



Exam Wrapper

Purpose: *Metacognition* is the ability to plan, monitor, and evaluate your learning processes, which is an important skill for academic success. This assignment is designed to give you practice using metacognitive skills. This assignment emphasizes planning and evaluation.

Pre-exam planning (To give to students before the exam):

The content with which I am MOST comfortable is: _____

The content about which I am still confused or unable to apply is: _____

Monitor: Using the scale below: If I were taking exam NOW – I would expect to get....

F	D	C	B	A
Cannot define terms		Can explain content to other		Can apply content to new situations

What do you plan to do (specifically) between now & exam time?:



Post-exam: Evaluate (To give to students after the exam):

Task Instructions: For each question on which you did not receive full points, identify the reason why:

- **Misremembered** (I confused the facts)
- **Unprepared** (I didn't study/review/practice that concept or skill enough)
- **Misunderstood** (it never "clicked," so I need to talk to my teacher)
- **Misread** (I didn't follow directions or I didn't give specific support)

	Misremembered	Misunderstood	Misread	Unprepared
Number of questions missed due to:				

Specific things I did to get ready for the exam were (check ALL that apply)

Review sheets: ___ Completed without looking at notes ___ Completed from looking at notes

___ Did not complete ___ Did not start

Review methods: ___ Had someone quiz me ___ Met with study group/partner ___ Made flashcards

___ Taught vocab to someone else ___ Create my own mnemonic(s) ___ Made vocab terms into song/poem

___ Other: _____

Review timeline: ___ Studied 2 days prior ___ Studied the night before ___ Studied the morning of

___ Looked at notes right before exam ___ I didn't study

I believe that my input (what I did to get ready for the exam) (circle 1: *does/does not*) match my outcome

Intentional Implementation: Three specific things I WILL DO to get ready for the NEXT exam:

Criteria for Success: I can...

Accurately connect preparation strategies used to the types of mistakes made	Accurately identify the reason(s) for missed questions	Unable to assess the reasons for my mistakes without assistance
Explain the specific benefits of the exam preparation strategies tailored to my mistakes	Link general preparation strategies to my personal improvement	Plan general exam preparation strategies