



AMERICAN  
PSYCHOLOGICAL  
ASSOCIATION

## ESSENTIAL SCIENCE CONVERSATION:

### PSYCHOLOGY ON YOUTH SPORTS BETTING: EMERGING SCIENCE, PUBLIC HEALTH IMPLICATIONS, AND PREVENTION STRATEGIES (OCT. 6, 2026)

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#### SESSION DESCRIPTION

As sports betting becomes increasingly accessible through mobile apps, social media, and sports media partnerships, youth are being exposed to gambling opportunities at unprecedented levels. Join us for a conversation with leading experts to explore psychological science related to the risk factors, developmental vulnerabilities, mental health impacts, and emerging prevention strategies to support youth in a rapidly evolving gambling landscape.

*Any opinions, findings, and conclusions or recommendations expressed by the presenters in this webinar do not necessarily reflect the views, policies or positions of the American Psychological Association.*

#### RELATED RESOURCES SHARED BY PANELISTS

##### **Greo Evidence Insights**

Greo Evidence Insights is an independent, non-profit organization specializing in research, knowledge mobilization, and evaluation in the health and well-being sectors. Learn more <https://www.greo.ca/en/index.aspx>

##### **International Center for Responsible Gaming (ICRG)**

The International Center for Responsible Gaming (ICRG) is a private research foundation that supports gambling research. Among other resources, ICRG developed CollegeGambling.org as a tool to help students, parents, college administrators, and campus health professionals address gambling and gambling-related harms on campus. Learn more <https://www.icrg.org/> and <https://www.collegegambling.org/>

##### **Rutgers University Center for Gambling Studies**

The Rutgers University Center for Gambling Studies conducts research and hosts several publications, tools, and resources for researchers and clinicians. Learn more <https://socialwork.rutgers.edu/centers/center-gambling-studies>

American Psychological Association. (2026, July 1). The new prediction-driven gambling boom. *Monitor on Psychology*, 57(5). <https://www.apa.org/monitor/2026/07-08/prediction-driven-gambling-mobile-betting-apps>

Sohn, E. (2023, July 1). How gambling affects the brain and who is most vulnerable to addiction. *Monitor on Psychology*, 54(5). <https://www.apa.org/monitor/2023/07/how-gambling-affects-the-brain>.

Wardle, H., Degenhardt, L., Marionneau, V., Reith, G., Livingstone, C., Sparrow, M., ... & Saxena, S. (2024). The lancet public health commission on gambling. *The Lancet Public Health*, 9(11), e950-e994.