



# APA Resources for High School Students

APA regularly develops resources to support high school students in their psychology education and in applying psychology to everyday life and school. APA's high school psychology resources can help you:

- Discover how taking a psychology course in high school can teach you how to be a better student, prepare you for any career, and help you better understand your world.
- Learn how to sharpen skills like studying, coping with stress, and more!
- Read about competitions, programs, and publications specifically for high school students.
- Explore career options.
- Learn about how psychology improves society and changes lives.

**To explore APA's resources for high school psychology students, visit [on.apa.org/highschool](https://on.apa.org/highschool) or scan this QR code.**



## OTHER WAYS TO CONNECT WITH APA

- **Subscribe to the Psychology Student Network (PSN) newsletter:** [apa.org/ed/precollege/psn](https://apa.org/ed/precollege/psn)
- **Listen to the Speaking of Psychology podcast:** [apa.org/news/podcasts/speaking-of-psychology](https://apa.org/news/podcasts/speaking-of-psychology)
- **Check out APA's YouTube Channel:** [youtube.com/theapavideo](https://youtube.com/theapavideo)
- **Follow APA on Twitter and Facebook:** [twitter.com/apa](https://twitter.com/apa) and [facebook.com/AmericanPsychologicalAssociation](https://facebook.com/AmericanPsychologicalAssociation)

## BECOME AN APA STUDENT AFFILIATE MEMBER!

Did you know that high school students interested in psychology, or pursuing a major or career in psychology, can become APA student affiliate members at a discounted rate? APA high school student affiliate members get access to benefits like:

- Free subscriptions to APA's *The Monitor on Psychology* magazine and the *American Psychologist* journal
- Discounted registration rates for APA's annual convention
- And more!

**TO LEARN MORE AND BECOME A MEMBER, VISIT [APA.ORG/MEMBERS/YOUR-MEMBERSHIP/HIGH-SCHOOL-STUDENT](https://APA.ORG/MEMBERS/YOUR-MEMBERSHIP/HIGH-SCHOOL-STUDENT)**



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