



**AMERICAN
PSYCHOLOGICAL
ASSOCIATION**

International Learning Partner Program

Delegation to the Philippines

September 14-28, 2025

Program Itinerary

Subject to change

Sunday, September 14th – Free Day		
Arrive into Ninoy Aquino International Airport (MNL)		
Free Day	Explore Manila on your own	
Hotel check in begins at 3pm	Arrive in Manila and check into hotel	Hilton Manila 1 Newport Blvd, Pasay, 1309 Metro Manila, Philippines
Available from 5:30-9:30pm. Enjoy at your convenience.	Dinner at hotel	Hilton Manila
Monday, September 15th		
Available from 6:00am-10:30am. Enjoy at your convenience.	Breakfast at hotel	Hilton Manila
Morning/Afternoon	Free Time Optional: Shopping at nearby locale	
Noon-1:30pm	Lunch	
2:00pm-4:00pm	PRC	Hilton Manila
4:30pm-5:30pm	Goal Setting	Hilton Manila
5:30pm-6:30pm	Program Orientation	Hilton Manila
7pm	Dinner at hotel	Hilton Manila

Tuesday, September 16th		
Available from 6am. Enjoy at your convenience.	Breakfast at hotel	Hilton Manila
10:00am-12:00pm	Visit: Save the Children	
12:30pm-1:30pm	Lunch	
2:30pm-4:30pm	Visit: Philippine Red Cross Headquarters	
5:30pm-6:30pm	Group Debriefing	Hilton Manila
6:30pm	Dinner at hotel	Hilton Manila
Wednesday, September 17th		
Available from 6am. Enjoy at your convenience.	Breakfast at hotel	Hilton Manila
10am-12pm	Visit: Psychological Association of the Philippines	
12:30pm-1:30pm	Lunch	
Afternoon	Tour: Introduction to Philippine History	
6pm-7pm	Group Debriefing	Hilton Manila
7pm	Dinner at hotel	Hilton Manila
Thursday, September 18th		
Available from 6am. Enjoy at your convenience.	Breakfast at hotel	Hilton Manila
10am-12pm	Visit: Department of Health	
12:30pm-1:30pm	Lunch	
2:30pm-4:30pm	Visit: National Center for Mental Health	
5:30pm-6:30pm	Group Debriefing	

6:30pm	Dinner at hotel	Hilton Manila
Friday, September 19th		
6am-7am Enjoy at your convenience.	Breakfast at hotel	Hilton Manila
Meet in lobby at 7am	Transit to University of Santo Tomas	
8am-12pm	Visit: University of Santo Tomas Seminar for UST Undergraduate & Graduate Psychology Studnets, Thomasian Psychology Professionals, & Other University Students APA ILPP Plenary Presentations	University of Santo Tomas
12:30pm-1:15pm	Lunch with UST Psychology Academic Staff & Dean	University of Santo Tomas
1:30pm-3:00pm	Learning Sessions for UST Undergraduate & Graduate Psychology Students	University of Santo Tomas
3:00pm-5:00pm	UST Campus Tour	University of Santo Tomas
6:00pm-7pm	Group Debriefing	Hilton Manila
7pm	Dinner at hotel	Hilton Manila
Saturday, September 20th – TRANSFER TO CEBU		
Available from 6am. Enjoy at your convenience.	Breakfast at hotel	Hilton Manila
TBD	Flight to Cebu	
3pm	Check into hotel	Holiday Inn Cebu City by IHG
3pm-6pm	Free time	

6pm	Dinner	
Sunday, September 21st		
Morning	Breakfast at hotel	Holiday Inn Cebu City by IHG
Morning	Free time	
12pm	Lunch	
Afternoon	Excursion: Whale Shark Watching	
6pm	Dinner	
Monday, September 22nd		
Morning	Breakfast at hotel	Holiday Inn Cebu City by IHG
9:30am-11:30am	Visit: Exceptional Children's Educational Center	
12:00-1:30pm	Lunch	
2:00pm-4:00pm	Visit: Department of Health Treatment and Rehabilitation Center	
6:00-7:00pm	Group Debriefing	Holiday Inn Cebu City by IHG
7:30pm	Dinner	
Tuesday, September 23rd		
Morning	Breakfast at hotel	Holiday Inn Cebu City by IHG
10am-12:00pm	Visit: Family & Recovery Management Center (FARM)	
1:00pm	Lunch	
2:00pm-6pm	Free time	
6pm	Dinner	

Wednesday, September 24th		
Morning	Breakfast at hotel	Holiday Inn Cebu City by IHG
All Day	PAP Convention & ARUPS Congress – Preconvention Workshops	International Convention Center Cebu City
6pm-7pm	Group Debriefing	Holiday Inn Cebu City by IHG
7pm	Dinner	
Thursday, September 25th		
Morning	Breakfast at hotel	Holiday Inn Cebu City by IHG
8am-4:45pm	PAP Convention & ARUPS Congress	International Convention Center Cebu City
12pm-1:30pm	Lunch	
6pm	Dinner	
Friday, September 26th		
Morning	Breakfast at hotel	Holiday Inn Cebu City by IHG
8:30am-6:00pm	PAP Convention & ARUPS Congress	International Convention Center Cebu City
12pm-1pm	Lunch	
6pm-7pm	Group Debriefing	Holiday Inn Cebu City by IHG
7pm	Dinner	

Saturday, September 27th		
Morning	Breakfast at hotel	Holiday Inn Cebu City by IHG
7:30am-12pm	PAP Convention & ARUPS Congress	International Convention Center Cebu City
12:30pm	Lunch	
1:30pm-6pm	Free time	
6pm-7pm	Group Debriefing	Holiday Inn Cebu City by IHG
7pm	Farewell Dinner	
Sunday, September 28th		
Check out of hotel by 12pm	Depart from Mactan-Cebu International Airport (CEB)	Mactan-Cebu International Airport (CEB)