

APA Women's Programs Office (WPO)
Annual Report
(January - December 2016 Activities)

I. Information Item

A. Background: brief overview and purpose of committee

The Women's Programs Office (WPO) works to improve the health, education, well-being, and status of women psychologists and consumers of psychological services. WPO activities span the science, practice, education, and policy arenas. The Office works to:

- coordinate APA's efforts to ensure equal opportunities for women psychologists as practitioners, educators, and scientists;
- analyze initiatives and trends affecting women within APA and within psychology;
- eliminate gender bias in research, diagnosis and treatment, and education and training;
- promote the inclusion of women in research studies and encourage the analysis of sex and gender in the conduct and reporting of the results of research;
- improve women's access to health and mental health services and promote the inclusion of psychosocial and behavioral factors in women's health research and practice; and
- monitor the welfare of women as consumers of psychological services, analyze the impact of governmental initiatives on women, and promote the development and application of psychological knowledge.

B. Report on the activities of the committee for current reporting period--

The following report focuses on activities of the Women's Programs Office from January 2016 – December 2016.

Staffing:

The Women's Programs Office is staffed by Shari E. Miles-Cohen, PhD, Senior Director, and Tanya L. Burrwell, Assistant Director. On September 26th, Ms. Anastasiya Tsoy joined the WPO staff as Women's Programs Assistant.

In January 2016, the WPO welcomed intern, Kaitlyn Sorensen. Ms. Sorensen is a rising junior at Tiffin University in Tiffin, OH, pursuing a Bachelor of Criminal Justice in Forensic Psychology. Ms. Sorensen completed her internship in the WPO in May 2016.

In June 2016, the Women's Programs Office welcomed intern, Ms. Aislinn Gherman. Ms. Gherman is a rising senior this fall at Elon University in Elon, NC, pursuing a BA in Psychology and Sociology. Also in June 2016, the office welcomed intern Dawn Bunch. Ms. Bunch is a rising junior at Albert Einstein High School in Kensington, MD.

Ms. Gherman and Ms. Bunch completed their internships in August 2016.

Psychology Collaborators

A. Committee on Women in Psychology

WPO provided staff support for the Committee on Women in Psychology (CWP), which met April 1-3, 2016 and September 23-25, 2016. Committee on Women in Psychology members in 2016 include Earlise C. Ward, PhD, LP (Chair); Cheryl L.B. Travis, PhD (Vice Chair); Alette Coble-Temple, PsyD (2016 Chair-elect); and Paola M. Contreras, PsyD (2016 Vice Chair-elect), Sarah L. Cook, PhD; and Alayne J. Ormerod, PhD.

In addition, staff presented interim reports on office activities to the February and August 2016 meetings of the **APA Council of Representatives Women's Caucus** meeting and the January and August 2016 meetings of the **Society for the Psychology of Women**.

Dr. Miles-Cohen also attended the March 2016 **Association for Women in Psychology** conference.

Dr. Miles-Cohen and Ms. Burrwell also actively participated in APA's annual convention in Denver, CO chairing symposia, presenting papers, staffing CWP, and hosting coffee hours.

WPO partnered with the Drs. Nicholas and Dorothy Cummings Center for the History of Psychology at the University of Akron (CHP), and Psychology's Feminist Voices Oral History and Digital Archive Project (PFV) to plan and host *I am Psyched!* Museum Day Live 2016 in collaboration with the Council on Women and Girls at the White House and the Smithsonian Affiliations program.

Safety and Security

A. Trafficking of Women and Girls

In October 2010, the Board for the Advancement of Psychology in the Public Interest (BAPPI) approved a request from CWP to establish an APA Task Force on Trafficking of Women and Girls. The Task Force was charged with reviewing the state of the literature of theory, research, and practice relevant to the trafficking of women and girls, and producing a report summarizing its findings. The full report, which includes a special section, *What Psychologists Can Do*, as well as the Executive Summary, are available on the APA website at <http://www.apa.org/pi/women/programs/trafficking>.

The Task Force on Trafficking of Women and Girls Supplemental Material: Grids of Empirical, which provides a condensed summary of the identified

empirical evidence on the trafficking of women and girls can be found at <http://www.apa.org/pi/women/programs/trafficking/empirical-study-grids.pdf>.

In January 2016, Dr. Miles-Cohen was invited to serve on and attended the first meeting of the US Department of Health and Human Services 2016 Technical Working Group (TWG) for the SOAR (Stop, Observe, Ask, and Respond) training focused on new audiences, which include psychologists.

Additionally, the WPO worked with a consultant to transcreate the report's Executive Summary into Spanish. The office is currently working to identify a consultant to conduct the reverse translation and to identify funding sources to print a brochure to help educate psychologists better understand how they can help to eradicate trafficking.

B. Intimate Partner Violence and Abuse of Women with Disabilities

WPO's *Intimate Partner Violence and Abuse of Women with Disabilities* brochures are available in Spanish. The two brochures, *Violencia en Contra de la Pareja* and *Abuso de Mujeres con Discapacidad* are available on the APA Web site at

<http://www.apa.org/topics/violence/violencia-pareja.aspx> and <http://www.apa.org/topics/violence/mujeres-discapacidades.aspx>.

Full text of the English brochures are also posted on the APA website at <http://www.apa.org/topics/violence/women-disabilities.aspx> and <http://www.apa.org/topics/violence/women-disabilities.aspx>.

In June 2016, the WPO provided 400 copies of the each brochure to support a national symposium, "*Hope, Help, and Healing: A Catholic Response to Domestic Abuse and Violence*," hosted by The National Catholic School of Social Service.

Youth Empowerment

A. Sexualization of Girls

The *Report of the APA Task Force on the Sexualization of Girls* was released February 2007. Now in its third printing, WPO has distributed thousands of copies of the report in the US and around the world. The report is available at <http://www.apa.org/pi/wpo/sexualization.html>.

The WPO worked with a consultant to transcreate "What Parents Can Do" a consumer education and empowerment resource for parents based on the report into Spanish. Both the English and Spanish language tip sheets

are available in hardcopy and online at
<http://www.apa.org/pi/women/programs/girls/report.aspx?item=2>.

B. I am Psyched! Museum Day 2016

On March 12, 2016, the Women's Programs Office (WPO), the Drs. Nicholas and Dorothy Cummings Center for the History of Psychology at the University of Akron (CHP), and Psychology's Feminist Voices Oral History and Digital Archive Project (PFV) partnered with the Council on Women and Girls at White House and the Smithsonian Affiliates to host an interactive pop-up exhibit that empowered girls of color and explored careers in the social and behavioral sciences by showcasing the rich contributions of women of color.

Association of Women in Psychology

Just prior to the March 12th event, Dr. Miles-Cohen presented "Engaging Girls of Color: Museum Day, 2016" as part of a symposium, *History Goes Public! Using the History of Psychology to Inspire Girls of Color*, during the Association for Women in Psychology 2016 conference in Pittsburgh, PA. Symposium co-presenters included Museum Day Planning Committee members, Drs. Alexandra Rutherford and Cathy Faye.

Awards

In June 2016, APA's Editorial and Design staff were recognized with a 2016 Graphic Design USA American Inhouse Design Award for the *I am Psyched!* program materials. The Graphics Design USA competition is the premier showcase for outstanding work by in-house designers. Staff members Paul Boone and Deborah Farrell took the feedback from the Girls Advisory Committee and designed materials that highlight psychological science in a fun and exciting way.

International Congress of Psychology

In July, Dr. Miles-Cohen presented a paper entitled "I am Psyched! Using psychology's past and present to inspire and empower minority girls," during the International Congress of Psychology in Yokohama, Japan.

APA Convention

On Thursday, August 4, 2016, during the APA meeting, Dr. Miles-Cohen also had the pleasure of chairing a symposium during which she and Drs. Cathy Faye and Robin Hailstorks, APA Education Directorate, delivered papers, and Drs. Susan Opatow was the discussant.

Also, *I am Psyched!* traveled to Denver, CO as part of the 2016 APA Convention. The exhibit was on display in the convention exhibit hall from Thursday, August 4th to Saturday, August 6th. The exhibit was also a stop on The Quest 2016, a game in which convention attendees can enter to

win prizes by visiting different events and exhibits and participating in activities over the course of the convention.

Educators Advisory Committee

Drs. Miles-Cohen, Faye, and Rutherford are working with the Education Directorate to identify high school and community college psychology teachers to form an advisory committee to help develop curriculum materials based on the exhibit for high school and community college use. Ms. Shari Berga, who teaches AP Psychology at High Point High School in Beltsville, MD and brought students to the March event, has already agreed to serve as an advisory group member.

Web Updates

With the assistance of our Web and Public and Member Communications staff, Ms. Burrwell is posting new Web content regularly. Please visit the *I am Psyched!* Web page <http://www.apa.org/pi/women/museum-day/default.aspx> to view event photos, video, and review transcripts, and now that the *I am Psyched!* Essay Contest has been adjudicated, the award-winning essays will be posted on the page.

Finally, WPO is working with faculty to bring *I am Psyched!* to Drexel University, Howard University, and University of Memphis in 2017. Additionally, WPO has reached out to OEMA to help to identify at least one college from each of the following categories, Hispanic Serving Institution, predominately Asian institution, and a tribal college, to take the exhibit in 2017.

Career Development: Pathways for Women in the Profession

A. An Insider's Guide to Research and Training Funding Opportunities: Talk with NIH Staff

Each year, during the American Psychological Association's annual convention, WPO invites staff members from NIH and other federal agencies to participate in a research funding and information session. The purpose of the session is to meet with attendees individually or in small groups to present federal funding opportunities and to answer any specific questions of the attendees regarding research ideas, reviews, appropriate funding opportunities, and career development.

Ms. Burrwell submitted a proposal and received one programming hour from the Committee on Early Career Psychologist (CECP) to host the 2016 session, which was chaired by Cheryl Boyce, PhD, National Heart, Lung, and Blood Institute (NHLBI). Participants included Dionne Jones, PhD, National Institute on Drug Abuse (NIDA); LeShawndra Price, PhD,

National Heart, Lung, and Blood Institute (NHLBI); Su Yeon Lee-Tauler, PhD, National Institutes of Mental Health (NIMH); and M. Cristina Cruza-Guet, PhD, MEd, Yale University School of Medicine.

A proposal has been submitted to host the session during the 2017 APA Convention in Washington, DC.

B. APA Leadership Institute for Women in Psychology (LIWP)

The mission of the APA LIWP is to empower, prepare, and support women psychologists as leaders to promote positive changes in institutional and organizational life and to increase the diversity, number, and effectiveness of women psychologists as leaders. WPO staffs the Executive Committee, as well as the Assessment, Evaluation and Publication Subcommittee, Development Subcommittee, New and Ongoing Initiatives Subcommittee, Program and Faculty Development Subcommittee, and Selection Subcommittee; organizes the monthly conference calls for each committee; manages the APA LIWP applications process; schedules and runs the Webinar backend logistics; maintains regular contact with participants and alumnae; and works to secure financial support for the LIWP.

Class of 2015-2016/Year 8: On March 30 - 31, 2016, the APA LIWP March Follow-On took place at APA's Capital View Conference Center. Thirty-two participants returned to DC to attend the two-day training which included modules on advocacy, personnel challenges, and leadership goal setting, and a presentation on financial and budgetary management given by Michelle Laino, APA Deputy Chief Financial Officer. Public Interest-Government Relations Office staff provided advocacy training on gender responsive justice.

Class of 2016-2017/Year 9: In January 2016, the WPO issued the Call for Nominations for the 9th Class of the APA Leadership institute for Women in Psychology (LIWP). In June, the APA LIWP EC announced the members of the Year 9 class, which includes 39 mid-career women psychologists. Dr. Miles-Cohen submitted an internal CE application requesting that the November residential program be approved to award 18 hours of CE to participants.

On November 1-3, 2016, the 9th Annual APA Leadership Institute for Women in Psychology convened in Washington, DC. Newly installed Palo Alto University President Dr. Maureen O'Connor (and former BAPPI member) delivered the APA LIWP Invited Address on the final day of the fall program, November 3rd.

The Year 9 Follow-On workshop will convene on April 5 – 6, 2017 at the APA Headquarters Building. The two-day program will include modules on advocacy, personnel challenges, and leadership goal setting, and a presentation on financial and budgetary management

Class of 2017-2018/Year 10: The Call for Applications was released in mid-November 2016. The 2017-2018 Call for Applications is open to mid-career women psychologists who work full time in one or more settings, including academic, academic medicine, clinical, consulting, corporate, government, military, non-profit/NGO, or other settings. The deadline for submissions is January 18, 2017. For additional information, please visit

<http://www.apa.org/pi/women/programs/leadership/call.aspx>.

C. Women with Disabilities in STEM Education

Dr. Miles-Cohen served as an advisor to the American Association of University Women *Solving the Equation: Women in Engineering and Computing* Project.

Dr. Miles-Cohen was invited to submit an article about women with disabilities in STEM education for the *Frontiers in Psychology* special issue on “Women’s Under-representation in Engineering and Computing: Fresh Perspectives on a Complex Problem.” The article, titled “Expanding the Participation of Women with Disabilities in STEM Education: An Agenda for Increasing Understanding and Maximizing Success” is due on October 30th, will meet the publication goal that the National Science Foundation requests of its grantees. She is writing the paper with former BAPPI Chair Dr. Dolores Cimini and Ms. Aislinn Gherman from Elon University.

Health and Wellness

A. Mental Health and Abortion

WPO continues to work with PI-GRO and General Counsel’s Office by providing updates on current research on women reproductive health status and care. The *Report of the Task Force on Mental Health and Abortion* is available at <http://www.apa.org/pi/wpo>. A one-page fact sheet for information and advocacy purposes is available at <http://www.apa.org/about/gr/issues/women/mental-health-and-abortion.aspx>.

B. Post-Partum Depression (PPD) Consumer Brochure

WPO continues to disseminate brochures to individuals and groups. The English, Spanish, Simplified Chinese, and French brochures are available at http://www.apa.org/pi/wpo/Postpartum%20Depression%20brochure_2007.pdf.

In June 2016, Ms. Burrwell submitted a blog post, "Postpartum Depression and Race: What We All Should Know," for the Public Interest Directorate blog, *Psychology Benefits Psychology*. The full post can be found at <https://psychologybenefits.org/2016/06/21/postpartum-depression-in-women-of-color/>.

In July 2016, the blog post was retweeted by the White House Initiative on Educational Excellence for African Americans.

Ms. Burrwell is updating Web links and will add additional resources for women of color to the print brochures and the Web page. Hard copies of the updated brochure will be available in January 2017.

Health and Wellness of Women with Disabilities

On June 13, 2016, WPO Senior Director, Dr. Miles-Cohen & Board Certified Obstetrician-Gynecologist Caroline Signore, MD, celebrated the release of their book, *Eliminating Inequities for Women with Disabilities: An Agenda for Health and Wellness*, an APA Books publication with a reception in the APA Capitol View Conference Center.

Contributors to the edited volume include Drs. Wanda Jones, Assistant Secretary for Health, US Department of Health and Human Services, Rosaly Correa-de-Araujo, Senior Scientific Advisor to the Director, Division on Geriatrics and Clinical Gerontology, National Institute on Aging, and Monika Mitra, Associate Professor, Lurie Institute for Disability Policy, Heller School for Social Policy and Management, Brandeis University, and Ms. Anju Khubchandani, Director, APA Office on Disability Issues in Psychology.

Dr. Gwendolyn Keita, ED for Public Interest and Brenda Carter, APA's new books publisher, attended the reception. The book is currently available for purchase on APA's Web site <http://www.apa.org/pubs/books/4317418.aspx>.

On June 14th, Dr. Miles-Cohen attended National Academy of Sciences Roundtable on the Promotion Health Equity and the Elimination of Health Disparities and the Roundtable on Health Literacy Workshop on *People Living with Disabilities: Health Equity, Health Disparities, and Health Literacy*, Washington, DC, Shari E. Miles-Cohen, PhD (<http://www.nationalacademies.org/hmd/Activities/SelectPops/HealthDispa>

https://www.hhs.gov/health-equity/presentations/2016-JUN-14.aspx?utm_source=HMD+Email+List&utm_campaign=9e155321cd-7121616-RT+on+Health+Equity+presentati7112016&utm_medium=email&utm_term=0_211686812e-9e155321cd-180265973

On December 5-6, 2017 Dr. Miles-Cohen and 2016 CWP Chair-elect, Dr. Alette-Coble Temple, attended the Transforming the Healthcare of Woman with Disabilities Workshop 2 in Arlington, VA.

Education and Outreach

2016 APA Convention Events

The WPO hosted or co-hosted the following convention events during the 2016 APA convention in Denver, CO.

History Goes Public! Using the History of Psychology to Inspire Girls of Color

Date: Thursday, August 4, 11:00 am - 12:50 pm

Location: Convention Center Room 405

Sponsors: Divisions 26,1,27, 39, 45, APAGS

Round Table Round Up: Empowering Women

Date: Thursday, August 4, 3:00 – 3:50 pm

Location: Convention Center, Mile High Ballrooms 2A and 3A

Sponsor: Division 35, Committee on Women in Psychology

Improving Health and Wellness for Women with Disabilities--- Integrating Care from the Margins to Center

Date: Friday, August 5, 10:00 - 10:50 am

Location: Convention Center, Room 407

Sponsor: Division 22, 1, 12, 19, 20, 27, 35, 47

Campus Sexual Assault--- Past, Present, and Future

Date: Friday, August 5, 10:00 -11:50 am

Location: Convention Center Room 205

Sponsors: Central Programming Group, 35, 27, 48, 51, APA Board of Professional Affairs, Committee on Women in Psychology

CWP Network Breakfast Meeting

Date: Saturday, August 6, 8:00 – 9:50 am

Location: Hyatt Regency Denver, Centennial Ballroom H

Chair: Earlise C. Ward, PhD, LP, Chair, Committee on Women in Psychology

Sponsors: Committee on Women in Psychology, APA Women's Programs Office

**An Insider's Guide to Research and Training Funding Opportunities
– Talk with NIH Staff**

Date: Saturday, August 6, 3:00 – 3:50 pm

Location: Convention Center, Room 505

Sponsors: Committee on Early Career Psychologists (CECP), APA
Women's Programs Office (WPO)

**Division 35 Business Meeting and Awards Ceremony: Presentation
of the 2016 Committee on Women in Psychology Leadership Awards**

Date: Saturday, August 6, 4:00 - 4:50pm

Location: Sheraton Denver Hotel, Grand Ballroom I

Presented by: Earlise C. Ward, PhD, LP

Sponsors: Division 35 (Society for the Psychology of Women)

Selected Publications by WPO Staff:

Burrwell, T. (2016, June 21). Postpartum Depression and Race: What We All Should [Blog post]. Retrieved from <https://psychologybenefits.org/2016/06/21/postpartum-depression-in-women-of-color/>.

Hallett, K.; Fassinger, R.; Miles-Cohen, S.E.; Burrwell, T.; Ward, E.; & Wisdom, J. P. (2016). The changing gender composition of professions: Lessons for Psychology. In C. P. Travis, & J. White. (Eds.). *APA Handbook of the Psychology of Women*. Manuscript accepted for publication.

Wyche, K. F.; & Miles-Cohen, S.E. (2016). Social Class, SES, and Subjective Well-being: Examples of Women's Appraisals of their Health and Work. In C. P. Travis, & J. White. (Eds.). *APA Handbook of the Psychology of Women*. Manuscript submitted for publication.

Miles-Cohen, S.E.; Cimini, D.; & Gherman, A. (invited manuscript in development). Expanding the participation of women with disabilities in STEM education: An agenda for increasing understanding and maximizing success.

Miles-Cohen, S.E.; & Signore, C. (Eds.). (2016). *Eliminating inequities for women with disabilities: An agenda for health and wellness*. Washington, DC: APA Press.

Miles-Cohen, S.E.; & Signore, C. (2016) Introduction. In S. E. Miles-Cohen, & C. Signore. (Eds.). *Eliminating inequities for women with disabilities: An agenda for health and wellness* (pp. 3-10). Washington, DC: APA Press.

Miles-Cohen, S.E.; & Signore, C. (2016). An agenda to eliminate inequities. In S. E. Miles-Cohen, & C. Signore. (Eds.). *Eliminating inequities for women with disabilities: An agenda for health and wellness* (pp. 265-276). Washington, DC: APA Press.

Selected Presentations by WPO Staff:

41st Annual Meeting of the Association for Women in Psychology, Pittsburgh, PA

Miles-Cohen, S.E. (2016, March). Women in power and decision making. In C. Okorodudu (Chair). *A Feminist Psychologist Dialogue: Commemorating the 25th Anniversary of the Beijing Platform as a Transformational Framework for the Empowerment and Well-Being of Women and Girls*. Structured discussion.

Miles-Cohen, S.E. (2016, March). Engaging women and girls of color: Museum Day 2016. In S.E. Miles-Cohen (Chair). *History Goes Public! Using the History of Psychology to Inspire Girls of Color*. Symposium.

Smithsonian Anacostia Museum, Washington, DC

Miles-Cohen, S.E. (2016, March). In M. Lightman (Chair). *Voices United: Women's Rights Movement 1960s and 1970s*. Discussant for program presented in conjunction with Twelve Years that Shook and Shaped Washington, 1963-1975 exhibition.

APA Headquarters, Washington, DC

Ameen, E., Burrwell, T., Clark, S., Graham, D., Parks, C., Sheptock, E. (2016, April). *Helping Our Neighbors Brown Bag Panel*. Sponsored by the APA Neighborhood Opportunities for Volunteer Activities Committee, Washington, DC. Panel discussion.

31st International Congress of Psychology, Yokohama Japan

Miles-Cohen, S.E. (2016, July) *Improving Health and Wellness for Women with Disabilities: Integrating Care from the Margins to the Center*. Paper presentation.

Miles-Cohen, S.E. (2016, July) *Using Psychology's Past and Present to Inspire and Empower Minority Girls*. Paper presentation.

Diversity

WPO Interns attended the following meetings:

Briefing to Celebrate National Girls & Women in Sports Day, Washington, DC, Ms.

Katelyn Sorensen (www.nwlc.org).

Preventing Postpartum Depression, Washington, DC, Ms. Tanya Burrwell and Ms.

Aislinn Gherman (www.womenspolicy.org).

Diversity in Research and STEM Education, Washington, DC, Ms. Aislinn Gherman

(www.awis.org).

Community Engagement: The WPO or its staff hold memberships of the following organizations and coalitions:

American Association on Health and Disability

Association of Black Psychologists

American Psychological Association

Association for Women in Psychology

Association for Women in Science

International Leadership Association

Institute for Women's Policy Research

National Coalition Against Domestic Violence

National Coalition for Women and Girls in Education

Re: Gender (formerly National Council for Research on Women)

C. General rationale for any actions and recommendations

The WPO would like to extend a very special thank you to the Society for the Psychology of Women for its continued support of all WPO activities, including the \$21,500 to defray expenses toward the planning and development of I am Psyched! Museum Day Live 2016 and the \$4,000 grant to defray the expenses incurred by the APA Leadership Institute for Women in Psychology (LIWP) activities from January through December 2016.

Respectfully submitted December 15, 2016 by Shari E. Miles-Cohen, PhD and Tanya L. Burrwell