

CONA Monthly Meeting

Location: Microsoft Teams
Date: 1/24/22
Time: 11am-12pm EST
Participants: ☒ Karen Fingerman (Chair) ☒ Bonnie Sachs
☒ Jameca Woody Cooper ☒ Ann Steffen
☒ Mary Beth Morrissey ☒ Kelly Trevino (BAPPI Liaison)
☒ Christopher Nguyen ☒ Latrice Vinson (Staff Liaison)

Agenda Items

1. Introductions (5 minutes)
2. Work Plan Updates (5 minutes)
 - a. Ageism Webinar: assign leads
 - (i) Leads: Webinar 1: Karen; Webinar 2: Mary Beth; Webinar 3: Ann Steffen
 - (ii) Summary provided of each webinar; outlines and dates will be coming
 - b. Dementia Guidelines: Clinician's Corner application
 - (i) Bonnie is working on the CE application; need to confirm the dates so they don't coincide with Ageism webinars; June, July, August may be the options
 - (ii) Webinars will be free to everyone with option to pay for CEs
 - (iii) Latrice will confirm the dates with CE office
3. Assignments (25 minutes)
 - a. Aging Roadmap: HBCU connections, assign community college point of contact
 - (i) Community college workgroup meets quarterly; we need to discuss what, if anything, they would like from CONA;
 1. Mary Beth can be the POC for community colleges group and will find out more about what CONA can do for this group and report back to CONA; Karen will make the connection
 - (ii) GSA has a new HBCU initiative; in very early stages; still trying to figure out what the group will be doing, but could be a good opportunity for CONA to partner; Latrice and Jameca have attended meetings
 1. Jameca can be the POC and report back to CONA
 - b. Monitor assignments
 - (i) See in Teams
 - c. Self-study: review materials assign leads
 - (i) Self-assessment will take place later this year designed to help APA governance groups reflect on their activities and functions over the past five years, their alignment with APA's strategic plan, and strategies for strengthening their contributions to the Association
 1. CONA will be asked to complete a survey then use the responses to facilitate a discussion that will be developed into a report that will be submitted to the Policy and Planning Board (P&P)

2. Note this was a 2021 initiative, but CONA was granted and extension to Spring 2022
 3. See resources in Teams
4. Requests for comment (5 minutes)
 - a. Review tracker
 - (a) Be sure to upload your comments in the tracker so we have a record of the comments
 - (b) The number of comments should be limited and aging specific; other comments can be provided
 - (c) Comments should be aging specific and targeted; providing example language and references; additional comments can be added
 - b. Older Adult Guidelines
 - (a) Ann and Jameca will be assigned to review and put in teams; we will discuss as a group at an upcoming meeting
5. Check-ins (10 minutes)
 - a. Senate Special Committee on Aging meeting – *not discussed*
 - (a) Karen and Latrice met with Advocacy Office staff and staffers Margarita Almanza and Ana Jessica Alfaro to discussing aging issues, particularly AI and aging in the workplace.
 - b. EDI and Antiracism Inventory - APA is seeking out initiatives specific to EDI/Antiracism that have taken place in the last year; there are none that CONA is aware of at this time; Latrice will complete the inventory on behalf of CONA.
 - c. Meeting schedule – monthly meetings have been scheduled; plans for Spring Consolidated are TBD
 - d. Awards – *not discussed*

CONA Monthly Meeting

Location: Microsoft Teams
Date: 2/28/22
Time: 11am-12pm EST
Participants: ☒ Karen Fingerman (Chair) ☒ Bonnie Sachs
☒ Jameca Woody Cooper ☒ Ann Steffen
☒ Mary Beth Morrissey ☒ Kelly Trevino (BAPPI Liaison)
☒ Christopher Nguyen ☒ Latrice Vinson (Staff Liaison)

Agenda Items

1. Work Plan Updates – 15 minutes
 - A. Ageism Webinar (*Latrice*)
 - B. Dementia Guidelines (*Bonnie/Latrice*)
 - C. Self-Study (*Latrice*)
 - I. New date: Oct 2022
 - D. Request for Comments (*Latrice*)
2. Biennial Advocacy Priorities – 25 minutes
 - A. Rank priorities (*Karen/CONA*)
3. Social Hour Planning (10 minutes)
 - A. Event ideas (CONA)
4. Check-ins (10 minutes)
 - A. Spring Consolidated Meeting (*Latrice/Kelly*)
 - B. Nominations (*Latrice*)
 - I. Review/rank applicants on April 25
 - II. Awards (*Latrice*)

Meeting Minutes

1. Work Plan Updates – 15 minutes
 - A. Ageism Webinar (*Latrice*)
 - I. Consider inviting Linda Chatters as an option (she may have declined a CONA invite in the past); also consider adding someone to second webinar with Trish D'Antonio; The group agreed we will add more diversity to the panel and consider someone who is an ECP
 - II. Regarding the BAPPI EDI, bias, stigma, and discrimination initiative, we are not yet clear on what will count as an advocacy activity; The group feels CONA's focus on ageism fits well
 - a. Kelly will take the current plan for the webinars to BAPPI and ask if what is being planned will fit.
 - b. The webinar planning will continue; if feedback is received that this will not fit the group will revisit the advocates idea previously proposed or add

some other activity. For example, perhaps Dr. Levy's PEACE model can serve as a springboard to more activities or GSA may want to further their collaboration

- c. The group can also consider collaborating with other committees on a BSD initiative as an alternative

B. Dementia Guidelines (*Bonnie/Latrice*)

- I. An CONA abstract will be submitted to the GSA conference; Ben Mast, Rebecca Allen, Ann Stevens, and Shane Bush will present; Peter Lichtenberg will be the discussant
- II. Bonnie is working on the Clinician's Corner applications; they have to do three separate applications
 - a. We will market the CE to a wide audience as the guidelines have broad implications from psychologists and researchers; the focus will be on the major updates and new research in the guidelines
- III. Mary Beth shared an update regarding controversial issues related to advance directives for dementia and legal issues; Tom Caprio at University of Rochester is working on this; Mary Beth can give an update at a future meeting

C. Self-Study (*Latrice*)

- I. New due date is Oct 2022; CONA will do the survey in March and have a discussion of the results this summer

D. Request for Comments (*Latrice*)

- I. Please remember to update the tracker and attach the comments you submitted

2. Biennial Advocacy Priorities – 25 minutes

A. Karen facilitated a discuss to rank the 8 priorities below; the responses were submitted on 2/28

- I. Health promotion and prevention throughout lifespan and settings
- II. Health equity for underserved and vulnerable populations
- III. Access to health services, including mental and behavioral health services
- IV. Funding for basic and applied psychological research
- V. Discrimination
- VI. Substance use disorders and opioid and other drug epidemics
- VII. Climate Change (note link COVID)
- VIII. Immigration

3. Social Hour Planning (10 minutes)

A. CONA will co-sponsor a social hour at convention with Div. 20 and Div. 12/2; Div 20 will enter the event into the convention database; will follow up for future planning

4. Check-ins (10 minutes)

A. Spring Consolidated Meeting (*Latrice/Kelly*)

- I. CONA will not have a traditional SCM; instead we will extend the April and May monthly meetings
- II. In the coming weeks, BAPPI will share a SCM agenda item for discuss with the group; CONA can discuss at the March meeting

B. Nominations (*Latrice*)

- I. CONA will Review/rank applicants on April 25

- C. Awards (*Latrice*)

- I. CONA Award – the nominations page is complete; Latrice will send out the announcement

- II. Fowler Award – Jameca leading the submission to nominate Sue Whitbourne

CONA Monthly Meeting

Location: Microsoft Teams
Date: 3/28/22
Time: 11am-12pm EST
Participants: ☒ Karen Fingerman (Chair) ☒ Bonnie Sachs
☒ Jameca Woody Cooper ☒ Ann Steffen
☒ Mary Beth Morrissey ☒ Kelly Trevino (BAPPI Liaison)
☒ Christopher Nguyen ☒ Latrice Vinson (Staff Liaison)
☒ Maya Allen (PI Program Assistant)

Agenda Items

1. Work Plan Updates – 10 minutes
 - A. Ageism Webinar (*Latrice*)
 - B. Dementia Guidelines (*Bonnie*)
 - C. Self-Study (*Karen/Latrice*)
 - D. Request for Comments (*Latrice*)
2. BAPPI Spring Consolidated Meeting Activity – 45 minutes
 - A. Review instructions
 - B. Discuss examples
 - C. Prioritize examples
 - D. Align examples with resolution “Therefore” statement(s)
3. Wrap-up – 5 minutes
 - A. 2023 CONA Member applications
 - B. Next Meeting: April 25, 11am-1pm, EST

Meeting Minutes

1. Work Plan Updates – 10 minutes
 - A. Ageism Webinar (*Latrice*)
 - I. The title of the webinar will be *Psychologists Against Ageism: Promoting Productive Narratives and Inclusivity about Aging*
 - II. Webinars will be in first Wednesday in May, June, and July; we are working to coordinate the speaker presentations
 - III. Peter Lichtenburg, psychologists and current GSA President, will represent GSA for the first webinar
 - IV. APA membership will market the webinars
 - B. Dementia Guidelines (*Bonnie*)
 - I. First webinar will highlight the major updates and changes from the last guidelines (Bonnie and Ben Mast will present); second on multicultural issues

and diversity issues in the assessment of dementia and other age-related disorders (Shellie Anne will present); the third will focus on family systems, caregivers, and managing challenging behaviors in dementia and the role that caregiving plays (Bill Haley will present; considering a second presenter)

- II. Three presentations requiring separate CE applications are needed; the first application is complete
- III. Lou Burgio and Kara Levine are potential options with caregiver expertise for the third presentation

C. Self-Study (*Karen/Latrice*)

- I. Reminder to complete the self-study survey; we will

D. Request for Comments (*Latrice*)

- I. As members are assigned RFCs, please be mindful of deadlines; post the comments in teams or email them to Latrice so that we can keep a record of CONAs responses

2. BAPPI Spring Consolidated Meeting Activity – 45 minutes

- A. The group completed the BAPPI activity and discussed the priorities
- B. Latrice will format the document and include the therefore statements; CONA will be copied on the submission.
- C. See attached document

3. Wrap-up – 5 minutes

- A. 2023 CONA Member applications
 - I. New members will be selected next month
 - II. Latrice will send out instructions and links to applications for review
- B. Next Meeting: April 25, 11am-1pm, EST