



AMERICAN
PSYCHOLOGICAL
ASSOCIATION

ESSENTIAL SCIENCE CONVERSATION:

AI IN PSYCHOLOGICAL ASSESSMENT: OPPORTUNITIES, RISKS, AND RESPONSIBLE PRACTICE (SEPTEMBER 24, 2026)

SESSION DESCRIPTION

Artificial Intelligence (AI) is rapidly transforming psychological and educational assessment, supporting tasks such as scoring, summarizing, reporting, and pattern recognition. When applied thoughtfully, AI has the potential to enhance efficiency, improve consistency, and expand access to high-quality assessment services. At the same time, its use raises important concerns related to bias, accuracy, and transparency. The APA Committee on Psychological Tests and Assessment (CPTA) has recently released new recommendations outlining domain-specific considerations and practical resources for AI use in assessment. Join the authors and leading experts for an engaging discussion on how to navigate opportunities and risks, make informed decisions about AI adoption, and uphold best professional practice.

Any opinions, findings, and conclusions or recommendations expressed by the presenters in this webinar do not necessarily reflect the views, policies or positions of the American Psychological Association.

RELATED RESOURCES RECOMMENDED BY PANELISTS

Responsible Use of AI in Assessment: A practical overview (full report)

American Psychological Association, APA Committee on Psychological Tests and Assessment (CPTA). (2026). *Responsible Use of AI in Assessment: A Practical Overview*. Retrieved from <https://www.apa.org/science/programs/testing/responsible-ai-assessment>

Responsible Use of AI in Assessment: A practical overview (two-page summary)

American Psychological Association, APA Committee on Psychological Tests and Assessment (CPTA). (2026). *Responsible use of artificial intelligence in psychological assessment: Summary*. <https://www.apa.org/science/programs/testing/responsible-use-ai-assessment-summary.pdf>

American Psychological Association. (2025, December). *Ethical guidance for AI in the professional practice of health service psychology*. <https://www.apa.org/topics/artificial-intelligence-machine-learning/ethical-guidance-ai-professional-practice>

American Psychological Association. (2025, November). *Use of generative AI chatbots and wellness applications for mental health: An APA health advisory*. <https://www.apa.org/topics/artificial-intelligence-machine-learning/health-advisory-chatbots-wellness-apps>

Resnik, D. B., Hosseini, M., & Hauswald, R. (2026). Autonomous artificial intelligence, scientific research, and human values. *AI Ethics*, 6, 141. <https://doi.org/10.1007/s43681-025-00908-0>

Association of Test Publishers (ATP)

ATP hosts a variety of free and fee-based resources designed to inform, educate, and support professionals in the field. <https://www.testpublishers.org/resources>