

HIV TREATMENT WORKS

LIVE A LONGER, HEALTHIER LIFE

GET IN CARE

FIND THE RIGHT HEALTH CARE PROVIDERS. THEY CAN MAKE ALL THE DIFFERENCE AND HELP YOU STAY INFORMED ABOUT YOUR HIV CARE AND GET CONNECTED TO OTHER SERVICES.



STAY IN CARE

MAKE HIV CARE AND TREATMENT A PART OF YOUR DAILY ROUTINE. GET TO APPOINTMENTS AND TAKE YOUR MEDICINES AS DIRECTED. IT WILL KEEP YOU HEALTHIER, LONGER.

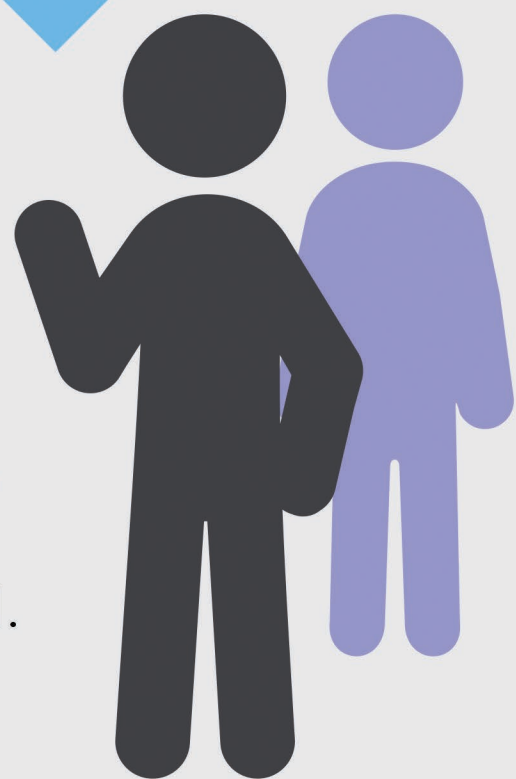


LIVE WELL

TAKE CARE OF YOUR HEALTH. EXERCISE, EAT RIGHT, AND ASK FOR SUPPORT WHEN YOU NEED IT.

HIV DOES NOT DEFINE YOU

TALK TO YOUR HEALTH CARE PROVIDER ABOUT ANY CHALLENGES YOU MAY HAVE. WORK TOGETHER TO MANAGE YOUR TREATMENT PLAN.



[CDC.GOV/HIVTREATMENTWORKS](https://www.cdc.gov/hivtreatmentworks)