dr. Ruth G. and Joseph D. Matarazzo
F. Joseph McGuigan, PhD
Dr. M. Brewer and Mrs. Deborah Smith
Dr. Charles D. and Mrs. Carol Spielberger

VISIONARY PARTNERS
Dr. Raymond and Mrs. Sandra Fowler
Dr. Barbara Evans Golden
The Estate of Dr. William C. Herbert
Dr. Louis F. James
Dr. Theodore and Mrs. Renee Millon
Dr. Asher Pacht
Dr. and Mrs. Andrew Shiva
Mr. Robert Zoellner and Mrs. Victoria Eckhardt-Zoellner