

Committee on Aging (CONA)
Meeting Minutes
January 27, 2025

CONA Roster

Susan Krauss Whitbourne, PhD, ABPP (2023–2025) - **Chair**
Rebecca Allen, PhD, ABPP (2023–2025)
Cecilia Poon, PhD, ABPP (2024–2026)
Lisa Lind, PhD, ABPP (2024–2026)
Joann M. Montepare, PhD, FGSA, FAGHE, FAPA (2025–27)
Ranak Trivedi, PhD (2025–27)
Cristina Pinheiro (2025–27)
Ayli Carrero Pinedo, PhD – BAPPI Liaison
Amani Basker – APA Staff Liaison

Guests

Serena Davila – APA Advocacy Partner

Agenda Items

1. **Welcome/Introduction of New Members**
 - Dr. Whitbourne called the meeting to order and welcomed the new members.
2. **Advocacy Update**
 - Serena Davila and Conwell provided updated policy statements on ageism and caregiving.
 - CONA will review the statements and is asked to endorse them.
 - If approved, the statements will be added to the APA Council meeting in February for adoption as APA policy.
3. **CONA Workplan 2025**
 - Dr. Whitbourne provided an overview of the CONA Workplan 2025.
4. **Policy Revisions**
 - **Resolution on ageism**
 - The Committee is waiting for comments from BAPPI. CONA will review and discuss these comments.
 - **Resolution on family caregivers**
 - The workgroup completed the caregiving policy statement. CONA will discuss the next steps for revising the resolution.
 - **Resolution on palliative care and end-of-life issues**
 - The workgroup is finalizing the revised version of the resolution and will submit it to CONA for review by 2/14/25.
5. **CONA Call for Nominations 2026 Terms**

- Dr. Whitbourne provided an overview of the nominations process and asked each member to nominate at least two nominees per slate. CONA has two open slates this year.
- The deadline is January 31st.

6. Aging Website Updates

- Dr. Whitbourne provided an update and summary of the Aging topics page website project.
- Dr. Montepare and Ms. Pinheiro will take the lead on the project and will provide a summary of the updates at the next CONA meeting.

7. CE Webinar Series

- Mrs. Basker provided a brief update on the status of the webinar.
- The workgroup will begin the webinar process in February, with the goal of having the series in May 2025 in conjunction with Older Adults Awareness Month.
- Mrs. Basker will follow up with the workgroup.

8. CONA Self Study

- Dr. Whitbourne informed the committee about the self-study process.
- The Committee will complete the self-study by the August 2025 deadline.

9. APA Convention 2025 Planning

- The Committee discussed having a joint social hour with Division 20 at the APA Convention.
- Dr. Allen will reach out to the program chairs regarding the logistics of the social hour.

10. Spring Consolidated Meeting

- Mrs. Basker provided an overview of the upcoming Spring Consolidated Meeting.
- More information regarding the schedule and structure will be discussed at the next CONA meeting.

11. Chair Update

- Dr. Whitbourne asked if the committee members who will be in person at the Spring Consolidated meeting in Washington, DC, would like to attend a CONA dinner on Thursday night.
- The details will be discussed at the next CONA meeting.

12. Wrap-Up

- Next CONA Meeting: Monday, February 24, 2025, at 11am ET.

Committee on Aging (CONA)
Meeting Minutes
February 24, 2025

Attendees

Susan Krauss Whitbourne, PhD, ABPP (2023–2025) - **Chair**
Rebecca Allen, PhD, ABPP (2023–2025)
Cecilia Poon, PhD, ABPP (2024–2026)
Lisa Lind, PhD, ABPP (2024–2026)
Joann M. Montepare, PhD, FGSA, FAGHE, FAPA (2025–2027)
Ranak Trivedi, PhD (2025–2027)
Cristina Pinheiro (2025–2027)
Amani Basker – APA Staff Liaison

Guests

Serena Davila – APA Advocacy Partner
Josh Merin, Sr. Director, Elected and Appointed Leadership
Maysa Akbar, PhD, ABPP, Chief Diversity Officer, Chief of Psychology in the Public Interest
Lauren Sommers, PhD, JD, Deputy Chief, Public Interest

Agenda Items

1. Welcome – Dr. Whitbourne called the meeting to order at 11am ET.
2. 2025 Spring Consolidated Meeting Update – APA Staff provided a detail overview of the upcoming Spring Consolidated meeting in Washington, DC. Committee members will be asked to join workgroups to review and synthesize research on several topics. The goal is to develop products to address the topics.
3. Advocacy Update – Serena Davila shared the news that both Ageism and Caregiving Policy Statements passed at the APA Council meeting over the weekend.
4. Policy Revisions
 - a. Resolution on ageism – Dr. Whitbourne is currently revising the resolution and will share the revised version with the committee to review.
 - b. Resolution on family caregivers – The workgroup is revising the resolution and will work with external subject matter experts to review the revisions.
 - c. Resolution on palliative care and end-of-life issues – The workgroup has recently started working on the revisions. The goal is to share the revised resolution with the committee next month.
5. Aging Website Updates

- a. Aging Topics Page - <https://www.apa.org/topics/aging-older-adults> - The committee assigned Dr. Montepare and Ms. Pinheiro to review the current topics page and identify areas to update.
 - b. Caregiver Briefcase - <https://www.apa.org/pi/about/publications/caregivers> - The committee identified several pages on the caregiver briefcase that need to be updated. The committee will discuss the steps to update the website over the next few meetings.
6. CE webinar series – Mrs. Basker provided a brief overview of the webinar series. The committee will select speakers and complete the CE webinar application. The goal is to present the webinars in September.
7. CONA Self Study – Mrs. Basker provided an overview of the purpose of the self-study and asked each committee member to complete the self-study by June 30, 2025.
8. APA Convention 2025 Planning
 - a. Aging Programming – The committee will compile the aging related program when the convention program is published.
 - b. Joint Social Hour – The committee will work with Division 20 and Division 12 Section II to cosponsor the “Social for the Ages” again this year.
9. Chair update – Dr. Whitbourne provided a brief chair update.
10. Wrap-Up – Dr. Whitbourne adjourned the meeting

Next Meeting Date – *Spring Consolidated Meeting*, **March 14-15, 2025**, Washington, DC

Committee on Aging (CONA)
Meeting Minutes
March 24, 2025

Attendees

Susan Krauss Whitbourne, PhD, ABPP (2023–2025) - **Chair**
Rebecca Allen, PhD, ABPP (2023–2025)
Cecilia Poon, PhD, ABPP (2024–2026)
Lisa Lind, PhD, ABPP (2024–2026)
Joann M. Montepare, PhD, FGSA, FAGHE, FAPA (2025–2027)
Ranak Trivedi, PhD (2025–2027)
Cristina Pinheiro (2025–2027)
Amani Basker – APA Staff Liaison

Guests

Agenda Items

1. Welcome – Dr. Whitbourne called the meeting to order at 11am ET.
2. 2025 SCM Follow-up – The committee members provided input on the Spring Consolidated meeting and the workgroup process. The committee members enjoyed meeting in person and expressed the desire to have more time for committee work and will provide feedback to the PI Team.
3. Policy Revisions –
 - a. Resolution on ageism – Dr. Whitbourne provided an update on the resolution. The goal is to submit the resolution to APA Council in August 2026.
 - b. Resolution on family caregivers – The workgroup is continuing to revise the resolution.
 - c. Resolution on palliative care and end-of-life issues – The resolution was revised and submitted to Advocacy for review.
4. Aging Website Updates –
 - a. Aging Topics Page - <https://www.apa.org/topics/aging-older-adults> - The workgroup provided an overview of the proposed changes to the website. APA's webservices team will join the next CONA meeting to discuss the updates.
 - b. Committee on Aging - <https://www.apa.org/pi/aging/cona> - The committee will revised the CONA page later this year.
 - c. Caregiver Briefcase - <https://www.apa.org/pi/about/publications/caregivers> - The committee discussed outsourcing the review of the Caregiver Briefcase website,

as reviewing each page would be a daunting task for the members. Mrs. Basker will collaborate with the Web Services team to explore possible options for outsourcing this work and will report back to the committee with recommendations.

5. CE webinar series – Dr. Whitbourne reached out to several members to ascertain their interest in serving as speakers for the webinar series. If the speakers agree, Dr. Whitbourne will work with the speakers to complete the CE application.
6. CONA Self Study – Mrs. Basker reminded the committee to complete the self-study by June 30, 2025.
7. APA Convention 2025 Planning – The committee is planning the social hour with the Division 20 program chair. Mrs. Basker will work with the group to plan the logistics.
8. Chair update – Dr. Whitbourne discussed the CONA 2024 Annual Report and asked committee members to review and add any relevant information. Dr. Whitbourne also mentioned that the previous CONA chair is preparing an CONA Alumni book.
9. Wrap-Up

Next Meeting Date – *April 28, 2025*

Committee on Aging (CONA)
Meeting Minutes
April 28, 2025

Attendees

Susan Krauss Whitbourne, PhD, ABPP (2023–2025) - **Chair**
Rebecca Allen, PhD, ABPP (2023–2025)
Cecilia Poon, PhD, ABPP (2024–2026)
Lisa Lind, PhD, ABPP (2024–2026)
Joann M. Montepare, PhD, FGSA, FAGHE, FAPA (2025–2027)
Ranak Trivedi, PhD (2025–2027)
Cristina Pinheiro (2025–2027)
Amani Basker – APA Staff Liaison

Agenda Items

1. Welcome – Dr. Whitbourne called the meeting to order at 11am ET.
2. Policy Revisions
 - a. Resolution on ageism – The committee reported that revisions are complete, and the resolution will be added to the Council agenda for the meeting in August.
 - b. Resolution on family caregivers – The workgroup continues to revise the resolution and plans to have a version for the committee to review by the next meeting.
 - c. Resolution on palliative care and end-of-life issues – The workgroup continues to revise the resolution. The committee will offer their comments and feedback when the resolution is ready to be reviewed.
3. Aging Website Updates –
 - a. Aging Topics Page - <https://www.apa.org/topics/aging-older-adults> - Dr. Montepare and Ms. Pinheiro provided a detailed overview of the edits to the topics page, which included updating the definition of geropsychology and revising the images on the page. Mrs. Basker will share the edits with the Web Services team and will also invite a team member to the next CONA meeting to discuss further updates.
 - b. Committee on Aging - <https://www.apa.org/pi/aging/cona> – The committee will review the committee pages once the topics page is updated and published.
 - c. Caregiver Briefcase - <https://www.apa.org/pi/about/publications/caregivers> – The committee will pause this initiative while the other website updates are in progress.

4. Advocacy Update – Serena Davila provided update on the ageism and caregiving policy statements and how they are being used on the Hill.
5. CE webinar series – Dr. Whitbourne provided an update on the webinar series planning. The workgroup will present three webinar series titled: *APA Guidelines for Psychological Practice With Older Adults: 2024 Key Updates*; *APA Guidelines for Psychological Practice With Older Adults: Focusing on Assessment*; *APA Guidelines for Psychological Practice With Older Adults: Intervention and Consultation*
6. CONA Self Study – Mrs. Basker reminded the committee to complete the self-study by June 30, 2025.
7. Call for Comments – The committee reviewed the current calls for comment and assigned lead reviewers to provide comments on behalf of the committee.
8. APA Convention 2025 Planning – The committee was reminded to share any convention programming related to aging with the group. Mrs. Basker continues to work with the division chairs to plan the social hour.
9. Chair update – Dr. Whitbourne provided a brief chair update.
10. Wrap-Up – Dr. Whitbourne adjourned the meeting at 12:31pm.

Next Meeting Date – May 19, 2025

Committee on Aging (CONA)
Meeting Minutes
May 19, 2025

Attendees

Susan Krauss Whitbourne, PhD, ABPP (2023–2025) - **Chair**
Rebecca Allen, PhD, ABPP (2023–2025)
Cecilia Poon, PhD, ABPP (2024–2026)
Lisa Lind, PhD, ABPP (2024–2026)
Joann M. Montepare, PhD, FGSA, FAGHE, FAPA (2025–2027)
Ranak Trivedi, PhD (2025–2027)
Cristina Pinheiro (2025–2027)
Amani Basker – APA Staff Liaison

Guests

Robert Chernoff, PhD – Committee on Continuing Education
Lyndsey Curtis – APA Webservices Staff

Agenda Items

1. Welcome – Dr. Whitbourne called the meeting to order at 11am ET.
2. Continuing Education Committee (CEC) – Dr. Chernoff joined the CONA meeting to discuss possible collaboration opportunities with CONA and the Committee on Continuing Education. Dr. Chernoff asked the committee to share ideas for programming at the APA convention for CE credit. Dr. Chernoff will reach out to Mrs. Basker to schedule a follow-up meeting with CONA and CEC.
3. Policy Revisions
 - a. Resolution on ageism – The resolution is on the Council agenda. Dr. Whitbourne will reach out to relevant divisions and the women's caucus to garner support for the resolution. Mrs. Basker will develop talking points to share during the Council meeting.
 - b. Resolution on family caregivers – The workgroup continues to revise the resolution and plans to have a version for the committee to review by the next meeting.
 - c. Resolution on palliative care and end-of-life issues – The workgroup continues to revise the resolution. The committee will offer their comments and feedback when the resolution is ready to be reviewed.

4. Aging Website Updates – Lyndsey Curtis joined the CONA to discuss the aging topics page. Ms. Curtis offered suggestions to edit to the page and encouraged the committee to revise the webpage to fit APA's template. Ms. Curtis will develop a test page with the revisions and share with the committee.
5. Advocacy Update – Serena Davila provided an advocacy update regarding aging issues.
6. CE webinar series – Mrs. Basker reminded the committee to complete the self-study by June 30, 2025.
7. CONA Self Study – Mrs. Basker reminded the committee to complete the self-study by June 30, 2025.
8. Call for Comments – The committee reviewed the current calls for comment and assigned lead reviewers to provide comments on behalf of the committee.
 - a. Professional Practice Guidelines for Psychologists in the Assessment of Psychological Trauma in Adults
 - b. Guidelines for Psychology's Role in Pediatric to Adult Health Care Transition
 - c. APA Guidelines for Psychologists' Involvement in Pharmacological Issues
 - d. Professional Practice Guidelines: Diagnosis of Intellectual Disability in Forensic Settings
9. APA Convention 2025 Planning
 - a. The committee discussed the process for the CONA Awards. Committee members are encouraged to share the call for nominations with their networks. The deadline is **May 31, 2025**
 - b. Joint Social Hour – Mrs. Basker continues to work with the Division 20 program chair to plan the Social for Ages social hour.
 - c. Aging Programming – The committee is encouraged to share any aging related programming with Dr. Poon as she will compile a list of aging programming to share with the aging related listservs.
10. Chair update – Dr. Whitbourne provided a brief chair update.
11. Wrap-Up – Dr. Whitbourne adjourned the meeting at 12:30pm ET

Next Meeting Date – *June 23, 2025*

Committee on Aging (CONA)
Meeting Minutes
June 23, 2025

Attendees

Susan Krauss Whitbourne, PhD, ABPP (2023–2025) - **Chair**
Rebecca Allen, PhD, ABPP (2023–2025)
Cecilia Poon, PhD, ABPP (2024–2026)
Lisa Lind, PhD, ABPP (2024–2026)
Joann M. Montepare, PhD, FGSA, FAGHE, FAPA (2025–2027)
Ranak Trivedi, PhD (2025–2027)
Cristina Pinheiro (2025–2027)
Ayli Carrero Pinedo, PhD – BAPPI Liaison
Amani Basker – APA Staff Liaison

Guests

Serena Davila - Director, Congressional & Federal Relations Public Policy & Engagement
Conwell Smith - Deputy Chief, Military and Veterans Policy

Agenda Items

1. Welcome – Dr. Whitbourne called the meeting to order at 11am ET.
2. Policy Revisions –
 - a. Resolution on ageism – The resolution may appear on the consent agenda; however, if it does not, Mrs. Basker suggested that a CONA committee member attend the caucus meetings next month to provide Council representatives with a preview of the resolution.
 - b. Resolution on family caregivers – The workgroup continues to work on updates on the resolution.
 - c. Resolution on palliative care and end-of-life issues – Dr. Smith and Mrs. Davila provided feedback on the resolution from the advocacy office. The committee received the feedback and will revise as requested.
3. Aging Website Updates – Mrs. Basker provided a brief update on the website revisions. The webservices team should have a draft page to share with the committee by the next meeting.

4. Advocacy Update – Serena Davila provided an advocacy update regarding aging related issues.
5. CE webinar series – Dr. Whitbourne provided an updated on the CONA webinar series. The presenters are working on their presentations and have selected September as the date for the webinar series.
6. CONA Self Study – Mrs. Basker reminded the committee to complete the self-study by June 30, 2025.
7. APA Convention 2025 Planning – The committee reviewed the CONA Awards nominees and will select the awardee at the next CONA meeting.
8. Chair update – Dr. Whitbourne provided a brief chair update.
9. Wrap-Up – Dr. Whitbourne adjourned the meeting at 12:30pm ET

Next Meeting Date – *July 21, 2025*

Committee on Aging (CONA)
Meeting Minutes
July 21, 2025

Attendees

Susan Krauss Whitbourne, PhD, ABPP (2023–2025) - **Chair**
Rebecca Allen, PhD, ABPP (2023–2025)
Cecilia Poon, PhD, ABPP (2024–2026)
Lisa Lind, PhD, ABPP (2024–2026)
Joann M. Montepare, PhD, FGSA, FAGHE, FAPA (2025–2027)
Ranak Trivedi, PhD (2025–2027)
Cristina Pinheiro (2025–2027)
Amani Basker – APA Staff Liaison

Guests

Serena Davila - Director, Congressional & Federal Relations Public Policy & Engagement

Agenda Items

1. Welcome – Dr. Whitbourne called the meeting to order.
2. Policy Revisions
 - a. Resolution on ageism – APA Council members have received the resolution and are eager to vote to pass the resolution during the Council meeting at the APA Convention next month.
 - b. Resolution on family caregivers – The workgroup reported that the resolution is in its final revision stages. The workgroup plans to submit a draft for the committee to review at the next meeting.
 - c. Resolution on palliative care and end-of-life issues – The workgroup submitted the resolution to APA's legal team and received feedback regarding legal implications in the resolution. The committee will revise and integrate the comments from the legal team and plan to submit the resolution for open comment next month.
3. Advocacy Update – Serena Davila provided an advocacy update regarding aging issues.
4. Aging Website Updates –
 - a. The committee will review the draft topics pages website and provide feedback to Mrs. Basker and the webservices team.

5. CE webinar series – Dr. Whitbourne reported that the webinar series planning is progressing well. The presenters will share their presentations with the CE office when completed.
6. CONA Self Study – Mrs. Basker reminded the committee to complete the self-study by June 30, 2025.
7. APA Convention 2025 Planning
 - a. CONA Awards – The committee selected Michele Karel as the awardee for the Award for the Advancement of Psychology and Aging. Dr. Allen will draft the citation for Dr. Karel and will present the award at the Social for the Ages social hour at the APA convention.
8. Chair update – Dr. Whitbourne provided a chair update to discuss the Teams files structure and the need to revamp the Teams channels and files. Mrs. Basker will collaborate with the APA ITS department to resolve these issues
9. Wrap-Up – Dr. Whitbourne adjourned the meeting at 12:30pm ET.

Next Meeting Date – *August 25, 2025*

Committee on Aging (CONA)
Meeting Minutes
August 25, 2025

Attendees

Susan Krauss Whitbourne, PhD, ABPP (2023–2025) - **Chair**
Rebecca Allen, PhD, ABPP (2023–2025)
Cecilia Poon, PhD, ABPP (2024–2026)
Lisa Lind, PhD, ABPP (2024–2026)
Joann M. Montepare, PhD, FGSA, FAGHE, FAPA (2025–2027)
Ranak Trivedi, PhD (2025–2027)
Cristina Pinheiro (2025–2027)
Amani Basker – APA Staff Liaison

Guests

Serena Davila - Director, Congressional & Federal Relations Public Policy & Engagement

Agenda Items

1. Welcome – Dr. Whitbourne called the meeting to order.
2. Policy Revisions
 - a. Resolution on family caregivers - The workgroup revised the resolution and submitted the resolution to APA's legal team for review.
 - b. Resolution on palliative care and end-of-life issues – The workgroup extended the deadline for the open comment period to allow more time for feedback. The new deadline is August 31, 2025.
3. Advocacy Update - Serena Davila provided an advocacy update regarding aging issues.
4. Calls for Comment – The committee reviewed the current calls for comment and assigned lead reviewers to provide comments on behalf of the committee. The entire committee is asked to review the [Multicultural Guidelines: An Ecological Approach to Context, Identity, and Intersectionality, 2017](#) – Deadline: 10/1
5. Report on CONA Awards Process – The committee was asked to draft a report regarding the current awards process. Dr. Allen agreed to take the lead and draft the report.
6. Aging Website Updates – The committee will discuss this item at the next meeting.

7. CE webinar series – The workgroup and presenters are finalizing the webinar series. The dates for the webinar series are
 - a. Guidelines for Psychological Practice with Older Adults: Highlights of 2024 Update, *Thursday, September 18; 1 PM – 2 PM ET*, speaker: Mark Brennan-Ing
 - b. Psychological Practice with Older Adults: Focusing on Assessment *Wednesday, September 24; 1 PM – 2 PM ET*, speaker: Bonnie C. Sachs
 - c. Psychological Practice with Older Adults: Focusing on Intervention/Consultation *Thursday, October 2; 1 PM – 2 PM ET*, speaker: Kimberly E. Hiroto
8. CONA Self Study – Mrs. Basker reported that majority of the committee members have completed the self-study. Mrs. Basker will request the results from the Policy and Planning Board.
9. American Psychologist Article: *Resolution on Ageism* – The resolution on Ageism passed during the 2025 APA Council meeting. Dr. Whitbourne has agreed to write an AP article to disseminate the findings in the resolution.
10. APA Convention 2025 Debrief – Dr. Allen provided a debrief on the CONA/D20 social hour. Dr Allen stated that the social hour went very well, and the committee and division would like to explore additional opportunities to collaborate at the 2026 APA Convention.
11. Chair update – Dr. Whitbourne provided a quick update regarding the Teams structure revisions. The APA ITS team is continuing to investigate and will provide an additional update when the problem has been resolved.
12. Wrap-Up - Dr. Whitbourne adjourned the meeting at 12:30pm ET.

Next Meeting Date – ***September 22, 2025***

Committee on Aging (CONA)
Meeting Minutes
September 22, 2025

CONA Roster

Susan Krauss Whitbourne, PhD, ABPP (2023–2025) - **Chair**
Rebecca Allen, PhD, ABPP (2023–2025)
Cecilia Poon, PhD, ABPP (2024–2026)
Lisa Lind, PhD, ABPP (2024–2026)
Joann M. Montepare, PhD, FGSA, FAGHE, FAPA (2025–2027)
Ranak Trivedi, PhD (2025–2027)
Cristina Pinheiro (2025–2027)
Amani Basker – APA Staff Liaison

Guests

Serena Davila - Director, Congressional & Federal Relations Public Policy & Engagement

Agenda Items

1. Welcome – Dr. Whitbourne called the meeting to order.
2. Policy Revisions
 - a. Resolution on family caregivers - The workgroup finalized the resolution, and it was submitted to APA's Legal team for review.
 - b. Resolution on palliative care and end-of-life issues – The committee reviewed the comments from the open comment period and integrated the comments they accepted. The committee will provide a justification statement for the comments they rejected.
3. Advocacy Update – Serena Davila provided an advocacy update regarding aging issues.
4. Calls for Comment – The committee reviewed the current calls for comment and assigned lead reviewers to provide comments on behalf of the committee.
 - a. [Multicultural Guidelines: An Ecological Approach to Context, Identity, and Intersectionality, 2017](#) – Deadline: 10/1
 - b. [Revised Resolution on Promoting Global Perspectives in U.S. Psychology](#) – Deadline: 10/2

5. Report on CONA Awards Process – Dr. Allen will send the draft of the report to the committee to review by September 29, 2025
6. CONA Workplans 2025/2026 – The committee reviewed the CONA 2025 work plan. It will evaluate each item to assess its success and effectiveness. The committee will also use the 2025 work plan items to inform and develop the 2026 work plan, which is due on September 29, 2025.
7. Targeted Nomination Statements – The committee will review the targeted nominations statement and provide edits by October 15, 2015
8. Committee Member Survey to Address Critical Societal Issues in 2026 – The committee is asked to complete the member survey that will help inform the priority topics for the collaborative work with other Public Interest committees. The deadline is October 17, 2025
9. Aging Website Updates – The committee will revisit this item at the next meeting.
10. CE webinar series – Mrs. Basker reported that two webinars were held earlier in September and were successful. The last webinar will be held next month.
11. CONA Self Study – Mrs. Basker will provide the report on the outcomes and results of the self-study when she receives it from the P&P Board.
12. American Psychologist Article: Dr. Whitbourne has agreed to write an AP article to disseminate the findings in the resolution.
13. Chair update - Dr. Whitbourne provided a quick update regarding the Teams structure revisions. The APA ITS team is continuing to investigate and will provide an additional update when the problem has been resolved.
14. Wrap-Up – Dr. Whitbourne adjourned the meeting at 12:30pm ET.

Next Meeting Date – **October 27, 2025**

Committee on Aging (CONA)

Meeting Minutes

October 27, 2025

Attendees

Susan Krauss Whitbourne, PhD, ABPP (2023–2025) - **Chair**

Rebecca Allen, PhD, ABPP (2023–2025)

Cecilia Poon, PhD, ABPP (2024–2026)

Lisa Lind, PhD, ABPP (2024–2026)

Joann M. Montepare, PhD, FGSA, FAGHE, FAPA (2025–2027)

Ranak Trivedi, PhD (2025–2027)

Cristina Pinheiro (2025–2027)

Amani Basker – APA Staff Liaison

Guests

Serena Davila - Director, Congressional & Federal Relations Public Policy & Engagement

Agenda Items

1. Welcome – Dr. Whitbourne called the meeting to order.
2. Policy Revisions
 - a. Resolution on family caregivers – The committee received feedback from APA’s legal team and will submit the resolution for online comment.
 - b. Resolution on palliative care and end-of-life issues – The committee finalized the resolution, and will submit it to BAPPI for approval.
3. Advocacy Update – Serena Davila provided an advocacy update regarding aging issues.
4. APA 2026 Priority Setting Workshop – The committee is asked to attend the workshop on November 6, 2025. Several committee members agreed to attend
5. CONA Workplans 2025/2026 – The committee will review the 2025 workplan and the 2026 workplan.
6. Aging Website Updates – Mrs. Basker presented the newly updated aging topics page on the APA website. The committee was pleased with the updates and believes this is a meaningful and helpful resource for the public. Mrs. Basker will work with the web

services team to publish the page. The committee's next project will be updating the CONA landing page.

7. CE webinar series – The webinar series is complete, and Mrs. Basker will request the statistics for the webinar, including the number of registrants, participants and evaluation. The committee will discuss topics for the next webinar series in 2026.
8. CONA Self Study – The committee will discuss results during November meeting.
9. American Psychologist Article – Dr. Whitbourne will continue to update the committee as she makes progress on the article.
10. Chair update – Dr. Whitbourne provided a brief chair update.
11. Wrap-Up – Dr. Whitbourne adjourned the meeting at 12:30pm ET.

Next Meeting Date – **November 24, 2025**

Committee on Aging (CONA)
Meeting Minutes
November 24, 2025

CONA Roster

Susan Krauss Whitbourne, PhD, ABPP (2023–2025) - **Chair**

Rebecca Allen, PhD, ABPP (2023–2025)

Cecilia Poon, PhD, ABPP (2024–2026)

Lisa Lind, PhD, ABPP (2024–2026)

Joann M. Montepare, PhD, FGSA, FAGHE, FAPA (2025–2027)

Ranak Trivedi, PhD (2025–2027)

Cristina Pinheiro (2025–2027)

Amani Basker – APA Staff Liaison

Agenda Items

1. Welcome - Dr. Whitbourne called the meeting to order.
2. Policy Revisions
 - a. Resolution on family caregivers – The committee finalized the revisions for the resolution and submitted the resolution online for open comment. The committee will review the comments and implement a plan to address each comment.
 - b. Resolution on palliative care and end-of-life issues – The resolution is on the agenda for the Council meeting in 2026. The committee discussed plans to reach out to Council representatives to garner support for the resolution.
3. APA 2026 Priority Setting Workshop Debrief – The committee provided feedback regarding the priority setting workshop.
4. CONA Workplans 2025/2026 – The committee reviewed the final 2026 workplan and discussed how the workplan will be used to guide the work of the committee for 2026.
5. APA Convention Planning – The committee discussed plans for the 2026 convention programming. The committee will cosponsor the Social of the Ages and plan a CONA conversation hour. Dr. Poon will take the lead on planning the convention activities.

6. Aging Website Updates – Dr. Montepare and Ms. Pinheiro will take the lead on updating the CONA website.
7. CE webinar series – Mrs. Basker shared the webinar statistics and agreed that the session was successful. Participation was strong, and evaluations were very positive. The committee will develop ideas for the next webinar series in 2026.
8. CONA Self Study – The committee will review the results from the self-study and identify key takeaways to implement in 2026.
 - a. Chair update – Dr Whitbourne provided a brief update on the American Psychologist Article: Resolution on Ageism and restructuring the CONA Teams channel.
9. Wrap-Up – Dr. Whitbourne adjourned the meeting at 12:30pm ET

Next Meeting Date – **December 15, 2025**

Committee on Aging (CONA)
Meeting Minutes
December 15, 2025

CONA Roster

Susan Krauss Whitbourne, PhD, ABPP (2023–2025) - **Chair**
Rebecca Allen, PhD, ABPP (2023–2025)
Cecilia Poon, PhD, ABPP (2024–2026)
Lisa Lind, PhD, ABPP (2024–2026)
Joann M. Montepare, PhD, FGSA, FAGHE, FAPA (2025–2027)
Ranak Trivedi, PhD (2025–2027)
Cristina Pinheiro (2025–2027)
Amani Basker – APA Staff Liaison

Guests

Serena Davila - Director, Congressional & Federal Relations Public Policy & Engagement

Agenda Items

1. Welcome – Dr Whitbourne called the meeting to order.
2. Policy Revisions
 - a. Resolution on family caregivers - The Committee discussed responses to extensive comments on the Caregivers resolution a document and agreed to provide examples of major themes while acknowledging they cannot incorporate all suggestions. They agreed to provide examples of major themes while acknowledging they cannot incorporate all suggestions, and Dr Poon explained they will use a living document on Teams to track comments and responses
 - b. Resolution on palliative care and end-of-life issues – The committee discussed ways to bring visibility to the resolution to encourage passage at the Council meeting in 2026
3. Advocacy Update – Serena Davila provided an advocacy update regarding aging issues and asked the committee to submit policy topics that should be addressed in 2026

4. CONA Workplans 2025/2026 – Dr Whitbourne reviewed the 2025 workplan and completed the results/evaluation column. Dr. Poon will modify the metrics in the 2026 workplan to accurately measure the success of the initiatives.
5. 2026 APA Convention Planning – The committee will cosponsor the Social of the Ages with Division 20 again in 2026 and plan a CONA conversation hour. Dr. Poon will take the lead on planning the convention activities.
6. Aging Website Updates – Mrs. Basker shared a template that APA is using to update the committee pages. Dr. Montepare and Ms. Pinheiro will use the template to update the CONA page.
7. Board and Committee Nominations – The committee is asked to nominate three individuals per slate for terms starting in 2027. The committee members will nominate their colleagues who would be a good fit for the committee. Members will also disseminate the call for nominations with their networks.
8. CE webinar series – The committee will develop topics for the potential webinar series in 2026.
9. CONA Self Study – The committee identified a few key takeaways and will develop an implementation plan for 2026.
10. Chair update – Dr. Whitbourne provided a brief update on the American Psychologist article on the *Resolution on Ageism*. She also informed the group that CONA can use other platforms to manage and organize the committee's work.
11. Wrap-Up 2025 – The committee thanked Dr. Whitbourne and Dr. Allen for their leadership, commitment and efforts to advocate for CONA and aging related issues. Dr. Whitbourne adjourned the meeting at 2:00pm ET.