

Treatment Dose, Timing, and Duration as Described in Reviewed Studies

Treatment	Dose Range (no. of sessions or mg)	Timing Range	Duration Range	Session Dur. Range (minutes)
Prolonged exposure	1-30	Weekly	1-30 weeks	60-120
Cognitive behavior therapy	4-16	Weekly to twice weekly	4-16 weeks	60-120
Cognitive processing therapy	12-17	Weekly to twice weekly	6-17 weeks	60-90
Cognitive therapy	9-16	Weekly	9-16 weeks	60-90
Brief eclectic	16	Weekly	16 weeks	45-60
Eye movement desensitization and reprocessing	3-18	Weekly to twice weekly	3-8 weeks	60-90
Narrative exposure	4-17	Weekly to twice weekly	3-17 weeks	60-120
Fluoxetine	10-80	Daily	5-12 weeks	N/a
Paroxetine	12.5-62.5	Daily	10-12 weeks	N/a
Sertraline	20-200	Daily	10-12 weeks	N/a
Venlafaxine	37.5-300	Daily	12-24 weeks	N/a