



**AMERICAN
PSYCHOLOGICAL
ASSOCIATION**

International Learning Partner Program
 Delegation to Portugal
 September 24th – October 3rd, 2024
Program Itinerary

**Please note the program itinerary
 is subject to change. The program
 dates will not change.*

Tuesday, September 24th		
TBD	Arrive in Lisbon and check in	
6pm-8pm	Group dinner and orientation at hotel	
Wednesday, September 25th		
7:00-9:00am	Breakfast at hotel	
All Day	Congresso da Ordem Dos Psicologos Portugueses Visits from SICAD – Portuguese Model of Interventions on Addictions to Congresso Meeting with political decision-makers in mental health at Congresso	Centro Cultural de Belem
Evening	Group debriefing and Dinner	
Thursday, September 26th		
7:00-9:00am	Breakfast at hotel	
All Day	Congresso da Ordem Dos Psicologos Portugueses Visit to National Support Center for Migrant Integration Lunch	Centro Cultural de Belem

	Visit to National Civil Protection - Psychological Intervention in Catastrophes	
Evening	Group debriefing and Dinner	
Friday, September 27th		
7:00-9:00am	Breakfast at hotel	
All Day	Congresso da Ordem Dos Psicologos Portugueses *Presentations by APA travelers at Congresso	Centro Cultural de Belem
Evening	Debriefing/Dinner (Event - fado)	
Saturday, September 28th		
7:00-9:00am	Breakfast at hotel	
9:30-11:30am	Tour: Exploring the highlights of Lisbon (e.g., Lisbon trolley/Pasteis de nata factory)	
12:00-1:30pm	Lunch	
Afternoon	Free time	
Evening	Dinner with group optional or on your own	
Sunday, September 29th - MOVING TO PORTO		
Morning	Transfer to Porto via Train -	
Afternoon	Hotel Check In	
Afternoon	Port winery tour or River tour of the Duoro River and Port Wine Valley	
Monday, September 30th		
7:00-9:00am	Breakfast at hotel	
12:00-1:30pm	Lunch with OPP	
2:00-4:30pm	Visit Hospital Vila Nova de Gaia	
4:30-6:30pm	Free time	
6:30pm	Group debriefing at hotel	
Evening	Meeting with OPP North Regional Delegation President	
Evening	Dinner with OPP North Regional Delegation	

Tuesday, October 1st		
7:00-9:00am	Breakfast at hotel	
9:00am-12:00pm	Free time	
12:00-1:00pm	Lunch	
2:30-4:00pm	Visit to Nursing Home at Cedofeita's Center	Rua da Torrinha
5:00-6:00pm	Free time	
Evening	Dinner	
Wednesday, October 2nd		
7:00-9:00am	Breakfast at hotel	
9:30am-11:30am	Visit Colegio Nossa Senhora Rosario – Psychological Intervention on Education	Avenida da Boavista
12:00-1:30pm	Lunch	
2:00-3:30pm	Visit Sexlab	Rua Conceicao Fernandes
4:00-6pm	Free time	Rua Alfredo Allen
7:00-8:00pm	Six Bridges	
Evening	Farewell Dinner	
Thursday, October 3rd		
7:00-9:00am	Breakfast at hotel	
Morning	Check out and depart Porto	