

ACTIVITY 4.2

Seeking Support at School

CONCEPT

This activity will help students to identify school resources for support.

MATERIALS

Seeking Support at School Handout

TIME

5-10 minutes

INSTRUCTIONS

Have students complete the handout. In small groups or as a class, have students share which of the school personnel they identified at their school and whether or not they know how to schedule appointments with school personnel.

Seeking Support at School Handout

Different schools may refer to some of these positions in varying ways or have different personnel within the school. For example, a school counselor may serve different roles in different schools.

Are there at least two adults that you trust at school?

☐ Yes

☐ No

☐ I don't know

If yes, please list the adults you trust:

Do you have a school counselor at your school?

☐ Yes

☐ No

☐ I don't know

If yes, do you know how to schedule an appointment with your school counselor?

☐ Yes

☐ No

Do you have a school psychologist at your school?

☐ Yes

☐ No

☐ I don't know

If yes, do you know how to schedule an appointment with your school psychologist?

☐ Yes

☐ No

Do you have a school social worker at your school?

☐ Yes

☐ No

☐ I don't know

If yes, do you know how to schedule appointment with your school social worker?

☐ Yes

☐ No