

# Tenure-track Assistant Professor & Licensed Clinical Psychologist

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***Please describe the area of psychology you practice. What does your day-to-day schedule look like?***

I am a tenure-track assistant professor; licensed clinical psychologist, and I currently work as the clinical professor of a small college psychology department. My schedule varies by semester, but part of each day I teach classes such as psychopathology, intro to clinical psychology, and helping skills to undergraduate students. My other time is spent providing mentorship/advising to students and engaging in research. Additionally, I spend some evenings providing group therapy to refugees in my local community.



***What advice would you give to an ECP who wants to pursue a position or additional training opportunities in this area of psychology?***

Meeting people and networking are the best ways to learn about open positions and/or training opportunities. Take time to get to know your colleagues. You might be surprised at available opportunities.

Don't be afraid to step outside of your comfort zone. If you are interested in pursuing teaching at the college or grad school level, teaching adjunct courses can be a great way to get your foot in the door. Many schools will have openings for introductory psychology courses, or potentially more advanced courses in your area of expertise.



***Were there specific factors that led you to choose this area of psychology? Was there a critical moment that changed your career trajectory?***

My interest in clinical psychology began in my teenage years. I have two adopted siblings who have faced mental health challenges, so I was exposed to the realm of therapy early on. I wanted to know how trauma and adversity impacted the brain, and I also wanted to know what could be done about it. This interest was further solidified at the end of my PhD training, when I was selected for a clinical psychology internship with the US Army.

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