

CRITICAL THINKING EXERCISE 6.1**Children's Book Analysis****Concept**

Students will demonstrate their understanding of the concepts of growth mindset, grit, and resilience and explore the relationship between the concepts.

Learning Targets

1. Students will differentiate between the following concepts: mindset, grit and resilience.
2. Students will identify the relationship between the following concepts: mindset, grit and resilience.

Materials

- Variety of children's books
- [Handout CTE 6.1: Book Analysis and Recommendations](#)

Time

(2) 45-minute periods

Instructions

1. Provide the students with [Handout CTE 6.1: Book Analysis and Recommendations](#) and read the directions as a class. There are two parts to this assignment, a book analysis and book recommendations.
2. Students can work individually or in small groups. They should choose one book to analyze and identify examples or non-examples of a growth mindset, resilience, and grit in the story. They should record their answers on [Part One of Handout CTE 6.1: Book Analysis and Recommendations](#).
3. After completing their analysis, students should make recommendations about how to change the story to better promote these traits. They should record their answers on [Part Two of Handout CTE 6.1: Book Analysis and Recommendations](#).
4. *Extension:* Ask the students to "re-write" the book that they analyzed to promote a growth mindset, resilience, and grit.

HANDOUT CRITICAL THINKING EXERCISE 6.1**Book Analysis and Recommendations****Learning Targets**

1. Differentiate between the following concepts: mindset, grit and resilience.
2. Identify the relationship between the following concepts: mindset, grit and resilience.

Directions

Select a children's book and analyze it through the lens of mindset, resilience, and grit. First, you will want to carefully read your book. Next, identify examples (or non-examples) of a growth or fixed mindset, resilience, and grit. Lastly, take on the role of editor for the children's book. What suggestions do you have to make it more effective in teaching mindset, resilience, and grit?

PART I: Book Analysis

Reading Selection	Example	Explanation: Identify if this is an example OR non-example and explain your reasoning.
	Growth mindset Resilience Grit	
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PART II: Book Recommendations

What suggestions do you have to make it more effective in teaching mindset, resilience, and grit? Give me 2-3 SPECIFIC examples directly related to the book.