

ACTIVITY 6.2

Grit Inventory

Concept

Students will participate in an inventory measuring their “grittiness.” They will create a connection between the theory of grit and their own lives.

Learning Targets

1. Students will participate in an assessment measuring their current level of grit.
2. Students will identify cognitive and or behavioral characteristics of grit.

Materials

1. Computer and Internet access
2. [Handout 6.2: Grit Inventory](#)

Time

15 Minutes

Instructions

1. Provide the students with [Handout 6.2: Grit Inventory](#). Preview the questions with the students before beginning the activity.
2. Ask for volunteers to share as a class or share reactions in small groups.

HANDOUT 6.2**Grit Inventory****Learning Targets**

1. Participate in an assessment measuring their current level of grit.
 2. Identify cognitive and or behavioral characteristics of grit in your own life.
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1. Complete the Grit Inventory found at angeladuckworth.com/grit-scale/
 2. Analysis of Results: Do you agree or disagree with your results? Provide a minimum of two reasons or examples to support your answer.