All Continuing Education (CE) programs in this document have been reviewed and approved by the APA Office of Continuing Education in Psychology (CEP) to offer CE credits for psychologists. The APA CEP office maintains responsibility for the content of the programs.
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Dear Colleague,

The APA Office of Continuing Education in Psychology is dedicated to advancing the professional knowledge and skills of psychologists across the discipline. That's why I am excited to present our 2019 Continuing Education (CE) Independent Study Programs.

We understand how important it is that you receive the most reputable, timely, and relevant information when earning your CE credits. With more than 400 APA CE programs spanning a wide variety of formats and topics, you can tailor your professional development to your interests, your schedule, and your budget.

Each year, we update our offerings to reflect the most recent research and information on the most significant topics in psychology. This year, we're proud to present more than 40 brand new programs that cover key issues from ethics, to gender and sexuality, to trauma, and beyond. You can always keep up with our latest programs and workshops by visiting us online at www.apa.org/ed/ce.

Whether it's a new program or an enduring bestseller, all of APA's CE programs are designed to support your professional and personal development goals, help you advance your career, and enable you to continue doing impactful work.

As always, we welcome your suggestions and invite you to contact us by phone or email.

Sincerely,

Greg Neimeyer, PhD
Associate Executive Director, Education Directorate
Office of Continuing Education in Psychology
## STATE REQUIREMENTS

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CE credit requirements vary state by state. Please check with your state licensing board to determine if independent study programs may be used to meet mandatory CE requirements. Note: State licensing boards can change rules and regulations at any time throughout the year. Please contact your state licensing board for the most recent information. APA does not govern state licensing requirements.
NEW RELEASES

VIDEO ON-DEMAND (VOD) PROGRAMS

Clinician’s Corner 8–11
Acceptance-Based Approaches for Obesity and Client Weight Concerns
Applying Brief Motivational Interviewing in Healthcare Settings: From Engaging to Planning
Applying Hope to Couple Therapy
Changes in the Aging Brain: The Influence of Positive and Negative Modifiers
Designing and Reporting Qualitative Clinical Research
Enhancing Cognitive-Behavioral Therapy for Obsessive-Compulsive Disorder
Group Delivery of PTSD Treatment With Exposure, Cognitive, and Behavioral Modules
Improving Psychological Assessment Report Writing
Keeping Secrets: The Complicated Ethics of Conditional Confidentiality
Solutions for Female Orgasm Problems: Helping Clients Become Cliterate
Understanding Trauma and Stress Disorders

Professional Development
Incorporating Technology Into Clinical Practice 13
On the Prevention of Mental, Emotional, and Behavioral Disorders: Context, Issues, Recommendations 13
Ethics Conversations: Sessions 1 and 2 16
Interactive Series on Ethics 16

BOOK-BASED PROGRAMS

Managing Therapy-Interfering Behavior: Strategies From Dialectical Behavior Therapy 21
A Practical Guide to Cultivating Therapeutic Presence 22
Ethical Practice in Geropsychology 25
The Ethical Practice of Consulting Psychology 25
Psychological Treatment of Medical Patients in Integrated Primary Care 26
Cognitive Behavioral Therapy Techniques and Strategies 26
How and Why Are Some Therapists Better Than Others? 27
Unifying Effective Psychotherapies: Tracing the Process of Change 27

ARTICLE-BASED PROGRAMS

Monitor CE Corner 32–33
Are You Burned Out? Here Are the Signs and What to Do About Them
Cultural Distinctions in Whether, When and How People Engage in Suicidal Behavior
Embracing a Gender-Affirmative Model for Transgender Youth
HIV Laws That Appear to Do More Harm Than Good
New Paths for People With Prolonged Grief Disorder
Practice Makes Perfect: Strategies That Hone Practitioners’ Skills
Psychological Testing Assessments Are Going High-Tech
Should a Clinician Use Telehealth to See Patients While Traveling?
Should This Therapist Testify at a Divorced Couple’s Custody Hearing?
Using Technology to Captivate Learners: New Research From Psychologists
What Should You Do If a Case Is Outside Your Skill Set?

The Counseling Psychologist Series (Vol. 46) 34–35
VOD PROGRAMS

Learn more about the hottest topics in psychology in a way that fits your interests, schedule, and budget with our growing catalog of video on-demand programs.
Clinician’s Corner

Strengthen your expertise and increase your knowledge of crucial clinical topics in these VOD programs adapted from APA’s Clinician’s Corner Workshops—our live webcast series led by leading practitioners and professional practice scholars.

Clinician’s Corner video on-demand programs can be viewed online at any time and are tablet/iPad ready.

ALL PROGRAMS INCLUDE CE CREDITS
APA MEMBER $65 | NONMEMBER $80

FOR A COMPLETE LIST OF PROGRAMS, FULL DESCRIPTIONS, AND TO PURCHASE ONLINE, VISIT APA.CONTENT.ONLINE
NEW RELEASES

CE CREDITS 3
ACCEPTANCE-BASED APPROACHES FOR OBESITY AND CLIENT WEIGHT CONCERNS (2018)
Presented by Margit I. Berman
In this workshop, participants learn about the need for and evidence supporting acceptance-based approaches to weight concerns, including Acceptance and Commitment Therapy (ACT) and Health at Every Size (HAES®), as well as an integrative psychotherapy, Accept Yourself, which combines ACT and HAES to enhance the mental and physical health of psychologically distressed obese women.

CE CREDITS 3
DESIGNING AND REPORTING QUALITATIVE CLINICAL RESEARCH (2018)
Presented by Heidi M. Levitt
This workshop provides an overview of qualitative methods, with a focus on the design and publication of clinical research. Attendees learn about key features of common qualitative methods and epistemological approaches to inquiry, how to select methods to achieve their goals, and how to adapt procedures to their clinical questions, settings, and research participant characteristics.

CE CREDITS 3
APPLYING BRIEF MOTIVATIONAL INTERVIEWING IN HEALTHCARE SETTINGS: FROM ENGAGING TO PLANNING (2018)
Presented by Scott Glassman
Motivational Interviewing is an evidence-based conversational style that enhances a person’s readiness for positive changes. This workshop introduces participants to adaptations of MI that fit well within brief consultations (10-15 minutes), addressing key practice tips that span the relational and technical sides of this style.

CE CREDITS 3
APPLYING HOPE TO COUPLE THERAPY (2018)
Presented by Jennifer S. Ripley
Workshop attendees gain tools to implement the empirically supported treatment modality of hope-focused couples therapy with couple assessment, key change interventions, and case examples. This workshop highlights the revised approach, focusing on hope through a strategy of building love, work, and faith and repairing emotional bonds through forgiveness and reconciliation.

CE CREDITS 3
GROUP DELIVERY OF PTSD TREATMENT WITH EXPOSURE, COGNITIVE, AND BEHAVIORAL MODULES (2018)
Presented by Diane T. Castillo
This workshop reviews background and findings from a randomized controlled trial on a unique three-member group protocol for PTSD, which includes structured modules of exposure, cognitive, and skills-based treatments. The majority of the workshop focuses on teaching the delivery of the three-component structured group with time for discussion.

CE CREDITS 3
Presented by Vonetta Dotson
This workshop provides an overview of brain changes that are generally associated with aging, including key differences associated with some of the most common pathological processes, such as Alzheimer’s disease and vascular dementia. The impact of age-related brain changes on cognitive functioning and functional abilities is discussed. Finally, this workshop highlights both negative (e.g., vascular disease) and positive (e.g., cognitive reserve, exercise) modifiers of age-related brain changes.
CE CREDITS 3
IMPROVING PSYCHOLOGICAL ASSESSMENT REPORT WRITING (2018)
Presented by A. Jordan Wright
This workshop focuses on strategies and necessary components for writing effective psychological assessment reports, including common pitfalls and problems with many more traditional reports. The focus is on understanding and tailoring reports to the appropriate audience while balancing the professionalism and scientific nature of psychological assessment with readability and comprehensibility by nonpsychologists.

CE CREDITS 3
Presented by Mary Alice Fisher
Our Ethics Code allows us to offer only “conditional” confidentiality. The initial informed consent conversation is our first and best chance to protect confidentiality rights; but clinically, what is the impact of beginning a relationship by warning that we might disclose what we hear? How can we describe legally-imposed “limits of confidentiality” if we aren’t sure what they really are? For navigating this ethical-clinical-legal maze, we use a practice model and checklists from the presenter’s APA book.

CE CREDITS 3
SOLUTIONS FOR FEMALE ORGASM PROBLEMS: HELPING CLIENTS BECOME CLITERATE (2018)
Presented by Laurie Mintz
This workshop reviews statistics on the large number of women who have difficulty reaching orgasm with partners and outlines the cultural and individual reasons for this concern. Accurate information on female sexual anatomy and response is provided. A detailed treatment program for women who have difficulty reaching orgasm is presented.

CE CREDITS 3
UNDERSTANDING TRAUMA AND STRESS DISORDERS (2018)
Presented by Greg Neimeyer
Trauma and stress disorders have gained diagnostic ascendency in the DSM-5, distinguishing themselves from the categories of anxiety disorder, obsessive-compulsive disorders, and dissociative disorders. This workshop addresses the distinguishing features of trauma and stress disorders and recent developments in relation to their conceptualization, diagnosis, and treatment, including the new APA Clinical Practice Guideline for the Treatment of PTSD.
### ADDITIONAL CLINICIAN’S CORNER PROGRAMS

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<th>PROGRAM DESCRIPTION</th>
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<td><strong>3</strong></td>
<td><strong>AFFIRMATIVE COUNSELING AND PSYCHOLOGICAL PRACTICE WITH GENDER DIVERSE CLIENTS (2017)</strong>&lt;br&gt;Presented by Lore M. Dickey and Anneliese A. Singh&lt;br&gt;Participants develop an understanding of ways to work with gender diverse clients in a clinical practice setting.</td>
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<tr>
<td><strong>3</strong></td>
<td><strong>CLINICAL SUPERVISION THROUGH A NEW LENS (2017)</strong>&lt;br&gt;Presented by Carol Falender&lt;br&gt;This workshop provides participants with a framework of competency-based supervision, new guidelines, and best practices, including the most current perspectives and developments.</td>
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<tr>
<td><strong>3</strong></td>
<td><strong>CONCEPTS IN THE TREATMENT OF THE CHRONIC PAIN TRIAD</strong>&lt;br&gt;Pain, Insomnia, and Emotional Distress (2017)&lt;br&gt;Presented by Robert S. Meyers&lt;br&gt;This workshop introduces clinicians to a basic level of understanding of the theory and concept behind psychological therapy that help address the patient’s pain experience.</td>
</tr>
<tr>
<td><strong>3</strong></td>
<td><strong>DUAL LOYALTY IN SECURITY SETTINGS</strong>&lt;br&gt;Challenges for Psychologists (2017)&lt;br&gt;Presented by Homer Venters&lt;br&gt;Dual loyalty is not a human rights violation but it can lead to human rights violations, especially when health providers do not advocate for the welfare of their patients. This workshop introduces dual loyalty through case scenarios and discussion questions.</td>
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<tr>
<td><strong>3</strong></td>
<td><strong>FUNDAMENTAL PRINCIPLES AND EMERGING ISSUES IN ETHICS</strong>&lt;br&gt;Part I (2017)&lt;br&gt;Presented by Robert Kinscherff&lt;br&gt;This workshop distinguishes among ethics, law, risk management, and clinical decision-making before reviewing research regarding the pattern and trends over recent years in complaints filed against practicing psychologists.</td>
</tr>
</tbody>
</table>
Professional Development

Enhance your skills and knowledge for both personal and professional development with this series of targeted trainings presented by leading experts in the field.

Professional Development Programs can be viewed online at any time and are tablet/iPad ready.

FOR A COMPLETE LIST OF PROGRAMS, FULL DESCRIPTIONS, AND TO PURCHASE ONLINE, VISIT APA.CONTENT.ONLINE
NEW RELEASES

INCORPORATING TECHNOLOGY INTO CLINICAL PRACTICE (2018)
Telepsychology and technology-enhanced practice already figure prominently in today’s health care and will likely become a staple in future psychological practice. Technology is increasingly being integrated into health services, receiving support from the U.S. Health Information Technology for Economic and Clinical Health (HITECH) Act. The goal of this training is to provide psychologists with important knowledge, skills, and experience related to the use of telepsychology and technology in their work.

This multiunit training focuses on the circumstances in which the use of technology is warranted or proscribed; the use of technology in assessment and monitoring of patients; ways to enhance psychotherapy with online programs and mobile applications; the therapeutic alliance in telepsychology; the use of technology in empirically supported interventions to reduce target symptoms (particularly for individuals with stress, anxiety, mood, and eating disorders); online groups for treatment and supervision; assessment of clients’ use of social media and digital platforms; and safety procedures as well as ethical issues in integrating telepsychology and technology into treatment.

CE CREDITS 9  |  APA MEMBER $145  |  NONMEMBER $195

ON THE PREVENTION OF MENTAL, EMOTIONAL, AND BEHAVIORAL DISORDERS: CONTEXT, ISSUES, RECOMMENDATIONS (2018)
Presented by Ricardo F. Muñoz
This course reviews the progress of prevention science for the past five decades, with a special focus on the prevention of depression. The presenter reviews the findings and recommendations of the two Institute of Medicine reports on the prevention of mental disorders, summarizes the results of the more than 40 randomized controlled depression prevention trials, and the evidence base for Internet interventions for the treatment and prevention of major depression.

CE CREDITS 1  |  APA MEMBER $25  |  NONMEMBER $35
ADDITIONAL PROFESSIONAL DEVELOPMENT PROGRAMS

THE ART (AND SCIENCE) OF EXCELLENT MENTORING SERIES
Presented by W. Brad Johnson
This series provides evidence-based rules of engagement for developing high-impact mentoring relationships and addresses some of the most salient and consistent ethical challenges and tensions for mentors in any organization or context.

TO VIEW THE FREE ON-DEMAND VIDEOS, VISIT PSYCIQ.APA.ORG/ART-SCIENCE-EXCELLENT-MENTORING
TO EARN CE CREDIT, PURCHASE THE EXAM AT WWW.APA.ORG/EDUCATION/CE
PER PROGRAM: CE CREDIT 1 | APA MEMBER $15 | NONMEMBER $20

BECOMING A MASTER MENTOR (2017)  ETHICAL ISSUES IN MENTORING RELATIONSHIPS (2017)

IMPROVING PRACTICE DELIVERY SERIES
Presented by Jeff Zimmerman
From solo practice to large group practice, whether for profit or not for profit, the concepts presented in this series can help strengthen the organization in which services are delivered.

TO VIEW THE FREE ON-DEMAND VIDEOS, VISIT PSYCIQ.APA.ORG/IMPROVING-PRACTICE-DELIVERY-SERIES
TO EARN CE CREDIT, PURCHASE THE EXAM AT WWW.APA.ORG/EDUCATION/CE
PER PROGRAM: CE CREDIT 1 | APA MEMBER $15 | NONMEMBER $20


HOW TO CREATE AND IMPLEMENT A VISION FOR YOUR PRACTICE (2017)  PRACTICE HEALTH METRICS (2017)

LEADERSHIP
A Three-Part Series
Presented by John A. Kline
This series presents the fundamentals of servant leadership—a leader or an organization that seeks first to serve others. The presentations cover effective communication, managing people and processes, and positively transforming people and organizations.

TO VIEW THE FREE ON-DEMAND VIDEOS, VISIT PSYCIQ.APA.ORG/LEADERSHIP-THREE-PART-SERIES
TO EARN CE CREDIT, PURCHASE THE EXAM AT WWW.APA.ORG/EDUCATION/CE
PER PROGRAM: CE CREDIT 1 | APA MEMBER $15 | NONMEMBER $20


LEADERSHIP AND COMMUNICATION (2017)
### Substance Use Disorders and Addictions Series

Over the past few decades, great advances have been made in understanding the psychology of substance use disorders (SUDs) and addictions. This five-part series is designed to provide psychologists and psychology students with cutting-edge information about SUDs and addictive behaviors.

To view the free on-demand videos, visit [PSYCIQ.APA.ORG/SUBSTANCE-USE-DISORDERS-ADDICTIONS-SERIES](http://PSYCIQ.APA.ORG/SUBSTANCE-USE-DISORDERS-ADDICTIONS-SERIES)

To earn CE credit, purchase the exam at [WWW.APA.ORG/EDUCATION/CE](http://WWW.APA.ORG/EDUCATION/CE)

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#### Evidence-Based Clinical Practice Guidelines for the Management of Substance Use Disorders (2017)

*Presented by Daniel Kivlahan*

#### Overview of Substance Use Disorders and Addictions (2017)

*Presented by Kenneth Sher*

#### Screening, Brief Intervention, and Referral for Treatment (SBIRT) for Substance Use Disorders and Addictions (2017)

*Presented by Carlo DiClemente*

#### Using Technology in Clinical Practice (TCP) (2017)

*Presented by C. Barr Taylor, Shiri Sadeh-Sharvit, Nick Jacobson, Josef I. Ruzek, Elsa Rojas-Ashe, and Joseph Bankman*

This course provides important knowledge and skills to help clinicians navigate the opportunities, considerations, and challenges associated with the use of technology in their work. Participants will learn how psychologists can operate more effectively and ethically in a world of electronic media, access online communication tools, and develop specialized platforms to complement their work.

To purchase, visit [APA.CONTENT.ONLINE](http://APA.CONTENT.ONLINE)

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ETHICS

ETHICS CONVERSATIONS: SESSION 1
CE CREDITS 1.5

ETHICS CONVERSATIONS: SESSION 2
CE CREDITS 1.5

Robert Kinscherff, PhD, JD, addresses viewer-inspired ethical scenarios in this program. The first hour is dedicated to Dr. Kinscherff’s ethical considerations, followed by 30 minutes dedicated to questions, answers, and discussion with participants. Since specific options for ethical resolution of scenarios may be shaped by law, regulations, and professional resources and practices found in different jurisdictions and locations, Dr. Kinscherff’s discussion cannot be relied upon as legal advice or solely relied upon for making decisions in the case scenarios discussed.

PRESENTER
Dr. Kinscherff is a clinical/forensic psychologist and attorney who currently serves on the administration and the doctoral clinical psychology faculty at William James College. He is also a member of the science faculty at the Center for Law, Brain, and Behavior at Massachusetts General Hospital for projects on neurodevelopment, law, and science-based decision-making in legal proceedings. He is senior associate at the National Center for Mental Health and Juvenile Justice. In addition, he is past two-term chair of the APA Ethics Committee and has published and taught widely in ethics, law, and professional practice.

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CE CREDITS 4

ASSESSMENT OF OLDER ADULTS WITH DIMINISHED CAPACITY
A Handbook for Psychologists (2014)
American Bar Association and American Psychological Association Assessment of Capacity in Older Adults
Project Working Group

APA MEMBER NONMEMBER
EXAM 45 items $60 $80
BOOK 186 pages — —

This free publication of the APA Office on Aging is available at on.apa.org/aging-assessment.

CE CREDITS 2

BLUEPRINT FOR CHANGE
Achieving Integrated Health Care for an Aging Population (2014)
Sharon Stephens Brehm

APA MEMBER NONMEMBER
EXAM 35 items $30 $40
BOOK 81 pages — —

This free publication of the APA Office on Aging is available at on.apa.org/aging-ihc.

CE CREDITS 6

EMOTION, AGING, AND HEALTH (2016)
Edited by Anthony D. Ong and Corinna E. Löckenhoff

APA MEMBER NONMEMBER
EXAM 30 items $90 $120
BOOK 237 pages $59.95 $79.95

This book explores the reciprocal relations between aging and emotion as well as applications for promoting mental and physical health across the lifespan.

ANXIETY AND DEPRESSION

CE CREDITS 7

TREATMENT OF LATE-LIFE DEPRESSION, ANXIETY, TRAUMA, AND SUBSTANCE ABUSE (2014)
Patricia A. Areán

APA MEMBER NONMEMBER
EXAM 35 items $105 $140
BOOK 253 pages $49.95 $59.95

ANXIETY AND DEPRESS

CE CREDITS 7

SOCIAL ANXIETY IN ADOLESCENTS AND YOUNG ADULTS
Translating Developmental Science Into Practice (2011)
Edited by Candice A. Alfano and Deborah C. Beidel

APA MEMBER NONMEMBER
EXAM 60 items $105 $140
BOOK 310 pages $29.96 $39.95

This book examines social anxiety in the lives of young people (aged 12 to 25) in the context of dating and romantic relationships, alcohol and drug use, performance anxiety and school refusal, and alongside comorbid disorders such as depression.

CHILDREN AND ADOLESCENTS

CE CREDITS 5

EMPIRICALLY BASED PLAY INTERVENTIONS FOR CHILDREN
Edited by Linda A. Reddy, Tara M. Files-Hall, and Charles E. Schaefer

APA MEMBER NONMEMBER
EXAM 40 items $75 $100
BOOK 296 pages $52.46 $69.95

This book is a comprehensive guide to evidence-based play interventions for children, including techniques and strategies for addressing a wide range of developmental, emotional, and behavioral challenges.
Neuropsychological Assessment and Intervention for Youth: An Evidence-Based Approach to Emotional and Behavioral Disorder (2013)
Edited by Linda A. Reddy, Adam S. Weissman, and James B. Hale

This book is the first comprehensive text that bridges the gap between neuropsychological assessment and intervention for children and adolescents with prevalent emotional and behavioral disorders.

| EXAM  | APA MEMBER | $150 | NONMEMBER | $200 |
| BOOK  | 364 pages  | $44.96 |           | $59.95 |

Edward R. Christophersen and Susan Mortweet VanScoyoc

This book provides a taxonomy of personality traits that are dark—or have maladaptive characteristics—and are connected to destructive behaviors and interpersonal problems.

| EXAM  | APA MEMBER | $180 | NONMEMBER | $240 |
| BOOK  | 389 pages  | $52.46 |           | $69.95 |

Affirmative Counseling and Psychological Practice with Transgender and Gender Nonconforming Clients (2016)
Edited by Anneliese A. Sing and Lore M. Dickey

This clinical guide reviews theory-based strategies for affirmative, competent practice with transgender and gender nonconforming clients of different ages, ethnicities, sexual orientations, and religious backgrounds.

| EXAM  | APA MEMBER | $165 | NONMEMBER | $220 |
| BOOK  | 274 pages  | $52.46 |           | $69.95 |

Psychoanalytic Theory and Cultural Competence in Psychotherapy (2016)
Pratyusha Tummala-Narra

This book presents a theoretical framework that reflects the realities of clients’ lives and addresses the complex sociocultural issues that influence their experiences, identity, and psychological health.

| EXAM  | APA MEMBER | $120 | NONMEMBER | $160 |
| BOOK  | 301 pages  | $52.46 |           | $69.95 |
### Clinical Psychology

#### Neuropsychology

**CE Credits 5**

**The Neuroscience of Risky Decision Making** (2014)

Edited by Valerie F. Reyna and Vivian Zayas

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### Clinical Psychology

#### Professional Resources for Practice

**Best Seller**

**A Practitioner’s Guide to Telemental Health**

How to Conduct Legal, Ethical, and Evidence-Based Telepractice (2016)

David D. Luxton, Eve-Lynn Nelson, and Marlene M. Maheu

With telehealth services, physical distance can create ethical and safety challenges. Such challenges are manageable when following the best practices outlined in this book, which illustrates how to conduct mental health services via videoconferencing and other technologies.

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### Clinical Psychology

#### Psychotherapy

**Best Seller**

**Attachment-Based Psychotherapy in Practice**

Helping Patients Develop Adaptive Capacities (2013)

Peter C. Costello

This book presents an attachment-based approach to therapy that addresses the limiting and detrimental effects of negative early attachment experiences. Therapists will learn to help patients access and communicate more adaptive feelings, thoughts, and behaviors.

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**CE Credits 10**

**Clinical Decision Making in Mental Health Practice** (2016)

Edited by Jeffrey J. Magnavita

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**New**

**A Practical Guide to Cultivating Therapeutic Presence** (2017)

Shari M. Geller

This book outlines easy-to-use exercises that clinicians can implement in sessions and in their daily lives to develop therapeutic presence.

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#### Specific Approaches and Populations

**CE Credits 3**

**Autism Spectrum Disorder**

A Clinical Guide for General Practitioners (2014)

V. Mark Durand

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**CE Credits 5**

**Decision Making in Behavioral Emergencies**

Acquiring Skill in Evaluating and Managing High-Risk Patients (2014)

Phillip M. Kleespies

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This companion book to *Clinical Supervision: A Competency-Based Approach* makes the leap from theory and research to the real-life, hands-on implementation of the elements of successful supervision.

**CE CREDITS 8**

**CASEBOOK FOR CLINICAL SUPERVISION**

*A Competency-Based Approach* (2008)

*Edited by Carol A. Falender and Edward P. Shafranske*

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**CE CREDITS 8**

**MULTICULTURALISM AND DIVERSITY IN CLINICAL SUPERVISION**

*A Competency-Based Approach* (2014)

*Edited by Carol A. Falender, Edward P. Shafranske, and Celia J. Falicov*

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**CE CREDITS 4**

**SUPERVISION ESSENTIALS FOR COGNITIVE-BEHAVIORAL THERAPY** (2016)

*Cory F. Newman and Danielle A. Kaplan*

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**CE CREDITS 5**

**SUPERVISION ESSENTIALS FOR EMOTION-FOCUSED THERAPY** (2016)

*Leslie S. Greenberg and Liliana Ramona Tomescu*

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**CONSULTING**

**CE CREDITS 4**

**USING FEEDBACK IN ORGANIZATIONAL CONSULTING** (2015)

*Jane Brodie Gregory and Paul E. Levy*

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DEATH, GRIEF, AND SUICIDIOLOGY

CE CREDITS 8
COGNITIVE THERAPY FOR SUICIDAL PATIENTS
Scientific and Clinical Applications (2009)
Amy Wenzel, Gregory K. Brown, and Aaron T. Beck

This book crystallizes over three decades of basic, clinical, and therapeutic research, providing a comprehensive review of the literature on psychological factors associated with suicidal behavior.

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EDUCATIONAL/SCHOOL PSYCHOLOGY

CE CREDITS 5
IMPLEMENTATION OF MENTAL HEALTH PROGRAMS IN SCHOOLS
Susan G. Forman

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ETHICS IN PSYCHOLOGY

CE CREDITS 6
GRIEF IN CHILDHOOD
Fundamentals of Treatment in Clinical Practice (2010)
Michelle Y. Pearlman, Karen D'Angelo, Karen Schwalbe, and Marylène Cloitre

This book presents Integrated Grief Therapy for Children—an evidence-based model for treating bereaved children that draws extensively on cognitive–behavioral, family systems, and narrative approaches to therapy.

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DISORDERS AND PATHOLOGIES

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OBSESSIVE-COMPULSIVE DISORDER AND ITS SPECTRUM
A Life-Span Approach (2014)
Edited by Eric A. Storch and Dean McKay

This book describes an easily applied decision-making process based on positive ethics and bolstered by numerous case examples that will help psychotherapists reach the best solutions possible.

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<td>BOOK 418 pages</td>
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This book, based on the APA Ethics Code, reviews the unique ethical issues that psychologists encounter when working as consultants in business and other organizational settings at three levels of practice: individual, group, and organizational.

**THE ETHICAL PRACTICE OF CONSULTING PSYCHOLOGY**  
*Rodney L. Lowman and Stewart E. Cooper*

This book represents the confluence of ethics with supervision and consultation. Supervisors and consultants are provided with both theoretical concepts and practical strategies for incorporating ethical principles into their work.

**THE ETHICS OF SUPERVISION AND CONSULTATION**  
*Janet T. Thomas*

Working with older adults can present a unique array of ethical issues. This book presents a decision-making framework and clinical vignettes to help clinicians navigate these complex quandaries.

**ETHICAL PRACTICE IN GEROPSYCHOLOGY**  
*Shane S. Bush, Rebecca S. Allen, and Victor A. Molinari*

This third edition summarizes the conceptual and empirical support for the Five-Factor Model, the most heavily researched and empirically supported dimensional model of general personality structure.

**PERSONALITY DISORDERS AND THE FIVE-FACTOR MODEL OF PERSONALITY**  
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HEALTH PSYCHOLOGY

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A Science-Based Framework for Behavioral Health Care (2014)
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Enhancing Personal and Social Well-Being (2015)
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NEW
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PSYCHOLOGICAL TREATMENT OF MEDICAL PATIENTS IN INTEGRATED PRIMARY CARE (2017)
Anne C. Dobmeyer

This concise guide offers a primer for behavioral health care professionals who are new to integrated primary care systems, with a particular focus on the primary care behavioral health model of integrated service delivery.

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Evidence-Based Strategies for Social, Emotional, and Academic Success (2016)
Dennis J. Simon

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THE STIGMA OF DISEASE AND DISABILITY Understanding Causes and Overcoming Injustices (2014)
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EXAM            $90             $120
BOOK            $52.46          $69.95

NEW
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COGNITIVE BEHAVIORAL THERAPY TECHNIQUES AND STRATEGIES (2016)
Amy Wenzel, Keith S. Dobson, and Pamela A. Hays

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BEST SELLER

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FORENSIC EVALUATION AND TREATMENT OF JUVENILES
Innovation and Best Practice (2015)
Edited by Randall T. Salekin

This book is a practical guide that will help psychologists answer important psycho-legal questions to properly assess and treat juvenile offenders. These guidelines primarily focus on disposition evaluations, which describe adolescent offenders and paths to rehabilitation, and transfer evaluations, which determine whether juveniles should be moved to adult courts.

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UNIFYING EFFECTIVE PSYCHOTHERAPIES: TRACING THE PROCESS OF CHANGE (2018)
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**MULTICULTURAL CARE**
Lillian Comas-Diaz

This book offers a comprehensive, practical approach for integrating multicultural sensitivity into clinical practice. Ample clinical vignettes and clear, easy-to-remember tools demonstrate the application of cultural competence in various areas of practice, including self-awareness, assessment, engagement, treatment, psychopharmacology, testing, folk healing, and general multicultural consciousness.

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**PSYCHOLOGICAL PRACTICE WITH WOMEN**
Edited by Carolyn Zerbe Enns, Joy K. Rice, and Roberta L. Nutt

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**TRANSCULTURAL COMPETENCE**
*Navigating Cultural Differences in the Global Community* (2015)
Jerry Glover and Harris L. Friedman

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SPIRITUALITY, MINDFULNESS, AND RELIGION

**HANDBOOK OF PSYCHOTHERAPY AND RELIGIOUS DIVERSITY**
Edited by P. Scott Richards and Allen E. Bergin

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**EMOTION-FOCUSED THERAPY FOR COMPLEX TRAUMA**
*An Integrative Approach* (2010)
Sandra C. Paivio and Antonio Pascual-Leone

This book looks at 15 years of research involving clinical trials, observation, and analysis of therapy sessions, as well as the authors’ extensive clinical experience, to describe precisely how Emotion-Focused Therapy for Trauma works to heal complex trauma.

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**TREATING PTSD WITH COGNITIVE-BEHAVIORAL THERAPIES**
Candice M. Monson and Philippe Shnaider

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Causes, Manifestations, and
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Edited by Phillip R. Shaver and
Mario Mikulincer

This book provides a broad-based and multidisciplinary analysis of aggression and violence, their negative consequences, and promising interventions.

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THE CULTURAL DISTINCTIONS IN WHETHER, WHEN AND HOW PEOPLE ENGAGE IN SUICIDAL BEHAVIOR (2018)
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This article discusses how practitioners are moving toward a gender-affirmative model of care even as the research is rapidly evolving.
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Dena M. Abbott and Debra Mollen
The authors explore how atheists’ identity can have an impact on their physical and psychological well-being. The current study examined the impact of factors such as stigma, anticipated stigma, social support, outness and well-being. Implications for training, practice, and future research are also discussed.

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No. 5: CHARACTER STRENGTHS AND FIRST-YEAR COLLEGE STUDENTS’ ACADEMIC PERSISTENCE ATTITUDES: AN INTEGRATIVE MODEL
Brandon R. Browning, Ryan C. McDermott, Marjorie E. Scaffa, Nathan R. Booth, and Nicole T. Carr
The authors examine how counseling psychologists may assist their current institutions in understanding, integrating, and applying research on student character strengths as predictors of academic persistence. A study was conducted to examine the mediating effects of academic integration on the associations between character strengths and institutional commitment among first-year college students.

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No. 4: PERSONAL GROWTH INITIATIVE IN THE THERAPEUTIC PROCESS: AN EXPLORATORY STUDY
Ingrid K. Weigold, Rebecca A. Boyle, Arne Weigold, Stephen Z. Antonucci, Heike B. Mitchell, and Caitlin A. Martin-Wag
The authors conduct a study to examine the clinical implications of the Personal Growth Initiative on the therapeutic process. They examined PGI across a sample of 295 clients to assess PGI at two distinct time intervals to evaluate its impact on psychological distress and well-being. Results of the study are discussed as well as clinical and future implications.

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No. 3: ACCULTURATION EXPERIENCES AMONG LESBIAN, GAY, BISEXUAL, AND TRANSGENDER IMMIGRANTS IN CANADA
Nate Fuks, Nathan Grant Smith, Sandra Peláez, Jack De Stefano, and Tyler L. Brow
The authors discuss the acculturation process of LGBT immigrants in Canada and provide insights on clinical, policy, and research implications. The article focuses on how LGBT immigrants’ culture of origin and Canadian culture influenced their sexual and gender identity development before and after immigration.

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No. 2: BECOMING AN ADVOCATE: PROCESSES AND OUTCOMES OF A RELATIONSHIP-CENTERED ADVOCACY TRAINING MODEL
Lisa A. Goodman, Joshua M. Wilson, Janet E. Helms, Nettie Greenstein, and Julia Medzhitova
The authors discuss the emerging importance of incorporating social justice advocacy training into graduate training programs in counseling and psychology; however, they identify a gap in understanding how students acquire and apply key advocacy skills. In their current study, they evaluated students who were involved in the Community Advocacy Project to better understand the developmental process of becoming an advocate and make future recommendations about key findings in the study.

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