

**ESSENTIAL SCIENCE CONVERSATIONS**  
**Climate Change and Mental Health: An Update**  
**May 19, 2022**

**Related Resources**

[Mental Health and Our Changing Climate, 2021 Edition](#)

Clayton, S., Manning, C. M., Speiser, M., & Hill, A. N. (2021). *Mental Health and Our Changing Climate: Impacts, Inequities, Responses*. Washington, D.C.: American Psychological Association, and ecoAmerica.

[American Psychological Association Task Force on Climate Change](#)

American Psychological Association, APA Task Force on Climate Change. (2022) *Addressing the Climate Crisis: An Action Plan for Psychologists*, Report of the APA Task Force on Climate Change. Retrieved from <https://www.apa.org/science/about/publications/climate-crisis-action-plan.pdf>.

[Climate Change 2022: Impacts, Adaption and Vulnerability](#)

IPCC, 2022: *Climate Change 2022: Impacts, Adaptation, and Vulnerability*. Contribution of Working Group II to the Sixth Assessment Report of the Intergovernmental Panel on Climate Change [H.-O. Pörtner, D.C. Roberts, M. Tignor, E.S. Poloczanska, K. Mintenbeck, A. Alegría, M. Craig, S. Langsdorf, S. Löschke, V. Möller, A. Okem, B. Rama (eds.)]. Cambridge University Press. In Press.

[Climate Change & Youth Mental Health: Psychological Impacts, Resilience Resources and Future Directions](#)

Dooley, L., Sheats, J., Hamilton, O., Chapman, D. & Karlin, B. (2021). *Climate Change and Youth Mental Health: Psychological Impacts, Resilience Resources, and Future Directions*. Los Angeles, CA: See Change Institute.

**To learn more about future Essential Science Conversations, subscribe to APA's Science Spotlight – Your source for the most relevant news and information for psychological scientists, by psychological scientists: <https://www.apa.org/science/science-spotlight>**