



Bio: Paula Christian-Kliger, PhD, ABPP

As president, Dr. Kliger founded Psychological Assets, PC. Over the course of 30 plus years, locally, nationally and abroad, she has been in private practice, with diverse individuals, families, organizations and communities.

Dr. Kliger specializes in working with people with histories of severe adversity, crisis and trauma. Noteworthy, she has been the principal consultant to leaders, family businesses, non-profit organizations and Fortune 500 companies, working through critical incidents and implementing transformational change and growth processes.

Dr. Kliger earned her master's degree in psychology and PhD in Clinical Psychology

with a minor in Statistical Measurement and Design from Wayne State University. She received her undergraduate degree with Honors in psychology from City College, City University of New York. She completed her psychoanalytic training at the nationally recognized Michigan Psychoanalytic Institute of the American Psychoanalytic Association. She also developed a contemplative practice in mindfulness and meditation, and an artistic orientation to experiential activities she brings to her clinical and consultation practice.

Dr. Kliger is Associate Faculty of Michigan Psychoanalytic Institute, where she has taught Introductory and Advanced Ethics Seminars for psychoanalytic training candidates. She is Clinical Assistant Professor in the Wayne State University, School of Medicine, Psychiatry Residency Program, and is Adjunct Assistant Professor, Clinical and Organizational Consultation Supervisor, at University of Detroit Mercy, in the Department of Psychology, PhD Clinical Psychology Training Program.

At University of Detroit Mercy, she developed undergraduate and graduate courses in statistical measurement and design. She also designed first-in-kind graduate courses in diversity, inclusion and identity formation that explored our intrapersonal and interpersonal dynamics, our cultural and socially embedded complexities.

Dr. Kliger is a member of the American Psychological Association (APA), including Division 39, American Psychoanalytic Association (APsaA), International Psychoanalytical Association (IPA), International Society for the Psychoanalytic Study of Organizations (ISPSO), and Ohio Psychological Association (OPA). She is a licensed psychologist in the States of New York, Michigan and Ohio.