



AMERICAN
PSYCHOLOGICAL
ASSOCIATION

APA Guidelines for the Undergraduate Psychology Major: Version 3.0

Empowering People to Make a Difference in Their Lives and Communities

LEARNING GOALS AND OUTCOMES

GOAL 1

Content Knowledge and Applications

- 1.1 Describe key concepts, principles, and theories in psychological science
- 1.2 Develop a working knowledge of psychology's major subfields
- 1.3 Portray significant aspects of the history of psychological science
- 1.4 Apply psychological content to solve practical problems
- 1.5 Provide examples of psychology's integrative themes*

GOAL 2

Scientific Inquiry and Critical Thinking

- 2.1 Exercise scientific reasoning to investigate psychological phenomena
- 2.2 Interpret, design, and evaluate psychological research
- 2.3 Incorporate sociocultural factors in scientific research practices
- 2.4 Use statistics to evaluate quantitative research findings

GOAL 3

Values in Psychological Science

- 3.1 Employ ethical standards in research, practice, and academic contexts
- 3.2 Develop and practice interpersonal and intercultural responsiveness
- 3.3 Apply psychological principles to strengthen community and improve quality of life

GOAL 4

Communication, Psychological Literacy, and Technology Skills

- 4.1 Interact effectively with others
- 4.2 Write and present effectively for different purposes
- 4.3 Provide evidence of psychological literacy
- 4.4 Exhibit appropriate technological skills to improve communication

GOAL 5

Personal and Professional Development

- 5.1 Exhibit effective self-regulation
- 5.2 Refine project management skills
- 5.3 Display effective judgment in professional interactions
- 5.4 Cultivate workforce collaboration skills
- 5.5 Demonstrate appropriate workforce technological skills
- 5.6 Develop direction for life after graduation

American Psychological Association

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For the complete Guidelines, see
www.apa.org/about/policy/education

