



NEUROPSYCHOLOGIST

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Please describe the area of psychology you practice. For example, what does your day-to-day schedule look like?

As a neuropsychologist, my main role is to evaluate adults who are referred for possible neurocognitive disorders (e.g., Alzheimer's disease). Day-to-day, this involves chart review, comprehensive clinical interview with the patient, choosing appropriate cognitive exams and battery, administration of the neuropsychological exam, scoring, and report writing. If needed and with patient consent, I make calls to obtain collateral information (e.g., spouse, caregiver), if the patient attended the session alone. I may also collaborate with an interdisciplinary team to better integrate information (e.g., neuroimaging). Once the report is finished, I have a feedback session with the patient to discuss results and also communicate the information to the referring provider.



Were there specific factors that led you to choose this area of psychology? Was there a critical moment that changed your career trajectory?

Working through neuropsychology cases allows me to think about the intersection between brain structure, cognitive functions, and behavior, which is fascinating to me. Are there patterns? What is the cognitive profile, and does this match with what is seen behaviorally? I am also drawn to neurophysiology methods, like fMRI and EEG, which neuropsychology draws from. Working with adolescents who had recently experienced a first psychotic episode

was critical in me deciding to specialize in neuropsychology, given that a good amount of individuals tend to experience cognitive difficulties. I observed some of the issues they were experiencing, and was motivated to learn about their strengths to help them recover using neurorehabilitation methods.

What advice would you give to an ECP who wants to pursue a position or additional training opportunities in this area of psychology?

Talking to people in roles you think are interesting can be a great way to find out more information generally, and they may also know of upcoming opportunities. This can be done at a relevant conference or even reaching out to someone on LinkedIn. If people are passionate about what they do (and have the time), they are usually willing to chat about their experiences, especially if the other person is excited and motivated.

Contact Us:
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For further resources, please check out our [ECP website](#) .

